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1       **Fluoride removal from water using a magnesia-pullulan composite in a**  
2   **continuous fixed-bed column**

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17

18 **Abstract**

19 A magnesia-pullulan composite (MgOP) was previously shown to effectively remove  
20 fluoride from water. In the present study, a continuous fixed-bed column was used to examine  
21 the application of the composite at an industrial scale. The influencing parameters included  
22 bed mass (4.0, 6.0 and 8.0 g), influent flow rate (8, 16 and 32 mL/min), inlet fluoride  
23 concentration (5, 10 and 20 mg/L), reaction temperature (20, 30 and 40 °C), influent pH (4, 7  
24 and 10) and other existing anions ( $\text{HCO}_3^-$ ,  $\text{SO}_4^{2-}$ ,  $\text{Cl}^-$  and  $\text{NO}_3^-$ ), through which the  
25 breakthrough curves could be depicted for the experimental data analysis. The results  
26 indicated that MgOP is promising for fluoride removal with a defluoridation capacity of 16.6  
27 mg/g at the bed mass of 6.0 g, influent flow rate of 16 mL/min and inlet fluoride  
28 concentration of 10 mg/L. The dynamics of the fluoride adsorption process were modeled  
29 using the Thomas and Yan models, in which the Yan model presented better predictions for  
30 the breakthrough curves than the Thomas model. Moreover, the concentration of magnesium  
31 in the effluent was monitored to determine Mg stability in the MgOP composite. Results  
32 indicated the effluent concentration of  $\text{Mg}^{2+}$  ions could be kept at a safe level. Calcination of  
33 fluoride-loaded MgOP effectively regenerated the material.

34 **Keywords:** MgOP; defluoridation; breakthrough curve; fixed-bed column; desorption and  
35 regeneration.

36

### 371. Introduction

38 Fluoride is an essential micronutrient because a trace intake of fluoride (0.4–0.6 mg/L)  
39 is helpful for normal mineralization of bones and formation of dental enamel. However,  
40 excessive concentrations of fluoride in drinking water may result in a progressive crippling  
41 disease known as fluorosis. The optimum fluoride level in drinking water set by the World  
42 Health Organization (WHO) is  $< 1.5$  mg/L (WHO, 2011). Fluoride in the aquatic  
43 environment is derived mainly from natural weathering of fluorine-containing minerals such  
44 as fluorapatite and fluorite, industrial activities such as the production of glass and  
45 semiconductors, and mineral processing (Wang et al., 2017). More than 200 million people  
46 globally are exposed to drinking water containing  $> 1.5$  mg fluoride/L (Chai et al., 2013).  
47 Fluoride contamination has serious effects on the geo-environment in many countries, and  
48 especially in developing countries (Mohan et al., 2017).

49 Various technologies for defluoridation based on the principle of adsorption,  
50 precipitation-coagulation and the membrane separation process have been developed or are at  
51 the development stage. Primarily lime and aluminum salts are utilized to remove fluoride  
52 from water in the precipitation-coagulation process; the resulting fluoride-based precipitates  
53 achieve satisfactory fluoride removal. However, the method may also produce an excessive  
54 quantity of surplus sludge and thus increase the overall operation costs. Moreover, the use of  
55 aluminum salts may release some aluminum ions to the water in the defluoridation process.  
56 Consequently, human health can be detrimentally affected because the excessive aluminum  
57 concentrations ( $> 0.2$  mg/L) may cause diseases such as dementia (Shrivastava and Vani,  
58 2009).

59 Membrane separation processes can effectively concentrate the negatively charged and  
60 highly hydrated fluoride ions within the reactor (Chakraborty et al., 2013; Shen and Schäfer,  
61 2014). Membrane separation can reduce costs and offer a viable treatment option in locations

62 where resources or access to technology are limited (Jadhav et al., 2015). A major challenge  
63 is fluoride removal from the reactor after treatment and further research is needed to solve  
64 this problem.

65 Thus, adsorption is probably the most promising method for fluoride removal in  
66 drinking water treatment because of its simple design and operation, high efficiency and low  
67 costs compared with other methods (Kameda et al., 2015; Ye et al., 2016). More importantly,  
68 adsorption is more likely to be utilized for fluoride removal in less developed countries,  
69 where advanced wastewater treatment is unavailable.

70 Effective low-cost materials, including activated alumina and carbon, rare earths and  
71 magnesia (MgO), have been examined for defluoridation (Jadhav et al., 2015; Kameda et al.,  
72 2017; Loganathan et al., 2013). MgO is one of the most widely used materials and, unlike  
73 alumina, does not introduce potentially harmful substances to the water during treatment.  
74 However, MgO has disadvantages that may inhibit its commercial application for  
75 defluoridation (Thergaonkar and Nawalakhe, 1971) including: (i) pressure drop in the column  
76 due to its use in powder form; (ii) long time required to achieve equilibrium; and (iii) high pH  
77 of the treated water. Many researchers have developed MgO-based adsorbents for fluoride  
78 removal by adding other materials. For example, Xu et al. (2011) prepared MgO-loaded fly  
79 ash cenospheres that achieved maximum defluoridation capacity of approximately 6.0 mg/g  
80 at the initial fluoride concentration of 100 mg/L, but fluoride adsorption was inhibited by  
81 increasing pH. Granular matrix-supported nano-MgO was developed that could achieve  
82 effective fluoride removal from water; however, the fluoride adsorption on the adsorbent  
83 required more than 350 min to reach equilibrium when the initial fluoride concentration was  
84 2.5 to 30 mg/L (Oladoja et al., 2015). Sundaram et al. (2009) revealed that the combination of  
85 chitosan and MgO resulted in a bio-composite adsorbent that was shown to have high  
86 adsorption capacity for fluoride ions and short equilibrium time due to a large number of

87 hydroxyl groups in the chitosan.

88 In the previous study, pullulan (a biodegradable extracellular water-soluble microbial  
89 polysaccharide) was found to have highly biocompatible and non-toxic properties; thus, the  
90 material potentially could be employed as an adsorbent (Kang et al., 2011). More hydroxyl  
91 groups were found in the pullulan saccharide unit than in the chitosan saccharide unit, for  
92 which the number of potential sites for adsorption could be increased. In the previous study  
93 (Kang et al., 2011), pullulan was spread on MgO to synthesize a magnesia-pullulan  
94 composite (MgOP) and fluoride adsorption on the MgOP was explored in a batch system.  
95 Compared to other similar adsorbents, the accessibility of the adsorbate-binding sites was  
96 increased and the defluoridation capacity of MgOP was hence enhanced to 7.17 mg/g at the  
97 initial fluoride concentration of 15 mg/L and an adsorbent concentration of 2 g/L. Moreover,  
98 the fluoride adsorption on MgOP reached equilibrium within 60 min at a wide range of initial  
99 fluoride concentrations. Furthermore, effective fluoride removal was achieved over a wide  
100 pH range (2–12).

101 A continuous flow system is required for fluoride removal at a treatment plant scale. A  
102 fixed-bed column filter is considered optimum for removing excess fluoride from water and  
103 has the advantages of operational simplicity, cost effectiveness, and regeneration capability  
104 (García-Sánchez et al., 2017; Roy et al., 2017).

105 The aim of this study was to evaluate MgOP performance with respect to fluoride  
106 removal in a continuous fixed-bed column and provide guidance for design and operation of  
107 the reactor. MgOP performance was evaluated under various operating parameters, including  
108 bed mass, volumetric flow rate, influent fluoride concentrations, reaction temperature, inlet  
109 pH and the presence of coexisting anions. Models developed by Thomas (1944) and Yan et al.  
110 (2001) were used to describe the breakthrough curves. Magnesium concentrations were  
111 determined to ensure high-quality treated water. MgOP regeneration was explored for process

112 sustainability and economic feasibility

## 113 **2. Materials and methods**

### 114 **2.1 MgOP preparation**

115 The MgOP was prepared according to the sol-gel method used in our previous study  
116 (Kang et al., 2011). This entailed adding 8.0 g of MgO (Sinopharm Chemical Reagent Co.,  
117 Ltd, Shanghai, China) and 12.0 g of pullulan (Shandong Freda Biotechnology Co., Ltd, Linxi,  
118 China) to deionized water in a 1000-mL polypropylene beaker (weight ratio MgO: pullulan =  
119 2:3). After 24 h of stirring at room temperature, the aqueous mixture was dried at 105 °C in  
120 an oven for 12 h and then calcined at 450 °C in a muffle furnace for 2 h to obtain the  
121 composite MgOP. The MgOP was pulverized, sieved and stored in a sealed bag for later use.

### 122 **2.2 Analytical methods**

123 Sodium fluoride (NaF) was used to prepare a standard fluoride solution (1000 mg/L),  
124 which could be diluted to obtain the desired concentrations of working fluoride solutions. The  
125 fluoride concentrations were tested through the ion selective electrode method using an ion  
126 meter and electrodes (Shanghai branch pXS-215, Tianda Instrument Shanghai Co., Ltd.,  
127 Shanghai, China). Furthermore, NaOH and HCl solutions (0.1 mol/L) were used to adjust the  
128 pH values of fluoride solutions, and a pH meter (pHS-3C, Shanghai REX Instrument Factory  
129 Co., Ltd., Shanghai, China) was utilized for monitoring pH changes. An atomic absorption  
130 spectrophotometer was utilized to measure the effluent magnesium concentrations  
131 (ZEEnit700P, Analytik Jena AG, Jena, Germany).

### 132 **2.3 Fixed-bed column study**

133 The performance of MgOP for fluoride removal from water was evaluated using  
134 duplicate laboratory-scale continuous fixed-bed columns. Each fixed-bed adsorption filter  
135 column consisted of an organic glass (i.e., poly(methyl methacrylate)) cylinder having an  
136 internal diameter and height of 4 and 20 cm, respectively. Prior to adding the MgOP

137 adsorbent, glass wool (~10 cm) was fixed in place at the bottom of cylinder and then  
138 compacted using a glass rod. The glass wool served as packing to a) facilitate an even  
139 distribution of flow across the column cross-section; b) prevent loss of adsorbent; and c)  
140 ensure a closely packed arrangement of MgOP.

141 MgOP was first washed using deionized water to remove the powder from the MgOP  
142 surface and avoid subsequent blocking of the bed and glass filter. An appropriate mass (4.0,  
143 6.0 or 8.0 g) of washed MgOP (particle size distribution ranging from 420 to 840  $\mu\text{m}$ ) was  
144 then added to the column and packed by fully immersing the material in deionized water.  
145 Using this procedure, MgOP was compacted by natural gravity settlement, forming a uniform  
146 bed and ensuring a complete expulsion of air bubbles.

147 The fluoride solution was pumped downward through the MgOP bed. The influent  
148 volumetric flow rate varied by experiment but was held constant throughout a given  
149 experiment using a variable flow peristaltic pump (BT 100-1F, Baoding Longer Precision  
150 Pump Co., Ltd., Baoding, China). Steady flow through the column was assured by  
151 periodically recording the time taken to collect 100 mL of treated solution. Effluent samples  
152 were collected at different time intervals, filtered through a 0.45- $\mu\text{m}$  membrane filter (Tianjin  
153 Jinteng Experimental Equipment Co. Ltd., Tianjin, China), and then analyzed for residual  
154 fluoride concentrations and pH to determine the breakthrough curves.

155 The experimental temperature was kept constant by maintaining the columns in a water  
156 bath. Breakthrough curves were determined for experimental variables that included bed  
157 mass (i.e. adsorbent mass) (4.0, 6.0 and 8.0 g), volumetric flow rate (8.0, 16.0 and 32.0  
158 mL/min), influent fluoride concentration (5, 10 and 20 mg/L), reaction temperature (20, 30  
159 and 40  $^{\circ}\text{C}$ ), inlet pH (4, 7 and 10) and various concentrations (0, 250 and 500 mg/L) of other  
160 coexisting anions ( $\text{Cl}^-$ ,  $\text{SO}_4^{2-}$ ,  $\text{NO}_3^-$ , and  $\text{HCO}_3^-$  ions).

161



## 162 2.4 Data analysis

163 The breakthrough curves were used to assess the performance of the MgOP bed in  
164 removing fluoride. The breakthrough curves were expressed as the ratio between influent  
165 adsorbate concentration ( $C_0$ ) and effluent adsorbate concentration ( $C_t$ ) as a function of the  
166 volume of treated water. The dynamic column capacity was calculated using Eqs. (1) and (2):

$$167 \quad q_e = \frac{Q}{1000m} \int_{t=0}^{t=t_{total}} (C_0 - C_t) dt \quad (1)$$

$$168 \quad q_b = \frac{Q}{1000m} \int_{t=0}^{t=t_b} (C_0 - C_t) dt \quad (2)$$

169 where  $q_e$  and  $q_b$  (mg/g) are the dynamic column capacity at exhaustion point and the  
170 breakthrough point, respectively;  $t_{total}$  (h) and  $t_b$  (h) are the exhaustion time and breakthrough  
171 time, respectively, and defined as the time taken to reach  $C_t/C_0 = 0.8$  and  $C_t/C_0 = 0.1$ ,  
172 respectively;  $Q$  (mL/min) is the volumetric flow rate in the continuous fixed-bed column; and  
173  $m$  (g) is the dry weight of MgOP in the column.

174 Each dynamic adsorption experiment was conducted in duplicate using parallel columns.  
175 The data variance derived from each of the duplicate column experiments was determined to  
176 be negligible. Experimental data derived from the breakthrough curves were used to optimize  
177 the operation and design parameters of the column. Furthermore, mathematical models were  
178 employed to describe the experimental data and predict the column performance. The  
179 Thomas and Yan models were used to describe the breakthrough curves.

## 180 2.5 Desorption and regeneration of MgOP

181 To increase the economic feasibility of MgOP for commercial application, desorption  
182 and regeneration experiments of MgOP were explored in a batch mode. According to  
183 previous research (Kang et al., 2011), fluoride-adsorbed MgOP was obtained when the initial  
184 fluoride concentration was 10 mg/L and the contact time was 60 min at 2.0 g/L MgOP, which  
185 was used in the desorption study. In the current desorption study, 100 mL of various solvents  
186 (i.e. deionized water, HCl, NaCl,  $C_6H_8O_7$ ,  $Na_3C_6H_5O_7$ , NaOH, and  $Na_2CO_3$  solutions) were

187 added to polyethylene tubes containing 0.2 g of dry, fluoride-loaded MgOP. The mixture was  
188 continuously stirred at 150 rpm for 24 h at room temperature and then filtered through a 0.45-  
189  $\mu\text{m}$  membrane (Tianjin Jinteng Experimental Equipment Co. Ltd., China). The fluoride  
190 concentrations of the resulting filtrate were tested. The concentration of desorbing agents  
191 expected for deionized water was 0.1 M and the pH of desorbing agents was controlled to be  
192 above 3 to avoid the possible dissolution of MgOP. The desorption efficiency (DE) was  
193 calculated using Eq. (3):

$$194 \quad DE = \frac{A_d}{A_0} \times 100\% \quad (3)$$

195 where  $A_d$  (mg/g) and  $A_0$  (mg/g) are the adsorption capacity of the desorbed and original  
196 adsorbent, respectively.

197 After desorbing fluoride from the fluoride-loaded MgOP using the solvents mentioned  
198 above, the resulting MgOP was washed three times with deionized water and dried at 105 °C  
199 for 12 h. The desorbed, washed MgOP (0.2 g) was added to polyethylene tubes containing  
200 100 mL of solution containing 10 mg fluoride/L. The mixture was shaken at 150 rpm for 24 h  
201 at room temperature and filtered, after which the concentration of fluoride in the mixture was  
202 measured. The regeneration efficiency (RE) was calculated using Eq. (4):

$$203 \quad RE = \frac{A_r}{A_0} \times 100\% \quad (4)$$

204 where  $A_r$  (mg/g) and  $A_0$  (mg/g) are the adsorption capacity of the regenerated material and  
205 original adsorbent, respectively.

206 Fluoride-loaded MgOP was also regenerated by calcination for 60 min at 500 °C in the  
207 absence of air. The resulting solid (0.2 g) was added to polyethylene tubes with 100 mL of  
208 solution containing 10 mg fluoride/L. The mixture was shaken at 150 rpm for 24 h at room  
209 temperature, after which the suspension was filtered and fluoride content measured. In the  
210 regeneration study, only RE could be determined. The properties of MgOP and fluoride-  
211 adsorbed MgOP before and after calcination were characterized with X-ray diffraction

212 (XRD), Fourier Transform Infrared (FTIR) spectroscopy and Scanning Electron Microscopy  
213 (SEM). Cu K $\alpha$  radiation was employed to study the XRD patterns (Empyrean, PAN  
214 analytical B.V., Almelo, Holland) and the IR spectrum was obtained using an FTIR  
215 spectrophotometer (VERTEX 70, Bruker Corporation, Karlsruhe, Germany). A Quanta 200  
216 (FEI Company, Hillsboro, America) instrument was used to obtain SEM images.

### 217 **3. Results and discussion**

#### 218 **3.1 Breakthrough analysis**

219 Bed mass, volumetric flow rate and inlet adsorbate concentration are crucial for efficient  
220 column design and operation, and these factors affect the breakthrough, or discharge, of  
221 fluoride. The shape of breakthrough curves also can be affected by environmental factors  
222 including reaction temperature, pH and the presence of other anions.

223 Our previous work (Kang et al., 2011) showed that fluoride adsorption on MgOP  
224 follows the Langmuir isotherm and pseudo second-order kinetics. Since the Thomas model  
225 (Thomas, 1944) assumes Langmuir kinetics of adsorption-desorption with no axial  
226 dispersion, and the rate driving force obeys second-order reversible reaction kinetics  
227 (Reynolds, 1977), the model was used to analyze the experimental data. The model is  
228 expressed as Eq. (5):

$$229 \quad \frac{C_t}{C_0} = \frac{1}{1 + \exp\left[\frac{k_T}{Q}(q_T m - C_0 V)\right]} \quad (5)$$

230 where  $C_t$  (mg/L) is the effluent concentration of adsorbate;  $C_0$  (mg/L) is influent  
231 concentration of adsorbate;  $Q$  (mL/h) is volumetric flow rate;  $m$  (g) is dry adsorbent mass;  $k_T$   
232 (mL/h/mg) is the kinetic rate constant of the Thomas model;  $q_T$  (mg/g) is maximum  
233 adsorption capacity calculated by the Thomas model; and  $V$  (L) is the volume of treated  
234 water.

235 The Thomas model has a limitation in that it predicts a fixed effluent concentration  
236 when time  $t$  is zero. An empirical model proposed by Yan et al. (2001) overcomes this

237 limitation, so the Yan model also was utilized for analyzing the experimental data. The model  
238 of Yan et al. (2001) is expressed as Eq. (6):

$$239 \quad \frac{C_t}{C_0} = 1 - \frac{1}{1 + \left(\frac{Q}{k_Y q_Y m}\right)^{(k_Y C_0 / Q)}} \quad (6)$$

240 where  $k_Y$  (mL/h/mg) is the kinetic rate constant of the Yan model;  $q_Y$  (mg/g) is maximum  
241 adsorption capacity estimated by the Yan model and other parameters are as defined for the  
242 Thomas (1944) model.

243 Values for parameters in the two models were determined by analysing the fluoride  
244 breakthrough curves and are given in Table 1.

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262 **Table 1**

263 Thomas (1944) and Yan et al. (2001) model constants for fluoride adsorption on MgOP.

Conditions	Yan model				Thomas model				$t_b$ (h)	$q_b$ (mg/g)	$q_e$ (mg/g)
	$k_Y$ (mL/h/mg)	$q_Y$ (mg/g)	$t_{bY}$ (h)	$R^2$	$k_T$ (mL/h/mg)	$q_T$ (mg/g)	$t_{bT}$ (h)	$R^2$			
bed mass (g)											
4	170.4	5.14	1.1	0.991	46.4	10.43	-	0.908	1.4	3.23	13.1
6	174.1	6.96	2.3	0.967	24.2	14.17	-	0.849	3.6	5.65	16.6
8	220.0	6.45	4.5	0.985	20.0	15.98	2.3	0.918	6.1	7.13	17.0
volumetric flow rate (mL/min)											
8	83.2	7.91	2.3	0.987	10.2	16.31	-	0.899	6.6	5.16	17.4
16	174.2	6.97	2.3	0.966	24.2	14.16	-	0.849	3.6	5.65	16.6
32	344.3	4.77	1.5	0.995	66.8	9.79	-	0.921	1.0	3.05	12.4
inlet initial fluoride concentration (mg/L)											
5	305.0	6.07	2.9	0.980	25.9	11.29	-	0.851	6.0	4.49	14.0
10	174.2	6.97	2.3	0.966	24.2	14.16	-	0.849	3.6	5.65	16.6
20	85.5	5.44	0.8	0.980	31.3	10.91	-	0.880	0.9	2.81	14.4
reaction temperature (°C)											
20	181.2	6.53	2.3	0.981	26.1	13.69	0.1	0.884	3.3	5.10	16.0
30	174.2	6.97	2.3	0.966	24.2	14.16	-	0.849	3.6	5.65	16.6
40	167.0	8.34	2.5	0.975	19.9	16.47	-	0.861	3.7	5.69	18.0
pH											
4	210.9	6.56	3.2	0.975	26.6	15.57	1.4	0.893	4.4	6.85	17.9
7	171.5	6.10	1.9	0.976	27.7	12.25	-	0.869	2.9	4.63	15.2
10	221.9	5.85	3.1	0.974	30.7	14.41	1.8	0.900	4.4	6.86	17.0
coexisting anions											
0	174.2	6.97	2.3	0.966	24.2	14.16	-	0.849	3.6	5.65	16.6
Cl <sup>-</sup> (250 mg/L)	183.6	7.92	2.9	0.973	21.3	16.87	0.2	0.869	4.2	6.35	18.8
Cl <sup>-</sup> (500 mg/L)	199.4	6.88	3.0	0.982	25.0	15.62	0.9	0.900	4.1	6.26	18.6
SO <sub>4</sub> <sup>2-</sup> (250 mg/L)	160.0	12.00	3.2	0.982	15.7	22.31	-	0.879	4.6	7.10	22.1
SO <sub>4</sub> <sup>2-</sup> (500 mg/L)	166.7	10.38	3.0	0.978	17.2	20.23	-	0.869	4.3	6.95	20.8
NO <sub>3</sub> <sup>-</sup> (250 mg/L)	204.1	5.84	2.6	0.986	29.7	13.51	1.0	0.914	3.6	5.57	16.0
NO <sub>3</sub> <sup>-</sup> (500 mg/L)	192.9	6.60	2.7	0.986	25.9	14.57	0.6	0.905	3.6	5.62	16.9
HCO <sub>3</sub> <sup>-</sup> (250 mg/L)	292.5	2.03	1.8	0.998	74.7	6.65	1.2	0.989	1.9	3.06	7.1
HCO <sub>3</sub> <sup>-</sup> (500 mg/L)	398.8	0.83	1.2	0.998	189.7	3.56	1.0	0.993	1.2	1.83	3.7

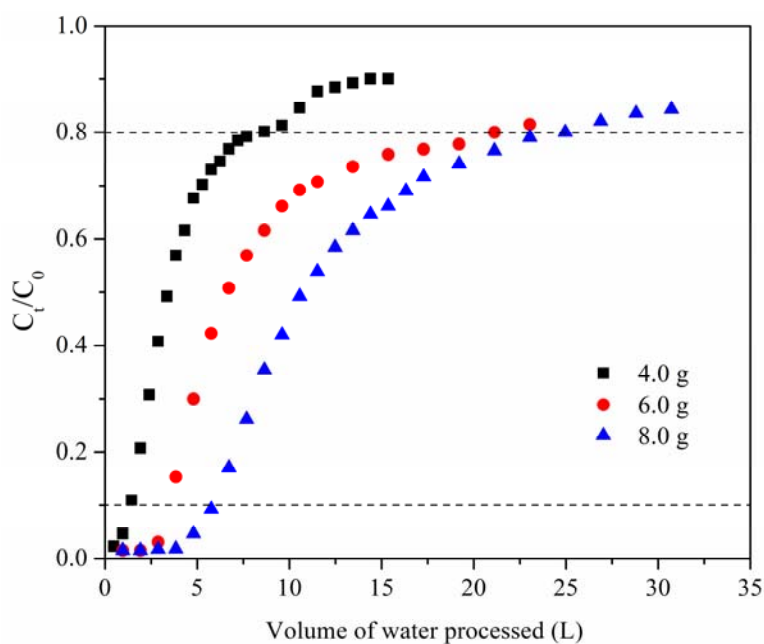
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265 **3.1.1 Bed mass**

266 The effects of bed mass (i.e., adsorbent mass) (4.0, 6.0, and 8.0 g) on breakthrough  
267 curves were explored at a fixed influent flow velocity of 16 mL/min and influent fluoride  
268 concentration of 10 mg/L. The shapes of breakthrough curves resulting from use of the  
269 different bed masses were quite similar (Fig. 1). The volume of treated water at breakthrough

270 point increased from 1.3 to 5.9 L as the bed mass increased from 4.0 to 8.0 g. The possible  
 271 reason for this is that in flow through a fixed bed, diffusion mass transfer is predominant  
 272 compared to the axial dispersion phenomenon at greater bed mass (Abdolali et al., 2017).  
 273 Thus, at the higher bed mass, the fluoride ions had sufficient time to diffuse into the entire  
 274 mass of MgOP, which indicated the residence time of fluoride ions in the column increased.  
 275 Moreover, the defluoridation capacity of MgOP at exhaustion time also increased from 13.1  
 276 to 17.0 mg/g as the bed mass varied from 4.0 to 8.0 g. A greater bed mass increases adsorbent  
 277 area but also increases bed resistance, which may detrimentally influence fluoride adsorption.  
 278 Hence, 6.0 g of bed mass was utilized in the subsequent experiments.

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281 **Fig. 1.** Measured breakthrough curves showing fluoride adsorption on MgOP at different bed  
 282 masses (4.0, 6.0 and 8.0 g). (Inlet fluoride concentration = 10 mg/L, volumetric flow rate =  
 283 16 mL/min, temperature = 30 °C).

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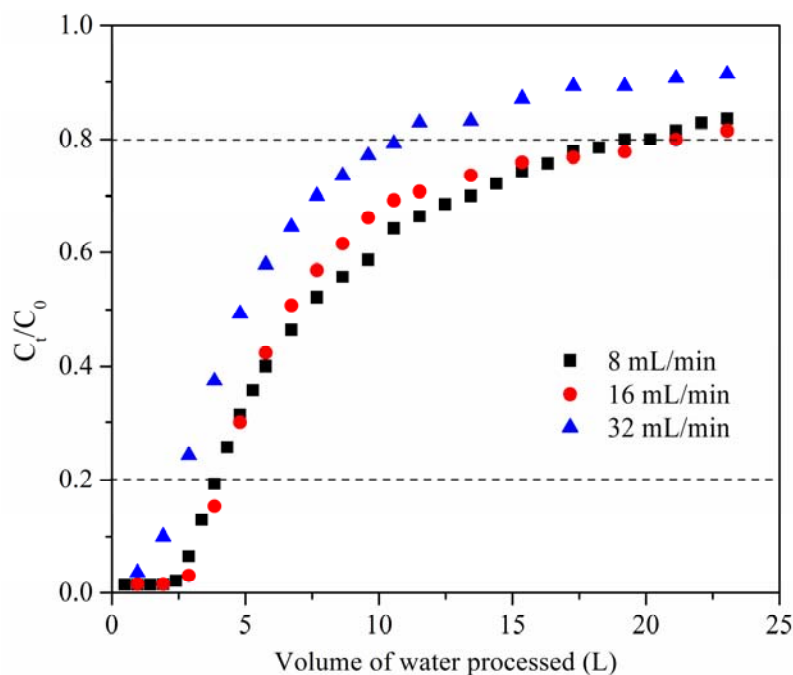
285 Regression coefficients presented in Table 1 show that the Yan model described the  
 286 breakthrough curves better than the Thomas model. Consequently, the plots of Yan model

287 predictions were closer to the experimental breakthrough curves than those of the Thomas  
288 model and better predicted critical operating parameters such as the breakthrough time,  
289 especially for low service time periods. This difference between the models' performance  
290 could be explained by the limitation of the Thomas model. In the experiments, the actual  
291 effluent concentration at  $t = 0$  was not zero (contrary to the Thomas model estimate), and this  
292 inconsistency negatively affected the simulation of Thomas model, especially at low service  
293 time periods.

### 294 **3.1.2 Volumetric flow rate**

295 The effects on fluoride adsorption of various volumetric flow rates from 8 to 32 mL/min  
296 were conducted at a fixed inlet fluoride concentration of 10 mg/L and bed mass of 6.0 g.  
297 Increasing flow rate decreased the volume of effluent treated (Fig. 2). This is because the  
298 higher flow rate may have led to a lower residence time of the adsorbate in the column and  
299 consequently insufficient diffusion of the adsorbate into the pores of adsorbent. At the higher  
300 flow rates, the dynamic column capacity at the adsorbent exhaustion point was reduced as  
301 were the breakthrough time and exhaustion time. However, there was little change in the  
302 defluoridation capacity at the breakthrough time for flow rates from 8 to 16 mL/min.

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304

305 **Fig. 2.** Experimental breakthrough curves describing fluoride adsorption onto MgOP at  
 306 different volumetric flow rates (8, 16 and 32 mL/min). (Inlet fluoride concentration = 10  
 307 mg/L, bed mass = 6.0 g, temperature = 30 °C).

308

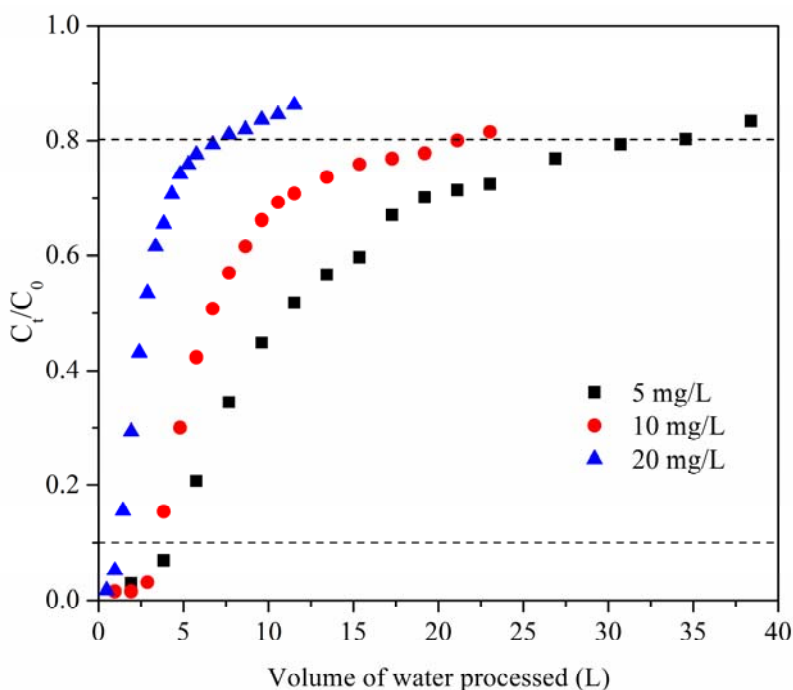
309 Non-linear regression showed better agreement of the Yan model predictions with the  
 310 fluoride removal data at various volumetric flow rates compared to the Thomas model (Table  
 311 1). The maximum adsorption capacity estimated by the Yan model ( $q_Y$ ) and Thomas model  
 312 ( $q_T$ ) decreased at higher volumetric flow rate in accord with the experimental values ( $q_e$ ). This  
 313 phenomenon is likely due to insufficient time for diffusion and adsorption of fluoride onto the  
 314 adsorbent at the higher flow rates.

### 315 3.1.3 Influent fluoride concentration

316 The effects of influent fluoride concentration on fluoride adsorption by MgOP were  
 317 investigated. Breakthrough curves obtained at a bed mass of 6.0 g and flow rate of 16  
 318 mL/min are shown in Fig. 3. As the fluoride concentration increased from 5 to 20 mg/L, the  
 319 breakthrough curves became progressively steeper, which indicated that the breakthrough



320 time and exhaustion time both decreased as the influent fluoride concentration increased.  
 321 Similarly, the volume of water treated decreased from 5.8 to 0.9 L as the inlet fluoride  
 322 concentration increased from 5 to 20 mg/L. The possible explanation for these results is that  
 323 higher influent fluoride concentrations may have resulted in faster mass transfer of fluoride  
 324 ions to MgOP because of the greater concentration gradient between the solution and MgOP  
 325 surface, which provided a higher driving force for mass transfer. Consequently at the high  
 326 influent fluoride concentrations, MgOP may have needed less time to become saturated,  
 327 resulting in shorter breakthrough time and exhaustion time. However, there was little change  
 328 in the defluoridation capacity of MgOP at the breakthrough point as the inlet fluoride  
 329 concentration increased from 5 to 10 mg/L.  
 330



331  
 332 **Fig. 3.** Experimental breakthrough curves showing fluoride adsorption onto MgOP at  
 333 different inlet fluoride concentrations (5, 10 and 20 mg/L). (Volumetric flow rate = 16  
 334 mL/min, bed mass = 6.0 g, temperature = 30 °C).  
 335

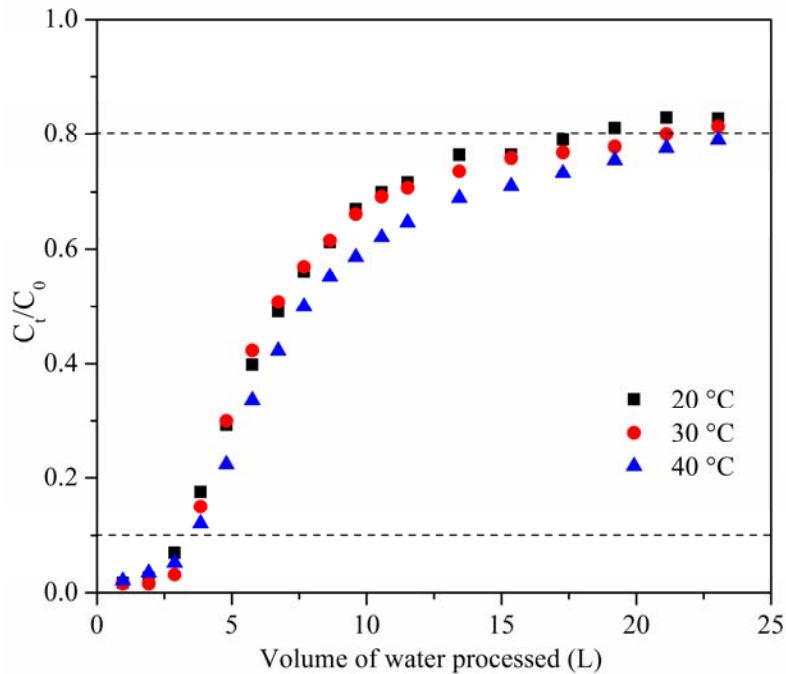
336 The maximum adsorption capacity estimated by the Yan model ( $q_Y$ ) and Thomas model  
337 ( $q_T$ ) indicated that the defluoridation capacity of MgOP reached a maximum when the  
338 influent fluoride concentration was maintained at 10 mg/L and the bed mass was fixed at 6.0  
339 g.

#### 340 **3.1.4 Reaction temperature**

341 The reaction temperature affects the volume of solution treated (or throughput volume)  
342 to a certain extent due to temperature-induced changes in the mass transfer of adsorbate. The  
343 breakthrough curves depicted in Fig. 4 show the effect of reaction temperature on fluoride  
344 adsorption at a bed mass of 6.0 g, volumetric flow velocity of 16 mL/min and influent  
345 fluoride concentration of 10 mg/L. The volume of water treated increased with increasing  
346 reaction temperatures from 20 to 40 °C. Moreover, the fluoride uptake at exhaustion time  
347 increased approximately 10% as the temperature increased from 20 to 40 °C.

348 Batch experiments in previous research (Kang et al., 2011) suggested that fluoride  
349 removal via MgOP is an endothermic chemisorption dominated reaction, an observation also  
350 made by other researchers (Asgari et al., 2012; Kameda et al., 2015; Wang et al., 2017). In  
351 agreement with theory, the results from the present study proved that the adsorption of  
352 fluoride on MgOP is indeed endothermic.

353



354

355 **Fig. 4.** Experimental breakthrough curves showing fluoride adsorption onto MgOP at  
 356 different temperatures (20, 30 and 40 °C). (Inlet fluoride concentration = 10 mg/L,  
 357 volumetric flow rate = 16 mL/min, bed mass = 6.0 g).

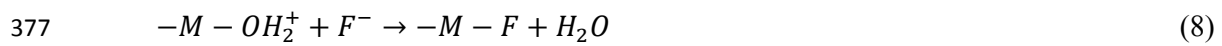
358

359 Data in Table 1 show that values for the kinetic rate constant in both the Yan model  
 360 ( $k_Y$ ) and Thomas model ( $k_T$ ) decreased with increasing temperature. This trend reflected  
 361 increases in the driving force of mass transfer with increasing temperature, a relationship  
 362 corroborated by the increases in adsorption capacity at exhaustion point estimated by the Yan  
 363 model ( $q_Y$ ) and the Thomas model ( $q_T$ ) with temperature, indicating a higher capacity for  
 364 fluoride removal at higher temperature.

### 365 3.1.5 pH

366 Considering the alkalinity of MgOP, the pH of inlet fluoride solution is a factor strongly  
 367 affecting the volume of fluoride solution that can be successfully treated. The breakthrough  
 368 curves obtained from experiments at various influent pH values (4, 7, and 10) are presented  
 369 in Fig. 5 for a fixed bed mass of 6.0 g, inlet flow rate of 16 mL/min and influent fluoride

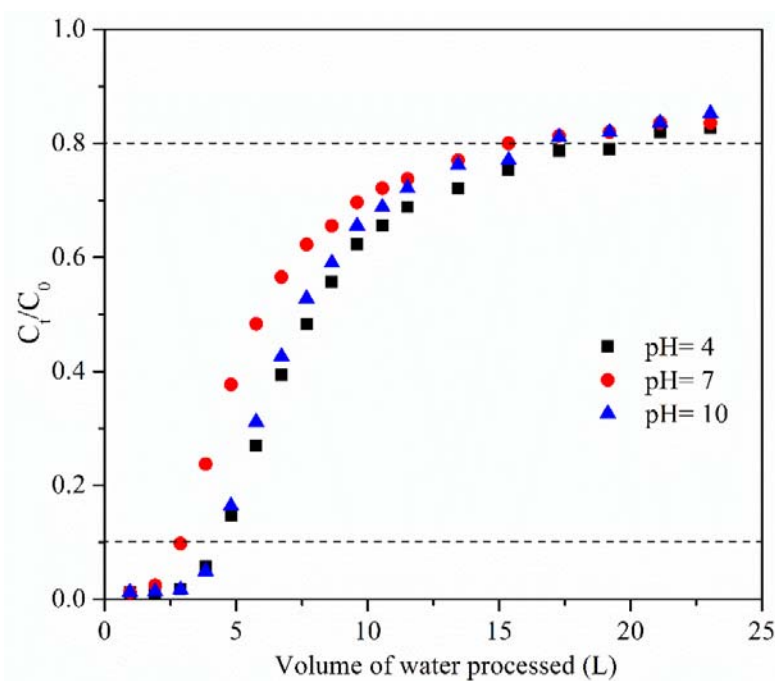
370 concentration of 10 mg/L. In these experiments, the influent pH was adjusted by adding HCl  
 371 and NaOH solutions. Fig. 5 shows that the volume of water treated was higher (4.2 L) at both  
 372 low and high pH than at neutral pH (2.9 L). This result can be attributed to the change in the  
 373 electrical charge of hydroxyl groups on the MgOP surface. The general principles of the  
 374 surface chemistry of oxides in contact with an aqueous solution govern the behavior of  
 375 amphoteric hydroxyl groups (Eqs. (7)–(9)):



379 At low pH, fluoride ions are adsorbed mainly by the positively charged surface as  
 380 indicated by Eqs. (7) and (8) (Loganathan et al., 2013; Singano et al., 1995). As the pH  
 381 increases, fewer positively charged surfaces are acquired and fewer negatively charged  
 382 fluoride ions are absorbed from the solution (Karthikeyan et al., 1997), resulting in  
 383 decreasing adsorption capacity. At neutral pH, fluoride ions also can be adsorbed by ligand  
 384 exchange even when the surface charge is neutral, as described by Eq. (9) (Choi and Chen,  
 385 1979). Thus, it is logical for adsorption capacity to decrease with increasing pH >7 due to the  
 386 competition between fluoride and hydroxyl groups for the adsorption sites on the MgOP  
 387 surface, as well as the greater number of hydroxyl groups in solution inhibiting ligand  
 388 exchange (Eq. [9]). However, the opposite trend obtained from the experiments in this study  
 389 indicated that the volume of treated fluoride solution increased from 2.9 L at pH 7 to 4.2 L at  
 390 pH 10. Similarly, Singano et al. (1995) found that the optimized pH for the fluoride removal  
 391 by MgO ranged from 10 to 11. This may be attributed to the surface chemistry of MgO such  
 392 that a greater number of hydroxyl groups may increase the number of active adsorption sites  
 393 on the MgOP surface at higher pH, thus improving fluoride adsorption. Furthermore,  
 394 Vermilyea (1969) reported that the properties of MgO are similar to fine crystalline Mg(OH)<sub>2</sub>

395 at higher pH. Because MgO is one of the raw material of the MgOP preparation and  
396 Mg(OH)<sub>2</sub> (with a finer crystalline matrix than MgO) could provide more surface area and/or  
397 active adsorption sites for fluoride adsorption, the fluoride adsorption could be enhanced with  
398 increasing pH. In contrast, batch experiments in previous research showed that the  
399 equilibrated defluoridation capacity of MgOP was negligibly affected when the pH ranged  
400 from 4 to 10 (Kang et al., 2011). Fluoride adsorption as a function of pH in the present study  
401 may be attributed to: a) a slower rate of MgOP dissolution at higher pH in the column, similar  
402 to observations in previous research (Pokrovsky and Schott, 2004), and b) shorter contact  
403 time of MgOP with fluoride ions in the dynamic experiment of the present study than in the  
404 batch study of previous research (Kang et al., 2011).

405



406

407 **Fig. 5.** Experimental breakthrough curves describing fluoride adsorption onto MgOP at  
408 different inlet pH values (4, 7 and 10). (Inlet fluoride concentration = 10 mg/L, volumetric  
409 flow rate = 16 mL/min, bed mass = 6.0 g, temperature = 30 °C).

410

411 Correlation coefficients presented in Table 1 show that the Yan model predicted fluoride  
412 adsorption in the MgOP bed better than the Thomas model. Besides, the maximum adsorption  
413 capacity estimated by the Yan model ( $q_Y$ ) and Thomas model ( $q_T$ ) was smallest at pH = 7,  
414 reflecting the lower defluoridation capacity of MgOP at neutral pH.

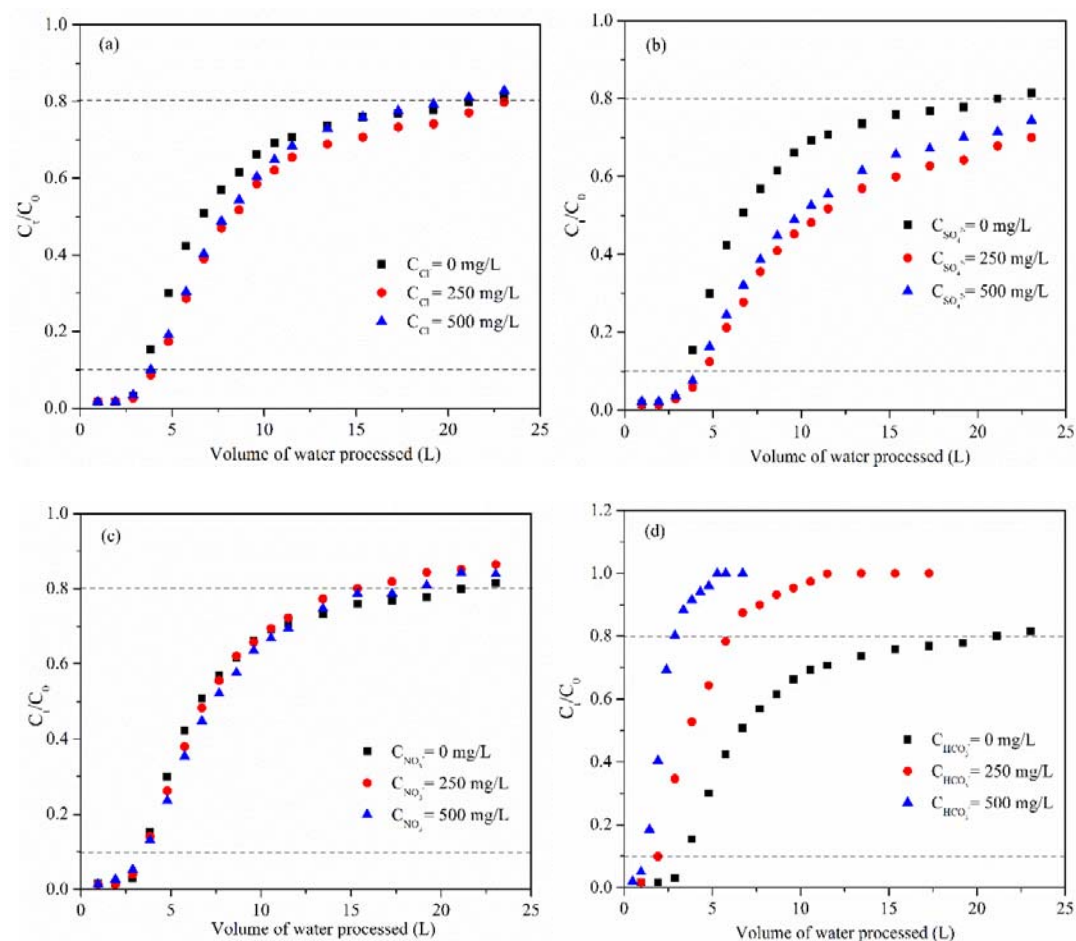
### 415 **3.1.6 Coexisting anions**

416 The competitive effects of coexisting anions such as  $\text{HCO}_3^-$ ,  $\text{SO}_4^{2-}$ ,  $\text{Cl}^-$  and  $\text{NO}_3^-$  on the  
417 fluoride adsorption in the MgOP bed also were investigated. The concentrations (0, 250 and  
418 500 mg/L) of these coexisting anions were achieved by adding NaCl,  $\text{Na}_2\text{SO}_4$ ,  $\text{Na}_2\text{NO}_3$  and  
419  $\text{NaHCO}_3$  solutions, respectively. Fluoride solution of fixed concentration (10 mg/L) was  
420 passed through the individual columns containing 6.0 g of MgOP at a fixed volumetric flow  
421 rate of 16 mL/min. Breakthrough curves for this experiment as shown in Fig. 6a and Fig. 6b  
422 show that the volume of water processed that had an effluent fluoride concentration below the  
423 permissible limit (1 mg/L) increased in the presence of  $\text{Cl}^-$  and  $\text{SO}_4^{2-}$  ions. This result may be  
424 explained by the fact that the addition of  $\text{Cl}^-$  and  $\text{SO}_4^{2-}$  ions could accelerate dissolution of  
425 the MgOP, thereby providing fresh sites for adsorption and thus improving fluoride removal.  
426 However, increasing the concentrations of  $\text{Cl}^-$  and  $\text{SO}_4^{2-}$  ions from 250 to 500 mg/L  
427 insignificantly affected the adsorption capacity of MgOP for fluoride ions, indicating that the  
428 positive effects of such coexisting ions on fluoride adsorption may not be enhanced when the  
429 concentrations of these coexisting anions exceed 250 mg/L.

430 The presence of  $\text{NO}_3^-$  showed minor influence on the breakthrough curves over the  
431 concentration range of  $\text{NO}_3^-$  ions investigated (0–500 mg/L) (Fig. 6c). These results occurred  
432 because  $\text{NO}_3^-$  ions as the low-affinity ligands are adsorbed through weaker bonds of outer-  
433 sphere complexation and thus do not disturb the fluoride adsorption (Huang et al., 2011). The  
434 batch experiment of fluoride adsorption on MgOP in previous research observed similar  
435 results (Kang et al., 2011). However, when  $\text{HCO}_3^-$  ions were present at high concentrations,

436 the defluoridation capacity of MgOP at exhaustion point was reduced (Fig. 6d). Even though  
 437 the addition of  $\text{HCO}_3^-$  ions could cause a shift in pH to  $>8$ , and thus improve the fluoride  
 438 adsorption, these ions may also compete with fluoride ions for the active adsorption sites on  
 439 the MgOP surface. Many studies have also revealed the detrimental effects of  $\text{HCO}_3^-$  ions on  
 440 the fluoride adsorption, which may be attributed to the competition of fluoride and  
 441 bicarbonate ions for the active sorption sites, the pH change caused by the addition of  
 442 bicarbonate ions, or a combination of these effects (Maliyekkal et al., 2008; Xu et al., 2011;  
 443 Zhu et al., 2009). In the present study, the competitive effects may have had more influence  
 444 on fluoride adsorption in the column than the effects caused by the pH increase.

445



447

448 **Fig. 6.** Experimental breakthrough curves describing fluoride adsorption onto MgOP in the

449 presence of various concentrations (0, 250 and 500 mg/L) of different coexisting anions: (a)  
450  $\text{Cl}^-$  (b)  $\text{SO}_4^{2-}$  (c)  $\text{NO}_3^-$  (d)  $\text{HCO}_3^-$ . (Inlet fluoride concentration = 10 mg/L, volumetric flow  
451 rate = 16 mL/min, bed mass = 6.0 g, temperature = 30 °C).

452

453 The regression coefficients (Table 1) for the Thomas model were lower than those of the  
454 Yan model in the presence of all anions evaluated except for  $\text{HCO}_3^-$  ions. Because higher  
455 values of maximum adsorption capacity estimated by the Thomas model ( $q_T$ ) and the Yan  
456 model ( $q_Y$ ) showed better fluoride adsorption, it is obvious that the coexisting anions in  
457 solution (especially the presence of  $\text{SO}_4^{2-}$ ), led to increased defluoridation capacity of MgOP,  
458 except for the adverse effects caused by the presence of  $\text{HCO}_3^-$ .

### 459 **3.2 Magnesium in treated water**

460 Magnesium is an essential element for human health, but the excessive intake of  
461 magnesium can cause diseases called hypermagnesemia, such as gastrointestinal spasms,  
462 myoparesis and asystole. The magnesium dissolution from MgOP was monitored in the  
463 treated water by measuring the magnesium concentration in the effluent at a bed mass of 6.0  
464 g, flow velocity of 16 mL/min and inlet fluoride concentration of 10 mg/L. The experiments  
465 also were conducted at influent pH ranging from 4 to 10. Results showed that the  
466 concentration of magnesium ions transferred to the solution remained in the range 1.0 to 2.0  
467 mg/L. Since a magnesium concentration > 36 mg/L will lead to hypermagnesemia (Wyskida  
468 et al., 2012), the adsorbent used in this study is considered to be safe for use in treating  
469 drinking water when influent pH is in the range 4–10.

### 470 **3.3 Fluoride desorption and regeneration of MgOP**

471 Desorption and regeneration of MgOP increase the use efficiency and decrease  
472 operational costs. Selection of a desorbing agent is very important and is determined by  
473 MgOP structure and the mechanism of fluoride adsorption. The results of the desorption

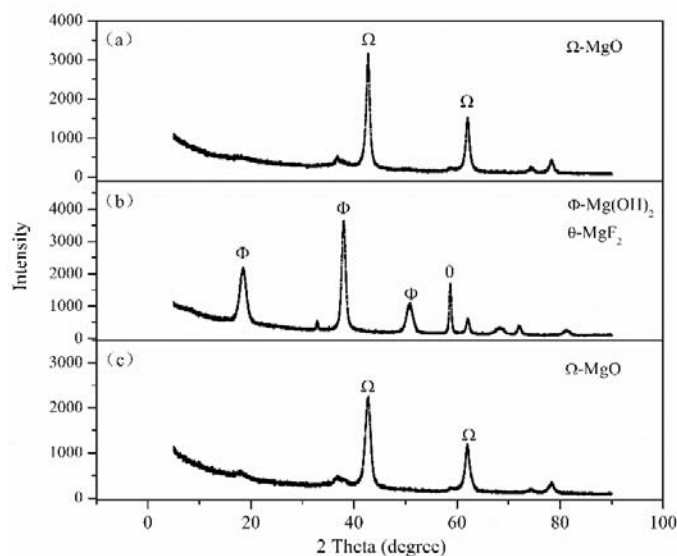


474 experiments in this study showed that the desorption efficiency of fluoride-loaded MgOP was  
475 very low (< 10%) using either HCl, NaCl, NaOH, Na<sub>2</sub>CO<sub>3</sub>, C<sub>6</sub>H<sub>8</sub>O<sub>7</sub>, Na<sub>3</sub>C<sub>6</sub>H<sub>5</sub>O<sub>7</sub> or deionized  
476 water as the desorbing solvents, but such solvents had regeneration efficiency ~40% for the  
477 fluoride-loaded MgOP. In a previous batch study, increasing the influent fluoride  
478 concentrations from 10 to 30 mg/L resulted in an increased equilibrium defluoridation  
479 capacity at a fixed MgOP concentration of 2.0 g/L (Kang et al., 2011). This observation  
480 indicated that the fluoride adsorption on MgOP achieved at the initial fluoride concentration  
481 of 10 mg/L in the present study may not have reached saturation and that active adsorption  
482 sites were available to adsorb additional fluoride ions.

483 Thus, the regeneration experiment, in fact, was designed to utilize the unsaturated  
484 MgOP for secondary fluoride removal. In this case, deionized water had no effect on the  
485 regeneration of fluoride-loaded MgOP; rather, the regeneration efficacy (approximately 40%)  
486 was due to the unused adsorption sites on the fluoride-loaded MgOP surface. Therefore, the  
487 regeneration experiment conducted utilizing deionized water was considered as the “control”  
488 experiment and served as the basis for comparing regeneration experiments using other  
489 desorbing agents. The regeneration efficacies of HCl, NaCl, NaOH, Na<sub>2</sub>CO<sub>3</sub>, C<sub>6</sub>H<sub>8</sub>O<sub>7</sub>,  
490 Na<sub>3</sub>C<sub>6</sub>H<sub>5</sub>O<sub>7</sub> solutions for fluoride-loaded MgOP should discount the regeneration efficacy  
491 obtained utilizing deionized water. Thus, because these desorbing agents demonstrated  
492 regeneration efficacies only slightly in excess of 40% (that of deionized water), it was  
493 concluded that these products had low regeneration efficiency (< 1%) for the fluoride-loaded  
494 MgOP.

495 In contrast, calcination regenerated fluoride-loaded MgOP to 97% of its original  
496 capacity. This result occurred because the structure of fluoride-loaded MgOP was changed  
497 while being heated at 500 °C. In this case, new MgO-based material was formed having fresh  
498 sites for fluoride removal.

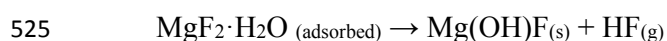
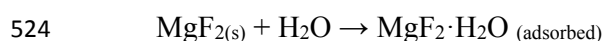
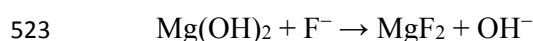
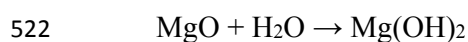
499 The SEM, XRD and FTIR of the virgin MgOP and fluoride-loaded MgOP before and  
500 after calcination were studied. SEM images of virgin MgOP and fluoride-loaded MgOP  
501 before calcination were similar; both images showed the flake-shaped morphology of the  
502 MgOP particles. The flake-like structure of MgOP created a high specific surface area and  
503 thus facilitated effective fluoride adsorption. However, the SEM image of the fluoride-loaded  
504 MgOP after calcination showed that the adsorbent surface was covered by numerous fine  
505 particles.  
506



507  
508 **Fig. 7.** X-ray diffraction patterns of (a) MgOP (b) fluoride-loaded MgOP before  
509 calcination (c) fluoride-loaded MgOP after calcination.

510  
511 Powder XRD was used to determine the crystallinity and phase components of MgOP  
512 samples. The XRD pattern confirmed the presence of MgF<sub>2</sub> in fluoride-adsorbed MgOP (Fig.  
513 7), which proved the successful adsorption of fluoride on MgOP. The XRD pattern of  
514 fluoride-loaded calcined MgOP heated at 500 °C presented similar peaks to those in the  
515 pattern of the material prior to calcination, but with less intensity as compared to the spectral  
516 peaks of virgin MgOP. The difference in intensity indicated that the content of MgO in the

517 fluoride-loaded MgOP after calcination was less than that in the original MgOP. Furthermore,  
518 the formation of MgO in the fluoride-adsorbed MgOP may be attributed to the structural  
519 destruction of fluoride-loaded MgOP. The possible pathway for the formation of MgO in the  
520 fluoride-loaded MgOP after calcination is presented as the following sequence of reactions  
521 (Souza et al., 2014).



527

528 FTIR spectra (Fig. S1) were used to identify the presence of functional groups and types  
529 of bonding. A peak appeared at  $3427 \text{ cm}^{-1}$ , which may be attributed to the stretching  
530 vibration of hydroxyl groups from the water. However, the peak became stronger with an  
531 increase of intensity in spectra, which may be attributed to the formation of the O–H···F  
532 bond, and indicated the presence of hydrogen bonding. The spectra peaked at  $1631 \text{ cm}^{-1}$  due  
533 to C=C bonding with the stretching vibration disturbed by the water molecules.

#### 534 **4. Conclusions**

535 The fluoride adsorption on MgOP was investigated in a continuous fixed-bed column. A  
536 dynamic study was used to provide theoretical and technical supports for the commercial  
537 application of MgOP. The defluoridation capacity of MgOP increased in acid and alkaline  
538 environments compared to the capacity at neutral pH. The  $\text{HCO}_3^-$  ions present in most natural  
539 waters being treated may compete with fluoride ions for the adsorption sites and thus inhibit  
540 the fluoride adsorption in a MgOP bed. Moreover, the Yan et al. (2001) model was better able  
541 than the Thomas (1944) model to predict the adsorption behavior of fluoride ions in the

542 column. Magnesium concentrations in treated water were so low that MgOP can be deemed  
543 to be safe for drinking water treatment, thus increasing the technical feasibility of this  
544 technique. The regeneration of fluoride-loaded MgOP can be effectively achieved through  
545 calcination. In summary, the column study of fluoride adsorption on MgOP confirms that  
546 MgOP is an effective and safe adsorbent for defluoridation of drinking water at plant-scale.

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550

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