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1 **Laser ablation-inductively coupled plasma-mass spectrometry imaging of white**
2 **and grey matter iron distribution in Alzheimer's disease frontal cortex**

3
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33

1 **Abstract**

2

3 Iron deposition in the brain is a feature of normal aging, though in several
4 neurodegenerative disorders, including Alzheimer’s disease, the rate of iron
5 accumulation is more advanced than in age-matched controls. Using laser ablation-
6 inductively coupled plasma-mass spectrometry imaging we present here a pilot study
7 that quantitatively assessed the iron content of white and grey matter in the frontal
8 cortex of Alzheimer’s and control subjects. Using the phosphorus image as a
9 confirmed proxy for the white/grey matter boundary, we found that intrusion of iron
10 into grey matter occurs in the Alzheimer’s brain compared to controls, which may be
11 indicative of either a loss of iron homeostasis in this vulnerable brain region, or
12 provide evidence of increased inflammatory processes as a response to chronic
13 neurodegeneration. We also observed a trend of increasing iron within the white
14 matter of the frontal cortex, potentially indicative of disrupted iron metabolism
15 preceding loss of myelin integrity. Considering the known potential toxicity of
16 excessive iron in the brain, our results provide supporting evidence for the continuous
17 development of novel magnetic resonance imaging approaches for assessing white
18 and grey matter iron accumulation in Alzheimer’s disease.

19

1 **Introduction**

2

3 Increased iron deposition in the cerebral cortex of Alzheimer's disease (AD) brains is
4 a pathological hallmark of the condition (Hallgren and Sourander, 1960).

5 Neuroinflammation, where glial cells promote the deposition of iron, contributes to
6 elevated oxidative stress and mitochondrial dysfunction, and may also promote the
7 aggregation of the β -amyloid peptide and tau protein, forming the plaques and tangles
8 characteristic of the disease (Ong and Farooqui, 2005). Combined with the natural
9 accumulation of iron in the aging brain, endogenous response to elevated cortical iron
10 (such as heme oxygenase-1, which degrades heme and can release free, reactive
11 ferrous [Fe^{2+}] iron) may represent an important biochemical mechanism preceding
12 neuronal damage in AD (Ward et al., 2014).

13

14 *In vivo* imaging of the AD brain using magnetic resonance imaging (MRI) has
15 provided useful insight into both structural changes (Bartzokis et al., 2003) and iron
16 deposition (Bartzokis et al., 2000; Langkammer et al., 2014), using techniques such as
17 R_2 and R_2^* relaxometry (Langkammer et al., 2010), phase imaging (Zhu et al., 2009)
18 and quantitative susceptibility mapping (Bilgic et al., 2012). However, differentiation
19 between white and grey matter iron distribution in the neocortex using MRI is
20 challenging, as typical MRI approaches are not absolutely quantitative, there are
21 multiple contributions to tissue contrast (including myelin, iron and CSF), and have a
22 spatial resolution that precludes fine detail definition of brain iron distribution at
23 micrometer scales. Because of these many limitations, MR imaging of brain iron has
24 been largely constrained to deep brain nuclei, such as the basal ganglia, which contain
25 the highest iron content throughout the brain.

26

27 In this study we employed quantitative iron imaging by laser ablation-inductively
28 coupled plasma-mass spectrometry (LA-ICP-MS) to compare the distribution of iron
29 in white and grey matter regions of *post mortem* AD and healthy control (HC) frontal
30 cortex tissue which are primarily affected by AD pathology. LA-ICP-MS employs a
31 focused beam (typically in the ultra-violet range) that ablates particles from the tissue
32 sample surface, which are then carried to the ICP-MS and measured on the basis of
33 mass-to-charge (m/z) ratio (Hare et al., 2015). LA-ICP-MS is highly specific and
34 sensitive to iron, with detection limits well below the typical biological concentrations

1 found in neurological tissue (O'Reilly et al., 2014). With appropriate signal
2 normalization and periodic sampling of standards with comparable matrix
3 composition, LA-ICP-MS can provide absolute quantitative information at the low
4 micrometer scale (1-100+ μm) (Hare et al., 2012a; Miliszkiewicz et al., 2015). As an
5 element-specific detector, LA-ICP-MS also permits simultaneous detection of
6 multiple analytes and generation of hyperspectral images. We exploited this capability
7 here by using phosphorus distribution as a proxy for white and grey matter, which
8 was then applied to differentiating iron distribution in the two regions of frontal
9 cortex tissue from both AD and HC brains.

10
11 **Materials and methods:**

12
13 *Human brain samples*

14
15 Formalin fixed and paraffin embedded AD ($n = 4$) and HC ($n = 5$) frontal cortex
16 tissue was obtained from the Victorian Brain Bank Network at the Florey Institute of
17 Neuroscience and Mental Health. All procedures were conducted in accordance with
18 the Australian National Health and Medical Research Council's National Statement
19 on Ethical Conduct in Human Research (2007), the Victorian Human Tissue Act
20 (1982), the National Code of Ethical Autopsy Practice (2002) and the Victorian
21 Government policies and practices in relation to *post mortem* tissue. All tissue
22 samples were previously genotyped and confirmed as apolipoprotein E3/E3 allele
23 carriers (Rembach et al., 2013). Subject details are given in Tables 1 and 2. Previous
24 studies have shown that formalin fixation may effect absolute iron concentrations
25 (Hackett et al., 2011; Hare et al., 2014a), particularly during long-term (approx. 4
26 years) storage of brain tissue (Schrag et al., 2010). However, storage in formalin for
27 shorter periods (<18 months) was shown to have no effect on brain iron levels
28 (Gellein et al., 2007). Regardless, all samples underwent identical preparation
29 methods (fixation of whole brain in 20% neutral buffered formalin for <6 weeks prior
30 to neuropathological examination, excision of tissue blocks, paraffin infiltration and
31 embedding) to ensure relative comparisons were valid.

32

1 **Table 1:** Subject age, sex and *post mortem* interval details. Neither age ($p = 0.2$;
 2 Student's two-tailed *t*-test) nor *post mortem* interval ($p = 0.3$) differed between
 3 groups.
 4

	Alzheimer's disease	Healthy control
<i>Age (years)</i>	74.2 ± 8.0 ($n = 4$)	85.4 ± 2.1 ($n = 5$)
<i>Male (female)</i>	4 (0)	4 (1)
<i>Post mortem interval (hours)</i>	47.9 ± 11.9	34.5 ± 5.7

5
 6 **Table 2:** Disease duration, cause of death and AD family history (where applicable).
 7

Case	Disease duration	Cause of death	Family history
<i>AD1</i>	~ 4 years, 6 months (early onset at ~ 49 years)	Pulmonary thromboembolism; deep vein thrombosis	Mother AD onset in her 70s, grandmother also had AD
<i>AD2</i>	~ 4 years	Dementia	Not known
<i>AD3</i>	Unsure (never saw regular doctor); minimum 4 yrs	Acute septicaemia; dementia	Mother AD onset in her late 80s
<i>AD4</i>	Diagnosed 18 months prior to death, date of onset not known	Multiple myeloma; cerebral arteriosclerosis	No family history
<i>HC1</i>	n/a	Cardiac tamponade – haemopericardium, ruptured acute posterolateral left; ventricular myocardial infarction; ischaemic coronary artery disease	
<i>HC2</i>	n/a	Acute myocardial infarction; ischaemic heart disease; hypertension	
<i>HC3</i>	n/a	Acute myocardial infarction	
<i>HC4</i>	n/a	Complications of surgical correction of fractured neck of femur; general debility; hepatic abscess; ischaemic heart disease; chronic renal failure	
<i>HC5</i>	n/a	Ischaemic Heart Disease	

8
 9
 10 *Sample preparation for LA-ICP-MS*

11
 12 Sections were cut on a standard microtome at 5- μ m thickness and mounted on silane-coated soda-glass microscope slides (StarFrost®; ProSciTech, Qld, Australia).
 13
 14 Sections were dewaxed in xylene (Merk Millipore, NSW, Australia) and decreasing
 15 concentrations of ethanol (Merk Millipore) in water according to standard protocols.
 16 Samples were finally washed in MilliQ water (18.2 M Ω ; Merk Millipore) and dried at
 17 room temperature before analysis.

18
 19 *LA-ICP-MS analysis*

20

1 Quantitative imaging of iron was performed using a NewWave NWR213 laser
2 ablation system (ESI Ltd., Bozeman, MT, USA) hyphenated to an Agilent
3 Technologies 8800 Series triple quadrupole ICP-MS (Mulgrave, VIC, Australia)
4 operating in single quadrupole acquisition mode with 3 mL min⁻¹ hydrogen reaction
5 gas to minimize polyatomic interference from ⁴⁰Ar¹⁶O⁺ on ⁵⁶Fe⁺ (Lear et al., 2012).
6 The NWR213 was fitted with a standard two-volume cell with a 10 cm x 10 cm
7 scanning area. Standard operating parameters for this system were used as previously
8 reported (Bishop et al., 2015). Mass-to-charge (*m/z*) ratios for carbon (13),
9 phosphorus (31) and iron (56) were acquired. Samples were ablated using a square 80
10 x 80 μm laser beam, producing pixels representing a total area of 6.4 mm² with a laser
11 energy fluence of approximately 1 J cm⁻², which was sufficient to ablate tissue but not
12 the underlying slide matrix. Signal noise accounted for approximately 0.3% of the
13 mean signal intensity for each section, and was thus considered negligible.
14 Phosphorus and iron data was normalized to the corresponding carbon-13 signal
15 recorded to compensate for variation in laser power and sample transport effects
16 (Austin et al., 2011). Iron images were quantitated against representative ablation
17 (carbon-13 normalized) of matrix-matched tissue standards produced using metal-
18 spiked homogenates of sheep cortical brain tissue cut to an equivalent thickness on a
19 cryostat (Hare et al., 2013b). Four repeated five-point calibrations were recorded
20 during the experiment, with good linearity ($r^2 = 0.9485$) and reproducibility ($p =$
21 0.4677 ; $F = 0.909$; Supplementary Fig. S1). Images were produced using ENVI 5.3
22 (Exelis, Boulder, CO, USA), background (scanned areas not containing tissue) pixels
23 excluded using a carbon-13 mask, and regions of interest (ROIs) were extracted using
24 both ENVI 5.3 and Fiji (<http://fiji.sc/Fiji>, (Schindelin et al., 2012)). Statistical analysis
25 of extracted ROIs was performed using Prism 6.0e (GraphPad, La Jolla, CA, USA)

26 27 *Perls staining*

28
29 Adjacent 5-μm thick sections mounted on microscope slides were dewaxed as above,
30 and then extensively rinsed in running water. Hydrated sections were incubated at 37
31 °C for 1 hour in potassium ferrocyanide (7% w/v) in hydrochloric acid (3% v/v) and
32 then enhanced using a solution of 3.5 μM 3,3'-diaminobenzidine (DAB) in hydrogen
33 peroxide (0.015% v/v) for 5 minutes. After quenching the reaction by immersing in
34 running water, samples were counterstained with hematoxylin for 2 minutes and

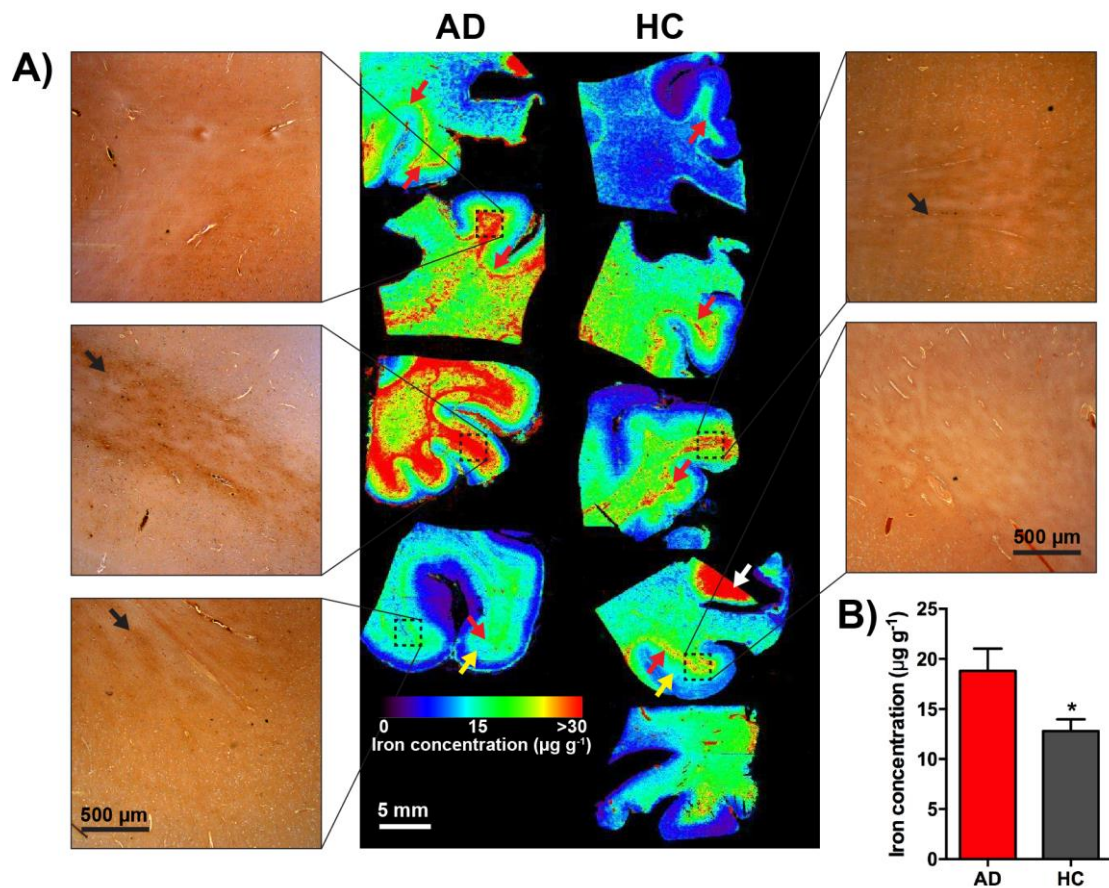
1 washed in water before dehydration in increasing ethanol concentration, xylene and
2 coverslipping. Micrographs were recorded using a Leica DM2500 optical microscope
3 with a 2.5×/0.50 NA lens and Leica DFC310FX digital camera.

5 *Myelin staining*

7 Myelin was histologically stained on additional adjacent 5- μ m thick sections using the
8 Luxol Fast Blue method. Sections were dewaxed and stained in 0.1% (w/v) Luxol
9 Fast Blue in methanol with 0.05% (v/v) acetic acid for 1 hour. White and grey matter
10 was differentiated in 0.05% (w/v) lithium carbonate for approximately 4 minutes.
11 Sections were then counterstained with Cresyl Violet for 1 hour, dehydrated, cleared
12 in xylene and coverslipped. Micrographs were recorded the same equipment as
13 described above.

15 **Results:**

17 Quantitative images of iron in the AD and HC sections are presented in Fig. 1a
18 (shown here on the same scale, see Supplementary Fig. S2 for individually scaled
19 images). In AD tissue, total iron was elevated compared to control (mean iron
20 concentration AD = $18.80 \pm 2.23 \mu\text{g g}^{-1}$; HC = $12.80 \pm 1.17 \mu\text{g g}^{-1}$; $p < 0.05$,
21 Student's two-tailed *t*-test; Fig. 1b). Perls staining with DAB enhancement (Fig. 1a)
22 revealed only minor non-heme iron deposition within white matter. Iron could be
23 associated with three specific distribution patterns in both AD and HC tissue in each
24 LA-ICP-MS image related to both grey and white matter myelin content: i) cortical
25 'bands' of tangentially oriented, myelinated fiber tracts (*e.g.* Bands of Baillarger),
26 consistent with layer-specific MR contrast variations attributed to the co-localization
27 of these myelin bands with iron (Fukunaga et al., 2010); ii) subcortical U-fibers found
28 directly adjacent to the white-grey matter boundary (Drayer et al., 1986); and iii) non-
29 homogenous pattern in subcortical white matter in the form of a diffuse, patchwork
30 distribution previously reported using immunohistochemistry by Connor and Menzies
31 (Connor and Menzies, 1995) and in subsequent mouse studies using LA-ICP-MS
32 (Hare et al., 2014b).



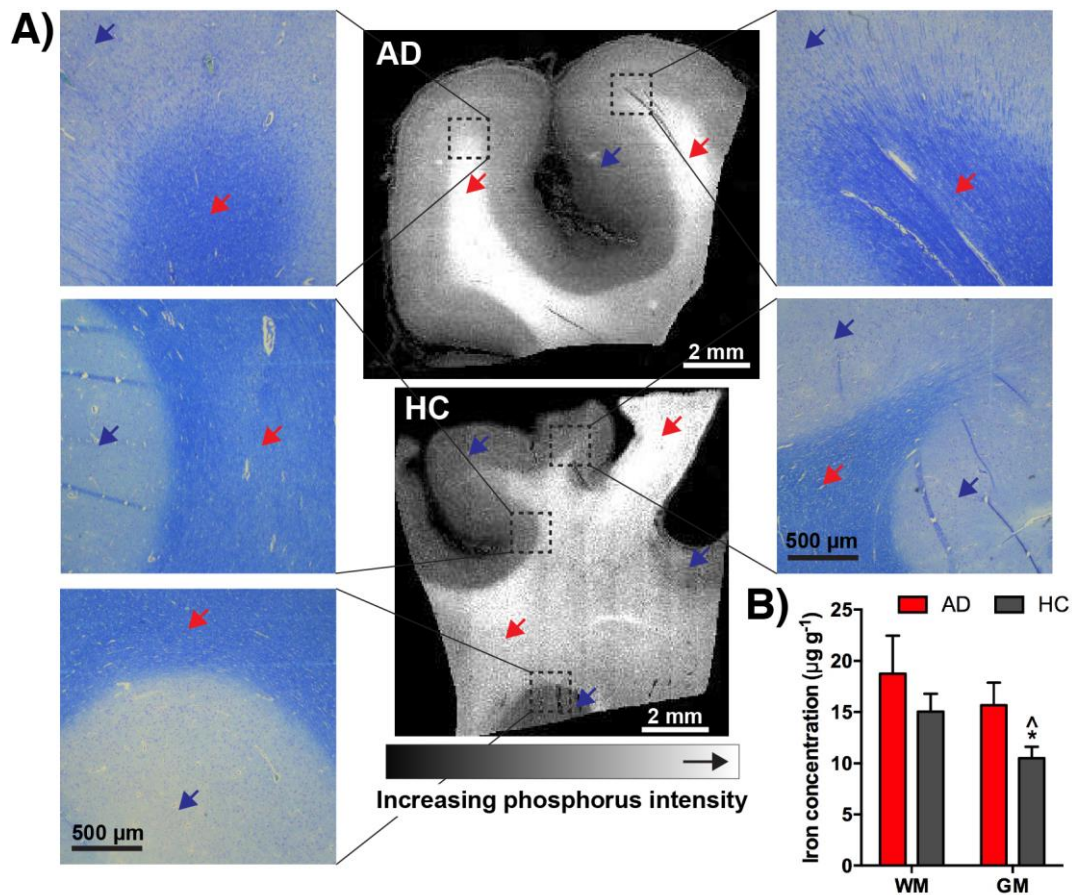
1

2 **Fig. 1.** A) Quantitative LA-ICP-MS imaging of total iron levels in AD and HC frontal
 3 cortex sections and corresponding Perl's images from selected regions of interest. Perl's
 4 staining with DAB enhancement revealed only minor intracellular increases in iron
 5 content visible within the white matter of AD brains, mirroring the 'streaking' pattern
 6 within these regions observed in LA-ICP-MS images, which was less obvious in age-
 7 matched HCs. Red arrows indicate subcortical iron, yellow arrows indicate cortical
 8 iron (see Supplementary Fig. S2). B) The total frontal cortex iron levels were
 9 significantly increased (*; $p < 0.05$; Student's two-tailed t -test) in the AD sections.
 10 Error bars = 1 standard deviation between samples. Note: the white arrow indicates
 11 iron-rich caudate nucleus in one section, which was confirmed by Luxol Fast Blue
 12 staining and was excluded from the analysis.

13

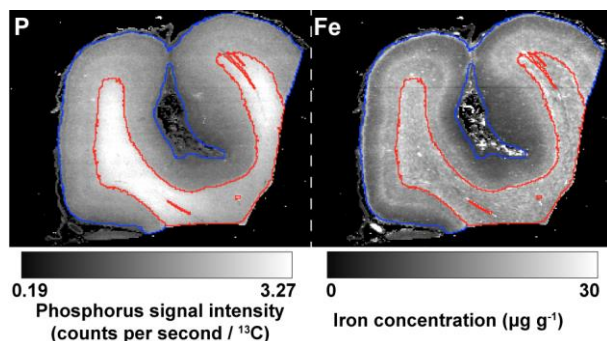
14 To demarcate the white-grey matter boundary, we used images of phosphorus (Fig.
 15 2a; Supplementary Fig. S3), which has been shown to effectively depict spatial
 16 myelin distribution using micro particle induced X-ray emission spectroscopy
 17 (μ PIXE) with myelin immunostaining as a confirmatory comparator (Stüber et al.,
 18 2014), and is more concentrated in white matter (Duyn et al., 2007). LA-ICP-MS
 19 imaging is hyperspectral, where iron and phosphorus signal corresponds between
 20 pixels. A white matter mask was produced by a threshold function using bimodal
 21 distribution of phosphorus pixels. A grey matter mask was then produced using the
 22 remaining pixels with the white matter values excluded. This mask was then applied

1 to iron images (Fig. 3). We confirmed that phosphorus imaging by LA-ICP-MS also
2 delineated white and grey matter with Luxol Fast Blue staining of myelin (Fig. 2a).
3 There was no apparent difference in relative phosphorus distribution between AD and
4 HC groups ($WM_{AD} = 2.53 \pm 0.24$, $WM_{HC} = 2.53 \pm 0.05$, $p = 1.0$; $GM_{AD} = 1.50 \pm 0.14$,
5 $GM_{HC} = 1.55 \pm 0.06$; $p = 0.7$; all units carbon-13 normalized phosphorus signal
6 intensity; Supplementary Fig. S4). Iron was present at a lower concentration in grey
7 matter of the HC frontal cortex ($WM_{HC} = 15.1 \pm 1.7 \mu\text{g g}^{-1}$; $GM_{HC} = 10.5 \pm 1.1 \mu\text{g g}^{-1}$;
8 $p < 0.05$; iron concentrations for each section are shown in Table 2), though in
9 corresponding AD sections the demarcation of iron distribution within white and grey
10 matter was lost ($WM_{AD} = 18.7 \pm 3.7 \mu\text{g g}^{-1}$; $GM_{AD} = 15.7 \pm 2.2 \mu\text{g g}^{-1}$; $p = 0.7$).
11 Comparing white and grey matter between AD and HC tissue, we found that iron was
12 significantly elevated in the grey matter of AD brains (+49%; $p < 0.05$), and showed a
13 generalized, non-significant increasing trend in white matter (+25%; $p = 0.4$; Fig. 2b).
14 It is unclear as to why errors associated with iron in AD tissue were generally larger
15 than HC samples, though we have observed that cellular iron dyshomeostasis, such as
16 is thought to be involved in AD pathology, demonstrates a more variable
17 concentration of iron, indicative of a system in crisis (James et al., 2016).
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Fig. 2. A) Myelin staining using the Luxol Fast Blue method confirms phosphorus imaging by LA-ICP-MS differentiates white (red arrows) and grey matter (blue arrows). B) Using the phosphorus images to delineate the white/grey matter boundary and simultaneously obtained iron LA-ICP-MS images, iron levels were quantified according to white/grey matter distribution. Iron levels in white matter did not differ significantly between experimental groups, though iron was significantly increased in the grey matter of the AD frontal cortex (*; $p < 0.05$; Student's two-tailed t -test). Also, the significant difference between white and grey matter in healthy controls (^; $p < 0.05$) was not observed in AD tissue sections ($p = 0.5$).



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Fig. 3: Masks were generated using high (white matter; red line) and low phosphorus signal intensity values, which were then applied to quantitative iron images to extract white and grey matter regions of interest.

1 **Table 3:** Individual iron concentrations (± 1 standard deviation) and total measured
 2 area in whole brain, white matter and grey matter for AD and HC sections analysed.
 3

Case	Whole brain		White matter		Grey matter	
	Iron ($\mu\text{g g}^{-1}$)	Area (mm^2)	Iron ($\mu\text{g g}^{-1}$)	Area (mm^2)	Iron ($\mu\text{g g}^{-1}$)	Area (mm^2)
AD1	15.0 \pm 13.2	150.2	13.8 \pm 5.2	44.3	15.6 \pm 7.2	105.9
AD2	19.1 \pm 12.1	171.2	19.5 \pm 4.7	69.3	17.1 \pm 6.3	101.9
AD3	23.5 \pm 18.9	168.5	28.9 \pm 10.8	94.2	20.2 \pm 8.7	74.3
AD4	10.6 \pm 4.4	188.4	12.8 \pm 2.8	129.8	9.8 \pm 3.6	58.6
HC1	8.4 \pm 4.9	180.1	9.0 \pm 3.0	55.2	7.2 \pm 4.1	124.9
HC2	15.3 \pm 6.8	155.7	16.4 \pm 4.8	41.6	13.4 \pm 7.9	114.1
HC3	13.8 \pm 7.0	173.3	19.5 \pm 5.1	130.3	12.0 \pm 5.0	43.0
HC4	13.0 \pm 4.1	146.1	14.3 \pm 3.8	67.8	11.0 \pm 4.0	78.2
HC5	13.3 \pm 10.3	148.3	16.1 \pm 9.3	61.6	9.0 \pm 10.0	86.7

4
5

6 **Discussion**

7

8 Previously reported iron levels in digests of formalin-fixed frontal white matter,
 9 measured using solution nebulization ICP-MS, were markedly higher than our results;
 10 iron concentrations were ~50% of those reported in fixed frontal lobe tissue reported
 11 by others (Langkammer et al., 2012a; Langkammer et al., 2012b). However, leaching
 12 did not appear to be specific to cortical tissue; the iron concentration in the caudate
 13 nucleus excluded from our analysis ($33.0 \pm 10.9 \mu\text{g g}^{-1}$) showed a similar degree of
 14 iron loss compared to non-embedded tissue (Langkammer et al., 2012b). To our
 15 knowledge, the effects of paraffin embedding and deparaffinization on brain iron
 16 levels has not been reported, though a study comparing fresh liver tissue to paraffin
 17 infiltrated and dewaxed samples showed a linear relationship between iron
 18 concentrations *in lieu* of absolute quantitative reproducibility (Beilby et al., 1999).
 19 Regardless, and as stated in the Methods and Materials, all samples underwent
 20 identical preparation steps to ensure valid comparisons. While it is possible that an
 21 altered chemical environment with respect to iron in AD tissue is more susceptible to
 22 *post mortem* artefact, such as leaching during the fixation and embedding process, the
 23 hypothesis that neurotoxicity in AD is related to an increased labile iron pool (*i.e.*
 24 Fe^{2+}) (Peters et al., 2015) is supported by our data, which shows elevated iron levels
 25 are preserved in AD tissue even after extensive chemical treatment. However,
 26 speciation of iron is not practical for archived tissue sections nor this analytical
 27 approach; fresh unfixed tissue and species-specific imaging such as X-ray absorption

1 near-edge structure (XANES) spectroscopy would be required for this task (James et
2 al., 2016).

3
4 Although subcortical white matter contains some of the lowest concentration of iron
5 within the brain (Riederer et al., 1989), particularly compared to the basal ganglia
6 (Hare et al., 2012b), and corresponding cortical grey matter also contains
7 comparatively less non-heme iron (Hallgren and Sourander, 1960). Our results from
8 age-matched healthy controls show that cortical grey matter contains less *total* iron
9 than adjacent white matter. These data are in agreement with historical values;
10 Hallgren and Sourander (1958) reported that the ratio of iron in frontal white matter to
11 temporal cortex was 1.3, and we observed a similar ratio of 1.5.

12
13 Our results highlight some of the known limitations of MRI for assessing brain iron
14 levels. Myelin is known to introduce significant bias in magnetic susceptibility MRI
15 (Lodygensky et al., 2012), with this bias strongest in myelin-rich white matter. Field
16 dependent relaxation rate increase (FDRI) MRI is more robust to ferritin iron content,
17 although is susceptible to registration error between scanning sessions (Daugherty and
18 Raz, 2015). Thus, *in vivo* assessment of iron accumulation is often most suited to
19 diseases affecting areas of natively high iron and low myelin content, such as the
20 basal ganglia in Parkinson's disease (Rossi et al., 2013).

21
22 This is not to say that iron concentration in the cerebral white matter does not play a
23 significant role in brain aging and age-related disorders like AD. Numerous
24 histological and MRI studies have identified significant age-related changes first
25 appearing in the cerebral white matter (Gunning-Dixon et al., 2009). R_1 with diffusion
26 MRI of white matter measured over a large cohort spanning 80 years identified a slow
27 decline beginning at 40+ years of age (Yeatman et al., 2014). Central to the brain iron
28 deposition and free radical theory of aging is that a loss of iron homeostasis results in
29 the accumulation of reactive iron(II), which mediates the generation of harmful
30 reactive oxygen species (ROS) (Schipper, 2004). This occurrence may not necessarily
31 result in a measure of accumulation of iron. Rather, the redistribution of iron from
32 safe storage in proteins like ferritin to the cytoplasm may be sufficient to initiate a
33 cascading Fenton reaction, where iron repeatedly cycles through the ferrous and ferric
34 oxidation states to produce a constant source of free radicals that eventually

1 overwhelm endogenous antioxidant mechanisms (Hare et al., 2013a). Therefore,
2 lower iron levels in white matter compared to the deep brain structures of the basal
3 ganglia should not be viewed as an insignificant contributor to either normal brain
4 aging, or age-related neurodegeneration, such as AD. White matter is particularly
5 lipid-rich, and thus highly susceptible to peroxidation and loss of cellular and
6 structural integrity in AD (Bartzokis et al., 2003).

7
8 The generalized increase in cortical grey matter iron in our pilot study lends further
9 support to iron playing a critical role in neurodegeneration within the AD brain.
10 Disrupted iron metabolism, such as impaired activity of the amyloid precursor protein
11 (Duce et al., 2010), which is essential to the stabilization of the membrane-bound iron
12 export protein ferroportin (Wong et al., 2014), can lead to an increase in the labile
13 iron pool within neurons, facilitating increased ROS generation. When combined with
14 R₂ relaxometry, FDRI MRI has shown a relationship between iron accumulation in
15 ferritin and loss of tissue integrity in the hippocampus of AD patients (Raven et al.,
16 2013). Iron has also been associated with accumulation around extracellular amyloid
17 plaques in humans (Connor et al., 1992a; Lovell et al., 1998). Our LA-ICP-MS
18 technique likely lacks the resolution to discern these microscopic structures (Lovell et
19 al.'s study used micro-particle induced X-ray emission spectroscopy with a per-pixel
20 resolution of 50 μm²), though a study using X-ray fluorescence microscopy with a
21 similar resolving power (60 μm²) found elevated extracellular iron in the PSAPP
22 mouse model of AD that displays similar plaque pathology was *not* associated with
23 the β-amyloid inclusions (Leskovjan et al., 2011).

24
25 Intrusion of iron into the grey matter of AD frontal cortex supports MRI studies that
26 have identified a loss in grey matter density (used as a proxy for atrophy) that
27 correlates with cognitive decline (Frisoni et al., 2002) and occurs at an increased rate
28 in AD (Thompson et al., 2003). Increased iron in the grey matter may indicate either a
29 loss of iron homeostasis, or a brain region at higher risk of iron-mediated
30 neurodegeneration. Previous studies of iron regulatory proteins in cortical tissue
31 found a generalized decrease in transferrin levels in grey matter and consistent
32 distribution of ferritin (Connor et al., 1992b). This may be indicative a higher degree
33 of ferritin saturation as a compensatory mechanism for increased grey matter iron,
34 though Perls staining did not reveal an observable amount of increased non-heme iron

1 within this region. Another possible scenario reflective of increased grey matter iron
2 is the inflammatory process underway within the degenerating region. *In vitro* studies
3 of astrocytes and microglia cultured from *post mortem* AD white and grey matter has
4 shown grey matter-sourced cells proliferate more rapidly than white matter
5 counterparts (Blasko et al., 2004). Our hypothesis is supported by a recent study using
6 high field 7 Tesla MRI and histological assessment (*via* the same Perls-DAB method
7 employed here) of *post mortem* AD tissue, which showed correlation between grey
8 matter iron and activated microglia in AD, as well as a similar staining within white
9 matter (Zeineh et al., 2015). This pattern of non-heme iron is consistent with elevated
10 levels of ferritin within white matter (Fukunaga et al., 2010; van Duijn et al., 2013),
11 and the more prominent Perls staining in AD tissue may also be reflective of the
12 pathological accumulation of this iron storage protein previously observed in the
13 hippocampus (Raven et al., 2013), preceding a loss of structural integrity in the frontal
14 cortex white matter occurring later in the disease. Chronic inflammation is a cardinal
15 feature of AD (Gomez-Nicola and Boche, 2015) and neurodegeneration in general
16 (De Lucia et al., 2015), and targeting inflammatory pathways and microglial
17 activation is a promising avenue for therapeutic development (Olmos-Alonso et al.,
18 2016). Our observed increase in iron levels within the degenerating grey matter
19 supports that this region is under duress and initiates a response mechanism highly
20 dependent on iron-mediated enzymatic processes, which in turn has a follow-on effect
21 on oligodendrocyte health and myelin integrity in white matter. Further,
22 hypometabolism (which is associated with iron deposition and white matter damage
23 in the aceruloplasminic brain (Miyajima et al., 2002)) occurs prior to atrophy in AD
24 white matter (Chételat et al., 2008), with the frontal cortex displaying loss of integrity
25 comparatively later in the disease than more posterior regions (Medina et al., 2006).

26 27 **Conclusions**

28
29 We have demonstrated that *post mortem* analysis of frontal cortex tissue from AD and
30 HC subjects displays a marked change in cortical grey matter iron distribution in this
31 degenerating region of the brain. Although this method is only possible using *post*
32 *mortem* tissue, we present important supporting evidence for existing MRI studies that
33 have focused on discerning white and grey matter iron distributions *in vivo* using a
34 highly sensitive and quantitative imaging approach. Results from this study highlight

1 a further need to understand the mechanisms by which iron may impart neurotoxicity
2 in AD.

3

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