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Table 1: Descriptive statistics reporting demographic and practice characteristics

Total N=145					
Gender	n	%	Qualification	n	%
Male	11	7.6	Certificate IV	2	1.4
Female	134	92.4%	Diploma	6	4.1
State / Territory			Advanced diploma	24	16.5
NSW	43	29.8	Bachelor Degree	94	64.8
Victoria	44	30.5	Graduate certificate	3	2.1
Qld	38	26.4	Graduate diploma	7	4.8
SA	3	2.1	Masters Degree	6	4.1
WA	11	7.6	Doctor of Philosophy	3	2.1
NT	1	0.7	Years since highest Qualification		
ACT	1	0.7	Less than 5 years	53	36.5
Tasmania	3	2.1	5-9 years	31	21.9
Age range			10-14 years	28	19.3
20-29	11	7.6	15-19 years	12	8.3
30-39	26	17.9	Years in clinical practice		
40-49	49	33.8	Less than 5 years	50	34.5
50-59	42	29	5-9 years	33	57.2
60-69	13	9	10-14 years	25	17.2
70-79	4	2.7	15-19 years	15	10.3
80+	0	0	20 or more years	22	15.2

Table 2: Chi square and Cramers' V analysis between frequency of recommendations for gluten free diets for gastrointestinal conditions and age, years in practice and level of qualification

Gastrointestinal condition	n (%)	Age		Years on Practice		Level of Qualification	
		Chi Sq p value	Cramers' V	Chi Sq p value	Cramers' V	Chi Sq p value	Cramers' V
Coeliac disease	138 (95.2)	0.240	0.215	0.058	0.250	0.472	0.213
Non-coeliac gluten sensitivity (NCGS)	129 (99)	0.357	0.195	0.013	0.294	0.001	0.414
Inflammatory bowel disease	106 (73.1)	0.735	0.138	0.378	0.170	0.443	0.217
Irritable bowel syndrome	87 (60)	0.916	0.1009	0.221	0.198	0.046	0.314
Non-specific gastrointestinal symptoms such as bloating and flatulence	76 (52.4)	0.363	0.193	0.605	0.137	0.243	0.251
Other reasons	58 (40)	0.982	0.0701	0.458	0.158	0.410	0.222
Chronic constipation	58 (40)	0.055	0.273	0.682	0.125	0.137	0.275
Diarrhoea	51 (35.2)	0.131	0.242	0.970	0.060	0.092	0.290
Cancer of the gastrointestinal tract	48 (33.1)	0.178	0.229	0.355	0.174	0.454	0.216
Gastroesophageal reflux disease	45 (31.3)	0.075	0.262	0.307	0.182	0.137	0.275
Functional dyspepsia	43 (29.7)	0.451	0.180	0.742	0.116	0.541	0.203
Gastric or duodenal ulcers	35 (24.1)	0.157	0.234	0.850	0.097	0.741	0.172

Table 3: Chi Square and Cramers' V analysis between Frequency of recommendations for gluten free diets for extra-intestinal conditions and age, years in practice and level of qualification

Extra-Intestinal Conditions	n (%)	Age		Years in Practice		Level of Qualification	
		Chi Sq p value	Cramers' V	Chi Sq p value	Cramers' V	Chi Sq p value	Cramers' V
Skin conditions	87 (60)	0.770	0.132	0.423	0.163	0.036	0.322
Children with developmental disorders	77 (53.1)	0.517	0.178	0.346	0.175	0.352	0.231
Mental health conditions	67 (46.2)	0.716	0.141	0.226	0.197	0.098	0.288
Weight management	57 (39.3)	0.746	0.136	0.360	0.173	0.009	0.358
Neurological conditions	48 (33.1)	0.980	0.071	0.738	0.117	0.615	0.192
Female reproductive disorders	38 (26.2)	0.474	0.177	0.251	0.192	0.453	0.216
Other conditions	37 (25.5)	0.145	0.238	0.027	0.274	0.211	0.257
Musculoskeletal conditions	36 (24.8)	0.800	0.127	0.358	0.173	0.321	0.236
Respiratory conditions	34 (23.4)	0.158	0.234	0.211	0.200	0.151	0.272
Infertility	34 (23.4)	0.102	0.251	0.164	0.211	0.157	0.270
General wellbeing	32 (22)	0.389	0.189	0.112	0.227	0.121	0.280
None of the above	17 (11.7)	0.565	0.163	0.129	0.221	0.038	0.320
Cardiovascular disease	16 (11)	0.121	0.245	0.638	0.132	0.406	0.223

Table 4: Patient asking CM Practitioners for their opinion of a GFD and how often they are already following a GFD before consulting a CM practitioner

Response	Ask for Opinion of benefits of a GFD		Already following a GFD	
	Frequency	Percentage	Frequency	Percentage
Very often	22	15.6%	8	5.6%
Often	50	35.46%	34	23.9%
Sometimes	38	36.9%	40	28.2%
None	16	11.3%	36	25.3%
Rarely	10	7.1%	19	13.4%
Very rarely	5	3.5%	5	3.5%