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Resource recovery from wastewater by anaerobic membrane

bioreactors: Opportunities and challenges

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Abstract

This review critically discusses the potential of anaerobic membrane bioreactor (AnMBR) to serve as the core technology for simultaneous recovery of clean water, energy, and nutrient from wastewater. The potential is significant as AnMBR treatment can remove a board range of trace organic contaminants relevant to water reuse, convert organics in wastewater to biogas for subsequent energy production, and liberate nutrients to soluble forms (e.g. ammonia and phosphorus) for subsequent recovery for fertilizer production. Yet, there remain several significant challenges to the further development of AnMBR. These challenges evolve around the dilute nature of municipal wastewater, which entails the need for pre-concentrating wastewater prior to AnMBR, and hence, issues related to salinity build-up, accumulation of substances, membrane fouling, and membrane stability. Strategies to address these challenges are proposed and discussed. A road map for further research is also provided to guide future AnMBR development toward resource recovery.

Keyword: Anaerobic membrane bioreactor (AnMBR); Wastewater treatment; Resource recovery; Biogas; Water reuse.

1. Introduction

In a paradigm shift towards the circular economy, wastewater can no longer be viewed as the culprit of environmental pollution but rather a source of valuable resources, including clean water, renewable energy and nutrients. The economic value of key resources in wastewater can help to offset the cost of wastewater treatment (Burn et al., 2014). Indeed, reclaimed water has been considered as an alternative source to augment clean water supply and address issues caused by water shortage (Shannon et al., 2008). Energy can be extracted from the organic content in wastewater by anaerobic treatment to produce biogas, which is a renewable fuel. Nutrients in wastewater can also be recovered to produce fertilizers for sustainable agriculture production, particularly given the finite availability of phosphorus from mining (Koppelaar & Weikard, 2013). Recent interest in these resources has spurred

new research aiming to convert wastewater treatment plants into resource recovery facilities.

Nutrient recovery from wastewater can also reduce the maintenance cost of wastewater treatment facilities and avoid environmental impacts. During wastewater treatment, phosphate and ammonium (which are abundant in wastewater) can react with magnesium to form crystalline precipitate, known as struvite (MgNH₄PO₄·6H₂O), causing blockage and scaling of plant equipment (Doyle et al., 2002). Moreover, both nitrogen and phosphorus are important contaminants that can result in eutrophication of natural waterways if they are discharged to the environment.

Membrane bioreactor (MBR) has been deployed at an increasing speed to advance wastewater treatment and reuse on a global scale (Hai et al., 2014). MBR is an integration of membrane filtration with conventional activated sludge (CAS) treatment. Compared to CAS treatment, MBR exhibits several advantages, including higher effluent quality, smaller footprint, as well as easier operation and management (Judd, 2016). Indeed, MBR is more effective for the removal of trace organic contaminants (TrOCs) than CAS treatment for advanced water reuse (Luo et al., 2014). TrOCs occur ubiquitously in municipal wastewater and are of particular concern to water reuse. It is noteworthy MBR is energy-intensive since aeration is necessary for the growth and activity of activated sludge. Furthermore, energy and nutrients in wastewater are dissipated as released gases (e.g. carbon dioxide and nitrogen gas) in MBR treatment.

An alternative MBR configuration, namely anaerobic MBR or AnMBR, has also been explored for energy neutral wastewater treatment (Gao et al., 2008; Verstraete et al., 2009). AnMBR integrates anaerobic digestion treatment with membrane filtration. During AnMBR treatment, organic substances in wastewater are biologically converted to methane-rich biogas. The produced biogas can offset the energy demand for wastewater treatment (McCarty et al., 2011). Since anaerobic treatment converts nutrients to chemically available forms (e.g. ammonia and phosphate), AnMBR can also facilitate nutrient recovery via subsequent precipitation. Nevertheless, there

remain several significant challenges in the development of AnMBR for resource recovery from wastewater, particularly municipal wastewater. These include low organic and nutrient contents in municipal wastewater as well as issues associated with salinity build-up, membrane stability, membrane fouling, and the occurrence of inhibitory substances.

In this paper, the performance of AnMBR for wastewater treatment and resource recovery is critically reviewed. Several key challenges to the further development of AnMBR are delineated. Potential strategies to address these challenges are proposed. This review paper provides important insight to the development of AnMBR for the management of water, energy, and nutrients.

2. Fundamentals and configurations of anaerobic membrane bioreactor

2.1 Fundamentals of anaerobic membrane bioreactor

AnMBR differs intrinsically from aerobic MBR in terms of the biological component. The anaerobic biological process involves four integrated stages, namely hydrolysis, acidogenesis, acetogenesis, and methanogenesis. Degradation of organic matter and their conversion to biogas depend on the symbiotic relationship among the different groups of microorganisms (e.g. fermentative bacteria, syntrophic acetogens, homoacetogens, hydrogenetrophic methanogens and aceticlastic methanogens) (Chen et al., 2016). Of these microorganism groups, methanogens play arguably the most important role for biogas production by converting intermediate products from previous stages to methane gas. However, methanogens are slow-growing microorganisms and can be easily washed out from conventional anaerobic bioreactors. By integrating membrane separation processes, commonly including microfiltration (MF) and ultrafiltration (UF), the hydraulic retention time (HRT) can be decoupled from sludge retention time (SRT). Thus, AnMBR can produce more biogas than conventional anaerobic treatment (Liao et al., 2006).

In many aspects (e.g. energy consumption, contaminant removal efficiency, and volume throughput), AnMBR differs considerably from aerobic MBR (Table 1). Since

aeration is not required, AnMBR has a significantly lower energy input to the bioreactor compared to aerobic MBR. In addition, the energy footprint of AnMBR can be offset by produced biogas (Smith et al., 2012). Nevertheless, Martin et al. (2011) reported that the energy demand in submerged AnMBR varies considerably from 0.03 to 5.7 kWh/m³ due to different energy requirements for gas sparging to control membrane fouling. Indeed, AnMBR is usually operated at high biomass concentration as well as long SRT and HRT to treat complex wastewater (Skouteris et al., 2012), resulting in more severe membrane fouling in comparison with aerobic MBR. As such, the reported flux of AnMBR is commonly in the range between 5 and 12 $L/m^{2}h$, which is considerably lower than the flux of 20 - 30 L/m²h typically for full-scale aerobic MBR (Wang et al., 2018). Without oxygen as an electron acceptor, anaerobic digesters release electrons onto methane (CH₄) rather than using them for microbial growth. Thus, AnMBR produces less sludge than aerobic MBR (Liao et al., 2006). Since anaerobic degradation is a slow process, AnMBR has a lower contaminant removal efficiency and volume throughput (i.e. treatment capability) than aerobic MBR.

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Feature	AnMBR	MBR	Reference
Energy consumption (kWh/m ³)	$0.03 - 5.7^{a}$	$\sim 2^{\rm b}$	Martin et al. (2011)
Biomass concentration (g/L) ^c	10 - 40	5 - 20	Liao et al. (2006); Shin and Bae (2018)
Organic loading rate (kg COD/L)	0.17 - 35.5	0.25 - 0.8	Hai et al. (2014); Shin and Bae (2018); Maleki et al. (2018)
Organic removal efficiency (%)	06 <	> 95	Lin et al. (2013); Judd (2016); Svojitka et al. (2017)
Hydraulic retention time (hours)	× 8	4 - 8	Stuckey (2012); Berkessa et al. (2018)
Water flux (L/m ² h)	5 - 12	20 - 30	Wang et al. (2018)
Sludge retention time (day)	> 100	5 - 20	Liao et al. (2006); Skouteris et al. (2012)
Operational temperature (°C)	20 - 50	20 - 30	Martinez-Sosa et al. (2011); Hai et al. (2014)
^a Energy consumption was calculated for submerged AnM	BR treating wastewate	er with strength t	between 0.27 and 10 g COD/L.

Table 1: Comparison between AnMBR and MBR for wastewater treatment.

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^b Energy consumption was calculated for submerged MBR treating wastewater with strength between 0.3 and 1.0 g COD/L.

^c Biomass concentration was on the basis of mixed liquor suspended solids content.

2.2 Configurations of anaerobic membrane bioreactor

There are several AnMBR configurations depending on the anaerobic treatment process (Figure 1). Excellent reviews of anaerobic bioreactors for AnMBR are available in the literature (Skouteris et al., 2012; Ozgun et al., 2013; Chen et al., 2016). Common anaerobic bioreactors for AnMBR include up-flow anaerobic sludge blanket (UASB), completely stirred tank reactor (CSTR), and anaerobic fluidized bed bioreactor (AFBR) (Figure 1A - C). Of these reactors, CSTR is the most frequently used configuration for AnMBR due to its ease of construction and operation. UASB can retain biomass mostly in the bottom zone of the bioreactor, thus, the effluent passed through the membrane unit has low suspended solids concentration, which may help alleviating membrane fouling. In UASB, the produced biogas can be captured through a gas/liquid/solid separator. AFBR contains granular media (e.g. activated carbon or sponge) suspended in the reactor by the upward velocity of the treated fluid (Kim et al., 2011).

AnMBR can be operated in either side-stream or submerged mode (Figure 1 D – F). In the side-stream AnMBR, membrane module is integrated outside of the bioreactor. Mixed liquor in the bioreactor is transferred to the membrane unit for clean water extraction. In the submerged AnMBR, membrane unit can be directly immersed into the bioreactor (Figure 1 E) to extract treated water through the membrane.

The submerged AnMBR can be deployed as a two-stage system by submersing the membrane module in a chamber separated from the working bioreactor (Figure 1F). The two-stage AnMBR configuration facilitates membrane maintenance and cleaning by intensive shear force and chemicals. Retentate from the membrane tank can also be recirculated to the anaerobic reactor for further contaminant biodegradation. As such, the two-stage configuration can be potentially used for full-scale AnMBR applications. Indeed, Shin and Bae (2018) reported that ten out of eleven recent pilot-scale AnMBR studies have adopted the two-stage configuration. As a notable exception, Gouveia et al. (2015b) developed a single-stage AnMBR system, in which a submerged membraned housed at the supper part of the USAB reactor. In their study, two baffles



were placed between the three-phase (i.e. gas/liquid/solid) separator and the UF membrane to improve solid settleability.



Recent progress to advance wastewater treatment and reuse has resulted in the emergence of high retention AnMBR systems. These mainly include anaerobic membrane distillation bioreactors (AnMDBR) and anaerobic osmotic membrane bioreactor (AnOMBR). By integrating with the MD or FO process, both AnMDBR and AnOMBR can enhance the removal of contaminants for water reuse applications. AnMDBR is an integration of membrane distillation (MD) and anaerobic treatment. MD is a thermally driven separation processes, in which the thermal gradient between a feed solution and distillate drives the transportation of water vapour through a hydrophobic, microporous membrane. The competitive advantages of anaerobic

processes can be readily utilized when they are combined with the MD process, because the thermophilic operation for anaerobic treatment can reduce extra heat requirement for MD operation (Kim et al., 2015).

AnOMBR, which combines forward osmosis (FO) with anaerobic treatment, is also attractive for advanced wastewater treatment and reuse. In FO, water transports from a feed solution, across the semi-permeable membrane, to a draw solution with the osmotic pressure difference between these two solutions as the driving force. During AnOMBR operation, a desalination process, such as nanofiltration (NF) and reverse osmosis (RO), can be used to regenerate the draw solution and produce clean water. Compared to conventional MF and UF membranes, FO has higher selectivity, lower membrane fouling propensity and better membrane fouling reversibility (Xie et al., 2015).

3. Anaerobic membrane bioreactors for water reuse and resource recovery

3.1 Organic removal

The performance of AnMBR for water reuse has been extensively studied in recent years. AnMBR is best suited for the treatment of wastewater with a high organic content. Indeed, there have been a number of pilot demonstration and full-scale AnMBR systems for treating effluents from field crop processing (e.g. sauerkraut, wheat, maize, soybean, and palm oil), dairy processing, and the beverage industry (e.g. winery, brewery, and distillery) (Table 2).

Amongst complex contaminants in wastewater, TrOCs present arguably the most vexing challenge to water reuse (Schwarzenbach et al., 2006). Recent studies have also demonstrated that the removal of TrOCs by AnMBR varied significantly from negligible to more than 90% (Figure 2). TrOC removal by AnMBR is governed mostly by intrinsic physiochemical properties of the compound. Monsalvo et al. (2014) investigated the removal of 38 TrOCs by AnMBR and reported over 90% removal of nine compounds; while the others were removed by less than 50%. Wijekoon et al. (2015) have successfully developed a predictive framework to assess the removal of

TrOCs by AnMBR, which relates the removal of TrOCs to their hydrophobicity and molecular structures. Specifically, hydrophobic TrOCs were effectively removed by more than 70% as they are prone to adsorb onto sludge for subsequent biodegradation (Figure 2). High removal was also observed for hydrophilic compounds with electron donating groups (e.g. hydroxyl and amine) and nitrogen in the molecular structure. By contrast, hydrophilic compounds with electron withdrawing groups (e.g. chloro and amide) were resistant to AnMBR treatment (Figure 2).



Figure 2: Removal of trace organic contaminants (TrOCs) by AnMBR. Results were extracted from previous studies (Monsalvo et al., 2014; Wijekoon et al., 2015). TrOCs were ordered based on their hydrophobicity, which could be determined by their effective octanol – water partition coefficient (i.e. Log D) at the mixed liquor pH of 7.

Umaiyakunjaram and Berkessa et al. (2018) Shanmugam (2016) Maleki et al. (2018) Zayen et al. (2010) Galib et al. (2016) Jeong et al. (2017) Yue et al. (2015) Dai et al. (2015) Lin et al. (2009) He et al. (2005) Reference **Methane yield** (L/kg COD) 308 - 345290 - 310130 - 180200 - 220136 460 290 160223 300 **Organic removal** 97.9 - 99.3 90.2 - 94.1(COD, %) 81 - 9497 - 9988 - 9886 - 88> 98 60 96 90 Membrane integration Side-stream MF Side-stream MF Submerged MF. Submerged MF Submerged MF Submerged MF Submerged UF Submerged MF Submerged MF Submerged MF configuration Bioreactor UASB UASB CSTR CSTR N.A N.A N.A N.A N.A N.A Domestic wastewater + food waste-recycling Synthetic wastewater synthetic wastewater Malting wastewater Landfill leachate Food wastewater Kraft evaporator Pre-concentrated Real municipal Meat packing Raw tannery Wastewater condensate wastewater wastewater

Table 2: Examples of AnMBR performance regarding organic removal and methane production

* UASB: up-flow anaerobic sludge reactor; CSTR: continuous stirred-tank reactor; N.A: information is not available.

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3.2 Biogas production

Chemical energy in wastewater in the form of organic carbon can be recovered by AnMBR to produce biogas (Table 2). It has been well established that biogas produced by AnMBR consists of more than 80% of CH₄ (Skouteris et al., 2012). During AnMBR treatment, the CH₄ yield increases linearly with the organic loading rate (Yeo et al., 2015). Under an optimized condition, AnMBR can convert up to 98% of the influent COD into biogas, which is equivalent to seven times of the energy required for system operation (Van Zyl et al., 2008). In practice, actual biogas yield is considerably lower than the theoretical value, due to the high solubility of CH₄ in the effluent and process inhibition caused by inhibitory substances.

CH4 loss due to its solubility (22.7 mg/L) in the effluent is significant during AnMBR treatment, particularly for low strength municipal wastewater (Smith et al., 2012). Liu et al. (2014) reported that dissolved CH₄ in permeate was approximately 45% of total produced CH₄ at 30 °C when AnMBR was used for treating municipal wastewater with COD of 200 mg/L. Similar results were also reported by Yeo et al. (2015) who observed that 24 - 58% of total produced CH₄ was dissolved in the permeate during AnMBR treatment and Yue et al. (2015) who demonstrated that AnMBR could remove 86 - 88% COD from municipal wastewater (influent COD of approximately 330 mg/L), but 67% of the produced CH₄ was dissolved in the mixed liquor and then released via permeate. Galib et al. (2016) reported that the dissolved CH₄ concentrations decreased from 54 to 25 mg/L when the organic loading rate of wastewater increased from 0.4 to 3.2 kg COD/m³d, due to the enhanced biogas yield at the high organic loading rate.

Dissolved CH₄ in the permeate does not only reduce the energy efficiency of AnMBR treatment, but also contribute to global warming as the greenhouse potency of CH₄ is 25 times higher than carbon dioxide. Vacuum packed towers, bubble columns and forced drafted aerators can be used to remove CH₄ from anaerobically treated effluent (Crone et al., 2016). These processes require a large physical footprint to ensure

sufficient contact time for gas stripping and prevent operational problems, such as flooding and channelling (Sethunga et al., 2018). Membrane separation process has also been proposed recently to advance dissolved CH₄ recovery from anaerobic effluents. Cookney et al. (2016) demonstrated a hollow fibre membrane contactor that could recover more than 98.9% dissolved CH₄ from AnMBR effluent. However, membrane separation process for the recovery of dissolved CH₄ from anaerobic effluents is still in the early stage and its economic viability and process safety have not been fully evaluated. Overall, the dissolution of CH4 in effluent is still a major limiting factor to the deployment of AnMBR for low strength wastewater (Liu et al., 2014).

3.3 Nutrient removal and recovery

During AnMBR treatment, nutrient removal depends largely on microbial assimilation and is limited due to low biomass yields of anaerobic microbes. Dai et al. (2015) reported that AnMBR could only remove 10% of the total nitrogen. On the other hand, anaerobic treatment liberates nitrogen and phosphorus in the form of ammonium (NH_4^+) and phosphate (PO₄³⁻), respectively, thus facilitating their recovery through subsequent precipitation.

Integrating complementary processes with AnMBR may be necessary to enhance nutrient recovery from AnMBR effluent. These processes include membrane processes (Jacob et al., 2015), ion exchange (Liu et al., 2016), electrodialysis (Xie et al., 2016), and photosynthetic bioreactor (Gonzalez et al., 2017). Deng et al. (2014) demonstrate that natural zeolite as an absorbent can be used to economically remove NH₄⁺ from AnMBR effluent. Jacob et al. (2015) reported 90% removal of COD and ammonium nitrogen from AnMBR effluent by a direct contact MD process. Similar results were reported by Song et al. (2018b) who demonstrated the complementarity between AnMBR and MD for TrOC removal. It is noteworthy that a reduction of NH₄⁺ removal was observed in their study due to its transportation through the MD membrane via ammonia evaporation. This issue can be potentially addressed using a FO and MD hybrid system, where the FO membrane can effectively reject NH₄⁺

while MD can be used to regenerate the draw solution and produce clean water. Xie et al. (2014) has successfully demonstrated the feasibility of the FO and MD hybrid system for nutrient recovery (as struvite) and clean water production from digested sludge centrate.

Effective nutrient removal can be achieved by high retention AnMBR systems. Chen et al. (2014b) demonstrated that AnOMBR could remove total phosphorus (TP) and NH_4^+ by 100% and 62%, respectively. The observed complete TP removal was attributed to the high rejection of PO_4^{3-} ions by the FO membrane given their negative charge and large hydrated radius (Holloway et al., 2007).

4. Factors underlying key challenges to further develop anaerobic membrane bioreactors

Despite the high potential of AnMBR for resource recovery from wastewater, there remain some challenges, particularly for treating municipal sewage. They include the dilute nature and temperature difference of municipal wastewater, salinity build-up when diluted wastewater is preconcentrated, membrane fouling and stability, and inhibitory substances (e.g. free ammonia and sulphide) (Figure 3). Thus, future studies are required for the development of effective strategies to address these challenges for further development of AnMBR.

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Figure 3: Key challenges and their potential strategies to the development of AnMBR for wastewater treatment and resource recovery.

4.1 Dilute nature of wastewater

Municipal wastewater has low concentrations of organic substances (for energy recovery) and even lower concentration of nitrogen and phosphorus (for nutrient recovery). A moderate wastewater strength (> 1000 mg COD/L) is necessary to maintain effective activity of anaerobic digester for adequate biogas yield and removal of organic pollutants from wastewater (Verstraete et al., 2009). Similarly, ammonium and phosphate concentrations should be higher than 5 g NH₄-N/L and 50 mg/L, respectively, for economically efficient recovery by conventional processes, such as ion exchange and chemical precipitation. However, municipal wastewater typically contains ammonium and phosphate less than 0.1 g NH₄-N/L (Mulder et al., 2013) and 10 mg/L (Yuan et al., 2012). Thus, the pre-concentration of municipal wastewater is required prior to AnMBR treatment for the waste-to-resource strategy.

quality water and simultaneously enrich non-water components for subsequent

recovery. Currently used membrane processes include MF, UF and RO. As an example, Dai et al. (2015) have successfully used an UF – RO hybrid system to pre-concentrate municipal wastewater for elevating COD and nitrogen concentrations to the levels suitable for AnMBR treatment.

FO is a promising membrane process for wastewater pre-concentration due to its high selectivity, low fouling propensity, and high fouling reversibility (Xie et al., 2013; Ansari et al., 2016). Ansari et al. (2016) demonstrated that FO could concentrate municipal wastewater by more than eight times to a COD range (> 1000 mg/L) suitable for biogas production in anaerobic treatment. Higher concentration factors could be achieved when municipal wastewater was further diluted during rainy seasons (Ansari et al., 2016). FO can be integrated with a desalination process (e.g. RO and MD) for draw solution regeneration and clean water production (Xie et al., 2013). When the recovery of the draw solution, such as seawater, is not needed, FO can also be operated in the energy efficient osmotic dilution mode (Ansari et al., 2016).

Pre-concentration of wastewater may entail several issues to AnMBR. In addition to organic matter, pre-concentrating wastewater can enrich inhibitory substances, such as inorganic salts, ammonia, and sulphate. Salt accumulation in wastewater is significant when using FO as the pre-concentration process due to its reverse salt flux. Inhibitions of these substances to AnMBR are discussed in the following sections. Moreover, phosphorus may precipitate in the anaerobic reactor due to the enriched content of phosphorus, calcium, and magnesium in pre-concentrated wastewater (Chen et al., 2014a), thereby resulting in significant membrane scaling in AnMBR and complications for subsequent phosphorus recovery as the availability of phosphorus in liquid phase is reduced.

4.2 Temperature

AnMBR can be operated under either thermophilic $(50 - 60 \degree C)$ or mesophilic $(30 - 40 \degree C)$ conditions (Martinez-Sosa et al., 2011; Gouveia et al., 2015a). Psychrophilic

condition (< 20 $^{\circ}$ C) is generally not suitable for municipal wastewater treatment. Thus, anaerobic treatment of municipal wastewater is still a challenge for cold regions, where significant energy is required to heat wastewater to a mesophilic condition.

AnMBR operation at low temperature can result in several negative issues, including aggravated membrane fouling, slow contaminant biodegradation, and high CH₄ solubility in the effluent. Hydrolysis of particulate matter into dissolved molecules is limited at low temperature, leading to the accumulation of suspended solids in the reactor and a decrease in methanogenic activity. Martinez-Sosa et al. (2011) observed an increase in the total suspended solids content and soluble COD in the bioreactor when the temperature of AnMBR was reduced from 35 to 20 °C, resulting in severe membrane fouling and decreased CH₄ production. The decreased CH₄ production could also be attributed to its increased solubility in the effluent when the temperature decreased to 20 °C. In addition, the mixed liquor viscosity also increased as the temperature decreased, thus requiring more energy for mixing and pumping.

4.3 Salinity build-up

Saline wastewater is a challenge to biological treatment. Indeed, AnMBR performance in terms of biogas production and organic removal decreases when treating highly saline feed, such as wastewater from seafood processing and cheese production (Dereli et al., 2012). High salinity could result in enzyme inhibition, cell activity decline, and plasmolysis to anaerobic microbes, thereby negatively affecting the anaerobic digestion process (Chen et al., 2008). For instance, Ng et al. (2014) reported that the CH₄ yield of AnMBR was reduced to less than 160 L/kg COD_{removed} when treating pharmaceutical wastewater due to the disrupted ordinary metabolic functions and degradation kinetics under saline concentrations. Song et al. (2016) also reported the adverse effects of increase salinity (up to 15 g/L NaCl) on COD removal and biogas production of AnMBR.

Microbial acclimatization could lead to the succession of halotolerant and even halophilic bacteria to recover AnMBR performance (Dereli et al., 2012). Jeison et al.

(2008) revealed that long-term adaption resulted in better salt tolerance, with the observed 50% activity inhibitory concentration (IC50) value for acetotrophic methanogenesis at approximately 25 g/L NaCl. Munoz Sierra et al. (2018) also reported the robustness of AnMBR to short-term, step-wise increase of salinity up to 20 g/L NaCl with significant variation in the microbial community. It is noteworthy that salinity increase exacerbated membrane fouling by reducing sludge particle size in their study.

4.4 Inhibitory substances

AnMBR is susceptible to the accumulation of inhibitory substances, such free ammonia and sulphate, in wastewater. Ammonia is generated by the biodegradation of nitrogenous compounds, mostly in the form of protein in wastewater, during anaerobic digestion (Chen et al., 2008). Ammonia toxicity (> 3500 mg/L) to anaerobic digester can be attributed to direct inhibition to the activity of cytosolic enzymes as well as an increase in the intracellular pH and/or the concentration of other cations, such as potassium (Kanai et al., 2010). The observed inhibition was due to free ammonia in solution rather than the ammonium ions, whose equilibrium concentrations are dependent on pH and temperature (Chen et al., 2008). Indeed, free ammonia is more toxic than ionised ammonia, because it can penetrate through the cell membrane and thus result in the disruption of cellular homeostasis, potassium deficiency and/or proton imbalance. A higher temperature and pH value can exacerbate the inhibition by releasing more free ammonia (Meabe et al., 2013).

High sulphate concentration can also inhibit AnMBR performance. Such inhibition can be attributed to the competition between sulphate reducing bacteria (approximately 2 g COD/g SO₄-S_{removed}) and methanogenic microbes for available carbon (Chen et al., 2016). Moreover, sulphate can induce the precipitation of non-alkaline metals in anaerobic reactors, reducing their availability as micro-nutrients for methane producing microbes (Stefanie et al., 1994; Siles et al., 2010). In addition, sulphate reduction produces hydrogen sulphate (H₂S), which is a corrosive, malodourous, and toxic gas (Muyzer & Stams, 2008; Sarti & Zaiat, 2011;

Park et al., 2014). H₂S can readily penetrate through microbial cell membrane and denature native proteins inside the cytoplasm producing sulphide and disulphide cross-links between polypeptide chains (Siles et al., 2010).

Sufficient organic supply can mitigate the inhibition of free ammonia and sulphate to AnMBR. Meabe et al. (2013) reported that longer SRT in AnMBR could allow for sufficient acclimatization of biomass to resist ammonia inhibition. Thus, no critical ammonia inhibition was observed for both mesophilic and thermophilic AnMBR in their study. Tian et al. (2018) recently developed a stepwise acclimation strategy to allow anaerobic communities to adapt to 10 g NH₄⁺-N/L in mesophilic CSTR. The negative impact of sulphate is also insignificant provided that the ratio of COD and SO₄²⁻ is above 10 (Rinzema & Lettinga, 1988). In some cases, sulphate addition is beneficial to methane production by boosting the degradation of propionic acid (Li et al., 2015). Song et al. (2018a) investigated the effect of sulphate increase on the performance of AnMBR and reported that basic biological performance of AnMBR was not affected by the increased sulphate concentration when the influent COD/SO_4^{2-} ratio was maintained higher than 10. Nevertheless, H₂S content in the produced biogas increased significantly and membrane fouling was exacerbated with sulphate addition (Song et al., 2018a). Thus, some physicochemical techniques (e.g. striping, pH adjustment, coagulation, and precipitation) should be applied to reduce sulphate load to AnMBR to secure biogas quality and sustain membrane performance (Yuan & Zhu, 2016).

4.5 Membrane fouling

Membrane fouling is a persistent challenge to advance AnMBR given membrane material costs and energy demands for fouling control and cleaning. Fouling results from the accumulation of inorganic and organic foulants internally in membrane pores and externally on the membrane surface. Membrane fouling can reduce flux, increase transmembrane pressure, and consequently necessitate chemical cleaning or membrane replacement. The primary foulants of interest in AnMBR include suspended biomass, colloidal solids, SMP, EPS, attached cells, and inorganic

precipitates, such as struvite (Smith et al., 2012). Jun et al. (2017) reported that long-term operation (around 700 days) of AnMBR encountered frequent, sudden irreversible fouling due to biologically induced mineral scaling, thus, intense chemical cleaning was required to recover membrane permeability.

Membrane fouling during AnMBR treatment is governed mainly by membrane properties and operational conditions (e.g. water flux, temperature, HRT, and SRT), hydrodynamics, and sludge characteristics. For instances, Lin et al. (2009) shown that the filtration resistance in thermophilic AnMBR was about 5 - 10 times higher than that of the mesophilic system when operated under similar hydrodynamic conditions. This observation was due to more SMP, biopolymer clusters, and fine flocs (< 15 mm) under the thermophilic condition. Huang et al. (2011) reported that a decrease in HRT enhanced biomass growth and SMP accumulation, while longer SRT reduced the flocculation of particulates and particle size, thereby aggravating membrane fouling. Thus, membrane fouling in AnMBR can be potentially mitigated to some extent by optimising the operational conditions.

Several techniques have been developed to control and clean membrane fouling during AnMBR operation. In the side-stream AnMBR, high cross-flow velocity can reduce foulant build-up on the membrane surface; while fouling control is typically accomplished through biogas sparging for the submerged configuration. Stuckey (2012) reported that the addition of powdered or granular activated carbon could effectively reduce membrane fouling in AnMBR, however, their long-term effects membrane integrity have yet been investigated. In addition, wastewater pre-treatment, membrane relaxation, and sub-critical flux operation can also control membrane fouling for AnMBR.

Despite effective strategies to control fouling, membrane cleaning is still necessary. Membrane cleaning includes physical, chemical, and biological schemes. Physical membrane cleaning can be achieved by backwashing, surface flushing, and ultrasonication (Lin et al., 2013). Chemical cleaning is necessary to further remove fouling layers using suitable agents, such as sodium hypochlorite, hydrochloric acid,

nitric acid, citric acid, sodium hydroxide, and EDTA for target foulants. Chemically-assisted backwashing has also been developed to enhance membrane cleaning for AnMBR. Nevertheless, chemicals that can diffuse back to the bioreactor may inhibit the microbial activity and then biological performance of AnMBR. Mei et al. (2017) reported that utilising 12 mmol/L NaOH to assist in-situ membrane backflush did not adversely affect AnMBR treatment performance given the alkali consumption by anaerobic biomass and buffering capacity of the mixed liquid.

4.6 Membrane stability

Chemically and biologically stable polymeric materials are commonly used to fabricate robust membranes for MBR applications. These polymeric materials mainly include polytetrafluoroethylene, polyvinylidenefluoride, and polypropylene (Alkhudhiri et al., 2012). Thus, membrane degradation is not a concern for conventional MBR using the existing low retention UF or MF membranes. By contrast, membrane integrity is a major issue to FO when integrating with biological processes.

Currently commercial FO membranes are made of either cellulose or polyamide. Chen et al. (2014b) observed a sudden increase in the electrical conductivity of the mixed liquor (over 20 times) after an AnOMBR using a CTA FO membrane was operated for 76 days. They also attributed this observation to membrane biodegradation or hydrolysis in the bioreactor.

Both cellulose and polyamide membranes are susceptible to biological and chemical degradation. Cellulose membrane itself can become a substrate for microbial growth. Polyamide TFC membranes appears to be more persistent to biodegradation and hydrolysis than cellulose based membranes (Choi et al., 2005). Nevertheless, some microbial species, such as strains of *Pseudomonas* sp., in activated sludge may biodegrade polyamides by producing extracellular enzymes to hydrolyse amide bonds (Yamano et al., 2008). On the other hand, polyamide membrane is more susceptible to chemical attack by oxidising agents such as chlorine (Simon et al., 2009).

Membrane stability determines the product water quality and the sustainability of AnMBR. Thus, it is essential to develop techniques to prevent biological and chemical degradation of membranes in AnOMBR operation. New and robust membrane materials are required to facilitate the integration of FO with AnMBR for resource recovery. Module modification to allow for in-situ membrane cleaning can also potentially control membrane biodegradation (Choi et al., 2002).

5. Future perspectives

AnMBR has a proven capability and can offer a unique opportunity to achieve simultaneous wastewater treatment and resource recovery. However, the adoption and commercialisation of AnMBR at industrial scale is still pending due to the challenges discussed above. Thus, future research should be dedicated to address these issues for the further development of AnMBR (Figure 3).

FO is a promising approach to produce clean water and pre-concentrate wastewater to the level suitable for AnMBR treatment (Ansari et al., 2017). Yet, FO technology is still in the early stage of development and requires research efforts for the realisation of full-scale implementation. Moreover, wastewater pre-concentration results in the enrichment of some inhibitory substances (salts, free ammonia, and sulphate) to AnMBR. Thus, techniques for the removal of these inhibitory substances should be developed to secure the performance of AnMBR for treating concentrated wastewater. Membrane fouling in AnMBR is often more severe than aerobic MBR due to the absence of aeration and lower sludge filterability (Skouteris et al., 2012). Thus, advanced techniques to control membrane fouling during AnMBR operation should be developed in addition to the optimisation of operational parameters. Using a low fouling alternative, such as FO, is a potential strategy, which can also enhance contaminant removal in comparison to MF and UF membranes that are commonly used for AnMBR.

Compared to membrane fouling, little is known about the stability of membranes during AnMBR operation. In AnMBR, membranes are exposed to the biologically

active conditions with biomass concentration typically higher than 10 g/L. Moreover, given the severity of membrane fouling in AnMBR operation, frequent membrane cleaning with harsh chemicals may be necessary to maintain water production. Thus, it is important to understand membrane degradation in AnMBR operation and develop mitigation strategies to prolong membrane lifespan.

Several techniques have been proposed to further purify AnMBR effluent for clean water production and/or nutrient recovery. They include membrane filtration, ion exchange, electrodialysis, biological processes (e.g. photosynthetic bioreactor), advanced oxidation processes, and electrocoagulation. Nevertheless, further work is needed to evaluate the techno-economic feasibility of these processes in integration with AnMBR to determine an appropriate framework that can facilitate practical application of AnMBR for wastewater treatment and resource recovery. Moreover, the agronomic availability of recovered nutrients should be assessed to emphasize AnMBR potential for resource recovery from wastewater.

Recovering dissolved CH₄ from effluent is also strategically important to broaden AnMBR applications towards low organic content wastewater. Recent studies have demonstrated that the promise of membrane-based processes for the recovery of dissolved CH₄ from AnMBR effluent (Cookney et al., 2016; Crone et al., 2016; Sethunga et al., 2018), while their economic feasibility has not yet been fully evaluated. Moreover, micro-porous membranes used for gas stripping are threatened by membrane fouling and wetting. As such, continued efforts should be devoted to the development of gas-permeable membranes suitable for CH₄ fraction from AnMBR effluent.

6. Conclusion

AnMBR has the potential to revolutionise current wastewater treatment facilities for simultaneous recovery of clean water, energy, and nutrients. Such revolution can be accelerated by continued efforts to concentrate municipal wastewater to the level suitable for AnMBR treatment and subsequent resource recovery. Issues associated

with salinity build-up, membrane stability and fouling, and the occurrence of inhibitory substances (e.g. free ammonia and sulphate) need to be addressed to advance AnMBR for water reuse and resource recovery. Successful recovery of clean water, energy and nutrient also requires the integration between AnMBR and other complementary processes.

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8. Reference

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