## **Breaking Barriers:**

# **Exploring Digital Practices of Teacher Educators in Nepal**

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A thesis submitted in fulfilment of the requirement for the degree of

Doctor of Philosophy

Faculty of Arts and Social Sciences

University of Technology Sydney (UTS)

July 2019

### **CERTIFICATE OF ORIGINAL AUTHORSHIP**

I, Suman Laudari, declare that this thesis is submitted in fulfilment of the requirements for the award of PhD, in the School of Education, Faculty of Arts and Social Sciences at the University of Technology Sydney.

This thesis is wholly my own work unless otherwise referenced or acknowledged. In addition, I certify that all information sources and literature used are indicated in the thesis.

This document has not been submitted for qualifications at any other academic institution.

This research is supported by the Australian Government Research Training Program.

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Date: 3rd July, 2019

Dedicated to my **PARENTS**. Thank you for the seed of inspiration.

#### ACKNOWLEDGEMENTS

To:

spouse, **Sabbu** for your love, care and support. No words are enough to thank you for everything that you have done. Eternal love to you.

the little one, **Sani**, for being a super nice girl and reminding me to study well and not to procrastinate when at home and Uni.

**all the participants** for your time and information. Without you this research would be incomplete. This research stands on your words and experiences.

my supervisor, **Dr Damian Maher**. I would like you to know that I never took it for granted, and I am eternally grateful for your time and unceasing supervision, professional guidance, countless reviews and meetings.

alternate supervisor, Dr Kirsty Young for your reviews, feedback and time;

mentor, **Dr Nick Hopwood** for your support, guidance and timely feedback on different aspects of my PhD journey.

mentor, **Dr Julia Prior** for your support, encouragement and all the opportunities that you entrusted. I want you all to know that I never took it for granted and am eternally grateful. You all helped me make this PhD journey a memorable one in different ways. I shall always be indebted to you.

**Dr Terry Fitzgerald**, an accredited editor, for your editorial assistance. Your academic expertise in education has been very helpful in giving this dissertation a final shape.

wonderful souls **Pingo, Irwin, Pauline, Sanjay, Ruchira, Mukesh, Ellen, Bilquish, Daniel, and Krishna** for your friendship and sharing the PhD journey. Your companionship eased the stress and made this journey pleasant and dynamic. all my teachers from Kathmandu University and Lancaster University for helping me shape my academic trajectory. I am eternally thankful to you all. my family members, especially my *Dai, Vai* and *Didi* for your love, care and support.

all my friends from home and abroad for your encouragement and direct, indirect support.

## TABLE OF CONTENTS

CERTIFICATE OF ORIGINAL AUTHORSHIP II
ACKNOWLEDGEMENTS IV
TABLE OF CONTENTSVI
ABSTRACTXII
LIST OF TABLESXIII
LIST OF FIGURES XIII
GLOSSARYXV
LIST OF ABBREVIATIONSXVII
CHAPTER 1 – INTRODUCTION TO THE RESEARCH 1
1.1 Background1
1.2 CONTEXT
1.3 Research Objectives
1.4 Research Questions
1.5 RATIONALE FOR THE STUDY
1.6 Significance of the Study
1.7 Boundaries of the Study9
1.8 The Plan of the Thesis11
1.9 CONCLUSION TO THE CHAPTER12
CHAPTER 2 – A REVIEW OF LITERATURE 13
2.1 DIGITAL COMPETENCIES14
2.2 TEACHER EDUCATORS
2.3 DIGITAL COMPETENCE IN TEACHER EDUCATION
2.4 Significance of Teacher Educators' Digital Competencies
2.5 TEACHER EDUCATORS' ICT RELATED PROFESSIONAL LEARNING
2.6 Use of Technology by Educators

2.7 Factors Influencing Technology Use	28
2.7.1 External factors	29
2.7.2 Internal factors	32
2.8 Present Education System in Nepal	35
2.9 ICT IN EDUCATION IN NEPAL	36
2.10 NEPAL IN GLOBAL ICT INDICES	39
2.11 Policies on ICT in Education	43
2.11.1 National Information Communication Technology Policy (2015)	43
2.11.2 ICT In Education Master Plan (2013-2017)	45
2.11.3 School Sector Development Plan (2016-2023)	46
2.11.4 Higher Education Policy (2015)	47
2.11.5 EFL teacher education curriculum	47
2.11.6 Implications of policy review	49
2.12 CONCLUSION TO THE CHAPTER	51
CHAPTER 3 – THEORETICAL FRAMEWORK	53
CHAPTER 3 – THEORETICAL FRAMEWORK	
	54
3.1 Activity Theory	54
3.1 Activity Theory	54 55 58
<ul> <li>3.1 Activity Theory</li> <li>3.2 First Generation Activity Theory</li> <li>3.3 Second Generation Activity Theory</li> </ul>	54 55 58 60
<ul> <li>3.1 Activity Theory</li> <li>3.2 First Generation Activity Theory</li> <li>3.3 Second Generation Activity Theory</li></ul>	54 55 60 60
<ul> <li>3.1 ACTIVITY THEORY</li> <li>3.2 FIRST GENERATION ACTIVITY THEORY</li></ul>	54 55 60 60 61
<ul> <li>3.1 ACTIVITY THEORY</li></ul>	54 55 60 61 62
<ul> <li>3.1 ACTIVITY THEORY</li></ul>	54 55 60 61 62 62
<ul> <li>3.1 ACTIVITY THEORY</li> <li>3.2 FIRST GENERATION ACTIVITY THEORY.</li> <li>3.3 SECOND GENERATION ACTIVITY THEORY</li> <li>3.3.1 Subject</li> <li>3.3.2 Mediating Artefacts</li> <li>3.3.3 Object</li> <li>3.3.4 Community.</li> <li>3.3.5 Division of labour.</li> </ul>	54 55 60 61 62 62 62 62
<ul> <li>3.1 ACTIVITY THEORY</li> <li>3.2 FIRST GENERATION ACTIVITY THEORY.</li> <li>3.3 SECOND GENERATION ACTIVITY THEORY</li> <li>3.3.1 Subject</li> <li>3.3.2 Mediating Artefacts</li> <li>3.3.3 Object</li> <li>3.3.4 Community.</li> <li>3.3.5 Division of labour</li> <li>3.3.6 Rules</li> </ul>	54 55 60 61 62 62 63 65
<ul> <li>3.1 ACTIVITY THEORY</li> <li>3.2 FIRST GENERATION ACTIVITY THEORY.</li> <li>3.3 SECOND GENERATION ACTIVITY THEORY.</li> <li>3.3.1 Subject</li> <li>3.3.2 Mediating Artefacts</li> <li>3.3.3 Object</li> <li>3.3.4 Community.</li> <li>3.3.5 Division of labour</li> <li>3.3.6 Rules.</li> <li>3.4 THIRD GENERATION ACTIVITY THEORY.</li> </ul>	54 55 60 61 62 62 63 65 68

CHAPTER 4 – METHODOLOGY	74
4.1 QUALITATIVE RESEARCH	74
4.2 Case Study	76
4.2.1 Identifying the case	77
4.2.2 Participants and sampling	78
4.3 DATA COLLECTION TOOLS AND PROCEDURES	83
4.3.1 Semi-structured interviews with teacher educators	83
4.3.2 Semi-structured interviews with policymakers	86
4.3.3 Focus group discussions	87
4.3.4 Artefacts	89
4.3.5 Documents	90
4.4 DATA ANALYSIS	91
4.5 Issues of Rigour	92
4.5.1 Credibility	93
4.5.2 Transferability/Generalisability	95
4.5.3 Consistency/Dependability	96
4.5.4 Confirmability	97
4.6 ETHICAL CONSIDERATIONS	99
4.7 Conclusion to the Chapter	
CHAPTER 5 – INFLUENCING FACTORS	101
5.1 External Factors	
5.1.1 Policies on technology use in teacher education courses	
5.1.1.1 National policy	
5.1.1.2 University policy	
5.1.2 Institutional leadership	
5.1.3 Resources	
5.1.3.1 Infrastructure and financial resources	
5.1.3.2 Internet speed	

5.1.3.3 Time	125
5.1.3.4 Technical support	127
5.1.4 Assessment system and syllabus	130
5.2 Internal Factors	135
5.2.1 Technology use knowledge and skills	135
5.2.2 Technology use beliefs	138
5.2.2.1 Beliefs related to perceived usefulness	139
5.2.2.2 Beliefs related to positive emotional experiences	141
5.3 CONCLUSION TO THE CHAPTER	144
CHAPTER 6 – TEACHER EDUCATORS' TECHNOLOGY-RELATED PROFESSIONAL LEARNIN	NG147
6.1 LEARNING FOUNDATIONAL TECHNOLOGICAL SKILLS	147
6.2. TRAINING BY THE UNIVERSITIES	155
6.2.1 Training at the public university	156
6.2.2 Training at the private university	165
6.3 Online Courses	169
6.3.1 Online courses attended by the TEs	169
6.3.2 Learning through technology	174
6.3.3 Learning about technology use in EFL courses	177
6.3.4 Mental preparedness	179
6.4 LEARNING WITH COLLEAGUES	181
6.4.1 Learning about ICT in EFL teacher education	
6.4.2. Learning about digital tools	
6.4.3 Finding solutions to their problems related to ICT use in teaching and learni	ing189
6.6 CONCLUSION TO THE CHAPTER	192
CHAPTER 7 – TECHNOLOGY USE BY TEACHER EDUCATORS IN TEACHER EDUCATION	
ACTIVITIES: OVERCOMING BARRIERS	193
7.1 DIGITAL TECHNOLOGIES USED BY TEACHER EDUCATORS	194
7.2. Transformations in Teacher Education Practices	196

7.2.1 Sharing resources1	197
7.2.2 Communication2	203
7.2.2.1 Anytime-anywhere interactions	204
7.2.2.2 Collecting students' opinions on lessons during lesson planning	209
7.2.2.3 Egalitarian platform for communication	212
7.2.2.4 Equal learning opportunity	216
7.2.2.5 Student-student interactions2	219
7.2.3 Enhancing lessons2	224
7.3 CONCLUSION TO THE CHAPTER2	230
CHAPTER 8 – CONCLUSIONS2	233
8.1 RESEARCH QUESTION 1: HOW DO DIFFERENT FACTORS INFLUENCE THE DIGITAL PRACTICES OF TEACHER	
EDUCATORS?2	233
8.2 Research Question 2: With whom and in what ways did the teacher educators develop their	R
DIGITAL COMPETENCIES?2	237
8.3 RESEARCH QUESTION 3: HOW DID SUCH LEARNING ENABLE THE EMERGENCE OF CHANGES IN TE	
PRACTICES?2	242
8.4 Theoretical Implications2	246
8.5 PEDAGOGICAL IMPLICATIONS	249
8.6 Policy Implications2	250
8.7 Suggestions for Further Research2	252
8.8 Thesis Contribution2	253
REFERENCES	256
APPENDIX A– ETHICS APPROVAL LETTER2	289
APPENDIX B – APPROVAL LETTERS FROM THE TEIS IN NEPAL2	291
APPENDIX C – PARTICIPANT INFORMATION SHEET AND CONSENT FORM2	293
APPENDIX D – EXCERPT OF INTERVIEW WITH TEACHER EDUCATORS2	295
APPENDIX E – EXCERPT OF INTERVIEW WITH A POLICY-MAKER	301

APPENDIX F – INFORMATION SHEET FOR FGD	304
APPENDIX G –EXCERPT OF FGD WITH A GROUP OF PRE-SERVICE TEACHERS	305
LIST OF PUBLICATIONS AND CONFERENCES	309

#### ABSTRACT

This thesis presents a qualitative case study of digital practices of teacher educators at two Nepalese universities. In doing this, the study examined factors that facilitated or inhibited teacher educators' technology use, how they gained the digital competencies required to use technologies and how such learning supported their teaching.

The study, which was conducted between the end of 2016 and mid 2017, is primarily informed by semi-structured interview data collected with 25 teacher educators teaching BEd and MEd courses. Additional data were collected using focus group discussions with four groups of pre-service teachers and interviews with three policymakers.

To uncover the digital practices of teacher educators, Activity Theory was used as an analytical framework. The study used the conceptual tools that Activity Theory offers heuristically to anchor the discussions and drew on the literature on teacher educators' digital competencies, professional learning and use of technologies for analysis.

The analysis of the data revealed that even when there were elements at the institutional or broader level that were not supportive of technology use, teacher educators sought learning opportunities inside and outside the teacher education institutes and engaged in those to enhance their digital competencies. Through the development of their digital competencies, teacher educators were able to implement the use of digital tools into their practice. Whilst the in-class use of digital technologies was not sophisticated, teacher educators used technologies outside the classroom to keep the classroom discussion ongoing and to engage students in learning activities. The findings of this study demonstrate that significant transformations occurred in their pedagogical practices.

The significance of this study is that it contributes to an understanding of teacher educators' digital practices - why teacher educators use technologies; how they enhance their digital competencies; how their learning supports technology use in their curricular practices; and, what changes those practices can bring. Other areas to which this study contributes are the theoretical implications of using Activity Theory to study digital practices and policy implications concerning technology use in teacher education.

## LIST OF TABLES

Table 2.1: IDI sub-index of Nepal as presented by ITU	40
Table 4.1: Participant information summary table	80
Table 6.5: List of online courses and the webinars that the TEs attended	170
Table 7.1: List of digital tools and resources used by teacher educators	194

## LIST OF FIGURES

Figure 2.2: E-Government Development Index of Nepal
Figure 3.1: Vygotsky's tool mediated action triangle55
Figure 3.2: Hierarchical levels of an activity
Figure 3.3 The diagrammatic representation of activity system
Figure 3.4: The basic activity system under consideration in this study64
Figure 3.5: The diagrammatic representation of activity system
Figure 5.1 An M.Ed. in EFL classroom in a constituent campus119
Figure 6.1 Activity system related to attending basic computer training149
Figure 6.2: Diagrammatic representation of training at the public university157
Figure 6.3: The basic activity system under consideration in this study162
Figure 6.4: Diagrammatic representation of training at the private university165
Figure 6.6: Activity system related to online course participation174
Figure 6.7: Activity system related to learning with colleagues
Figure 7.2: TE19 sharing a link to the original essay
Figure 7.3: Teacher education practice without technology use in an activity system.199
Figure 7.4: Screenshots of a Facebook group chat administered by TE19206
Figure 7.5: Email sent by TE8's student for discussion
Figure 7.6: Facebook screenshots from the pages that the TE4 administered213
Figure 7.7: Facebook screenshots from the pages that the TE4 administered213
Figure 7.8: Screenshot of exchanges between teacher educators and PSTs217

Figure 7.9: Screenshots of interactions between PSTs	220
Figure 7.10: Interaction amongst students on a Facebook group chat feature	
administered by TE 19	222

#### GLOSSARY

Affiliated campus: Colleges affiliated to a particular university to teach their courses. Affiliated colleges can be privately or community-owned. They have their own administration and manage the financial resources primarily on their own.

**Camtasia**: Camtasia is a computer software suite which can be used for creating video tutorials by capturing screencast, or by using the feature to record Microsoft PowerPoint.

**Constituent campus**: Colleges run under a university as the teaching campuses. The campus can have their own faculties and departments but teach the curriculum and syllabus prescribed by the university. Each constituent unit has its own chief executive officer to whom broad powers are delegated by the governing board for the organisation and operation of the constituent unit.

**Digital competencies**: This term has been defined as knowledge, skills and attitude required to use digital tools in pedagogical activities.

**Digital practices**: This is an overarching theme of this thesis. It is defined as-teacher educators' ICT-related behaviour. In this thesis, it comprises of digital competencies, technology-related professional learning, use of digital tools in teacher education activities and different factors that inhibit or sustain such practices.

**Digital technologies**: A key element of focus in this study is digital technology. It is a broad term as it can include various technologies that use and process digital information such as mobile phones, internet, computer or artificial intelligence. Unless otherwise stated, when digital technology is referred to in this study, it relates to the technologies that are used in educational contexts, and they can include different devices/tools such as computer/laptop, smartphones and associated programmes and

applications, multimedia tools and programmes, and web-based technologies. A list of what tools teacher educators used is discussed in Chapter 7 of this study. Other terms that are used to synonymously to digital technology are information communication technologies (ICTs), educational technologies (EdTech).

**Facebook Group**: Place for small group communication, and for people to share their common interests and express their opinion on Facebook. The page has different privacy settings, which help to make it private or public.

**Google-Group**: A Google-provided service that offers a platform for group discussions and a gateway for newsgroups.

**Google Sites**: It is a service offered by Google. It is a wiki and Web page-creation tool freely available for anyone to be able to create simple websites to support and promote collaborations.

**Kahoot**: It is a game-based learning platform freely available to teachers to create quizzes in different formats.

**Moodle**: Moodle is a free and open-source virtual learning management system. A similar virtual learning platform is known as Blackboard.

**NiceNet**: It is an online educational course management system, also known as Internet Classroom Assistant (ICA). It is run by a non-profit organisation and is one of the last sets of such tools available at no cost to instructor-developers.

**Padlet**: It is an application to create an online bulletin board that teachers can use to display information for any topic.

### LIST OF ABBREVIATIONS

AT	Activity Theory
CHAT	Cultural Historical Activity Theory
DC	digital competencies
DoE	Department of Education Nepal
ICT	information communication technology
ITU	International Telecommunication Union
MoEN	Ministry of Education Nepal
OLE	Open Learning Exchange Nepal
OLPC	One Laptop Per Child
PD	professional development
PL	professional learning
PLN	professional learning network
PSTs	pre-service teachers
TEIs	teacher education institutes
TEs	teacher educators
UGC	University Grants Commission
UNDESA	United Nations Department of Economic and Social Affairs