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Abstract

 Uropathogenic *E. coli* (UPEC) is the leading cause of urinary tract infections (UTI). These bacteria undertake a multi-stage infection cycle involving invasion of and proliferation within urinary tract epithelial cells, leading to the rupture of the host cell and dispersal of the bacteria, some of which have a highly filamentous morphology. Here we established a microfluidics-based model of UPEC infection of immortalized human bladder epithelial cells that recapitulates the main stages of bacterial morphological changes during the acute infection cycle *in vivo* and allows the development and fate of individual cells to be monitored in real-time by fluorescence microscopy. The UPEC-infected bladder cells remained alive and mobile in non-confluent monolayers during the development of intracellular bacterial communities (IBCs). Switching from a flow of growth medium to human urine resulted in immobilization of both uninfected and infected bladder cells. IBCs continued to develop and then released many highly filamentous bacteria via an extrusion- like process, whereas others showed strong UPEC proliferation yet no detected filamentation. The filamentation response was dependent on the weak acidity of human urine and required component(s) in a low molecular-mass (<3000 Da) fraction from a mildly dehydrated donor. The developmental fate for bacteria therefore appears to be controlled by multiple factors that act at the level of the whole IBC, suggesting that variable local environments or stochastic differentiation pathways influence IBC developmental fates during infection.

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Introduction

 Uropathogenic *Escherichia coli* (UPEC) is responsible for more than 80% of urinary tract infections (UTI), which are one of the most common infections that are worsening rapidly as a consequence of pandemic multi-resistant strains spreading globally (1). These invasive infections proceed through a multi-stage intracellular cycle, beginning with the attachment of bacteria to the host urinary tract epithelial surfaces (2, 3). The bacteria are taken up by endocytosis and some are released into the cytoplasm and grow to form tightly packed biofilm-like colonies called intracellular bacterial communities (IBCs) (4-8). Eventually the epithelial cell becomes overwhelmed by bacterial growth, and ruptures, dispersing bacteria that may infect neighboring host cells (9). This cycle amplifies the infection and leads to widespread damage and shedding of layers of the epithelium, leading to the acute symptoms observed in UTI.

 UPEC show remarkable morphological variation during the infection cycle (10). Whereas UPEC appear as typical rod-shaped bacteria in laboratory cultures, during the infection cycle many of the intracellular bacteria exist as very short rods or almost-spherical smaller cells within well- established IBCs. However, while bacteria are released during IBC dispersal and host cell rupture, UPEC subpopulations appear as rods, motile-rods, and viable highly filamentous bacteria (11). Filamentation occurs by bacterial cell growth (elongation) and ongoing chromosome replication without division, and is a response to certain conditions or stresses (10). Filamentation is a characteristic response of UPEC during UTI and is thought to aid in dispersal and surface attachment after release from the host cell, and might help prevent phagocytosis by immune cells (11-13). It has been demonstrated that UPEC filaments are capable of reverting back into rod- shaped cells, through numerous cell division events along the length of the filaments, that are then capable of infecting other host cells (14).

 Many of the features of the UPEC infection cycle outlined above were identified with the mouse model of UTI, involving transurethral injection of UPEC into the bladder, and analysis of collected urine/tissues or monitoring of infected bladder explants over time (4, 7, 9). IBCs and filamentous bacteria are also common in human cystitis (8). Cell culture models were more recently developed to allow further analyses of bacterial physiology during infection, based on UPEC infection of human bladder epithelial cell (BEC) surface culture and incubation with growth medium or human urine (14, 15). A static infection model was developed that could be performed in multi-well culture plates, and was used to study features of the early stages of infection and quantify

 intracellular growth of UPEC within BECs (15). This was not suitable for analysis of the later stages of host cell rupture (bacterial dispersal and re-infection) and a flow-chamber model was then developed, incorporating steps that allowed the analysis of later infection stages (14). This model involved UPEC infection of BECs in flow chambers that were maintained with a constant flow of medium during the early development of IBCs (day 1), and then switched to a flow of filtered human urine, which induced the dispersal/filamentation stage (day 2). Extensive bacterial filamentation was observed on the surface and dispersed into the effluent (14). Given that UPEC show a complex pattern of morphological changes during the infection cycle, and the infection cycle in the population is likely to show a low degree of synchrony, the ability to use time-lapse microscopy to investigate the timing and transitions occurring at the single cell level is expected to be of significant benefit in understanding the sequence of morphological events occurring during the UPEC lifecycle.

 Here we have established a microfluidics-based cell culture infection model for UPEC infection of immortalized human bladder epithelial cells, combined with a new robust GFP-based bacterial labelling for real-time fluorescence microscopy observation of infections at high resolution. The main advantages of using microfluidics are the use of greatly reduced quantities of reagents and laboratory animals, a high degree of control of conditions, and the ability to conduct multiple real- time infections experiments simultaneously whilst visualizing infection progression and viability of individual cells. This approach has revealed details of how infected cultured cells behave during IBC development, that there are at least two distinct morphological fates of IBCs upon dispersal, and how filaments appear to extrude from infected bladder cells during dispersal. We also 87 demonstrate that multiple conditions including a urinary pH of \sim 5 are necessary to elicit the UPEC filamentation response during the IBC dispersal and host cell rupture stage of infection.

Results

Construction of fluorescent derivatives of uropathogenic E. coli UTI89

 We first aimed to establish a system for robust fluorescent labelling of live bacteria, to allow their visualization during the course of an intracellular infection. Lambda-red recombination (16) was initially used to replace the *lacZ* open reading frame on the chromosome of model UTI strain *E. coli* UTI89 with fluorescent proteins, GFP or mCherry, linked to a downstream Km^R marker; however, fluorescence in the resulting bacteria was too faint to provide a useful label for bacteria in an infection (data not shown). Similar results were obtained with attempts involving transformation of UTI89 with GFP-expression plasmid pXG10 (17), whereas pEGFP-based plasmids reported previously for this purpose (14) gave stronger expression, but required IPTG- induction and showed a variegated fluorescence response between individual bacteria, particularly in the stationary phase of batch cultures (data not shown). A new low-copy number plasmid was 101 then constructed (pGI5), containing the pSC101 origin of replication and the *PlacI*^{Q1} strong constitutive promoter (18) driving expression of a monomeric super-folder GFP (msfGFP) (19). This provided bright, robust and uniform cytoplasmic fluorescent labelling of UTI89 (Fig. S1). 104 Equivalent plasmids based on the significantly weaker *PlacI* and *PlacI*^Q promoters were also constructed (pGI3 and pGI4, respectively), although the fluorescence of UTI89 harboring these was considered too faint for use in most infections (Fig. S1).

A microfluidic infection model involving intracellular growth and dispersal of UPEC

 We sought to visualize the main infection stages of UPEC intracellular growth and release from BECs using a microfluidics-based culture system, based on the mid-scale flow-chamber model previously established (14). The microfluidics system used here (CellASIC Onix) has a thin glass base plate (170 micron), adhered to a cast set of microfluidic channels supplied by inlet wells filled with the different media needed for each stage of the infection (Fig. 1, upper panel). These wells have microfluidic channels connected to a main culture chamber, where the immortalized human bladder epithelial cells (BECs) were initially grown. The flow of liquid from the wells through the culture chamber and into a waste reservoir is controlled by a manifold and air pressure controller wells through the culture chamber and into waste wells; each chamber can therefore be switched between the flow of different reservoir liquids (*e.g*. growth medium or urine). Four such chamber systems exist per plate (standard microtiter footprint), allowing multiple infections to be observed simultaneously in an incubated inverted microscope with automated stage and focusing.

 A layer of PD07i BECs, initially grown for two days in the microfluidic culture chambers, was exposed to a capillary-driven flow of *E. coli* UTI89 (+pGI5) for 20 min to allow bacterial attachment, and then the flow was switched to the BEC growth medium (EpiLife) for 9 h to allow bacterial uptake and growth. The flow was then switched to medium containing the BEC- impermeable antibiotic Gentamicin, for 20 h, to kill and remove only the extracellular bacteria and allow IBC development and visualization. Finally, the flow was switched to human urine for a further 20 h to observe bacterial dispersal and host cell rupture. Microscope observation of the cells after the intracellular growth stage (*i.e.* at 29 h post-infection) showed densely packed discrete IBCs within BECs (Fig. 1, lower left) that often appeared near the edge of the nucleus or as multi- lobed colonies. The proportion of infected BECs was typically 2-10% of the total, consistent with previously observed rates of infection *in vitro* (14). At the 49 h stage—after the 20 h exposure to a flow of urine—many highly filamentous bacteria were evident amongst the BECs (Fig. 1, lower right).

UPEC-infected PD07i bladder epithelial cells retain surface migration capacity

 We then observed infections during the intracellular growth stage by recording time-lapse movies of the infections in the microfluidic culture chambers (*i.e.* during the flow of growth medium with Gentamicin, 9–29 h post-infection). As shown in Fig. 2 (and in Movie S1), the bladder cells showed active migration on the surface of the culture chamber during this period. Infected BECs, as indicated by the presence of fluorescent IBCs, moved on the surface in a manner indistinguishable from the uninfected bladder cells in the same field of view, even when containing very large IBCs (Fig. 2, blue arrowhead). Some infected bladder cells were observed to move in or out of the field of view during the time-lapse (Fig. 2, blue and white arrowheads; see also Movie S1). During these experiments, the live-cell-impermeant DNA stain SYTOX Orange was included in the medium (at 100 nM), with the aim of specifically staining and detecting permeable (dead) cells over the course of the infection (Fig. 2, red arrowheads), whilst simultaneously allowing the GFP-labelled bacteria to be located with green fluorescence. SYTOX Orange stained BECs were occasionally seen that showed no evidence of infection, exhibited a rounded shape, and were partially or fully detached from the surface, typical of dead cells (Fig. 2, red arrowheads). In contrast, the surface-bound migratory bladder cells in the monolayer, both infected and uninfected, 149 did not stain with SYTOX Orange (Fig. 2).

PD07i cells cease surface migration and gain autofluorescence after urine exposure

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 The viability and normal surface migration behavior of infected BECs (Fig. 2) clearly showed that IBCs did not globally incapacitate nor substantially affect the BECs during the early stages (first 29 h) of IBC establishment and growth. We then switched to a flow of filtered human urine, observing cells 20 min before the switch to urine, immediately after the switch to a flow of urine (at 29 h), and then 10 h into the urine exposure (Fig. 3). The lack of SYTOX Orange staining of BECs before the urine exposure indicated that most BECs were non-permeable, apart from the occasional dead cell (*e.g.* Fig. 3; very bright drifting cells (out of focus), and some stationary ones indicated by white arrowheads). Upon commencement of urine exposure, the background fluorescence in the entire field of view increased significantly in the GFP channel. The brightly labelled intracellular UTI89/pGI5 bacteria were still detectable (*e.g.* Fig. 3, cyan arrowheads). After 10 h of urine exposure, the morphology of the BECs and their location in the field of view had remained unchanged, indicating that the urine treatment immobilized the BECs (Fig. 3, compare phase-contrast images). By 10 h, the BECs also showed much greater whole-cell autofluorescence in the red and especially the green channels (Fig. 3). The above observations can be seen in greater temporal resolution in Movie S2, which shows time-

 lapse images recorded at 10 min intervals over the 20 h urine exposure (*i.e.* 29 – 49 h post- infection). Cells ceased surface migration immediately upon urine exposure. Then, during the first ~6 h of urine flow, we observed the fluorescence of individual BECs (infected and uninfected) to become brighter at times that varied for individual cells, especially in the green channel. The transition for individual cells to the high autofluorescence state took ~10-40 min. This suggested a permeabilization or metabolic change in BECs in response to the urine. However, permeabilization was difficult to directly assess, as the SYTOX Orange (added to the urine) was not effectively reporting permeabilization in the urine conditions. We observed that the dead BECs that had been brightly stained in the preceding Epilife+Gm stage had lost their bright red fluorescence during the first 10-20 min of urine exposure (Fig 3, white arrowheads; Movie S2). This could be due to either a lack of dye fluorescence/DNA-binding in urine, or the DNA was lost (degraded) in dead cells upon urine exposure. In support of the latter, some bacteria retained both green and red fluorescence during the 20 h urine exposure, the red fluorescence of dead BECs took ~20 min to completely disappear after switching to urine (Movie S2), and human urine contains DNases (20, 21).

UPEC emerge from infected PD07i bladder epithelial cells via at least two distinct IBC dispersal

types

 Bacteria within an IBC have been reported to grow from short rod-shaped cells into long filaments after exposure to high specific-gravity (SG) urine during the dispersal phase on infection (14). To directly visualize this stage of infection over time, phase-contrast and GFP-fluorescence images were recorded at 10 min intervals during the 25-49 h post-infection period. This 24 h movie included the last 4 h of the growth medium flow conditions, followed by 20 h of urine flow conditions. Seven of the ten IBC dispersal events (individual BEC eruptions) that were monitored (in three flow separate infection channels with the same urine) resulted in the emergence of filamentous bacteria, and three resulted in emergence of rod-shaped bacteria. An example of an IBC that released filaments may be seen in Fig. 4 and Movie S3; infected BECs became overtaken by proliferation of an IBC, followed by the expulsion of filamentous bacteria via an extrusion-like process. The filamentous bacteria began to emerge 6-8 h after urine exposure in this cell, appearing initially as several filaments that grew out from the surface of the BEC, followed by a massive eruption of filamentous bacteria at ~15 h after urine exposure (Fig. 4). Fig. 5 shows another infected BEC with a growing IBC where no filaments were detected. The infected BEC became 197 overwhelmed by the rapidly growing IBC, after a period of moderate development \sim 5–7 h after urine exposure (Fig. 5). Some bacteria then emerged at around 8 h after urine exposure—possibly motile bacteria—followed soon after by eruption of the IBC and release of a great number of rod- shaped bacteria (Fig. 5). After 13 h of urine exposure (Fig. 5), the bacteria from the ruptured BEC had occupied the entire field of view (Movie S4).

Neutralized and acidified human urine do not induce UPEC filamentation

 Urine is thought to be required for inducing UPEC filamentation during development and dispersal of IBCs, the extent of which was positively correlated with the specific gravity (SG) of the urine samples, and was not detected in relatively dilute samples (14). Some samples with similar SG also showed variation in the degree of filamentation detected, suggesting that other factors in urine might be involved (14). To identify additional conditions or factors triggering UPEC filamentation, we tested a potential role for urinary pH. For these experiments, we used a modified mid-scale flow chamber system, similar to that described previously (14), which follows the same time- course of media/urine flow described above, and allows collection of dispersed bacteria in the effluent from the flow chamber and quantification of the extent of filamentation by flow cytometry.

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 When human urine originally of pH 5.3 was adjusted to pH 4.0, the bacteria in the effluent after the dispersal stage (49 h) of infection appeared as mainly rod-shaped bacteria (Fig. 6). Some of the bacteria appeared smaller than typical *E. coli*—almost coccoid in shape and size. Flow cytometry confirmed that the bacterial cell size, as represented by the side-scatter (SSC-A) frequency distribution, in the acidified urine sample was significantly smaller than the control urine; the acidified urine gave 97.5% short bacteria (defined by a threshold, as described in the Methods), compared to 64.7% short for the control urine (i.e. 35.3% filamentous; Fig. 6). Many bacteria within IBCs are known to be smaller coccoid-like cells compared to regular rods (9). We also observed that the bacterial yield from the flow chamber was much lower in the acidified urine 221 experiments, e.g. an OD₆₀₀ of 0.038, compared to infection with the control urine (pH 5.3) OD₆₀₀ of 0.571. These results suggested that bacteria released were killed or arrested at the IBC stage by the acidified urine. The apparent poor growth or viability of bacteria from the acidified urine experiment was investigated by inoculating LB with a sample of the effluent obtained from the flow chamber and incubating it for 3 h at 37°C. This sample showed no increase in absorbance during this time period, whereas bacteria obtained from a control infection at the same time point 227 (urine pH 5.3) more than doubled in OD₆₀₀ during this time, from 0.571 to 1.189. This trend was observed in both experimental duplicates.

 When a sample of the pH 5.3 urine was neutralized (pH 7.0) in preparation for an infection experiment, an obvious precipitate formed. This was cleared by centrifugation, and then half of the supernatant was re-adjusted back to pH 5.3; both urines were tested in infections for their effects on the growth and filamentation of dispersed bacteria, to determine whether components in the precipitate, or the pH change, affected filamentation. Both urines caused substantial yields of bacteria in the effluent (at 49 h infection), but the pH 7.0 urine gave rise to no detected filamentation (Fig. 6). Similar results (high bacterial yields but no detected filamentation) were observed when just EpiLife medium was maintained for the 29-49 h period (not shown). Interestingly, the readjusted (pH 5.3) urine regained the capacity to induce robust filamentation of the bacteria, to a similar degree as the original control urine (pH 5.3, unadjusted) (Fig. 6). Thus, the pH of human urine is a key factor in the induction of UPEC filamentation.

Synthetic human urine does not induce filamentation

Since a relatively high urinary SG (14) and mildly-acidic pH (above) are involved in triggering

filamentation, we next investigated whether these factors were sufficient to trigger filamentation

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 with a synthetic human urine (SHU) containing a mix of pure reagents representing the common solutes in human urine (22). The pH of the SHU was matched to that of a batch of human urine (pH 5.6) for comparison. The SG of the real human urine and the SHU was 1.021 g/mL and 1.026 g/mL, respectively. Microscopy of infection effluent at 49 h post-infection showed that the human urine induced bacterial filamentation, as seen previously, but the SHU supported the normal high yields of bacteria in the effluent but did not induce any detectable filamentation (Fig. 6). The flow cytometry data from the human urine contained a peak consistent with normal rod-shaped bacteria and a large shoulder towards the right of the histogram indicating much longer bacteria (Fig. 7). Some variation in the bacterial size distributions obtained from infections with batches of human urine were commonly observed during this study, consistent with previous results (14). In contrast, the bacterial scatter distributions from infections with SHU consistently showed only one peak of small bacteria.

A small molecular mass fraction of human urine can induce filamentation

 The above findings indicated that a high solute concentration (SG) and weak acid are necessary but insufficient to cause significant filamentation during infection, suggesting that filamentation also requires a urinary constituent(s) not present in SHU. To determine whether such a constituent is a small or macromolecule, urine was ultra-filtered to remove all molecules of ~3000 Daltons and higher. Microscopy of dispersed bacteria from infections (49 h) showed that bacteria exposed to both the whole urine and the ultra-filtered urine were both dispersed with high bacterial yields and were similarly filamentous, with only few short bacteria observed (Fig. 8). The fraction of the urine that had not passed through the filter, containing the large molecules of 3000 Daltons and higher, was diluted using sterile water back to the starting volume, so the concentration of large molecules would be very similar to the whole urine, but the small molecules would be diluted. This enriched high molecular mass urine was also tested in the infection model to determine whether it too could induce a filamentous response in the bacteria. Microscopy of the sample of (high-yield) bacteria showed they remained short and rod shaped (data not shown), indicating that this portion of the urine was not able to induce filamentation, and supporting the finding that components of <3000 MW were required at a concentration found in high-SG human urine for triggering the filamentous response.

Discussion

 We have established a microfluidics-based infection model of UTI that enables real-time microscopic analysis of progression of UPEC development within infected bladder epithelial cells through to the IBC dispersal phase and release of rod-shaped and filamentous bacteria, thus reproducing the main morphological characteristics of UPEC IBC and filament development during infection. The mouse model of UTI showed similar IBCs and filamentous bacteria present (9), and urine collected during human UTI also commonly contains these characteristic features of infection (8). Our model is based on the mid-scale flow-chamber model developed previously (14), so the results obtained will be comparable, whereas the information obtainable from each is different. We have also incorporated continuous monitoring of cell viability and developed improved GFP labelling of UPEC that shows robust fluorescence in a range of growth conditions including the main stages of the infection.

 Our method creates a more automated and smaller-scale infection system suited for real-time microscopic visualization than previously available. Time-lapse microscopy was used to observe the maturation of IBCs in mouse bladder explants (9), however to our knowledge the current study is the first to demonstrate a cell-culture infection model that allows automated simultaneous visualization of multiple UPEC infection experiments in real time. Using the microfluidic model, we have further characterized the infection cycle, particularly in regard to the conditions required for filamentous IBC dispersal at a single-cell level, and we revealed some advantages and current limitations of cell culture infection models.

 During IBC development within BECs over the first day of infection, real-time monitoring of cell impermeability by SYTOX Orange exclusion demonstrated that BECs maintain their integrity and surface migration while the bacteria grow internally, reflecting a likely bacterial survival mechanism in which IBCs do not cause substantial changes or damage to their host until the bacterial population has substantially increased in number. However, when exposed to urine for day 2 of the infection, both infected and uninfected BECs became almost immediately immobile (Fig. 2 and 3). Furthermore, within hours of urine exposure, individual BECs at different times showed a sudden increase in autofluorescence (Movie S2), suggesting possible permeabilization or other rapid change in cell metabolism that could signify a stress response (23). If permeabilization occurs, the intracellular bacteria could thereby be directly exposed to the urine that triggers their filamentation and dispersal. If the increased autofluorescence does not reflect

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 permeabilization, the bacteria must sense the BEC response to the urine conditions, leading to a subsequent bacterial dispersal response.

 These results indicate that urine may not be able to support the growth or longer-term survival of these BECs in culture. *In vivo*, the surface of the bladder wall is a transitional epithelium where the uppermost layer of surface cells are eventually shed and replaced via differentiation of the lower layer cells as they come to the surface (21, 22). The uppermost layer is made from fully differentiated 'umbrella' cells, with an apical surface that deals with urine exposure in a physically and chemically dynamic environment, and a basolateral surface that provides nutrition and other support for the cells. The current infection model, as with previous *in vitro* models, initially has the BECs growing in a monolayer of incompletely differentiated immortalized cells, likely resembling intermediate cells in the bladder transitional epithelium (15, 24); these cells are likely to be impacted differently by urine exposure compared to the fully differentiated surface umbrella cells. A previous infection study with the PD07i cell line noted that urine was well tolerated by the cultured BECs (14). By developing a real-time model, our results suggest that while the cell culture models are well suited to investigate bacterial pathophysiology, they might not ideally reflect how fully differentiated BECs behave late in the infection cycle *in vivo*, particularly in response to urine exposure. Nevertheless, we expect that IBCs experience very similar intracellular conditions in the culture models and *in vivo*, from the moment of internalization, through to establishment, development, and eventually dispersal into a flow of human urine.

 While the microfluidics-based model developed here allows efficient real-time observation, it has limitations for preparative analysis of bacteria in the infection. It was found to be impractical to harvest useful quantities of the dispersed bacteria, particularly long filaments, unlike the mid-scale flow-chamber model where the yield of bacteria in the continuous effluent is sufficient for most modern molecular and cellular analytical techniques (14). On the other hand, the microfluidic infection model is more suitable for small-scale screening purposes involving direct observation of infected cells, allowing up to four simultaneous infections to be run with ~100-fold less growth medium. It is more cost-effective and less cumbersome to perform. One possible application for the microfluidic UTI infection model could be to screen the effectiveness of newly developed drugs on different stages of the infection cycle, such as IBC development. This could aid the development of new treatments for UTI, as it has the advantage over non-infection-based growth assays of allowing assay of UPEC growth inside BECs and during the specific morphologies we

 have observed during dispersal. These are important stages of the infection cycle where potential treatments may be directed in future.

 The results shown in Fig. 4 and 5 visualized IBCs growing and taking over bladder cells, causing rupture and dispersal of bacteria. This has allowed an approximate timeframe to be placed on the progress of the infection. At ~6-8 h after the onset of urine exposure, some infected BECs began to rupture and release bacteria. However, this process initiated apparently randomly at later times for other IBC's too, suggesting that a certain stage of IBC development needs to be reached before dispersal of an individual IBC commences. It also underscores the low degree of infection synchrony in the later stages of this complex biological system.

 We demonstrated that extensive bacterial filamentation frequently accompanies the dispersal and release from BECs (Fig. 4). Bacteria appear to encounter conditions that trigger filamentation (e.g. urine exposure) while inside the BEC, or its permeable carcass, prior to the development and eruption of the filamentous bacteria. This is consistent with *in vivo* data from non-real-time approaches that appeared to show filamentous bacteria emerging from within a bladder cell rather that forming after being released (7). Our observation that BECs may become permeabilized before filaments emerge is consistent with the notion that IBCs are directly exposed to urine through BEC permeabilization when they respond to these conditions by extensive bacterial filamentation and dispersal (Fig. 4). However, since the dye-exclusion method cannot conclusively report on permeability during urine treatment (Movie S2), it is not yet certain how urine exposure may trigger the IBC response.

 The data presented in Fig. 5 showed that some IBC's disperse from the residual BEC as a rapidly- developing colony of rod-shaped bacteria, indicating that not all IBCs result in filamentous bacteria and suggesting that not all IBCs experience identical conditions, or do not respond to conditions in a consistent manner. The two distinct IBC developmental outcomes indicates that the developmental fate of bacteria during the dispersal stage of IBC development is decided at the level of whole IBC, not individual bacteria.

 To examine the conditions that influence the switching between IBC developmental outcomes, a synthetic human urine (SHU) was tested and compared to donated human urine, to determine the importance of pH, relative solute concentration (specific gravity), and urinary components (small and large molecules) in causing bacterial filamentation. A recently-developed formulation of SHU was used (22). If this gave a similar response to human urine, we anticipated that the SHU could

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 help improve the reproducibility of bacterial responses in the model, since different batches of human urine can introduce variability in the degree of filamentation observed (14). Our comparisons of SHU and human urine demonstrated that the filamentation response during IBC dispersal is strongly dependent on the slightly acidic pH values of the human urine. Use of neutralized or acidified human urine, or SHU of the same pH and SG as the human urine (approximately pH 5.3, SG >1.02) all failed to trigger UPEC filamentation in infection (Fig. 6). The previous flow-chamber study noted no obvious correlation between pH and filamentation (14), however the samples were unadjusted and are expected to show only a small pH range compared to the larger range of adjusted urine (pH 4 - 7) in the current study.

> Our results suggested that either the factors in human urine that trigger filamentation are pH and concentration sensitive with regards to their interactions with UPEC, or alternatively, separate bacterial receptors sense pH and other urine components, and these all need to be activated in order for a filamentation response to be triggered. Another study suggested that UPEC does not filament in response to a simple artificial urine (25, 26), whereas the SHU used for the current research was a more recently developed artificial urine (22), indicating that neither synthetic urine contains the active components of human urine in triggering UPEC filamentation. Overall, our results strongly support the view that filamentation is not a response to the general solute concentration or pH, but it is a specific response triggered by a certain level of a component(s) in human urine and is also sensitive to pH. Our investigation of human urine separated into large and small molecular weight fractions by ultrafiltration clearly demonstrated that the responsible factors are present in the <3000 Da fraction. The extensive human urine metabolome includes thousands of urine metabolites, a large majority of which has a molecular weight less than 3000 Da (27). Identifying urinary factors that trigger filamentation or other developmental steps in the UPEC infection cycle would therefore benefit from metabolomic analyses or further 'top-down' fractionation of urine to identify the responsible factors. Future studies on the influence and modulation of urinary pH on bacterial morphology and infection progression may be possible using the murine model of UTI, or larger human urine donor cohorts applying the *in vitro* model of infection described here, and potential clinical trials.

Materials and Methods

Bacterial strains and plasmid construction

 E. coli UTI89 (28), was kindly provided by J. Møller-Jensen (University of Southern Denmark). Table 1 lists the oligonucleotides used in this study for plasmid construction. To construct plasmid pGI5, the BamHI+EcoRI fragment from pDG57 (29) containing the pSC101 origin of replication and *aadA* (for spectinomycin resistance), was ligated to a PCR product (with BamHI+EcoRI ends) 399 containing the *PlacI*^{Q} promoter from pNDM220 (30) to generate pGI1. The msfGFP region of pDG57 was then amplified in two parts and spliced by overlap extension PCR (to silently remove the internal NcoI site), followed by digestion with BglII and NcoI. This fragment was then ligated to pGI1, digested with BamHI and NcoI, to create pGI2. The *PlacI^Q* promoter in pGI2 was then replaced by three minimal promoters with widely varying levels of expression, *PlacI*, *PlacI^Q* and *PlacI^{Q1}* (18), by annealing primers containing the promoter sequences and ligating these (EcoRI+NcoI digested) to the large EcoRI+NcoI fragment of pGI2, to create the plasmids pGI3 406 (*PlacI-msfGFP*), pGI4 (*PlacI^Q-msfGFP*) and pGI5 (*PlacI^{Q1}-msfGFP*).

Bladder cell culture

 The human bladder epithelial cell line used in this project, PD07i (kindly provided by J. Møller- Jensen, University of Southern Denmark), was originally obtained from a human bladder and immortalized with human papillomavirus type 16 E6E7 (31). The cells were cultured in EpiLife with 60 mM calcium medium (Gibco), supplemented with 1% Human Keratinocyte Growth Supplement (HKGS) (Gibco) and routinely included 1% Penicillin/Streptomicin (Gibco). The cells were seeded into a T75 culture flask and left to incubate at 37 ºC with 5 % CO2 until approximately 80 % confluent, changing medium every two days. The medium was removed from the flask and the cells were washed once with PBS. A solution of 0.5 % Trypsin-EDTA (Gibco) 416 was then added to cover the base of the flask and it was incubated at 37 °C with 5 % CO₂ for 10 minutes. The plate was agitated to aid release the cells from the surface and then a 1x volume of Defined Trypsin Inhibitor (Gibco) was added and the cell suspension was transferred to a centrifuge tube. The tube was centrifuged for 4 minutes at 1000 xg, the supernatant removed, and 420 the cell pellet resuspended in PBS. A volume of 100 µl was taken to obtain a cell count per mL, using an M4 Multisizer Coulter cytometer (Beckmann-Coulter) equipped with a 100-micron aperture tube. The cells were then centrifuged again as before, the supernatant removed, and the 423 pellet then resuspended in EpiLife medium to a concentration of 3×10^6 cells/mL. The cells were

dispensed into new T75 culture flasks to continue the culture, or into flow chambers to undergo an

infection with bacteria.

Preparation of urine samples

 This study had human research ethics approval from the UTS Human Research Ethics Committee (HREC REF No. 2014000452). Urine was collected soon after waking in the morning, from a 429 mildly dehydrated male donor, and stored at 4° C for 1-3 days. The samples were centrifuged at 4000 x g for 10 min and the supernatant was passed through a 0.2 µm membrane filter (Sartorius Minisart). Specific gravity (SG) of urine samples were determined by repeat measurements of its weight ratio compared to pure water, determined with a micropipette (1 mL volumes) and an analytical balance. Urine with a SG of 1.020 g/mL or higher was used for infections, to promote reproducible filamentation. Filter sterilized samples were stored frozen or at 4°C until required. To prepare urine samples with altered pH, a sample of urine with a SG of 1.025 g/mL and pH of 5.33, which was known to cause filamentation, was divided into four samples. One of these was used unadjusted, and a second was acidified to pH 4.0 with HCl. The third sample was neutralized to pH 7.0 with NaOH, upon which a precipitate formed, which was removed by centrifugation. The fourth sample of urine was similarly neutralized, the precipitate removed, and then the pH readjusted to the original pH of 5.3 with HCl. To obtain the low molecular weight urine fraction, filtered urine was fractionated using a Vivaspin 20 ultrafiltration spin-column with a 3000-Dalton membrane filter (GE Healthcare) until approximately 75% of the original volume had passed through the filter; the filtrate was used in infection studies. Synthetic Human Urine (SHU) was prepared as described (22); the pH was adjusted with HCl to match the donor human urine used 445 for comparison (pH $5.0 - 5.5$).

Small-scale microfluidics-based infection model

 This microfluidic infection model was established using the CellASIC ONIX Microfluidic System, with M04S-03 microfluidic plates for real-time visualization (Merck-Millipore). To prepare for an infection experiment, the storage phosphate-buffered saline (PBS) from the upper parts of wells 1 and 8 was removed, as was the PBS from wells 6 and 7 including the bottom holes. A 10 µL volume of EpiLife was pipetted into the bottom hole of Well 6 to initiate capillary flow and incubated at 37°C for 30 min. The EpiLife medium in the bottom of well 6 was then replaced with a 10 µl suspension of PD07i cells that had been trypsinized from an active culture and resuspended 454 at a concentration of 3×10^6 cells/ml. Well 7 was aspirated and the cell suspension was left for 10

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 mins to fill the culture chamber. The progress was monitored under a light microscope to check qualitatively for a coverage of the chamber surface by PD07i cells. If more cells were needed, another 10 µl of suspended cells was added to the bottom of Well 6, and then Well 7 was aspirated again to re-initiate capillary flow. Once enough cells had filled the culture chamber, 350 µl of EpiLife medium was added to Well 1, and 50 µl was added to well 7 to initiate gravity driven 460 perfusion. The plate was incubated at 37° C for 2 days to allow the bladder cells to grow and approach confluency.

 Cultures of the required bacterial strains (*e.g.* UTI89/pGI5) in LB medium were inoculated the day before infection and incubated statically overnight at 37°C. The culture was centrifuged at 4000 rpm for 10 mins and resuspended in PBS to an optical density (OD600) of 0.2 in preparation for infection. Wells 6 and 7 of the flow system were aspirated including the bottom hole. A volume of 10 µl of bacteria was pipetted into the bottom hole of Well 6 to initiate capillary flow and draw the bacteria through the culture chamber for 20 mins. Well 6 was then aspirated and the bottom hole filled with 10 µl of PBS. At this point, the Well solutions were immediately added as described below, and we commenced recording the time post-infection.

 The PBS solutions from Wells 2–4 were immediately aspirated; 110 µl of EpiLife medium was added to Well 2, 210 µl of EpiLife with 100 µg/ml Gentamicin (Gm) was added to Well 3, and Well 4 had 210 µl of human urine. Urine samples were obtained from a mildly dehydrated adult 473 male donor (and first micturition of the day), stored for 1-3 days at 4° C, centrifuged at 4000 xg for 10 min, then the supernatant was filter sterilized by passage through a 0.2 μm filter unit. Samples 475 with a density of 1.020 g/ml or greater were used for infections. For some experiments observing cell permeability, 100 nM SYTOX Orange DNA stain (Thermo-Fisher) was included in the medium and urine. The upper part of wells 1 and 7 were aspirated. The plate was sealed to the microfluidic manifold and placed on the plate-mount stage of a Nikon Ti inverted microscope at 37°C to record time-lapse images of the infections. Flow pressure from the microfluidic control unit was set to 1 psi for all wells. Well 2 was set to flow for 9 h and Wells 3 and 4 were each set to flow for 20 h in sequence (*i.e.* until 29 h and 49 h post infection, respectively). Multiple points within the chamber were selected for time-lapse microscopy. Each chamber was considered one independent replicate.

Mid-scale flow-chamber infection model

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withdrawn and pooled with the supernatant. This sample was centrifuged at 5000 x g for 5 min

516 and the pellet was gently resuspended in 2% formaldehyde and stored at 4 °C.

Microscopy

518 Samples of fixed bacteria (2 μ L) were mounted on a ~170 micron thick 1% agarose pad in PBS prepared on a slide. The bacteria were viewed using a Nikon Ti epifluorescence microscope using a Plan Apo λ 1.4 NA phase-contrast oil objective. For fluorescence microscopy, Nikon filter-sets for GFP or TRITC/Texas Red (for SYTOX Orange detection) were used. Images were recorded using a Nikon DS-Qi2 camera and visualized and analyzed using Fiji (32).

Flow cytometry

 Bacterial samples were analyzed with a BD LSRII flow cytometer to record forward scatter (FSC), side scatter (SSC, trigger) and fluorescence (GFP) signal for 100,000 events per sample, with the side scatter also set as the threshold. To further analyze and display the flow cytometry data, FlowJo (Ver 10) was used. A histogram was generated, in which the frequency data were normalized to the mode of each sample, and then data were gated to distinguish between the short and filamentous bacteria, by defining a "short population" based on a control (UTI89/pGI5 grown to mid-log phase in LB), which defined a gate (arbitrary cutoff) to contain 99% of events; this was then applied to each sample equally, to define the fraction of cells showing smaller ('short cells') or larger ('filamentous') values of side-scatter (area) parameter (SSC-A) than the cutoff. The displayed frequency distributions are consistent and representative of at least two independent replicate experiments.

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Figure Legends

 Figure 1. Microfluidic model for the intracellular UPEC and release stages of UTI. Diagrammatic representation of the CellASIC Onix microfluidics plate showing the contents of each well that were sequentially pumped through the main chamber during the defined stages of the infection. The lower panels show phase-contrast and fluorescence microscopy images of the infection chamber surface at the end of the intracellular growth stage (29 h post-infection), showing a well-developed IBC, and at the end of the dispersal phase (49 h post-infection), showing filamentous UTI89/pGI5 in amongst BECs. Scale bars are 5 µm.

 Figure 2. PD07i bladder cells infected with UTI89/pGI5 are mobile. Time-lapse microscopy showing 3 h intervals during the 9-29 h stage of infection, with a flow of EpiLife + Gentamicin (Gm). A phase-contrast and GFP channels overlay (left) with SYTOX Orange channel (right) are shown for the indicated timepoints after switching to Gm-containing medium. Infected bladder cells (black, white and blue arrowheads, which track individual BECs) appeared at different positions at each time point. SYTOX Orange staining indicated that most infected and uninfected bladder cells were not permeable, whereas permeable, assigned-dead bladder cells are indicated by red arrowheads; these occasionally drifted detached from the surface during the movie. Scale bars are 20 µm (60X oil objective). Refer to Movie S1 for the full set of time-lapse images.

 Figure 3. Bladder cells become immobile after exposure to urine. Microscopy images taken 20 min before urine exposure, immediately after switching to urine (0 h), and 10 h into the urine exposure. Dead bladder cells have detached from the monolayer and taken up SYTOX Orange stain (e.g. white arrowheads), but the staining disappears soon after urine exposure (within 10-20 644 min). Scale bars are 20 μ m (40X objective); all GFP exposures = 50 ms, all SYTOX exposures = 100 ms. Refer to Movie S2 for the full set of time-lapse images.

 Figure 4. Filamentous bacteria emerging from an infected bladder cell. Phase (A) and GFP fluorescence (B) time-lapse microscopy, showing an IBC developing from within an infected bladder cell during the 20 h urine exposure. The bacteria overwhelmed the bladder cell causing it 649 to rupture and release filamentous bacteria. Scale bars are $10 \mu m$, $40X$ objective, all GFP exposures $650 = 50$ ms. Refer to Movie S3 for the full set of time-lapse images.

 Figure 5. Short bacteria emerging from an infected bladder cell. Phase (A) and GFP fluorescence (B) time-lapse microscopy showing an IBC developing from within an infected Downloaded from <http://iai.asm.org/> on June 21, 2020 at UNIVERSITY OF TECH SYDNEY

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 bladder cell during the 20 h urine exposure. The bacteria overwhelmed the bladder cell causing it to rupture and release many short bacteria, and no detected filaments. Scale bars are 10 µm, 40X objective, all GFP exposures = 50 ms. Refer to Movie S4 for the full set of time-lapse images.

 Figure 6. Urine pH controls UPEC filamentation. Phase-contrast microscopy and flow cytometry of UTI89/pGI5, harvested from the flow chamber infection model after day 2, with exposure to urine under different pH conditions; control (normal human urine, red, top left), acidified urine (blue, top right), neutralized urine (amber, bottom left), and pH-readjusted urine (green, bottom right). Scale bars are 5 µm. The lower panel shows flow cytometry frequency distributions, normalized to the sample mode, indicating the fraction of cells below or above a side-scatter area (SSC-A) cutoff value, defined as the SSC-A below which there is 99% of cells of a UTI89/pGI5 LB mid-log culture. Sample colors correspond to the image frames above.

 Figure 7. Synthetic human urine does not induce UPEC filamentation. Phase-contrast microscopy and flow cytometry of UTI89/pGI5, harvested from the flow chamber infection model after day 2, with exposure to human urine (red) or synthetic human urine (SHU) (blue). Scale bars are 5 µm. Flow cytometry of infection effluent with human urine showed a left hand peak with a large right hand shoulder indicating a mixed population of short and filamentous bacteria (12.2% filamentous, according to the cut-off); the bacteria exposed to SHU were represented by a narrow left hand peak indicating a population of short bacteria of a similar length (99% short).

 Figure 8. The urine small-molecule fraction supports robust UPEC filamentation. Phase- contrast microscopy and flow cytometry of UTI89/pGI5, harvested from the flow chamber infection model after day 2, with exposure to whole human urine (red) or small molecule human urine (<3000 Da fraction, blue). Scale bars are 5µm. Flow cytometry showed very similar curves for both urine types, a left-hand peak with a large right hand shoulder indicating a mixed population of short and filamentous bacteria, 12.2% of bacteria for whole urine and 12.7% of small molecule urine were filamentous.

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29 h Post-Infection (after Epilife + Gm)

49 h Post-Infection (after urine)

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20 min pre-urine exposure

Phase-contrast G ର 20 µm -C SYTOX Orange channel GFP channel D

Start of urine exposure

10 h urine exposure

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