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3	Distinct morphological fates of uropathogenic E. coli intracellular
4	bacterial communities: dependency on urine composition and pH
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10 11	Running Title: UPEC morphological responses during cellular infection
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16 Abstract

17 Uropathogenic E. coli (UPEC) is the leading cause of urinary tract infections (UTI). These bacteria 18 undertake a multi-stage infection cycle involving invasion of and proliferation within urinary tract 19 epithelial cells, leading to the rupture of the host cell and dispersal of the bacteria, some of which 20 have a highly filamentous morphology. Here we established a microfluidics-based model of UPEC 21 infection of immortalized human bladder epithelial cells that recapitulates the main stages of 22 bacterial morphological changes during the acute infection cycle in vivo and allows the 23 development and fate of individual cells to be monitored in real-time by fluorescence microscopy. 24 The UPEC-infected bladder cells remained alive and mobile in non-confluent monolayers during 25 the development of intracellular bacterial communities (IBCs). Switching from a flow of growth 26 medium to human urine resulted in immobilization of both uninfected and infected bladder cells. 27 IBCs continued to develop and then released many highly filamentous bacteria via an extrusion-28 like process, whereas others showed strong UPEC proliferation yet no detected filamentation. The 29 filamentation response was dependent on the weak acidity of human urine and required 30 component(s) in a low molecular-mass (<3000 Da) fraction from a mildly dehydrated donor. The 31 developmental fate for bacteria therefore appears to be controlled by multiple factors that act at 32 the level of the whole IBC, suggesting that variable local environments or stochastic differentiation 33 pathways influence IBC developmental fates during infection.

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35 Introduction

36 Uropathogenic Escherichia coli (UPEC) is responsible for more than 80% of urinary tract 37 infections (UTI), which are one of the most common infections that are worsening rapidly as a 38 consequence of pandemic multi-resistant strains spreading globally (1). These invasive infections 39 proceed through a multi-stage intracellular cycle, beginning with the attachment of bacteria to the 40 host urinary tract epithelial surfaces (2, 3). The bacteria are taken up by endocytosis and some are 41 released into the cytoplasm and grow to form tightly packed biofilm-like colonies called 42 intracellular bacterial communities (IBCs) (4-8). Eventually the epithelial cell becomes 43 overwhelmed by bacterial growth, and ruptures, dispersing bacteria that may infect neighboring 44 host cells (9). This cycle amplifies the infection and leads to widespread damage and shedding of 45 layers of the epithelium, leading to the acute symptoms observed in UTI.

46 UPEC show remarkable morphological variation during the infection cycle (10). Whereas UPEC 47 appear as typical rod-shaped bacteria in laboratory cultures, during the infection cycle many of the 48 intracellular bacteria exist as very short rods or almost-spherical smaller cells within well-49 established IBCs. However, while bacteria are released during IBC dispersal and host cell rupture, 50 UPEC subpopulations appear as rods, motile-rods, and viable highly filamentous bacteria (11). 51 Filamentation occurs by bacterial cell growth (elongation) and ongoing chromosome replication 52 without division, and is a response to certain conditions or stresses (10). Filamentation is a 53 characteristic response of UPEC during UTI and is thought to aid in dispersal and surface 54 attachment after release from the host cell, and might help prevent phagocytosis by immune cells 55 (11-13). It has been demonstrated that UPEC filaments are capable of reverting back into rod-56 shaped cells, through numerous cell division events along the length of the filaments, that are then 57 capable of infecting other host cells (14).

58 Many of the features of the UPEC infection cycle outlined above were identified with the mouse 59 model of UTI, involving transurethral injection of UPEC into the bladder, and analysis of collected 60 urine/tissues or monitoring of infected bladder explants over time (4, 7, 9). IBCs and filamentous 61 bacteria are also common in human cystitis (8). Cell culture models were more recently developed 62 to allow further analyses of bacterial physiology during infection, based on UPEC infection of 63 human bladder epithelial cell (BEC) surface culture and incubation with growth medium or human 64 urine (14, 15). A static infection model was developed that could be performed in multi-well 65 culture plates, and was used to study features of the early stages of infection and quantify

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66 intracellular growth of UPEC within BECs (15). This was not suitable for analysis of the later 67 stages of host cell rupture (bacterial dispersal and re-infection) and a flow-chamber model was 68 then developed, incorporating steps that allowed the analysis of later infection stages (14). This 69 model involved UPEC infection of BECs in flow chambers that were maintained with a constant 70 flow of medium during the early development of IBCs (day 1), and then switched to a flow of 71 filtered human urine, which induced the dispersal/filamentation stage (day 2). Extensive bacterial 72 filamentation was observed on the surface and dispersed into the effluent (14). Given that UPEC 73 show a complex pattern of morphological changes during the infection cycle, and the infection 74 cycle in the population is likely to show a low degree of synchrony, the ability to use time-lapse 75 microscopy to investigate the timing and transitions occurring at the single cell level is expected 76 to be of significant benefit in understanding the sequence of morphological events occurring during 77 the UPEC lifecycle.

78 Here we have established a microfluidics-based cell culture infection model for UPEC infection 79 of immortalized human bladder epithelial cells, combined with a new robust GFP-based bacterial 80 labelling for real-time fluorescence microscopy observation of infections at high resolution. The 81 main advantages of using microfluidics are the use of greatly reduced quantities of reagents and 82 laboratory animals, a high degree of control of conditions, and the ability to conduct multiple real-83 time infections experiments simultaneously whilst visualizing infection progression and viability 84 of individual cells. This approach has revealed details of how infected cultured cells behave during 85 IBC development, that there are at least two distinct morphological fates of IBCs upon dispersal, 86 and how filaments appear to extrude from infected bladder cells during dispersal. We also 87 demonstrate that multiple conditions including a urinary pH of ~5 are necessary to elicit the UPEC 88 filamentation response during the IBC dispersal and host cell rupture stage of infection.

89 Results

90 Construction of fluorescent derivatives of uropathogenic E. coli UTI89

91 We first aimed to establish a system for robust fluorescent labelling of live bacteria, to allow their 92 visualization during the course of an intracellular infection. Lambda-red recombination (16) was 93 initially used to replace the lacZ open reading frame on the chromosome of model UTI strain E. coli UTI89 with fluorescent proteins, GFP or mCherry, linked to a downstream Km^R marker; 94 95 however, fluorescence in the resulting bacteria was too faint to provide a useful label for bacteria 96 in an infection (data not shown). Similar results were obtained with attempts involving 97 transformation of UTI89 with GFP-expression plasmid pXG10 (17), whereas pEGFP-based 98 plasmids reported previously for this purpose (14) gave stronger expression, but required IPTG-99 induction and showed a variegated fluorescence response between individual bacteria, particularly 100 in the stationary phase of batch cultures (data not shown). A new low-copy number plasmid was 101 then constructed (pGI5), containing the pSC101 origin of replication and the PlacI^{Q1} strong 102 constitutive promoter (18) driving expression of a monomeric super-folder GFP (msfGFP) (19). 103 This provided bright, robust and uniform cytoplasmic fluorescent labelling of UTI89 (Fig. S1). 104 Equivalent plasmids based on the significantly weaker *PlacI* and *PlacI^Q* promoters were also 105 constructed (pGI3 and pGI4, respectively), although the fluorescence of UTI89 harboring these 106 was considered too faint for use in most infections (Fig. S1).

107 A microfluidic infection model involving intracellular growth and dispersal of UPEC

108 We sought to visualize the main infection stages of UPEC intracellular growth and release from 109 BECs using a microfluidics-based culture system, based on the mid-scale flow-chamber model 110 previously established (14). The microfluidics system used here (CellASIC Onix) has a thin glass 111 base plate (170 micron), adhered to a cast set of microfluidic channels supplied by inlet wells filled 112 with the different media needed for each stage of the infection (Fig. 1, upper panel). These wells 113 have microfluidic channels connected to a main culture chamber, where the immortalized human 114 bladder epithelial cells (BECs) were initially grown. The flow of liquid from the wells through the 115 culture chamber and into a waste reservoir is controlled by a manifold and air pressure controller 116 wells through the culture chamber and into waste wells; each chamber can therefore be switched 117 between the flow of different reservoir liquids (e.g. growth medium or urine). Four such chamber 118 systems exist per plate (standard microtiter footprint), allowing multiple infections to be observed 119 simultaneously in an incubated inverted microscope with automated stage and focusing.

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120 A layer of PD07i BECs, initially grown for two days in the microfluidic culture chambers, was 121 exposed to a capillary-driven flow of E. coli UTI89 (+pGI5) for 20 min to allow bacterial 122 attachment, and then the flow was switched to the BEC growth medium (EpiLife) for 9 h to allow 123 bacterial uptake and growth. The flow was then switched to medium containing the BEC-124 impermeable antibiotic Gentamicin, for 20 h, to kill and remove only the extracellular bacteria and 125 allow IBC development and visualization. Finally, the flow was switched to human urine for a 126 further 20 h to observe bacterial dispersal and host cell rupture. Microscope observation of the 127 cells after the intracellular growth stage (i.e. at 29 h post-infection) showed densely packed discrete 128 IBCs within BECs (Fig. 1, lower left) that often appeared near the edge of the nucleus or as multi-129 lobed colonies. The proportion of infected BECs was typically 2-10% of the total, consistent with 130 previously observed rates of infection in vitro (14). At the 49 h stage—after the 20 h exposure to 131 a flow of urine—many highly filamentous bacteria were evident amongst the BECs (Fig. 1, lower 132 right).

133 UPEC-infected PD07i bladder epithelial cells retain surface migration capacity

134 We then observed infections during the intracellular growth stage by recording time-lapse movies 135 of the infections in the microfluidic culture chambers (i.e. during the flow of growth medium with 136 Gentamicin, 9–29 h post-infection). As shown in Fig. 2 (and in Movie S1), the bladder cells 137 showed active migration on the surface of the culture chamber during this period. Infected BECs, 138 as indicated by the presence of fluorescent IBCs, moved on the surface in a manner 139 indistinguishable from the uninfected bladder cells in the same field of view, even when containing 140 very large IBCs (Fig. 2, blue arrowhead). Some infected bladder cells were observed to move in 141 or out of the field of view during the time-lapse (Fig. 2, blue and white arrowheads; see also Movie 142 S1). During these experiments, the live-cell-impermeant DNA stain SYTOX Orange was included 143 in the medium (at 100 nM), with the aim of specifically staining and detecting permeable (dead) 144 cells over the course of the infection (Fig. 2, red arrowheads), whilst simultaneously allowing the 145 GFP-labelled bacteria to be located with green fluorescence. SYTOX Orange stained BECs were 146 occasionally seen that showed no evidence of infection, exhibited a rounded shape, and were 147 partially or fully detached from the surface, typical of dead cells (Fig. 2, red arrowheads). In 148 contrast, the surface-bound migratory bladder cells in the monolayer, both infected and uninfected, 149 did not stain with SYTOX Orange (Fig. 2).

150 PD07i cells cease surface migration and gain autofluorescence after urine exposure

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151 The viability and normal surface migration behavior of infected BECs (Fig. 2) clearly showed that 152 IBCs did not globally incapacitate nor substantially affect the BECs during the early stages (first 153 29 h) of IBC establishment and growth. We then switched to a flow of filtered human urine, 154 observing cells 20 min before the switch to urine, immediately after the switch to a flow of urine 155 (at 29 h), and then 10 h into the urine exposure (Fig. 3). The lack of SYTOX Orange staining of 156 BECs before the urine exposure indicated that most BECs were non-permeable, apart from the 157 occasional dead cell (e.g. Fig. 3; very bright drifting cells (out of focus), and some stationary ones 158 indicated by white arrowheads). Upon commencement of urine exposure, the background 159 fluorescence in the entire field of view increased significantly in the GFP channel. The brightly 160 labelled intracellular UTI89/pGI5 bacteria were still detectable (e.g. Fig. 3, cyan arrowheads). 161 After 10 h of urine exposure, the morphology of the BECs and their location in the field of view 162 had remained unchanged, indicating that the urine treatment immobilized the BECs (Fig. 3, 163 compare phase-contrast images). By 10 h, the BECs also showed much greater whole-cell

165 The above observations can be seen in greater temporal resolution in Movie S2, which shows timelapse images recorded at 10 min intervals over the 20 h urine exposure (i.e. 29 - 49 h post-166 167 infection). Cells ceased surface migration immediately upon urine exposure. Then, during the first 168 ~6 h of urine flow, we observed the fluorescence of individual BECs (infected and uninfected) to 169 become brighter at times that varied for individual cells, especially in the green channel. The 170 transition for individual cells to the high autofluorescence state took ~10-40 min. This suggested 171 a permeabilization or metabolic change in BECs in response to the urine. However, 172 permeabilization was difficult to directly assess, as the SYTOX Orange (added to the urine) was 173 not effectively reporting permeabilization in the urine conditions. We observed that the dead BECs 174 that had been brightly stained in the preceding Epilife+Gm stage had lost their bright red 175 fluorescence during the first 10-20 min of urine exposure (Fig 3, white arrowheads; Movie S2). 176 This could be due to either a lack of dye fluorescence/DNA-binding in urine, or the DNA was lost 177 (degraded) in dead cells upon urine exposure. In support of the latter, some bacteria retained both 178 green and red fluorescence during the 20 h urine exposure, the red fluorescence of dead BECs took 179 ~20 min to completely disappear after switching to urine (Movie S2), and human urine contains 180 DNases (20, 21).

autofluorescence in the red and especially the green channels (Fig. 3).

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181 UPEC emerge from infected PD07i bladder epithelial cells via at least two distinct IBC dispersal

182 *types*

183 Bacteria within an IBC have been reported to grow from short rod-shaped cells into long filaments 184 after exposure to high specific-gravity (SG) urine during the dispersal phase on infection (14). To 185 directly visualize this stage of infection over time, phase-contrast and GFP-fluorescence images 186 were recorded at 10 min intervals during the 25-49 h post-infection period. This 24 h movie 187 included the last 4 h of the growth medium flow conditions, followed by 20 h of urine flow 188 conditions. Seven of the ten IBC dispersal events (individual BEC eruptions) that were monitored 189 (in three flow separate infection channels with the same urine) resulted in the emergence of 190 filamentous bacteria, and three resulted in emergence of rod-shaped bacteria. An example of an 191 IBC that released filaments may be seen in Fig. 4 and Movie S3; infected BECs became overtaken 192 by proliferation of an IBC, followed by the expulsion of filamentous bacteria via an extrusion-like 193 process. The filamentous bacteria began to emerge 6-8 h after urine exposure in this cell, appearing 194 initially as several filaments that grew out from the surface of the BEC, followed by a massive 195 eruption of filamentous bacteria at ~15 h after urine exposure (Fig. 4). Fig. 5 shows another 196 infected BEC with a growing IBC where no filaments were detected. The infected BEC became 197 overwhelmed by the rapidly growing IBC, after a period of moderate development $\sim 5-7$ h after 198 urine exposure (Fig. 5). Some bacteria then emerged at around 8 h after urine exposure—possibly 199 motile bacteria-followed soon after by eruption of the IBC and release of a great number of rod-200 shaped bacteria (Fig. 5). After 13 h of urine exposure (Fig. 5), the bacteria from the ruptured BEC 201 had occupied the entire field of view (Movie S4).

202 Neutralized and acidified human urine do not induce UPEC filamentation

203 Urine is thought to be required for inducing UPEC filamentation during development and dispersal 204 of IBCs, the extent of which was positively correlated with the specific gravity (SG) of the urine 205 samples, and was not detected in relatively dilute samples (14). Some samples with similar SG 206 also showed variation in the degree of filamentation detected, suggesting that other factors in urine 207 might be involved (14). To identify additional conditions or factors triggering UPEC filamentation, 208 we tested a potential role for urinary pH. For these experiments, we used a modified mid-scale 209 flow chamber system, similar to that described previously (14), which follows the same time-210 course of media/urine flow described above, and allows collection of dispersed bacteria in the 211 effluent from the flow chamber and quantification of the extent of filamentation by flow cytometry.

212 When human urine originally of pH 5.3 was adjusted to pH 4.0, the bacteria in the effluent after 213 the dispersal stage (49 h) of infection appeared as mainly rod-shaped bacteria (Fig. 6). Some of 214 the bacteria appeared smaller than typical E. coli-almost coccoid in shape and size. Flow 215 cytometry confirmed that the bacterial cell size, as represented by the side-scatter (SSC-A) 216 frequency distribution, in the acidified urine sample was significantly smaller than the control 217 urine; the acidified urine gave 97.5% short bacteria (defined by a threshold, as described in the 218 Methods), compared to 64.7% short for the control urine (i.e. 35.3% filamentous; Fig. 6). Many 219 bacteria within IBCs are known to be smaller coccoid-like cells compared to regular rods (9). We 220 also observed that the bacterial yield from the flow chamber was much lower in the acidified urine 221 experiments, e.g. an OD₆₀₀ of 0.038, compared to infection with the control urine (pH 5.3) OD₆₀₀ 222 of 0.571. These results suggested that bacteria released were killed or arrested at the IBC stage by 223 the acidified urine. The apparent poor growth or viability of bacteria from the acidified urine 224 experiment was investigated by inoculating LB with a sample of the effluent obtained from the 225 flow chamber and incubating it for 3 h at 37°C. This sample showed no increase in absorbance 226 during this time period, whereas bacteria obtained from a control infection at the same time point

(urine pH 5.3) more than doubled in OD₆₀₀ during this time, from 0.571 to 1.189. This trend was observed in both experimental duplicates.

229 When a sample of the pH 5.3 urine was neutralized (pH 7.0) in preparation for an infection 230 experiment, an obvious precipitate formed. This was cleared by centrifugation, and then half of 231 the supernatant was re-adjusted back to pH 5.3; both urines were tested in infections for their 232 effects on the growth and filamentation of dispersed bacteria, to determine whether components 233 in the precipitate, or the pH change, affected filamentation. Both urines caused substantial yields 234 of bacteria in the effluent (at 49 h infection), but the pH 7.0 urine gave rise to no detected 235 filamentation (Fig. 6). Similar results (high bacterial yields but no detected filamentation) were 236 observed when just EpiLife medium was maintained for the 29-49 h period (not shown). 237 Interestingly, the readjusted (pH 5.3) urine regained the capacity to induce robust filamentation of 238 the bacteria, to a similar degree as the original control urine (pH 5.3, unadjusted) (Fig. 6). Thus, 239 the pH of human urine is a key factor in the induction of UPEC filamentation.

240 Synthetic human urine does not induce filamentation

241 Since a relatively high urinary SG (14) and mildly-acidic pH (above) are involved in triggering

242 filamentation, we next investigated whether these factors were sufficient to trigger filamentation

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> 253 the bacterial scatter distributions from infections with SHU consistently showed only one peak of

254 small bacteria.

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255 A small molecular mass fraction of human urine can induce filamentation

256 The above findings indicated that a high solute concentration (SG) and weak acid are necessary 257 but insufficient to cause significant filamentation during infection, suggesting that filamentation 258 also requires a urinary constituent(s) not present in SHU. To determine whether such a constituent 259 is a small or macromolecule, urine was ultra-filtered to remove all molecules of ~3000 Daltons 260 and higher. Microscopy of dispersed bacteria from infections (49 h) showed that bacteria exposed 261 to both the whole urine and the ultra-filtered urine were both dispersed with high bacterial yields 262 and were similarly filamentous, with only few short bacteria observed (Fig. 8). The fraction of the 263 urine that had not passed through the filter, containing the large molecules of 3000 Daltons and 264 higher, was diluted using sterile water back to the starting volume, so the concentration of large 265 molecules would be very similar to the whole urine, but the small molecules would be diluted. 266 This enriched high molecular mass urine was also tested in the infection model to determine 267 whether it too could induce a filamentous response in the bacteria. Microscopy of the sample of 268 (high-yield) bacteria showed they remained short and rod shaped (data not shown), indicating that 269 this portion of the urine was not able to induce filamentation, and supporting the finding that 270 components of <3000 MW were required at a concentration found in high-SG human urine for 271 triggering the filamentous response.

with a synthetic human urine (SHU) containing a mix of pure reagents representing the common

solutes in human urine (22). The pH of the SHU was matched to that of a batch of human urine

(pH 5.6) for comparison. The SG of the real human urine and the SHU was 1.021 g/mL and 1.026

g/mL, respectively. Microscopy of infection effluent at 49 h post-infection showed that the human

urine induced bacterial filamentation, as seen previously, but the SHU supported the normal high

yields of bacteria in the effluent but did not induce any detectable filamentation (Fig. 6). The flow

cytometry data from the human urine contained a peak consistent with normal rod-shaped bacteria

and a large shoulder towards the right of the histogram indicating much longer bacteria (Fig. 7).

Some variation in the bacterial size distributions obtained from infections with batches of human

urine were commonly observed during this study, consistent with previous results (14). In contrast,

272 Discussion

273 We have established a microfluidics-based infection model of UTI that enables real-time 274 microscopic analysis of progression of UPEC development within infected bladder epithelial cells 275 through to the IBC dispersal phase and release of rod-shaped and filamentous bacteria, thus 276 reproducing the main morphological characteristics of UPEC IBC and filament development 277 during infection. The mouse model of UTI showed similar IBCs and filamentous bacteria present 278 (9), and urine collected during human UTI also commonly contains these characteristic features of 279 infection (8). Our model is based on the mid-scale flow-chamber model developed previously (14), 280 so the results obtained will be comparable, whereas the information obtainable from each is 281 different. We have also incorporated continuous monitoring of cell viability and developed 282 improved GFP labelling of UPEC that shows robust fluorescence in a range of growth conditions 283 including the main stages of the infection.

284 Our method creates a more automated and smaller-scale infection system suited for real-time 285 microscopic visualization than previously available. Time-lapse microscopy was used to observe 286 the maturation of IBCs in mouse bladder explants (9), however to our knowledge the current study 287 is the first to demonstrate a cell-culture infection model that allows automated simultaneous 288 visualization of multiple UPEC infection experiments in real time. Using the microfluidic model, 289 we have further characterized the infection cycle, particularly in regard to the conditions required 290 for filamentous IBC dispersal at a single-cell level, and we revealed some advantages and current 291 limitations of cell culture infection models.

292 During IBC development within BECs over the first day of infection, real-time monitoring of cell 293 impermeability by SYTOX Orange exclusion demonstrated that BECs maintain their integrity and 294 surface migration while the bacteria grow internally, reflecting a likely bacterial survival 295 mechanism in which IBCs do not cause substantial changes or damage to their host until the 296 bacterial population has substantially increased in number. However, when exposed to urine for 297 day 2 of the infection, both infected and uninfected BECs became almost immediately immobile 298 (Fig. 2 and 3). Furthermore, within hours of urine exposure, individual BECs at different times 299 showed a sudden increase in autofluorescence (Movie S2), suggesting possible permeabilization 300 or other rapid change in cell metabolism that could signify a stress response (23). If 301 permeabilization occurs, the intracellular bacteria could thereby be directly exposed to the urine 302 that triggers their filamentation and dispersal. If the increased autofluorescence does not reflect

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303 permeabilization, the bacteria must sense the BEC response to the urine conditions, leading to a 304 subsequent bacterial dispersal response.

305 These results indicate that urine may not be able to support the growth or longer-term survival of 306 these BECs in culture. In vivo, the surface of the bladder wall is a transitional epithelium where 307 the uppermost layer of surface cells are eventually shed and replaced via differentiation of the 308 lower layer cells as they come to the surface (21, 22). The uppermost layer is made from fully 309 differentiated 'umbrella' cells, with an apical surface that deals with urine exposure in a physically 310 and chemically dynamic environment, and a basolateral surface that provides nutrition and other 311 support for the cells. The current infection model, as with previous in vitro models, initially has 312 the BECs growing in a monolayer of incompletely differentiated immortalized cells, likely 313 resembling intermediate cells in the bladder transitional epithelium (15, 24); these cells are likely 314 to be impacted differently by urine exposure compared to the fully differentiated surface umbrella 315 cells. A previous infection study with the PD07i cell line noted that urine was well tolerated by the 316 cultured BECs (14). By developing a real-time model, our results suggest that while the cell culture 317 models are well suited to investigate bacterial pathophysiology, they might not ideally reflect how 318 fully differentiated BECs behave late in the infection cycle in vivo, particularly in response to urine 319 exposure. Nevertheless, we expect that IBCs experience very similar intracellular conditions in the 320 culture models and in vivo, from the moment of internalization, through to establishment, 321 development, and eventually dispersal into a flow of human urine.

322 While the microfluidics-based model developed here allows efficient real-time observation, it has 323 limitations for preparative analysis of bacteria in the infection. It was found to be impractical to 324 harvest useful quantities of the dispersed bacteria, particularly long filaments, unlike the mid-scale 325 flow-chamber model where the yield of bacteria in the continuous effluent is sufficient for most 326 modern molecular and cellular analytical techniques (14). On the other hand, the microfluidic 327 infection model is more suitable for small-scale screening purposes involving direct observation 328 of infected cells, allowing up to four simultaneous infections to be run with ~100-fold less growth 329 medium. It is more cost-effective and less cumbersome to perform. One possible application for 330 the microfluidic UTI infection model could be to screen the effectiveness of newly developed 331 drugs on different stages of the infection cycle, such as IBC development. This could aid the 332 development of new treatments for UTI, as it has the advantage over non-infection-based growth 333 assays of allowing assay of UPEC growth inside BECs and during the specific morphologies we

have observed during dispersal. These are important stages of the infection cycle where potentialtreatments may be directed in future.

The results shown in Fig. 4 and 5 visualized IBCs growing and taking over bladder cells, causing rupture and dispersal of bacteria. This has allowed an approximate timeframe to be placed on the progress of the infection. At ~6-8 h after the onset of urine exposure, some infected BECs began to rupture and release bacteria. However, this process initiated apparently randomly at later times for other IBC's too, suggesting that a certain stage of IBC development needs to be reached before dispersal of an individual IBC commences. It also underscores the low degree of infection synchrony in the later stages of this complex biological system.

343 We demonstrated that extensive bacterial filamentation frequently accompanies the dispersal and 344 release from BECs (Fig. 4). Bacteria appear to encounter conditions that trigger filamentation (e.g. 345 urine exposure) while inside the BEC, or its permeable carcass, prior to the development and 346 eruption of the filamentous bacteria. This is consistent with in vivo data from non-real-time 347 approaches that appeared to show filamentous bacteria emerging from within a bladder cell rather 348 that forming after being released (7). Our observation that BECs may become permeabilized 349 before filaments emerge is consistent with the notion that IBCs are directly exposed to urine 350 through BEC permeabilization when they respond to these conditions by extensive bacterial 351 filamentation and dispersal (Fig. 4). However, since the dye-exclusion method cannot conclusively 352 report on permeability during urine treatment (Movie S2), it is not yet certain how urine exposure 353 may trigger the IBC response.

The data presented in Fig. 5 showed that some IBC's disperse from the residual BEC as a rapidlydeveloping colony of rod-shaped bacteria, indicating that not all IBCs result in filamentous bacteria and suggesting that not all IBCs experience identical conditions, or do not respond to conditions in a consistent manner. The two distinct IBC developmental outcomes indicates that the developmental fate of bacteria during the dispersal stage of IBC development is decided at the level of whole IBC, not individual bacteria.

To examine the conditions that influence the switching between IBC developmental outcomes, a synthetic human urine (SHU) was tested and compared to donated human urine, to determine the importance of pH, relative solute concentration (specific gravity), and urinary components (small and large molecules) in causing bacterial filamentation. A recently-developed formulation of SHU was used (22). If this gave a similar response to human urine, we anticipated that the SHU could

365 help improve the reproducibility of bacterial responses in the model, since different batches of 366 human urine can introduce variability in the degree of filamentation observed (14). Our 367 comparisons of SHU and human urine demonstrated that the filamentation response during IBC 368 dispersal is strongly dependent on the slightly acidic pH values of the human urine. Use of 369 neutralized or acidified human urine, or SHU of the same pH and SG as the human urine 370 (approximately pH 5.3, SG >1.02) all failed to trigger UPEC filamentation in infection (Fig. 6). 371 The previous flow-chamber study noted no obvious correlation between pH and filamentation (14), 372 however the samples were unadjusted and are expected to show only a small pH range compared 373 to the larger range of adjusted urine (pH 4 - 7) in the current study.

374 Our results suggested that either the factors in human urine that trigger filamentation are pH and 375 concentration sensitive with regards to their interactions with UPEC, or alternatively, separate 376 bacterial receptors sense pH and other urine components, and these all need to be activated in order 377 for a filamentation response to be triggered. Another study suggested that UPEC does not filament 378 in response to a simple artificial urine (25, 26), whereas the SHU used for the current research was 379 a more recently developed artificial urine (22), indicating that neither synthetic urine contains the 380 active components of human urine in triggering UPEC filamentation. Overall, our results strongly 381 support the view that filamentation is not a response to the general solute concentration or pH, but 382 it is a specific response triggered by a certain level of a component(s) in human urine and is also 383 sensitive to pH. Our investigation of human urine separated into large and small molecular weight 384 fractions by ultrafiltration clearly demonstrated that the responsible factors are present in the 385 <3000 Da fraction. The extensive human urine metabolome includes thousands of urine 386 metabolites, a large majority of which has a molecular weight less than 3000 Da (27). Identifying 387 urinary factors that trigger filamentation or other developmental steps in the UPEC infection cycle 388 would therefore benefit from metabolomic analyses or further 'top-down' fractionation of urine to 389 identify the responsible factors. Future studies on the influence and modulation of urinary pH on 390 bacterial morphology and infection progression may be possible using the murine model of UTI, 391 or larger human urine donor cohorts applying the *in vitro* model of infection described here, and 392 potential clinical trials.

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393 Materials and Methods

394 Bacterial strains and plasmid construction

395 E. coli UTI89 (28), was kindly provided by J. Møller-Jensen (University of Southern Denmark). 396 Table 1 lists the oligonucleotides used in this study for plasmid construction. To construct plasmid 397 pGI5, the BamHI+EcoRI fragment from pDG57 (29) containing the pSC101 origin of replication 398 and *aadA* (for spectinomycin resistance), was ligated to a PCR product (with BamHI+EcoRI ends) 399 containing the $PlacI^{Q}$ promoter from pNDM220 (30) to generate pGI1. The msfGFP region of 400 pDG57 was then amplified in two parts and spliced by overlap extension PCR (to silently remove 401 the internal NcoI site), followed by digestion with BgIII and NcoI. This fragment was then ligated 402 to pGI1, digested with BamHI and NcoI, to create pGI2. The *PlacI*^Q promoter in pGI2 was then replaced by three minimal promoters with widely varying levels of expression, *PlacI*, *PlacI*^Q and 403 *PlacI*^{Q1} (18), by annealing primers containing the promoter sequences and ligating these 404 405 (EcoRI+NcoI digested) to the large EcoRI+NcoI fragment of pGI2, to create the plasmids pGI3 406 (*PlacI-msfGFP*), pGI4 (*PlacI^Q-msfGFP*) and pGI5 (*PlacI^{Q1}-msfGFP*).

407 Bladder cell culture

408 The human bladder epithelial cell line used in this project, PD07i (kindly provided by J. Møller-409 Jensen, University of Southern Denmark), was originally obtained from a human bladder and 410 immortalized with human papillomavirus type 16 E6E7 (31). The cells were cultured in EpiLife 411 with 60 mM calcium medium (Gibco), supplemented with 1% Human Keratinocyte Growth 412 Supplement (HKGS) (Gibco) and routinely included 1% Penicillin/Streptomicin (Gibco). The 413 cells were seeded into a T75 culture flask and left to incubate at 37 °C with 5 % CO2 until 414 approximately 80 % confluent, changing medium every two days. The medium was removed from 415 the flask and the cells were washed once with PBS. A solution of 0.5 % Trypsin-EDTA (Gibco) 416 was then added to cover the base of the flask and it was incubated at 37 °C with 5 % CO₂ for 10 417 minutes. The plate was agitated to aid release the cells from the surface and then a 1x volume of 418 Defined Trypsin Inhibitor (Gibco) was added and the cell suspension was transferred to a 419 centrifuge tube. The tube was centrifuged for 4 minutes at 1000 xg, the supernatant removed, and 420 the cell pellet resuspended in PBS. A volume of 100 µl was taken to obtain a cell count per mL, 421 using an M4 Multisizer Coulter cytometer (Beckmann-Coulter) equipped with a 100-micron 422 aperture tube. The cells were then centrifuged again as before, the supernatant removed, and the 423 pellet then resuspended in EpiLife medium to a concentration of 3×10^6 cells/mL. The cells were

424 dispensed into new T75 culture flasks to continue the culture, or into flow chambers to undergo an

425 infection with bacteria.

426 *Preparation of urine samples*

427 This study had human research ethics approval from the UTS Human Research Ethics Committee (HREC REF No. 2014000452). Urine was collected soon after waking in the morning, from a 428 429 mildly dehydrated male donor, and stored at 4°C for 1-3 days. The samples were centrifuged at 430 4000 x g for 10 min and the supernatant was passed through a 0.2 µm membrane filter (Sartorius 431 Minisart). Specific gravity (SG) of urine samples were determined by repeat measurements of its 432 weight ratio compared to pure water, determined with a micropipette (1 mL volumes) and an 433 analytical balance. Urine with a SG of 1.020 g/mL or higher was used for infections, to promote 434 reproducible filamentation. Filter sterilized samples were stored frozen or at 4°C until required. 435 To prepare urine samples with altered pH, a sample of urine with a SG of 1.025 g/mL and pH of 436 5.33, which was known to cause filamentation, was divided into four samples. One of these was 437 used unadjusted, and a second was acidified to pH 4.0 with HCl. The third sample was neutralized 438 to pH 7.0 with NaOH, upon which a precipitate formed, which was removed by centrifugation. 439 The fourth sample of urine was similarly neutralized, the precipitate removed, and then the pH 440 readjusted to the original pH of 5.3 with HCl. To obtain the low molecular weight urine fraction, 441 filtered urine was fractionated using a Vivaspin 20 ultrafiltration spin-column with a 3000-Dalton 442 membrane filter (GE Healthcare) until approximately 75% of the original volume had passed 443 through the filter; the filtrate was used in infection studies. Synthetic Human Urine (SHU) was 444 prepared as described (22); the pH was adjusted with HCl to match the donor human urine used 445 for comparison (pH 5.0 - 5.5).

446 Small-scale microfluidics-based infection model

447 This microfluidic infection model was established using the CellASIC ONIX Microfluidic System, 448 with M04S-03 microfluidic plates for real-time visualization (Merck-Millipore). To prepare for an 449 infection experiment, the storage phosphate-buffered saline (PBS) from the upper parts of wells 1 450 and 8 was removed, as was the PBS from wells 6 and 7 including the bottom holes. A 10 μ L 451 volume of EpiLife was pipetted into the bottom hole of Well 6 to initiate capillary flow and 452 incubated at 37°C for 30 min. The EpiLife medium in the bottom of well 6 was then replaced with 453 a 10 µl suspension of PD07i cells that had been trypsinized from an active culture and resuspended at a concentration of 3×10^6 cells/ml. Well 7 was aspirated and the cell suspension was left for 10 454

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455 mins to fill the culture chamber. The progress was monitored under a light microscope to check 456 qualitatively for a coverage of the chamber surface by PD07i cells. If more cells were needed, 457 another 10 µl of suspended cells was added to the bottom of Well 6, and then Well 7 was aspirated 458 again to re-initiate capillary flow. Once enough cells had filled the culture chamber, 350 µl of 459 EpiLife medium was added to Well 1, and 50 µl was added to well 7 to initiate gravity driven 460 perfusion. The plate was incubated at 37°C for 2 days to allow the bladder cells to grow and 461 approach confluency.

462 Cultures of the required bacterial strains (e.g. UTI89/pGI5) in LB medium were inoculated the day 463 before infection and incubated statically overnight at 37°C. The culture was centrifuged at 4000 464 rpm for 10 mins and resuspended in PBS to an optical density (OD₆₀₀) of 0.2 in preparation for 465 infection. Wells 6 and 7 of the flow system were aspirated including the bottom hole. A volume 466 of 10 µl of bacteria was pipetted into the bottom hole of Well 6 to initiate capillary flow and draw 467 the bacteria through the culture chamber for 20 mins. Well 6 was then aspirated and the bottom 468 hole filled with 10 µl of PBS. At this point, the Well solutions were immediately added as 469 described below, and we commenced recording the time post-infection.

470 The PBS solutions from Wells 2–4 were immediately aspirated; 110 µl of EpiLife medium was 471 added to Well 2, 210 µl of EpiLife with 100 µg/ml Gentamicin (Gm) was added to Well 3, and 472 Well 4 had 210 µl of human urine. Urine samples were obtained from a mildly dehydrated adult 473 male donor (and first micturition of the day), stored for 1-3 days at 4°C, centrifuged at 4000 xg for 474 10 min, then the supernatant was filter sterilized by passage through a 0.2 µm filter unit. Samples 475 with a density of 1.020 g/ml or greater were used for infections. For some experiments observing 476 cell permeability, 100 nM SYTOX Orange DNA stain (Thermo-Fisher) was included in the 477 medium and urine. The upper part of wells 1 and 7 were aspirated. The plate was sealed to the 478 microfluidic manifold and placed on the plate-mount stage of a Nikon Ti inverted microscope at 479 37°C to record time-lapse images of the infections. Flow pressure from the microfluidic control 480 unit was set to 1 psi for all wells. Well 2 was set to flow for 9 h and Wells 3 and 4 were each set 481 to flow for 20 h in sequence (i.e. until 29 h and 49 h post infection, respectively). Multiple points 482 within the chamber were selected for time-lapse microscopy. Each chamber was considered one 483 independent replicate.

484 Mid-scale flow-chamber infection model

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485 A modified version of the flow chamber infection model (14) was used to collect and analyze 486 dispersed UPEC. Briefly, a sterile-ported media bottle was connected with tubing via a bubble trap 487 to the flow chamber (a channel slide), through a low-pulsation peristaltic pump (Ismatec) and into 488 a waste container. To establish a PD07i monolayer, a volume of 100 µl of PD07i cells suspended 489 in EpiLife medium $(3 \times 10^6 \text{ cells/mL})$ was added to the flow chamber (IBIDI μ -slide I (#80176) 490 instead of the custom apparatus used previously (14)), and incubated overnight at 37 °C with 5 % 491 CO₂. The flow system was then connected to the flow chamber, and a flow of EpiLife medium 492 without antibiotics was applied overnight (50 µL/min), and, to prepare for infection, bacterial 493 cultures (E. coli UTI89/pGI5) were inoculated and incubated statically at 37 °C overnight. The 494 bacterial culture was centrifuged and gently resuspended in PBS to an OD_{600} of 0.2. The flow cell 495 system was stopped and the tubing before the flow chamber was disconnected. A length of sterile 496 tubing was filled with the bacterial suspension and one end connected to the upstream port of the 497 flow chamber, ensuring no bubbles could enter the system. The other end of the tubing was 498 submerged in the bacterial suspension, avoiding bubbles, and the flow was resumed for 20 min. 499 The pump was then stopped, the short length of tubing was disconnected, the media line of tubing 500 was reconnected, and then the flow was resumed for 9 h to allow establishment of infection. The 501 pump was then stopped and all the tubing before the flow chamber was filled with EpiLife medium 502 containing gentamicin (100 µg/mL). Flow was recommenced for 20 h to kill and remove 503 extracellular bacteria and allow IBC growth and development. [To harvest the bacteria at this stage, 504 the flow chamber was disconnected and washed three times by applying 200 µL volumes of 505 Phosphate-buffered saline (PBS) to the flow chamber in-port. BEC lysis buffer (0.5 % Trypsin-506 EDTA plus 0.1 % (v/v) Triton X-100) was then added (200 μ L) to the chamber and incubated for 507 15 mins at 37 °C. The liquid was withdrawn with a pipette and then another 200 µL of lysis buffer 508 was applied. The two samples were pooled, centrifuged at 5000 x g for 5 min and then bacteria 509 were fixed by resuspension in 2% (w/v) formaldehyde in PBS and stored at 4 °C.] To continue to 510 the dispersal stage after the 20 h flow of EpiLife+Gm, the tubing before the flow chamber was 511 disconnected and filled with prepared urine as described above, then connected to the urine bottle 512 and flow chamber, and the flow continued for another 20 h. To harvest the bacteria, the flow 513 chamber was disconnected at both ends, and the liquid supernatant inside the chamber withdrawn 514 and retained. PBS (200 μ l) was then added to the chamber, pipetted back and forth, and then

515 withdrawn and pooled with the supernatant. This sample was centrifuged at 5000 x g for 5 min

and the pellet was gently resuspended in 2% formaldehyde and stored at 4 °C.

517 Microscopy

Samples of fixed bacteria (2 μ L) were mounted on a ~170 micron thick 1% agarose pad in PBS prepared on a slide. The bacteria were viewed using a Nikon Ti epifluorescence microscope using a Plan Apo λ 1.4 NA phase-contrast oil objective. For fluorescence microscopy, Nikon filter-sets for GFP or TRITC/Texas Red (for SYTOX Orange detection) were used. Images were recorded using a Nikon DS-Qi2 camera and visualized and analyzed using Fiji (32).

523 Flow cytometry

524 Bacterial samples were analyzed with a BD LSRII flow cytometer to record forward scatter (FSC), 525 side scatter (SSC, trigger) and fluorescence (GFP) signal for 100,000 events per sample, with the 526 side scatter also set as the threshold. To further analyze and display the flow cytometry data, 527 FlowJo (Ver 10) was used. A histogram was generated, in which the frequency data were 528 normalized to the mode of each sample, and then data were gated to distinguish between the short 529 and filamentous bacteria, by defining a "short population" based on a control (UTI89/pGI5 grown 530 to mid-log phase in LB), which defined a gate (arbitrary cutoff) to contain 99% of events; this was 531 then applied to each sample equally, to define the fraction of cells showing smaller ('short cells') 532 or larger ('filamentous') values of side-scatter (area) parameter (SSC-A) than the cutoff. The 533 displayed frequency distributions are consistent and representative of at least two independent 534 replicate experiments.

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623 Figure Legends

Figure 1. Microfluidic model for the intracellular UPEC and release stages of UTI. Diagrammatic representation of the CellASIC Onix microfluidics plate showing the contents of each well that were sequentially pumped through the main chamber during the defined stages of the infection. The lower panels show phase-contrast and fluorescence microscopy images of the infection chamber surface at the end of the intracellular growth stage (29 h post-infection), showing a well-developed IBC, and at the end of the dispersal phase (49 h post-infection), showing filamentous UTI89/pGI5 in amongst BECs. Scale bars are 5 μm.

631 Figure 2. PD07i bladder cells infected with UTI89/pGI5 are mobile. Time-lapse microscopy 632 showing 3 h intervals during the 9-29 h stage of infection, with a flow of EpiLife + Gentamicin 633 (Gm). A phase-contrast and GFP channels overlay (left) with SYTOX Orange channel (right) are 634 shown for the indicated timepoints after switching to Gm-containing medium. Infected bladder 635 cells (black, white and blue arrowheads, which track individual BECs) appeared at different 636 positions at each time point. SYTOX Orange staining indicated that most infected and uninfected 637 bladder cells were not permeable, whereas permeable, assigned-dead bladder cells are indicated 638 by red arrowheads; these occasionally drifted detached from the surface during the movie. Scale 639 bars are 20 µm (60X oil objective). Refer to Movie S1 for the full set of time-lapse images.

Figure 3. Bladder cells become immobile after exposure to urine. Microscopy images taken 20 min before urine exposure, immediately after switching to urine (0 h), and 10 h into the urine exposure. Dead bladder cells have detached from the monolayer and taken up SYTOX Orange stain (e.g. white arrowheads), but the staining disappears soon after urine exposure (within 10-20 min). Scale bars are 20 μ m (40X objective); all GFP exposures = 50 ms, all SYTOX exposures = 100 ms. Refer to Movie S2 for the full set of time-lapse images.

Figure 4. Filamentous bacteria emerging from an infected bladder cell. Phase (A) and GFP fluorescence (B) time-lapse microscopy, showing an IBC developing from within an infected bladder cell during the 20 h urine exposure. The bacteria overwhelmed the bladder cell causing it to rupture and release filamentous bacteria. Scale bars are $10 \,\mu$ m, 40X objective, all GFP exposures = 50 ms. Refer to Movie S3 for the full set of time-lapse images.

Figure 5. Short bacteria emerging from an infected bladder cell. Phase (A) and GFP fluorescence (B) time-lapse microscopy showing an IBC developing from within an infected

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653 bladder cell during the 20 h urine exposure. The bacteria overwhelmed the bladder cell causing it 654 to rupture and release many short bacteria, and no detected filaments. Scale bars are 10 µm, 40X 655 objective, all GFP exposures = 50 ms. Refer to Movie S4 for the full set of time-lapse images.

656 Figure 6. Urine pH controls UPEC filamentation. Phase-contrast microscopy and flow 657 cytometry of UTI89/pGI5, harvested from the flow chamber infection model after day 2, with 658 exposure to urine under different pH conditions; control (normal human urine, red, top left), 659 acidified urine (blue, top right), neutralized urine (amber, bottom left), and pH-readjusted urine 660 (green, bottom right). Scale bars are 5 µm. The lower panel shows flow cytometry frequency 661 distributions, normalized to the sample mode, indicating the fraction of cells below or above a 662 side-scatter area (SSC-A) cutoff value, defined as the SSC-A below which there is 99% of cells of 663 a UTI89/pGI5 LB mid-log culture. Sample colors correspond to the image frames above.

Figure 7. Synthetic human urine does not induce UPEC filamentation. Phase-contrast 664 665 microscopy and flow cytometry of UTI89/pGI5, harvested from the flow chamber infection model after day 2, with exposure to human urine (red) or synthetic human urine (SHU) (blue). Scale bars 666 667 are 5 μ m. Flow cytometry of infection effluent with human urine showed a left hand peak with a 668 large right hand shoulder indicating a mixed population of short and filamentous bacteria (12.2%) 669 filamentous, according to the cut-off); the bacteria exposed to SHU were represented by a narrow 670 left hand peak indicating a population of short bacteria of a similar length (99% short).

671 Figure 8. The urine small-molecule fraction supports robust UPEC filamentation. Phase-672 contrast microscopy and flow cytometry of UTI89/pGI5, harvested from the flow chamber 673 infection model after day 2, with exposure to whole human urine (red) or small molecule human 674 urine (<3000 Da fraction, blue). Scale bars are 5µm. Flow cytometry showed very similar curves 675 for both urine types, a left-hand peak with a large right hand shoulder indicating a mixed 676 population of short and filamentous bacteria, 12.2% of bacteria for whole urine and 12.7% of small 677 molecule urine were filamentous.

Name	Sequence (5' to 3')	Description	
PlacIq_F	GGGCCC <u>GAATTCGCGGATTTGAACGTTGCG</u>	Amplify the Place	
PlacIq_R	GGGCCC <u>GGATCC</u> ATTAATTC <u>CCATGGTCACCA</u>	promoter from the	
	CCCTGAATTGACTC	plasmid pNDM22	
msfGFP_F	GGGCCC <u>CCATGG</u> GTAAAGGTGAAGAACTGTTC	Amplify first half	
	ACC	msfGFP from	
msfGFP_noNco_R	CCAGAGTCGGCCACGGAACCGGCAGTTTAC	pDG57	
mafCED D	GGGCCC <u>AGATCT</u> TTA <u>GGATCC</u> TTTGTAGAGTT	Amplify second h	
IIISIOFF_K	CATCCATGCC	of msfGFP from	
msfGFP_noNco_F	GTAAACTGCCGGTTCCGTGGCCGACTCTGG	pDG57	
DiagL E	AATTC GCGCAAAACCTTTCGCGGTATGGCATG		
Flaci_F	ATAGCGCCCGGTCTAGAGGAGGTACTA C	Annealed to creat	
DlasL D	CATGG TAGTACCTCCTCTAGACCGGGCGCTAT	the promoter Plac	
Placi_K	CATGCCATACCGCGAAAGGTTTTGCGC G		
DiacIO E	AATTC GTGCAAAACCTTTCGCGGTATGGCATG		
	ATAGCGCCCGGTCTAGAGGAGGTACTAC	Annealed to creat	
PlacIQ_R	CATGG TAGTACCTCCTCTAGACCGGGCGCTAT	the promoter Place	
	CATGCCATACCGCGAAAGGTTTTGCAC G		
PlacIQ1_F	AATTC TTGACACCACCTTTCGCGGTATGGCAT		
	GATAGCGCCCGGTCTAGAGGAGGTACTAC	Annealed to creat	
PlacIQ1_R	CATGG TAGTACCTCCTCTAGACCGGGCGCTAT	the promoter Place	
	CATGCCATACCGCGAAAGGTGGTGTCAA G		
* Relevant restriction sites are underlined. Complementary regions in bold.			

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29 h Post-Infection (after Epilife + Gm)



49 h Post-Infection (after urine)





SYTOX Orange

6 h

12 h

18 h

Phase + GFP

3 h

9 h

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GFP channel

Phase-contrast SYTOX Orange channel

20 min pre-urine exposure

Start of urine exposure



10 h urine exposure



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10

10 h

11 h





