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## Experimental insights into the stiffness degradation of subgrade soils

#### prone to mud pumping

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### 1 Abstract

2 Recent laboratory investigations conducted on soils prone to mud pumping have shown that 3 the subgrade soil experiences softening associated with an internal redistribution of moisture 4 when the cyclic stress ratio (CSR) exceeds a certain critical level. This article aims to 5 evaluate the stiffness degradation of these problematic subgrade soils subjected to a wide 6 range of loading conditions. The test results revealed that the instability of the specimens is 7 caused by the early softening behaviour, and this is accompanied by a sharp reduction in the 8 specimen stiffness. As high as 70-80% reduction in the initial small-strain stiffness was 9 observed even for densely compacted specimens ( $\rho_d = 1790 \text{ kg/m}^3$ ). In this regard, a new 10 method for predicting the threshold number of cycles,  $N_{\text{thr}}$  and residual axial strains required 11 for the onset of subgrade instability is proposed. As a useful practical guide, a quasi-linear 12 relationship between the threshold strain and  $N_{\rm thr}$  is also determined.

13

14 *Keywords:* Mud pumping; fluidization; subgrade instability; stiffness degradation.

#### 15 **1. Introduction**

16 In recent times there has been a considerable interest within the railway geotechnical 17 community to investigate the underlying mechanisms and to propose appropriate remediation 18 measures for ballasted tracks affected by mud pumping (Kuo et al., 2017; Hasnayn et al., 19 2017; Nguyen et al., 2019; Singh et al., 2019; Indraratna et al. 2020a and 2020b). In short, 20 mud pumping is the upward migration of soft subgrade fines to the coarser ballast layer. 21 Indraratna et al. (2020b) reported that low plastic soils can experience fluidization where soil 22 turns into a fluid-like state under the ballast at high applied cyclic stresses and termed it as 23 subgrade fluidization. Few researchers (Nguyen and Indraratna, 2020) have explained the 24 micro-mechanism behind the fluidisation of subgrade soils using advanced CFD-DEM 25 coupling. Indraratna et al. 2020a observed early softening of fluidized specimens at high 26 applied cyclic stresses. Hasnayn et al. 2020 performed full-scale experimental investigations 27 on submerged rail track system and reported that flooding caused a continual reduction in soil 28 stiffness. As the fluidized specimens were unable to sustain the amount of applied cyclic 29 stress and therefore, it is essential to quantify the stiffness of the subgrade specimens under 30 cyclic loading to provide further insight to the degradation aspect of these unstable 31 specimens.

32 Clay soils in general, when subjected to cyclic loading experience a reduction in the 33 stiffness with the number of loading cycles. On the other hand, coarse-grained soils when 34 subjected to lower cyclic stresses experience an increase in the stiffness due to densification 35 (Leng et al., 2017). Zhou and Gong (2001) proposed a relationship for the strain degradation 36 in terms of the applied cyclic load, the frequency and the over-consolidation ratio. Kallioglou 37 et al. (2008) reported a comprehensive summary of the factors effecting the small-strain shear 38 modulus and studied the role of plasticity index in governing the degradation of the shear 39 modulus.

3

40 Although there is an abundance of literature on the degradation of soft soils, majority 41 of them have been carried out for strain-controlled cyclic triaxial tests (Zhou and Gong, 2001; 42 Mortezaie and Vucetic, 2013). Also, it is widely accepted that when fully saturated soils are 43 subjected to large cyclic strain amplitudes under undrained conditions, they experience a 44 permanent change in the soil structure leading to a decrease in the stiffness as well as the 45 strength and a permanent increase in the pore water pressure. The stress path adopted while 46 loading the specimens also plays a crucial role in the stiffness degradation of the specimens. 47 When the specimens are subjected to principal stress rotation, the specimens experience 48 larger strains and thereby severe stiffness degradation (Cai et al. 2018, Mamou et al. 2019). 49 As will be shown later, there exists a correlation between the generation of excess pore 50 pressure and stiffness degradation for fluidized soil specimens, and there are limited studies 51 addressing this phenomenon (Hsu and Vucetic, 2006; Soralump and Prasomsri, 2016). This 52 paper aims to establish the threshold residual axial strains for fluidized specimens by 53 considering in tandem the stiffness degradation index and the mean excess pore pressure ratio $(u_{\rm m}/\sigma'_{\rm 3c})$ . 54

55 2. Experimental investigation

#### 56 2.1. Undrained cyclic triaxial testing

57 The response of two subgrade soils prone to mud pumping was studied by conducting a series 58 of undrained cyclic triaxial tests on remoulded soil specimens, at various initial dry densities 59 (detailed experimental procedures are described elsewhere by Indraratna et al., 2020a; 50 2020b). The particle size distribution (PSD) of the two soils indicates that these two samples 51 have a high percentage of fines (< 75  $\mu$ m) of about 30% and 54% for soils - MP1 and MP2, 52 respectively (Fig. 1). The basic geotechnical properties of the soils MP1 and MP2 are detailed 53 in Table 1. The ratio of the initial dry density ( $\rho_d$ ) to that of the maximum dry density as obtained by Standard Proctor test (ASTM D698-07 Standard, 2012) is defined as relative compaction (RC). The cyclic stress ratio (CSR) is defined as the ratio of the amplitude of the applied cyclic stress ( $\sigma_d/2$ ) to that of the effective confining pressure after consolidation ( $\sigma'_{3c}$ ).

$$CSR = \frac{\sigma_d}{2\sigma'_{3c}}$$
(1)

68 The pore pressure transducer installed at the base of the standard triaxial cell was calibrated 69 prior to each test. The specimens were fully saturated to achieve a Skempton's B-value 70 exceeding 0.95 prior to the anisotropic consolidation phase (ratio of effective horizontal stress to the vertical stress,  $k_0 = 0.6$ ). A low effective confining pressure ( $\sigma'_{3c} = 15$  kPa) was 71 72 chosen to represent the shallow regions of the rail subgrade thereby, the initial deviatoric 73 stress,  $q_0$ , for the tested specimens was set to 10 kPa. For the tested frequency range (1.0 – 74 5.0 Hz), the time lag in the peak and trough of the excess pore pressure response 75 corresponding to the applied cyclic load was insignificant. The anticipated stresses on the top 76 of the subgrade were considered to be within the range of 15 to 30 kPa for various axle loads 77 (14-23 t) (Liu and Xiao, 2010). Therefore, the testing was carried out for a wide range of 78 CSR (0.2 to 1.0). It is noteworthy that Powrie et al. (2007) have noted a frequency of 4.0 Hz 79 acting at 1.0 m below the sleeper base for train speed at 50 m/s (180 km/h), implying that the 80 authors' tested frequency range of 1.0 to 5.0 Hz would correspond to train speeds of 45-225 81 km/h on standard gauge tracks. The influence of the CSR and loading frequency on the 82 stiffness degradation is highlighted in the following sections and the details of soil properties 83 and loading parameters used in the current study are summarized in Table 2.

#### 84 **2.2.** Cyclic response of the soil specimens

Two distinct stress-strain responses, viz., stable and unstable response were recorded as the cyclic stress ratio is increased. As can be seen from Fig. 2a, when the specimen ( $\rho_d = 1790$ 

kg/m<sup>3</sup>) was subjected to a CSR = 0.4 at a loading frequency of f = 1.0 Hz, the stress-strain 87 loops stabilized after about 1000 cycles. The maximum cyclic axial strain ( $\mathcal{E}_{ac}$ ) after 50000 88 89 cycles is shown to be only 0.45%. Further, when the CSR is increased to 1.0, the test 90 specimen shows signs of early softening due to which the specimens were unable to 91 withstand the applied cyclic stress (Fig. 2b). These observations clarify that the reduction in 92 the stiffness as observed from the stress-strain loops is more prominent at higher CSR due to 93 the formation of slurry at the top of the fluidized specimen. At CSR greater than the critical 94 cyclic stress ratio (CSR<sub>c</sub>), the specimen experiences a rapid increase in the mean excess pore 95 pressure ratio along with a sudden decrease in the stiffness.

#### 96 **3. Stiffness Degradation Index**

When soils experience larger strains, there is a significant reduction in the soil stiffness. While some past studies (Zhou and Gong, 2001; Lei et al., 2016) have computed the stiffness degradation by assuming constant level of stress, this may not be applicable for the fluidized specimens as they experience early softening (as indicated in Fig. 2). Therefore, the approach suggested by Cai et al. (2018) was adopted for the current analysis by evaluating the axial dynamic modulus of each loading-unloading cycle.

103 The generalised behaviour of a soil subjected to one-way stress controlled cyclic loading 104 is depicted in Fig. 3. The axial dynamic stiffness is defined as the ratio of the difference of 105 maximum and minimum deviatoric stress to the difference of the maximum and minimum 106 axial strain at *N* number of cycles (note that the data logger records 10 data points per cycle):

107 
$$E_{d,N} = \left[\frac{\sigma_{d,\max} - \sigma_{d,\min}}{\varepsilon_{d,\max} - \varepsilon_{d,\min}}\right]_{N}$$
(2)

108 As the axial strains are readily measured in the triaxial setup and have been used to determine 109 the specimen stiffness, the corresponding modulus is termed as the axial dynamic stiffness. 110 The stiffness degradation index,  $\delta$ , is computed by comparing the axial dynamic stiffness of a 111 given cycle to that of the first cycle, thus:

$$\delta = \frac{E_{\rm d,N}}{E_{\rm d,1}} \tag{3}$$

# 4. Relationship between the stiffness degradation index and mean excess pore pressure ratio

#### 115 **4.1. Predicting threshold number of cycles**, *N*<sub>thr</sub>

Konstadinou and Georgiannou (2014) estimated the critical number of cycles for the liquefaction of sands based on the variation in the excess pore water pressure data. The critical number of cycles was estimated by plotting the incremental normalized excess pore pressure for every cycle, and they observed the characteristic concave downward followed by concave upward shape for the generation of excess pore pressure. However, in this study, an attempt is made to predict the threshold number of cycles by incorporating the stiffness degradation and the mean excess pore pressure.

123 To estimate the critical number of cycles, the degradation index curves are plotted 124 along with the mean excess pore pressure curves. The specimens which fluidize show a rapid 125 reduction in the stiffness (Fig. 4a) that is accompanied by a sharp rise in the mean excess pore 126 pressures. The point of intersection of the two curves can be defined as the threshold number 127 of cycles,  $N_{\text{thr}}$ , initiating the onset of fluidization. It is important to note that  $N_{\text{thr}}$  differs from 128 the critical number of cycles, N<sub>c</sub> as defined by Indraratna et al. 2020b, as it considers stiffness 129 degradation and pore pressure response of the fluidized specimens as opposed to mere axial strain response. As shown in Fig. 4, when the specimen compacted at  $\rho_d = 1790 \text{ kg/m}^3$  is 130 131 subjected to a CSR of 0.5 and frequency of 1.0 Hz, the degradation index at 5% cyclic axial strain ( $\mathcal{E}_{ac}$ ) is about 0.46, and the mean excess pore pressure accumulated at the end of the 132 test (i.e. at  $\varepsilon_{ac} = 5\%$ ) is 0.63. The threshold number of cycles,  $N_{thr}$ , can be estimated as  $N_{thr} =$ 133

134 50. Similarly, the values of the threshold number of cycles required for the onset of subgrade 135 fluidization at various loading conditions are summarised in Table 2.

#### 136 4.2. Evaluating threshold residual axial strain, $\mathcal{E}_{ar,thr}$

137 The residual axial strain corresponding to the threshold critical number of cycles is denoted 138 as  $\mathcal{E}_{ar,thr}$ . Referring to Fig. 4b, it is noted that the present methodology of estimating  $N_{thr}$ 139 overestimates the critical number of cycles  $N_c$ , as obtained from the inflexion point on the 140 concave axial strains plots (Indraratna et al. 2020b). It could be attributed to the fact that the 141 determination of  $N_{\rm c}$ , did not take into account the stiffness degradation of the specimen and 142 captured only the point of rapid axial strain accumulation. Also, one can observe that there is 143 a quasi-linear relationship between  $\mathcal{E}_{ar,thr}$  and  $log(N_{thr})$  at a given cyclic stress ratio. The 144 threshold residual axial strain corresponding to different CSR, loading frequency and RC is 145 shown in a single plot (Fig. 4c). The specimen compacted at an RC = 93% has a lower value 146 of the threshold axial strain at CSR = 0.5 (i.e., 1.2%) compared to the specimen compacted at 147 RC = 99% (i.e., 1.6%) when subjected to a loading frequency of 1.0 Hz. However, it is 148 interesting to note that the loose specimen (i.e., RC = 93%) fails quicker than the relatively 149 dense specimen (RC = 99%) attributed to the rapid generation of excess pore pressure in the 150 loose specimen. Moreover, as the smaller loading frequency imparts higher residual axial 151 strains for the fluidized specimens (discussed in above section 3.2.), the threshold residual 152 axial strains follow the same trend (Fig. 4c). In order to compare the variation of the 153 threshold axial strains for fluidized specimens, the above procedure was repeated for soil-154 MP2 which fluidized under undrained cyclic loading (Indraratna et al. 2020a). In particular, 155  $\mathcal{E}_{ar,thr}$  decreases faster with N given the same frequency f = 5.0 Hz. The difference in the 156 relative compaction of the two soils (both having very different fines content) could be the 157 reason for the relatively flatter behaviour for the current soil (Fig. 5a).



The threshold axial strains were also evaluated for the undrained cyclic triaxial tests on

159 the ultrasoft and medium plastic soil ( $w_{LL} = 54.9\%$ ; PI = 27.5; cohesion, c = 7.58 kPa) 160 reported by Lei et al. (2016). The CSR reported by them was computed using the ratio of the 161 applied dynamic stress to the effective confining pressure. Therefore, the soil that exhibited 162 instability at a CSR of 0.35 by Lei et al., (2016) could be re-evaluated to a CSR of 0.175 163 based on the definition consistent with Eq. (1) of the current paper. It is noted that Lei et al. 164 (2016) have observed an inflection point in the behaviour of the soft soil with respect to 165 frequency by subjecting the soil specimens to a frequency range of 1.0 to 10.0 Hz. However, 166 no such inflection point can be observed in the present study for the tested loading frequency 167 range of 1.0-5.0 Hz, but the variation in the threshold residual axial strain matches well with 168 the trend reported by Lei et al. (2016) as shown in Fig. 5b.

#### 169 5. Discussion and practical implications

170 By carrying out undrained cyclic triaxial testing, the critical cyclic stress ratio (CSR<sub>c</sub>) at 171 which the specimen fluidise can be determined. Based on the test results, it is evident that the 172 subgrade soil specimens undergo severe stiffness degradation when the applied CSR exceeds 173 the CSR<sub>c</sub> which was also reported by other researchers (Zhou and Gong 2001; Leng et al. 174 2017). The threshold number of cycles,  $N_{\text{thr}}$ , corresponds to the point where the increasing 175 mean excess pore pressure ratio and the decreasing stiffness degradation index meet. It 176 provides an estimate to the minimum number of cycles required to initiate rapid axial strain 177 accumulation in the specimen. The threshold residual axial strain corresponding to the  $N_{\rm thr}$ , 178 marks the onset of fluidisation for the test specimens. The methodology adopted above is 179 highlighted in Fig. 6.

180 It is noted that the above method is yet to be applied for a wide range of soils to further 181 strengthen the correlation between the generation of mean excess pore pressure and stiffness 182 degradation. However, the current analysis shows promising results for low to medium plastic clays (Indraratna et al. 2020a and 2020b). Further, the role of principal stress rotation on the stiffness degradation is yet to be investigated. It is believed that the principal stress rotation would aggravate the stiffness degradation and increase the cyclic axial strains (Cai et al. 2018). Moreover, the thresholds would be higher for drained or partially drained than in undrained conditions (Mamou et al. 2019).

#### 188 **6.** Conclusions

- 189 The present study was focussed on analysing the stiffness degradation of fluidized soil 190 specimens. Based on the present study, the following salient conclusions can be drawn:
- There is a steep decrease in the axial dynamic stiffness of the specimens that are subjected to a higher CSR. For example, when the specimen compacted at an initial density of  $\rho_d = 1790 \text{ kg/m}^3$  was subjected to a CSR = 0.5 at f = 1.0 Hz, the stiffness reduced to 30% of the initial value in about 100 cycles.
- There exists a near linear relationship between  $\varepsilon_{ar,thr}$  and  $log(N_{thr})$  for the tested frequency range (1.0 to 5.0 Hz) and CSR (0.4 to 1.0). However, further experimental data for different soil types is required to establish a more reliable governing relationship that can encompass a wider range of soils that are vulnerable for mud pumping.
- The threshold number of cycles required to initiate fluidization could be evaluated by 201 knowing the stiffness degradation index ( $\delta$ ) and the evolution of the mean excess pore 202 pressure in the specimen. This value of  $N_{thr}$  depends on the soil type, gradation, CSR, 203 loading frequency and relative compaction.  $N_{thr}$  predicted from the above 204 methodology seems to overestimate the critical number of cycles  $N_c$ , obtained from 205 the inflexion point of the concave axial strain plots.

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## 212 List of Notations:

CSR	Cyclic stress ratio					
CSR <sub>c</sub>	Critical cyclic stress ratio					
$E_{\rm d,N}$	Axial dynamic modulus					
f	Loading frequency					
G <sub>s</sub>	Specific gravity					
$\mathbf{k}_0$	Ratio of effective horizontal stress to the vertical stress					
$N_{ m c}$	Critical number of cycles					
$N_{ m thr}$	Threshold number of cycles					
PI	Plasticity index					
$q_0$	Initial deviatoric stress					
RC	Relative compaction					
$u_{\rm m}/\sigma_{\rm 3c}$	Mean excess pore pressure ratio					
W <sub>LL</sub>	Liquid limit					
δ	Stiffness degradation index					
$\mathcal{E}_{ac}$	Cyclic axial strain					
$\mathcal{E}_{\mathrm{ar,thr}}$	Threshold residual axial strain					
$ ho_{ m d}$	Initial dry density					
$\sigma'_{3c}$	Effective confining pressure after consolidation					
$\sigma_{ m d}$	Applied cyclic stress					

## Tables

	Soil – MPI	Soll – MP2
Characteristics of sub-soil		
	(present study)	(Indraratna et al., 2020a)
	(present start)	
Liquid limit way	26%	25%
	2070	2570
	11.01	100
Plasticity index, Pl	11%	10%
Initial moisture content	15%	20%
Specific Gravity G	2.63	2.65
specific Gravity, Os	2.05	2.05
	CT.	
USCS Classification	CL	CL
Maximum dry density, $\rho_{d max}$		
	1814	1820
$(l_{\alpha}/m^3)$	1011	1020
(Kg/III )		
Finer fraction ( $< 75 \mu m$ )	30%	54%

Table 1 Basic geotechnical properties of the soils analysed in this study
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Table 2 Summary of the threshold number of cycles  $N_{\text{thr}}$  and threshold residual axial strains

Soil	Initial Density	Relative Compaction	CSR	$f(\mathrm{Hz})$	$N_{ m thr}$	$\mathcal{E}_{\mathrm{ar,thr}}(\%)$
				1.0	50	1.6
			0.5	2.0	240	1.4
	1790	99%		5.0	3300	0.95
Soil - MP1				1.0	10	1.75
(Present			1.0	2.0	22	1.5
study)				5.0	40	1.3
			0.4	1.0	310	1.05
	1680	93%	0.5	1.0	11	1.2
				2.0	100	0.7
Soil - MP2	1710	94%	0.3		58	0.52
(Indraratna et al., 2020a)			0.4	5.0	33	0.9
			0.5		12	1.3

 $\mathcal{E}_{ar,thr}$  for different loading conditions

## Figures



Fig. 1 Particle size distribution of subgrade soils reported to have mud pumped in the field



Fig. 2 Stress-strain loops for the stable (low CSR) and unstable specimen (high CSR)

![](_page_17_Figure_0.jpeg)

Fig. 3 Generalized stress-strain behaviour for a specimen subjected to one-way stress-

controlled cyclic loading under undrained condition

![](_page_18_Figure_0.jpeg)

Fig. 4 (a) Predicting the threshold number of cycles  $N_{\text{thr}}$ , from the degradation index and mean EPP plots (b) Evaluating threshold residual axial strains ( $\rho_d = 1790 \text{ kg/m}^3$ , CSR = 0.5) (c) Threshold residual axial strain for various loading conditions for Soil – MP1

![](_page_19_Figure_0.jpeg)

(a)

Fig. 5 Comparison of the threshold axial strains (a) for the two soils (Soil-MP1 and Soil-

MP2) at f = 5.0 Hz (b) with respect to different loading frequency

19

![](_page_20_Figure_0.jpeg)

Fig. 6 Flowchart for predicting the onset of fluidisation for mud pumping prone soils using

stiffness degradation index

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