

Graduate Health Management Trainees’ Perceptions of Workplace Bullying Behaviours: An Australian Perspective

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Certificate of Original Authorship

I, Sharlene Anne Chadwick, declare that this thesis, is submitted in fulfilment of the requirements for the award of Doctor of Philosophy in the Centre for Health Service Management, Faculty of Health at the University of Technology Sydney.

This thesis is wholly my own work unless otherwise referenced or acknowledged. In addition, I certify that all information sources and literature used are indicated in the thesis.

This document has not been submitted for qualifications at any other academic institution.

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List of Abbreviations

ABF	Activity Based Funding
ACHSM	Australasian College of Health Service Management
AHPRA	Australian Health Practitioner Regulation Agency
AMA	Australian Medical Association
AWB	Australian Workplace Barometer project
CICM	College of Intensive Care Medicine
EAP	Employee Assistance Program
EOC	Essentials of Care
FWC	Fair Work Commission
GHMP	Graduate Health Management Program
GHMT	Graduate Health Management Trainee
HREC	Human Research Ethics Committee
IHI	Institute for Healthcare Improvement
JMO	Junior Medical Officer
LSQ	Learning Style Questionnaire
MBA	Medical Board of Australia
MeSH	Medical Subject Headings
MLA	Modern Language Association
NHS	National Health Service
NSQHS	National Safety and Quality Health Service Standards
NSW	New South Wales
OHS	Occupational Health and Safety
PRISMA	Preferred Reporting Systematic Reviews and Meta-Analysis
RAM	RAND/UCLA Appropriateness Method
WBB	Workplace Bullying Behaviours
WHO	World Health Organization
WHS	Workplace Health and Safety

List of Publications and Presentations arising from this Research

A. Referred Publications

Chadwick, S. and Travaglia, J. (2017). Workplace bullying in an Australian health context: a systematic review. *Journal of Health Organisation and Management*, 3(3): 286-301. <https://doi.org/10.1108/JHOM-09-2016-0166>.

This paper has received attention in the following ways:

- 16 requests for full text (including UTS library).
- Cited four times as 'project reference'.
- Doe, F., Puplampu, B.B. (2019). Coercive management behaviour causes scale: validation and reliability. *International Journal of Organisational Analysis*, 27(3): 729-744. <https://doi.org/10.1108/IJOA-08-2018-1508>.
- Mubarak, Fozia and Mumtaz, Sana. (2018). The impact of workplace bullying on project success as mediated through individual organisational citizenship behaviour: a study in Pakistan. *Cogent Business and Management*, 5(1): Article 1532278. <https://doi.org/10.1080/23311975.2018.1532278>.
- Behboohdi-Moghadam, Zahra et al. (2018). Workplace harassment through the experiences of Iranian women: a qualitative study, 2017. *Iran Journal of Psychiatry and Behavioural Sciences*, 12(3): e66945. DOI: 10.5812/ijpbs.66945.
- Morris, J., Canaway, R., & Bismark, M.M. (2017). *Reducing, identifying and managing vexatious complaints. Summary report of a literature review prepared for the Australian Health Practitioner Regulation Agency*. Melbourne School of Population and Global Health, The University of Melbourne.
- Invited as peer-reviewer for *International Journal of Nursing Studies*.
- Invitation to submit further articles to *International Journal of Clinical Medical Research*.
- Invited as peer-reviewer for *Heliyon* journal.
- Invitation to publish research findings as a book from Lambert Academic Publishing.

Chadwick, S. and Franklin, N. (2013). The impact of workplace bullying in nursing. *Australian Nursing Journal*, 21(1): 31.

This paper has received attention in the following ways:

- Hartin, P., Birks, M., and Lindsey, D. (2019). Bullying in nursing: is it in the eye of the beholder? *Policy, Politics and Nursing Practice*, 20(2): 82-91. <https://doi.org/10.1177/1527154419845411>.
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- Nagata, M and Suzuki, K. (2018). Vocational intention of nursing staff working at nursing care service office. *Bulletin of Department of Health Sciences*, Graduate School of Medicine, Akita University.
- Oyama, Y. et al. (2018). Factors related to the actual state of separation intention of a new nurse and vocational career maturity. *Bulletin of Department of Health Sciences*, Graduate School of Medicine, Akita University.
- Aul, K. (2017). Who's uncivil to who? Perceptions on incivility in pre-licensure nursing programs. *Nurse Education in Practice*, 27: 36-44. <https://doi.org/10.1016/j.nepr.2017.08.016>.
- Chadwick, S. and Travaglia, J. (2017). Workplace bullying in an Australian health context: a systematic review. *Journal of Health Organisation and Management*, 3(3): 286-301. <https://doi.org/10.1108/JHOM-09-2016-0166>.
- Booth, C. (2017). *Nurse educators' perceptions of nursing students' bullying behaviours in traditional and online education settings: a phenomenological study*. Unpublished dissertation proposal, Doctor of Education, Northcentral University.
- Gee, G. (2017). How does shift work on placement affect healthcare students' lives?' *Fields: Journal of Huddersfield Student Research*, 3(1). <https://doi.org/10.5920/fields.2017.03>
- Osborne, N. (2016). *An exploratory study on how workplace bullying is conceptualised in the Australasian media*. Unpublished Master of Business dissertation, Auckland University of Technology.
- Gantt, G. (2016). *Being bullied in the workplace and impaired professional performance: the lived experience of nurses*. Unpublished Doctor of Philosophy in Nursing dissertation, University of Phoenix.
- Aul, K. (2015). A comparison of perceptions of incivility among nursing students and faculty in pre-licensure nursing programs. Unpublished Doctor of Philosophy dissertation, Robert Morris University.

B. Referred Presentations or Published Abstracts and Posters

- Chadwick, S. Workshop presentation. International Association of Workplace Bullying and Harassment Conference. Dubai, UAE, June 2020.*

* Postponed to April 2021 due to COVID-19 pandemic.

- Chadwick, S. Workplace bullying in the Australian health context: a health management trainees' perspective. Oral presentation. APAC Forum - Concurrent session, Gold Coast, Australia, September 2017.
- Chadwick, S. Dealing with workplace bullying in the health context - the development of a professional learning module. Poster presentation. APAC Forum, Gold Coast, Australia, September 2017.

C. Invited Presentations

- August 2014 - Gold Coast - QUT - WorkSmart Conference. Keynote Speaker.
- July 2014 - UNSW - 'Impacts of Workplace Bullying' - findings from research.
- July 2013 - Wagga Wagga - Medicare Locals. 'Impacts of Workplace Bullying.'

D. Seminar or other public presentation

- April 2016 - Gold Coast - Australian and New Zealand Mental Health Association - No2Bullying. Conference Chair, Keynote Speaker and Program Advisory Committee.
- June 2015 - Gold Coast - Australian and New Zealand Mental Health Association - No2Bullying. Conference Chair, Keynote Speaker and Program Advisory Committee.
- April 2014 - Gold Coast - Australian and New Zealand Mental Health Association - No2Bullying. Conference Chair, Keynote Speaker and Program Advisory Committee.
- May 2013 - Sydney - ACHSM - Knowledge Series Seminar - 'The Impacts of Workplace Bullying.'

Abstract

Workplace bullying is a significant issue in healthcare and unprofessional behaviour is widespread in the Australian healthcare system. The purpose of this thesis is to understand workplace bullying from the perspective of graduate health management trainees (GHMTs) undertaking a two-year training program that includes work placements in healthcare settings.

There is sparse literature on perceptions of workplace bullying among GHMTs in Australia. This study aims to address this gap by specifically exploring this phenomenon. Addressing and researching this gap in the literature is important, as GHMTs have a future role in influencing systemic change, policies, education and practice. As their careers advance, GHMTs will also be key decision-makers and be expected to promote a positive and cooperative workplace culture.

The study was conducted in two phases. Phase one used qualitative methods with focus groups and individual interviews with participants to answer the research questions. Respondent validation interviews were also undertaken to ensure the validity of the findings. Phase two used both quantitative and qualitative methods with an international expert reference group to provide feedback and comment on a provisional anti-bullying learning framework developed specifically for this study as a result of the findings from phase one.

Two overarching domains emerged from the findings in phase one: (1) perceptions of workplace bullying; and (2) strategies for dealing with workplace bullying. Five themes are identified under the domain perceptions of workplace bullying: (1) level of awareness of workplace bullying; (2) behaviours that constitute workplace bullying; (3) causes of workplace bullying; (4) consequences of workplace bullying; and (5) the nature of workplace bullying. Four themes are identified under the domain strategies for dealing with workplace bullying: (1) dealing with workplace bullying; (2) positive relationships; (3) reporting of workplace bullying; and (4) training needs.

Recommendations are proposed for future research and practice that may impact on health professionals and patient safety. Long-term, sustained change in healthcare settings for dealing with workplace bullying are evidenced through the development, implementation and evaluation of policies and procedures. The delivery of anti-bullying

training and professional development for staff will also be a key metric in assessing the efficacy of systemic change within the healthcare profession. Findings from this study have substantive and methodological implications for researchers studying workplace bullying in healthcare settings.