

Title: Use of Recycled Rubber Inclusions with Granular Waste for Enhanced Track Performance

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1 **Abstract:** The application of recycling waste materials such as coal wash (CW), steel furnace slag
2 (SFS), and recycled tyre products in transport infrastructure developments is an efficient way of
3 minimising waste accumulation in stockpiles. Apart from significant economic and environmental
4 benefits, it helps to improve the stability and longevity of infrastructure foundations. This paper
5 presents two of the recent novel studies on (i) a synthetic energy absorbing layer (SEAL) by mixing
6 SFS, CW and recycled rubber crumbs (RC) for railway subballast, and (ii) under sleeper pads
7 (USPs) to increase track stability and reduce ballast degradation. The track performance
8 incorporating SEAL with different rubber contents and USP with various stiffnesses was
9 investigated using large-scale laboratory tests and numerical modelling. The test results and the
10 numerical simulation indicate that the inclusion of USP acts as an energy absorber and reduces the
11 deformation and ballast degradation; the SEAL with 10% rubber can efficiently reduce the lateral
12 dilation and ballast breakage and increase the energy dissipation with an acceptable level of
13 settlement.

14 **Keywords:** railway tracks; under sleeper pads; rubber crumbs; ballast degradation; track stability

15

16 **1. Introduction**

17 Ballasted rail tracks are currently dominating the freight and passenger rail transport in Australia.
18 However, track deterioration (e.g. ballast breakage, fouling, differential settlement, lateral
19 instability) is one of the main factors leading to frequent and costly track maintenance. In the state
20 of New South Wales (Australia) alone, replenishing ballast costs over \$15 million/year causing
21 significant environmental impact [1]. Moreover, due to the increasing demand on the travel and
22 supply chains in the mining and agriculture sectors, the rail network is expected to operate under
23 heavier loads and faster speed. Therefore, there is an emergent need to develop innovative
24 solutions that can minimise ballast degradation, while controlling excess load propagation to the
25 underlying subgrade layers.

26 Throughout the world, substantial volumes of end-of-life tyres are being accumulated in stockpiles
27 in mining sites, landfills or illegally dumped while only a small proportion of rubber wastes is
28 being recycled [2, 3]. Recycling these waste tyres in large-scale transportation infrastructures (e.g.
29 railways) is one of the most efficient methods of reducing the large stockpiles on useful land, as
30 well as providing an innovative solution to minimise track degradation caused by high frequency
31 dynamic load. For example, scraped tyres have been reformed into resilient rubber mats (e.g. under
32 sleeper pads, under ballast mats) and installed in railways to reduce the ballast breakage and track
33 vibration, and to increase the energy absorbing capacity of the rail track [4-9]. Furthermore,
34 Indraratna et al. [10] investigated the use of recycled car tyres filled with recycled ballast in the
35 capping layer and found that the rubber tyre inclusions help increase the confining pressure, reduce
36 the lateral movement and ballast degradation. Additionally, granulated rubber particles derived
37 from waste tyres mixed with ballast, subballast or other marginal materials is another kind of

38 applications, that have been incorporated in rail tracks to improve the durability of track foundation
39 and increase the ductility of the track [11-16].

40 On the other hand, annually, millions of tons of granular waste (e.g. plastics, glass, demolition
41 waste and mining by-products) are generated in Australia every year. Researches have endeavored
42 to recycle them in the large-scale transport infrastructure construction [17-19]. Mining by-products
43 such as steel furnace slag (SFS) and coal wash (CW) are the most common waste produced in
44 Australian mines and they have generated serious environmental concerns [20, 21]. To overcome
45 the individual weaknesses of these mining wastes, such as the swelling potential of SFS and the
46 brittle nature of CW, they are usually mixed with other materials (e.g. fly ash, cement, rubber
47 crumbs) rather than being used directly for geotechnical applications [22-27]. One of the
48 successful examples is the use of blended SFS and CW for port reclamation work proposed by
49 Chiaro et al. [20]. A further improvement of the SFS and CW mixture was proposed by Indraratna
50 et al. [28] by adding granulated rubber to improve the energy absorbing capacity and ductility of
51 the mixtures for railway applications.

52 In this paper, two novel methods of using these waste materials in rail tracks were further
53 investigated via large-scale laboratory testing: (i) developing a synthetic energy absorbing layer
54 (SEAL) by mixing SFS, CW and granulated rubber in lieu of traditional subballast layer, and (ii)
55 installing under sleeper pads (USPs) made of recycled tyres to reduce track foundation
56 deterioration. Geotechnical performance (e.g. deformation, breakage, energy absorption capacity)
57 of the track specimen using these applications was evaluated and discussed. Finite element
58 modelling (FEM) was also developed to validate the laboratory testing of the track satabilised with
59 USP on stiff subgrades.

60 **2. Materials and large-scale test program**

61 **2.1 Materials**

62 SEAL mixtures were composed of three granular waste materials, i.e. steel furnace slag (SFS),
63 coal wash (CW) and rubber crumbs (RC), which were obtained from the steel manufacturing
64 industry, coal mines, and waste tyres, respectively. The particle size distribution of the granular
65 mixture is similar to the traditional subballast materials (Figure 1a), and the RC content is changed
66 (i.e. 0, 10, 20, 30 and 40% by total weight) within the SEAL mixture. In the mixture, the blending
67 ratio of SFS and CW was kept as 7:3, which is recommended by Indraratna et al. [28] and Qi et al.
68 [29] based on the overall strength and swelling of the mixtures. The photo in Figure 1a shows the
69 appearance of the mixture SEAL10 (the number after 'SEAL' denotes the RC content within the
70 mixture). The basic geotechnical properties of SFS, CW, RC and SEAL mixtures can be found in
71 Table 1.

72 Three types of commercially available USPs were used for this study (Figure 1b). The pads were
73 made from polyurethane polymer and were 10mm thick but with different stiffness (Soft pad,
74 stiffness $k_u = 0.1 \text{ N/mm}^3$; Medium, $k_u = 0.15 \text{ N/mm}^3$; and Stiff pad, $k_u = 0.22 \text{ N/mm}^3$). The
75 properties of the USPs used in these experiments are summarised in Table 2.

76 **2.2 Laboratory testing preparation and testing procedure**

77 Large-scale laboratory cyclic tests were conducted to examine the performance of the track
78 specimen with SEAL or USP using the track process simulation apparatus (TPSA), as shown in
79 Figure 2a. The test chamber's dimensions were 600 mm×800 mm in area and 600 mm high. For
80 the testing program with SEAL, the specimen was composed of three layers: ballast layer on top
81 (200 mm thick), structural fill layer at the bottom (100 mm thick), and the middle layer (150 mm
82 thick) was either SEAL by changing RC contents (0, 10, 20, 30 and 40%) or traditional subballast

83 materials (Figure 2b). Both ballast, traditional subballast and structural fill were obtained from a
84 local quarry, and all of them were compacted (dry) to field conditions (dry densities: $\gamma_{d,ballast} =$
85 15.4 kN/m^3), $\gamma_{d,subballast} = 18.5 \text{ kN/m}^3$, $\gamma_{d,structural\ fill} = 21.4 \text{ kN/m}^3$) and SEAL mixtures
86 were compacted to 95% of their maximum dry density (20.3-12.4 kN/m^3 depending on rubber
87 contents, Table 1) with their optimum moisture contents (5-12%, Table 1). For testing program
88 with USP, to simulate a stiff subgrade condition such as bridges, tunnels, and road crossings, a
89 concrete deck was used as the base of the test chamber (Figure 2d). The dimensions of the concrete
90 block were selected in consonance with the plane area of the testing space and therefore the height,
91 length, and width of the concrete base was 150 mm by 790 mm by 590 mm, respectively. On top
92 of the concrete base, a 300 mm thick of fresh ballast was compacted by a vibratory compactor (to
93 avoid any damage a rubber pad was attached to the vibration plate). For all the test specimens,
94 settlement pegs and pressure plates were installed on top of each layer (ballast, subballast,
95 subgrade/concrete base) to measure the displacements and pressures at the interfaces. Finally, a
96 concrete sleeper (200× 680 × 150 mm) with rail was placed on top of the ballast layer, and then
97 the surrounding space between the sleeper and the chamber was filled with crib ballast. For USP,
98 pads with different stiffness were glued underneath the sleeper in accordance with the specification
99 provided by the USP supplier (Figure 2c), and then one test was also conducted without USP. To
100 examine the pressure and the contact area at the interface of ballast-sleeper with and without USP,
101 Matrix-based Tactile Surface Sensors (MBTSS; Figure 2e) were installed underneath the sleeper
102 (Figure 2f). The MBTSS sensor (sensing area 500 × 200 mm) was calibrated using the linear multi-
103 point calibration method before the testing.

104 The cyclic loads were applied with the maximum vertical stress of 230 kPa and a frequency of
105 15 Hz. This is to simulate a train with a 25 tonne axle load with a speed of 110 km/h [30]. The

106 harmonic sinusoidal load was applied onto the sleeper rail assembly by the dynamic actuator. A
107 strain control load was applied initially at a rate of 1 mm/sec, until the applied stress reached a
108 mean cyclic stress $\sigma'_{cyc,mean}$. After that, the stress control load was applied in 2 phases consisted
109 of a conditioning phase and a loading phase. In the conditioning phase, a low-frequency cyclic
110 load (5 Hz) was applied for up to 100 cycles. This was to ensure the sleeper makes complete
111 contact with the ballast to prevent any damage to the actuator. During the test, two sidewalls of
112 the specimen chamber were fixed by applying an opposite load using hydraulic jacks, while the
113 other two sidewalls (perpendicular to the sleeper) were subjected to lateral confinement of 15 kPa,
114 and they were allowed to move. This was to simulate the plane strain condition assuming the
115 deformation in the longitudinal direction of the track is negligible [31]. Each test was completed
116 when the number of loading cycles reached N=500,000. After each test, the ballast directly under
117 the sleeper was sieved to evaluate the ballast breakage. More detailed test preparation and
118 procedure can be found in Qi and Indraratna [32], [3] and Jayasuriya et al. [4].

119 **3. Laboratory testing results**

120 **3.1 Deformation behaviour**

121 *3.1.1 vertical and lateral deformation of SEAL*

122 Figure 3 shows the deformation behaviour (settlement and lateral displacement) of the track
123 specimen with and without SEAL. During the test, the specimen with SEAL40 collapsed within
124 1500 cycles due to severe vibration and excessive settlement (more than 40mm), while all other
125 specimens were completed successfully to 500,000 cycles. As expected, by increasing RC contents
126 in the SEAL the settlement of the track specimen increases from 7 mm (SEAL0) to 21 mm
127 (SEAL30). This is due to the increasing compressibility of the rubber-soil mixtures by adding
128 rubber [16, 33]. The vertical deformation of test specimens (excludes the one with SEAL40)

129 increases with loading cycles and stabilizes with negligible strain accumulation rate
130 (0.5×10^{-7} mm/mm/cycle) after 10,000 cycles. Noted that the lateral dilation of the track
131 specimen was reduced by adding rubber in the SEAL (Figure 3b). However, when the RC content
132 is more than 10% the lateral displacement tends to fluctuate, which may induce unstable track
133 deformation when subjected to moving loads. Compared to the track specimen with traditional
134 subballast materials tested by the current study and Navaratnarajah et al. [31] under the same
135 loading conditions, the track specimen with SEAL0 and SEAL10 has comparable settlement, and
136 the one having SEAL10 presents less lateral dilation, which is preferable to be used in rail tracks.

137 *3.1.2 vertical and lateral deformation of USP with changing stiffness*

138 Figures 4a and 4b show how the vertical and lateral deformations of ballast vary depending on the
139 stiffness of the pads. In all four cases with and without USP, there is a rapid accumulation of plastic
140 strain in the initial loading cycles (up to around 10,000 cycles), but then the rate of deformation
141 decreases and the ballast stabilises after 100,000 cycles. When a dynamic load is applied, the
142 particles are further compacted and rearranged, which can lead to significant plastic deformation.
143 After several thousands of load cycles, the ballast is compacted to its optimum state and therefore
144 the rate of strain accumulation decreases. Any further increase in permanent deformation is mainly
145 caused by ballast breakage. According to Figures 4a and 4b, all three USPs can reduce the
146 permanent lateral and vertical deformation, but the stiffer pads perform better than the softer pads.
147 These results indicate only a certain type of USP can improve the longevity of ballast life with
148 high efficiency. Figures 4c and 4d show the variations of the final total deformations (vertical and
149 lateral) at the end of 500,000 cycles depending on pad stiffness. Stiff pads reduce the vertical and
150 lateral deformations by approximately 50% comparing to the specimen without USP. The

151 influence of USPs decreases with their stiffness. For soft pads, the vertical and lateral strains
152 decrease by approximately 15% to 20%.

153 **3.2 Ballast degradation**

154 Ballast degradation is one of the main factors that govern the performance of the ballast layer. An
155 ideal ballast layer should provide enough stability for sleepers to withstand the vertical and
156 horizontal forces generated by rolling stock while facilitating the drainage with adequate
157 permeability. Ballast degradation increases the percentage of fines in the ballast, which adversely
158 affects permeability; this may further lead to track failure during heavy rainfall [34]. Ballast
159 breakage is evaluated using the ballast breakage index (BBI) following Indraratna et al. [35]. The
160 definition of BBI is shown in Figure 5a, where it is the ratio of the area enclosed by the arbitrary
161 boundary of maximum breakage with the grading curves after and before the test.

162 BBI of the track specimen with SEAL and traditional subballast material is shown in Figure 5a.
163 Note that the BBI of the track with SEAL0 is similar to the traditional track specimen, while when
164 10% rubber is included in SEAL, there is a significant drop (around 60%) in BBI. However, when
165 more rubber (>10%) is included in SEAL, BBI only decreases marginally. This suggests 10%
166 rubber in SEAL is enough to reduce the ballast breakage.

167 Variations of BBI with the stiffness of USP and the stiff subgrade condition are shown in Figure
168 5b. The results show that a stiff pad minimises ballast degradation most efficiently (40%). With
169 the decrease in the pad stiffness, the BBI increases, and the extent of ballast breakage with a very
170 soft USP is similar to the specimen having no USPs. Therefore, a stiff pad is an ideal choice for
171 reducing the degradation of ballast on a concrete deck.

172 **3.3 Contract area of using USP**

173 The stress at the interface between sleeper and ballast is generally higher than the applied load
174 because of the smaller contact area between the ballast aggregates and hard concrete sleeper
175 surface, hence causing more ballast breakage. Therefore, it is imperative to investigate how the
176 inclusion of USP can affect the contact area and the pressure at the interface using matrix-based
177 Tactile Surface Sensors (MBTSS).

178 The contact area and pressure at the sleeper-ballast interface under a 25-tonne axle load and with
179 and without USP were shown in Figure 6. The high-stress concentration points which directly
180 affect the durability of particles are visible, and they can cause excessive particle breakage. The
181 pressure contours from the MBTSS show that USPs significantly increase the contact area by 32%.
182 This is because of aggregates penetrating USPs, which then leads to a large reduction in the contact
183 stress. Moreover, the inclusion of USP improves the uniformity of stress distribution (Figure 6),
184 hence reducing the ballast breakage as shown by Figure 5b.

185 **3.4 Analysis of energy absorption**

186 *3.4.1 Energy absorption of SEAL*

187 During loading, the track specimen absorbs the energy input from the cyclic loading, the absorbed
188 energy can be partially dissipated via plastic deformation, particle breakage (mainly ballast), and
189 in other forms of energy (e.g. sound and heat), and part of the energy can be released via elastic
190 deformation during unloading. The dissipated energy (E_d) during one loading cycle for a unit
191 volume of the test specimen can be calculated through the area of the hysteretic loop, while the
192 elastic energy ($E_{elastic}$) can be represented by the area under the unloading curve as shown in
193 Figure 7. A summation of the dissipated energy and the elastic energy can be considered as the
194 total absorbed energy by the test specimen.

195 Figure 7 shows the dissipated energy and elastic energy of the track specimen with changing RC
196 contents in SEAL by the end of the test. It can be seen that the more RC in the SEAL mixture, the
197 more energy is absorbed by the track specimen, indicating higher energy absorbing capacity of the
198 SEAL. Noted that dissipated energy and elastic energy also increase as more rubber is included,
199 albeit the track specimens with SEAL20 and SEAL30 have similar energy absorbing capacity.
200 However, more dissipated energy indicates more deformation or ballast breakage, and more elastic
201 energy can further induce elastic deformation causing more vibration [32, 36, 37]. When 40% RC
202 is included there is a sharp increase in dissipated energy and elastic energy. This can result in a
203 significant vibration and settlement observed during testing. From the test results of deformation
204 and ballast breakage shown in Figures 3 and 5a, it can be concluded that when adding more rubber,
205 the test specimen experiences more deformation but less ballast breakage, which means that the
206 increased dissipated energy is mostly due to the deformation rather than particle breakage. An
207 optimal RC content in SEAL should ensure the track has less ballast breakage with acceptable
208 settlement and meanwhile not generate excessive vibration.

209 The dissipated energy of the track under stiff subgrade condition with and without USP is also
210 shown in Figure 7. The inclusion of USP increases the dissipated energy of the track specimen.
211 However, the increase in the USP stiffness decreases the capability of energy dissipation. As
212 mentioned above, the dissipated energy is consumed in the form of particle breakage and plastic
213 deformation. The increased deformation and ballast breakage with the decrease in USP stiffness
214 shown in Figure 4 and Figure 5b explains the increase in the dissipated energy. The result indicates
215 with a certain energy dissipating efficiency, stiffer pads can improve the longevity of ballast
216 through the reduction of ballast degradation and deformation compared to the track without USP.
217 This can reduce the frequency of track maintenance and lead to huge cost savings.

218 **4. Numerical modelling for USP**

219 The permanent vertical deformation of a unit cell of track on a stiff subgrade with and without
220 USP was simulated via finite element modelling (FEM). The stress–strain behavior of a layered
221 system consisting of a sleeper, ballast, and under-sleeper pad (USP) has been investigated using
222 the finite-element method (FEM), for which the commercially available software ABAQUS was
223 used. The three-dimensional FEM model developed in this study could simulate ballast behavior
224 with and without a USP attached to the base of a concrete sleeper subjected to cyclic loading. The
225 model described in the paper represents a plane strain condition by ensuring zero lateral strain in
226 the longitudinal direction, which is realistic for a long straight track section. The FEM mesh
227 structure consisted of 3D, 8-noded linear brick elements, i.e. reduced integration (C3D8R)
228 hexahedral elements. The ballast and subballast were modelled as an elasto-plastic material
229 adopting a non-associated flow criteria obeying the Drucker-Prager yield criterion [38]. This
230 yield criterion has been particularly suitable to simulate free-draining coarse granular materials
231 such as ballast, because its strength and yield characteristics depend mainly on the level of stress
232 and the corresponding volumetric strain with no pore water pressure development [39, 40]. The
233 boundary conditions in the physical model are comparable to real-life concrete sleepers although
234 the sleeper length is considerably less. The test box dimensions were designed by exploiting double
235 symmetry [41], and the pressure underneath the sleeper is similar to what we measure in track, i.e.
236 300-350 kPa. However, the laboratory test chamber only has a depth of 600mm, and as a result,
237 the depth effect will have an influence on the stress distribution with depth especially if the
238 subgrade is a thick soft soil. If the subgrade or capping layer is relatively shallow and very stiff
239 (e.g. highly compacted sandy-gravel), or if the track is over a rock foundation or a concrete bridge
240 deck (ie. zero displacement boundary) as the condition simulated in this study, then the boundary

241 effects by the base steel plate of the test box will be not too dissimilar to the field conditions, the
242 associated particle breakage computations will be realistic.

243 The simulation results of the ballast deformation were based on the track with traditional
244 conditions or with USPs having varying stiffness (0.22 N/mm^3 , 0.15 N/mm^3 and 0.1 N/mm^3).

245 Materials parameters used for FEM are listed in Table 3. Figure 8 shows the predicted permanent
246 vertical deformation of ballast with varying USP stiffness. The deformation contours show the
247 variation of permanent vertical displacement in the ballast layer at the end of 10,000 cycles. The
248 outcomes of FE analysis confirm the results of the experiments which is, with USP the vertical
249 deformation of the ballast layer decreases and the stiffer pad performs better than relatively flexible
250 pads in terms of reducing permanent deformation. The stiff pad reduces the vertical permanent
251 deformation by 16%, and the impact of the USP decreases as stiffness of the pad reduces.

252 The predicted and measured permanent vertical deformations are plotted with the number of
253 loading cycles in Figure 9. Note that the trend of the vertical deformations with the loading cycles
254 are captured by the FEM simulation. The measured vertical deformations are higher than those
255 from FEM due to ballast breakage which is not captured in the FE analysis. The FE predictions
256 confirm that stiffer pad performs better than the relatively soft pads.

257 Noted that the inability of representing a substantial depth of the ground stratum is indeed a
258 challenge when using most laboratory testing devices with a limited depth, hence the errors
259 attributed to boundary effects will be inevitable. Given the dimensions of this process simulation
260 test apparatus with a solid steel base at a depth of 600mm, the load distribution and deformation
261 response of the physical model is still acceptable where a relatively stiff shallow subballast (e.g.
262 compacted capping layer) is followed by a hard subgrade. If the subgrade is very soft and thick

263 (e.g. estuarine clay in a low-lying floodplain), then the accuracy of the stress variation with depth
264 will be compromised.

265 **5. Conclusions**

266 In this paper, two applications adopting recycled rubber products (i.e. under sleeper pads; and
267 rubber crumbs) were introduced and discussed, including installing under sleeper pads (USPs)
268 between the sleeper and ballast interface for stiff subgrade condition and replacing subballast layer
269 using a synthetic energy layer (SEAL; mixtures of SFS, CW and RC). Large-scale laboratory tests
270 were conducted to investigate the track performance incorporating USPs with different stiffness
271 and SEAL mixtures with different rubber contents. FEM modelling was also established to verify
272 the performance of the track specimen with and without USP. The following findings can be drawn
273 from this paper:

- 274 • Using SEAL in lieu of traditional subballast reduced the lateral dilation of the track but
275 increased the vertical deformation. When the rubber content was $\leq 10\%$, the vertical
276 deformation was within the acceptable range comparing to the traditional track.
- 277 • When increasing rubber content to 10% in SEAL, the ballast breakage was reduced by
278 60%, but when more rubber was added in SEAL, no more benefit. This could be attributed
279 to the increase in elastic energy of the track specimen. More rubber was included, more
280 energy was dissipated, but more elastic energy was also generated and this caused more
281 vibration. Therefore, 10% rubber is sufficient to be included in SEAL.
- 282 • SEAL10 is a proper waste mixture for subballast layer based on the overall test results, i.e.
283 comparable settlement, less lateral dilation, and ballast breakage with acceptable vibration
284 included by elastic energy.

- 285 • The incorporating of USPs reduced the vertical and lateral deformation of the track,
286 reduced ballast breakage, and increased the energy dissipation, whereas the stiff USP
287 performed better than the other softer USPs, which can significantly reduce the
288 deformation (around 50%) and ballast degradation (40%) comparing to the track without
289 USP.
- 290 • Installing USP increased the contact area between the sleeper and the ballast. This reduced
291 the concentrated stress and increased the uniformity of stress distribution, hence reduced
292 the ballast degradation.
- 293 • The numerical modelling verified the laboratory results (deformation) of the track
294 specimen with and without USPs, and corroborated that the stiffer USP was the preferable
295 choice to be installed in the track.

296 As the geotechnical property of the mining waste (SFS and CW) is highly dependent on the source
297 origin, it is recommended to conduct sufficient laboratory tests before directly taking these
298 mixtures into practice. Research on the SEAL mixtures by numerical modelling and field tests will
299 be considered by the authors to further facilitate the application of these waste mixtures.

300 **Acknowledgments**

301 The authors wish to acknowledge the financial assistance provided by the Australian Research
302 Council (ARC) Discovery Project (ARC-DP180101916), ARC Industry Linkage Project
303 (LP200200915) and ARC Industry Transformation Training Centre for Advanced Rail Track
304 Technologies (ARC-ITTC-Rail). The financial and technical assistance provided by various
305 industry partners over the years including Australasian Centre for Rail Innovation (ACRI), RMS
306 and Sydney Trains, c/o Transport for NSW, SMEC, Bestech, Douglas Partners, ASMS, South 32,
307 Ecoflex Australia, Bridgestone, and Tyre Crumbs Australia) is gratefully acknowledged.

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421 **Table list**

422 Table 1 General properties of SFS, CW, RC and SEAL mixtures

423 Table 2 Material properties for USP used in this study (modified after [4])

424 Table 3 Material properties for FEM

425 **Table 1 General properties of SFS, CW, RC and SEAL mixtures**

Materials	Specific gravity	Friction angle (°)	Maximum dry density (kN/m ³)	Optimum moisture content (%)
SFS	3.43	53.4	22.9	11.6
CW	2.11	36	17.2	9.8
RC	1.15	31	4.4	-
SEAL0	2.89	51.9	20.3	8.1
SEAL10	2.51	48.1	17.6	10.0
SEAL20	2.22	45.9	15.5	12.0
SEAL30	1.99	44.7	13.8	8.3
SEAL40	1.80	43.7	12.4	5.2

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Table 2 Material properties for USP used in this study (modified after [4])

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Material		: Polyurethane polymer	
Dimensions of the sleeper pads		: 200 mm x 680 mm	
Tear strength of the connection between the USP and concrete sleeper		: 0.5 N/mm ²	
USP No	Thickness (mm)	Weight (N/m³)	Static stiffness (N/mm³)
1	10	4200	0.22 (stiff)
2	10	4200	0.15 (medium soft)
3	10	5500	0.10 (soft)

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Table 3 Material properties for FEM

Ballast			
Density	1560 kg/m ³		
Young's modulus	125 MPa		
Poisson's ratio	0.3		
Internal angle of friction	45°		
Angle of dilation	15°		
concrete			
Density	2400 kg/m ³		
Young's Modulus	36 GPa		
USP			
Density	420 kg/m ³	420 kg/m ³	550 kg/m ³
Stiffness	0.22 N/mm ³	0.15 N/mm ³	0.1 N/mm ³
Poisson's ratio	0.45	0.45	0.4
Damping coefficient	9.5 × 10 ⁴ Ns/m	8.9 Ns/m	7.6 Ns/m

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439 **Figure captions**

440 Figure 1. (a) Grading curves of SFS, CW and RC, and the SEAL mixtures with different RC
441 contents; (b) USP with different stiffness used in this study.

442 Figure 2. (a) Track process simulation apparatus (TPSA), (b) cross-section view of the track
443 specimen with SEAL; (c) Sleeper attached with USP; (d) cross-section view of the track specimen
444 with USP; (e) Matrix-based Tactile Surface Sensors (MBTSS) controlling unit; and (f) track
445 specimen with MBTSS sensor (modified after [4]).

446 Figure 3. Deformation behaviours of track specimen with SEAL (a) settlement; (b) lateral
447 displacement (modified after [32]).

448 Figure 4. Variations of (a) vertical and (b) lateral deformation of track specimens with USPs, (c)
449 final vertical and (d) lateral deformation of the track specimen at the end of the test with USPs
450 (modified after [4]).

451 Figure 5 BBI of the track specimen (a) with SEAL with varying RC contents (b) with USPs with
452 varying stiffness (data sourced from [4, 32]).

453 Figure 6. Contact area and pressure distribution between at the sleeper-ballast interface with and
454 without USP.

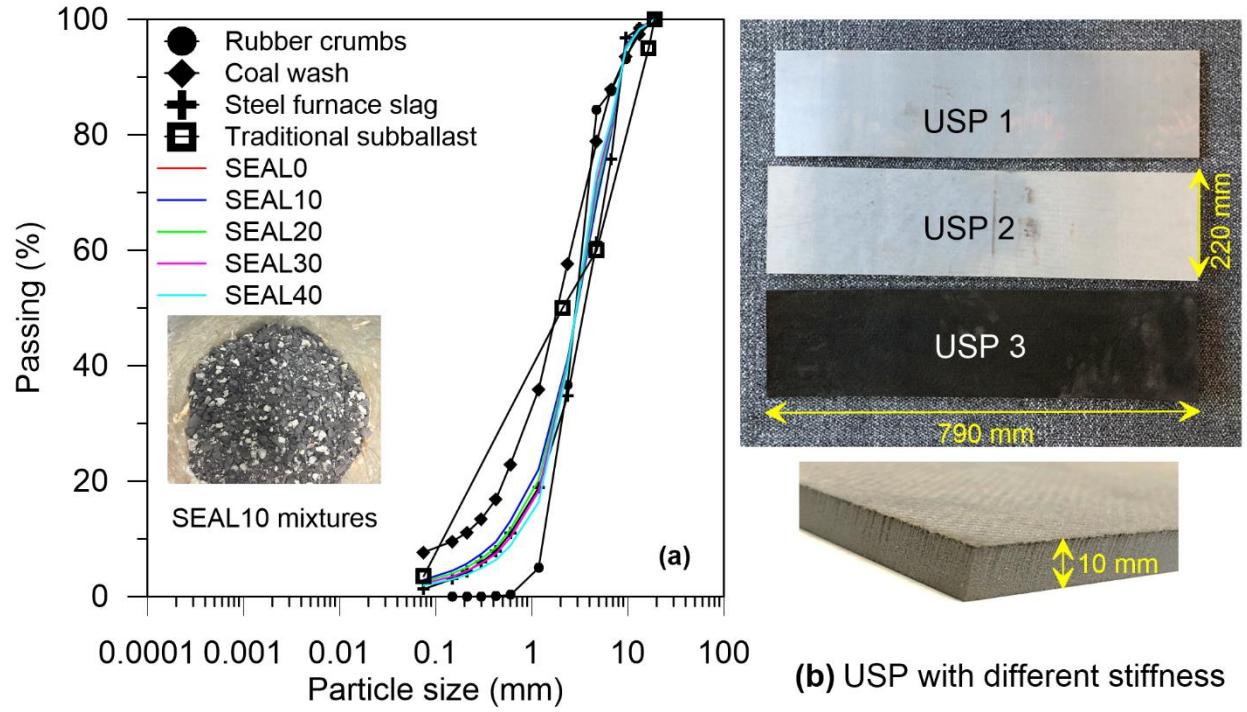
455 Figure 7. Dissipated energy and elastic energy of the track specimen with SEAL mixtures and
456 USPs with varying RC contents at the end of the test (data sourced from [4, 32]).

457 Figure 8. Numerical simulation of the vertical displacement of the track with and without USP.

458 Figure 9. FEM simulation and experimental results of vertical deformation of the track with and
459 without USPs.

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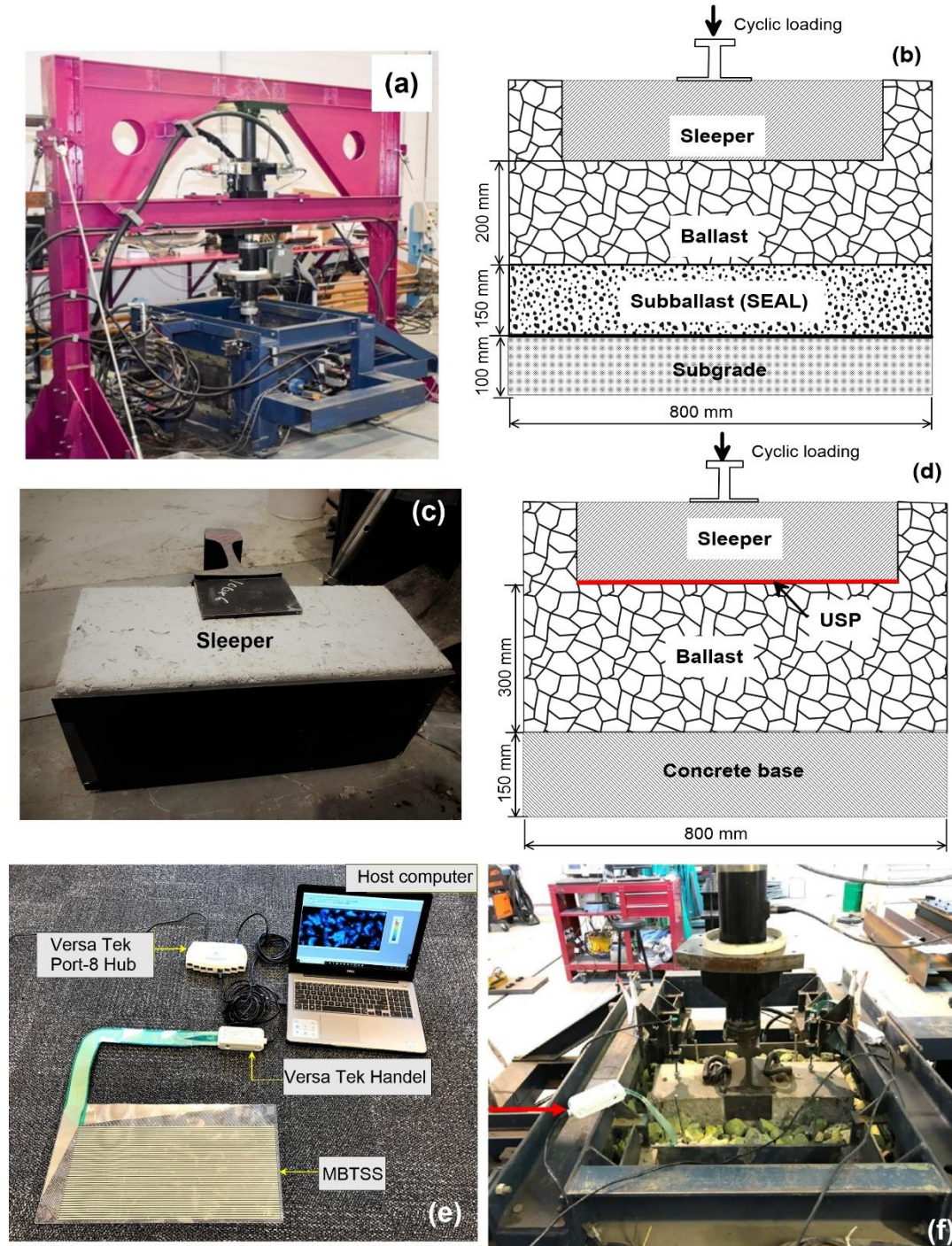


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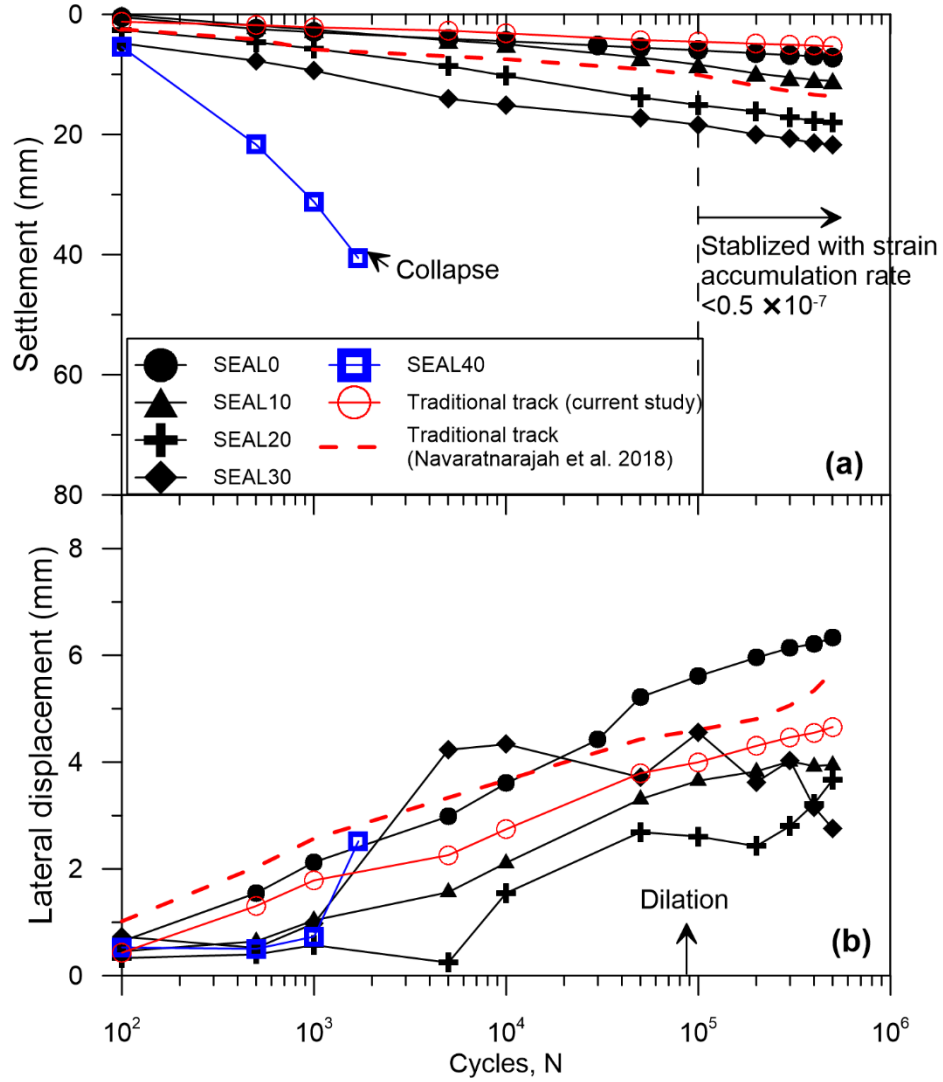
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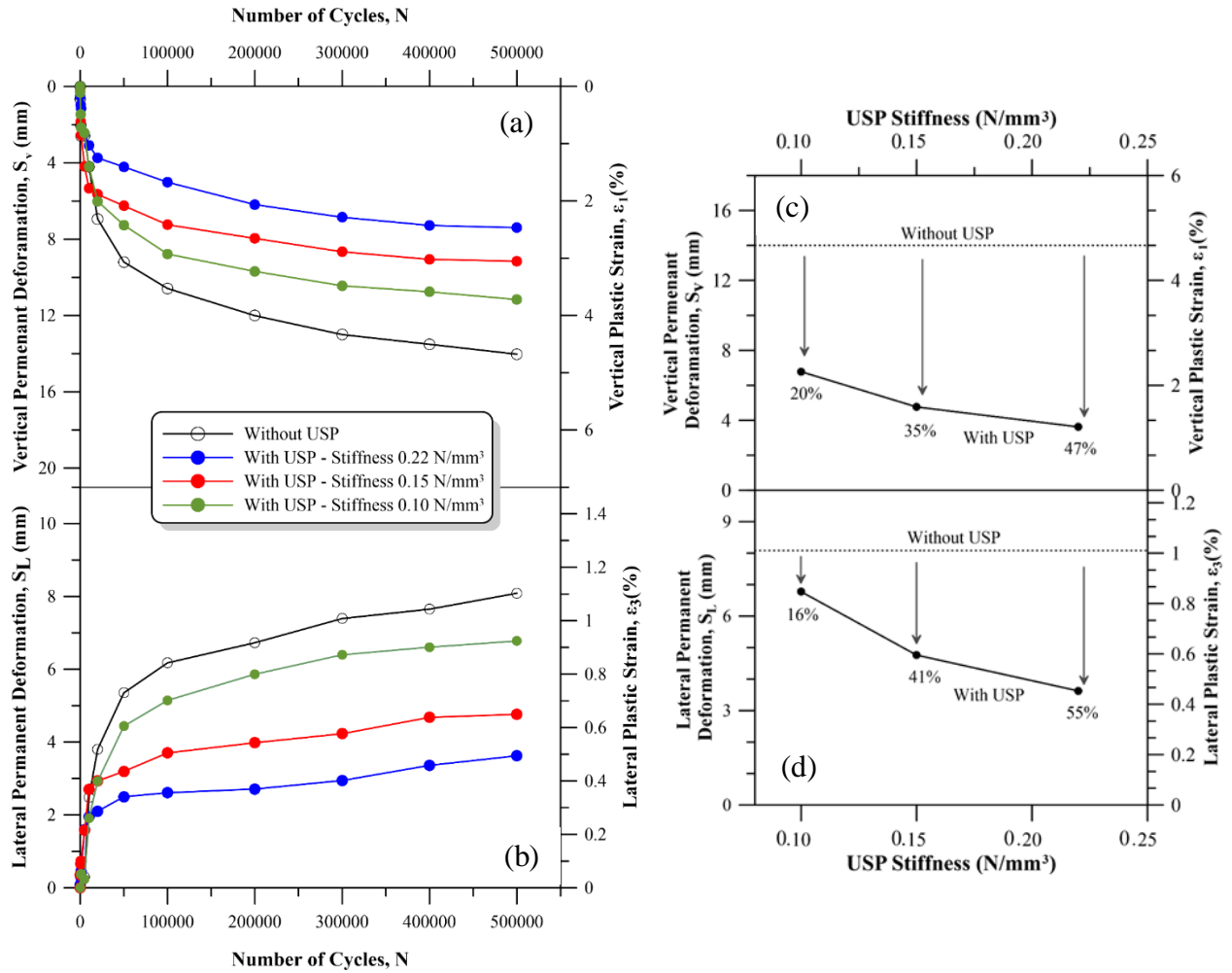
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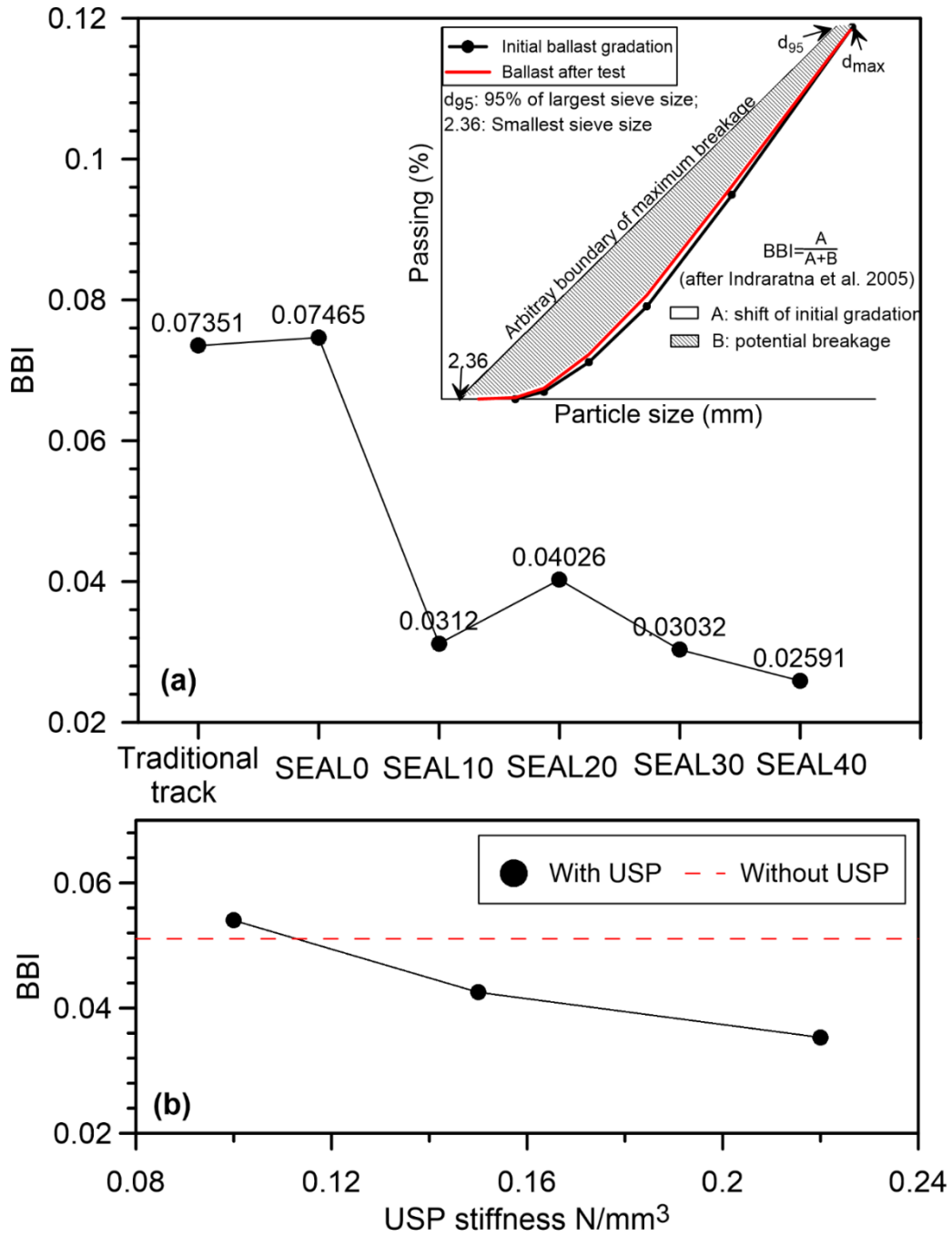
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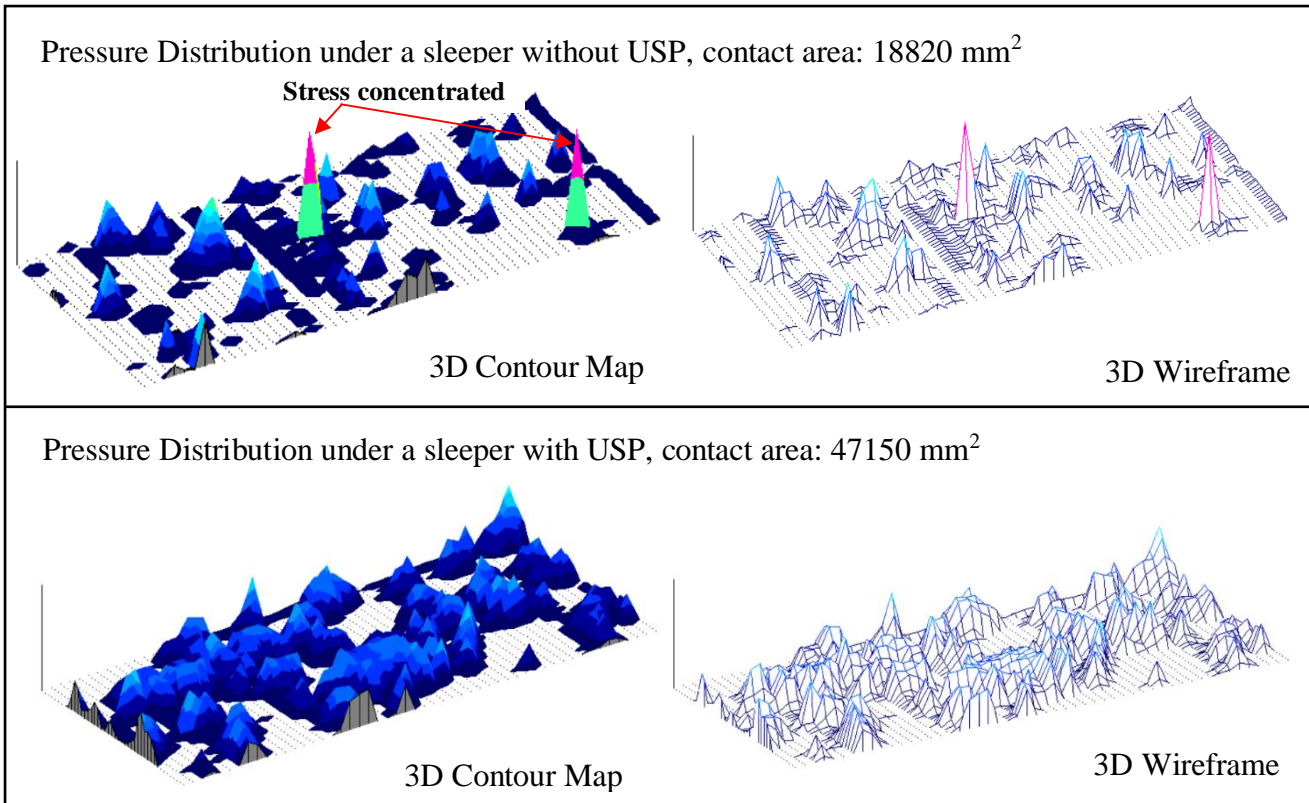
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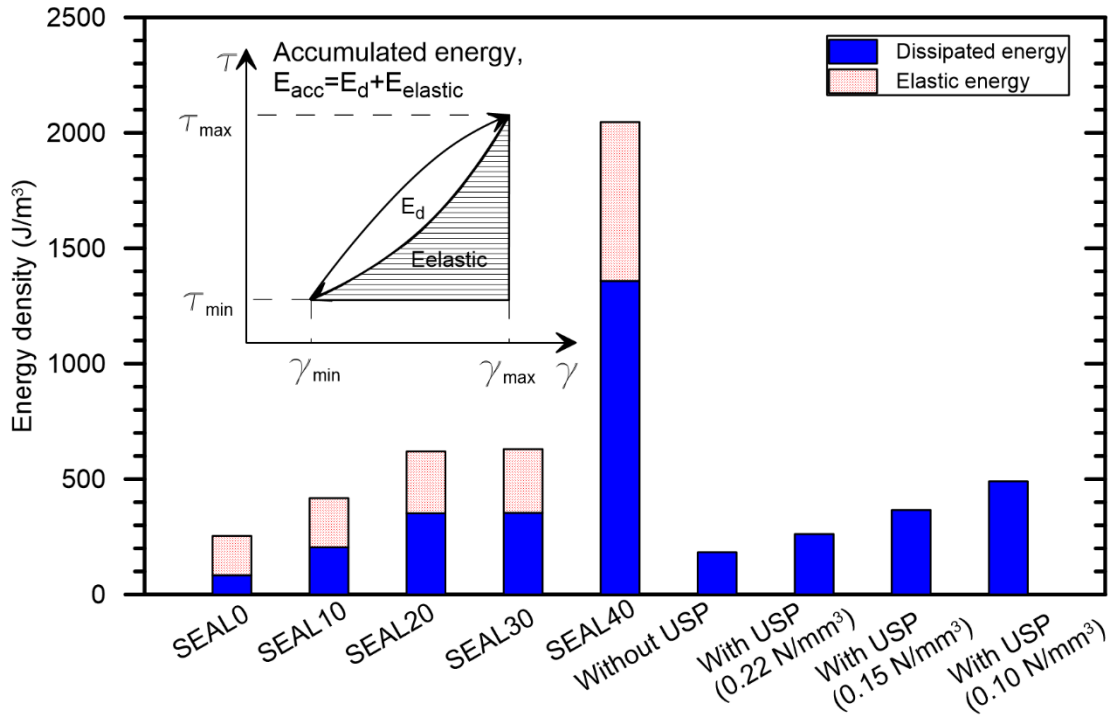
without USP.

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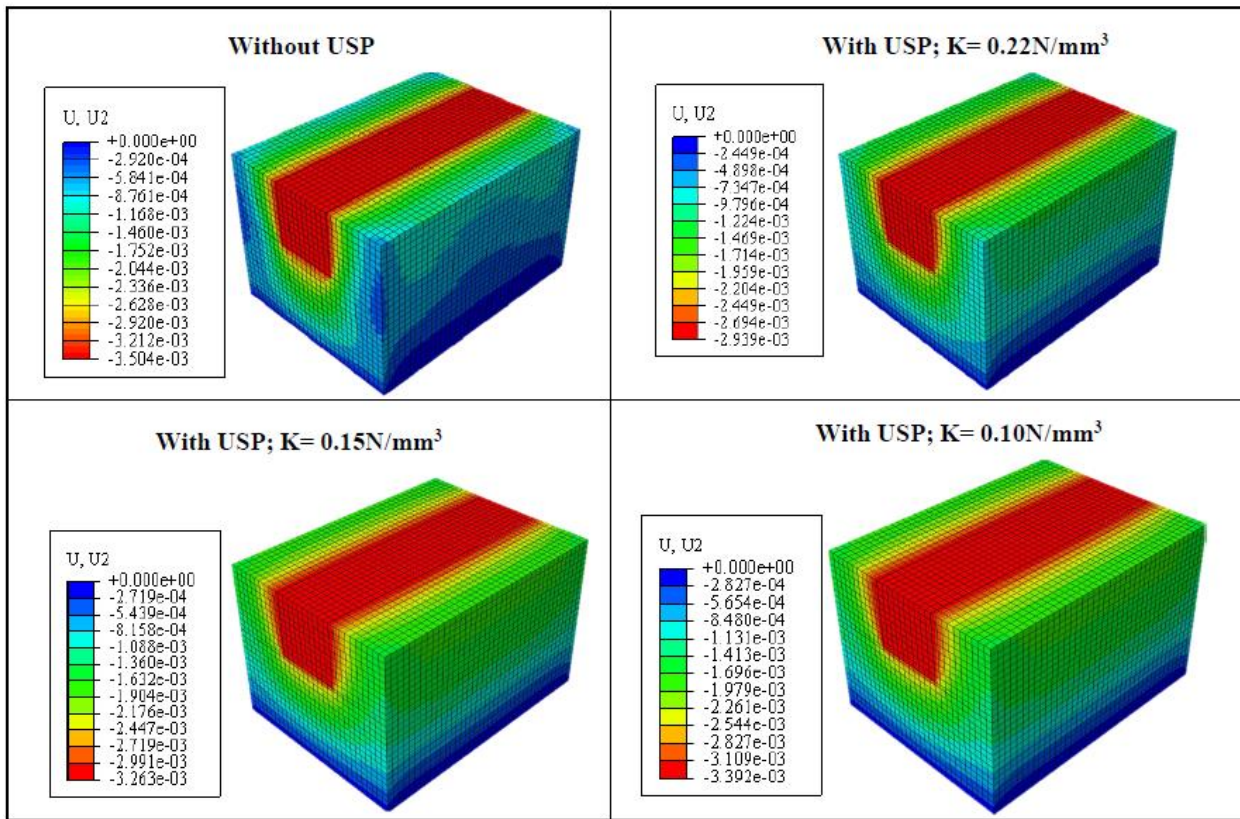
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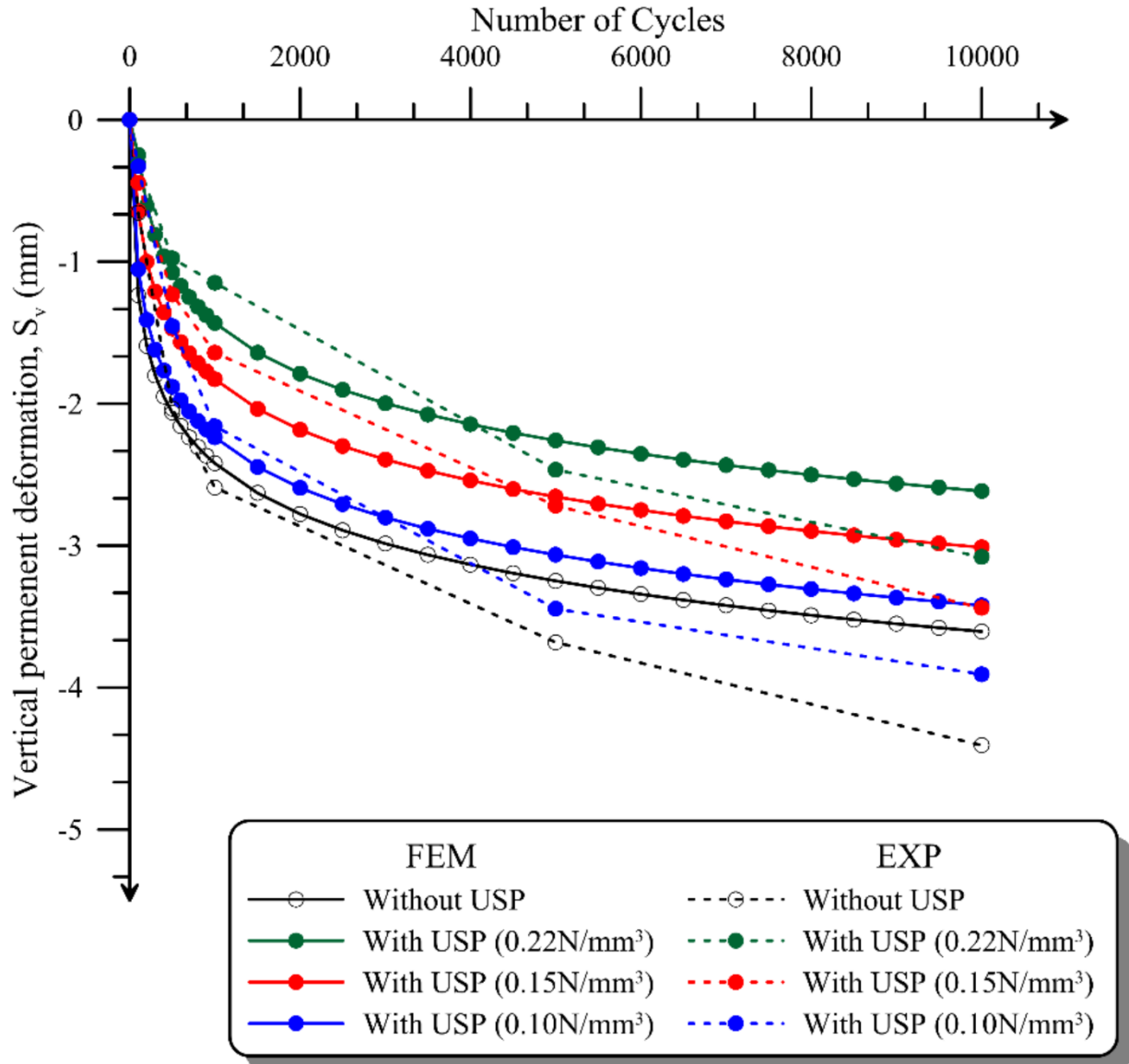
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