

1 A comparison of attitudes towards remote learning during the COVID-19 pandemic between  
2 students attending a Chinese and an Australian campus

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14

15 *Running head:* Attitudes to remote learning across countries

16 **Abstract**

17 The COVID-19 pandemic has been a strong driver for moving more teaching and learning  
18 activities online. Border restrictions have had a severe impact on international students either  
19 hoping to enrol in courses offered in Australia or continue with such courses if they are  
20 already enrolled. The online learning experience is likely different between students onshore  
21 and offshore. This study took a unique opportunity to investigate any such differences in  
22 students' attitudes towards remote learning, necessitated by the pandemic, by comparing two  
23 cohorts of students, Australia- vs. China-based. An anonymous survey using the Likert Scale  
24 and open-ended questions was available for student feedback on subject delivery. The  
25 students based in Australia expressed a preference for remote learning due to the convenience  
26 of attendance and availability of the video recordings. However, students in China had a  
27 strong preference for face-to-face sessions, with the lack of prior experience in an English-  
28 speaking learning environment and hesitance to speak with the lecturers and engage in the  
29 learning activities possible reasons for this. In quizzes, students in Australia performed better  
30 than those in China regardless of local or international student status. This difference may be  
31 due to the Australian-based students' prior experience of English-speaking environments and  
32 open-book quizzes. In conclusion, remote learning in a familiar language and learning  
33 environment is accepted by students, whereas if the teaching is delivered in a second  
34 language using unfamiliar teaching methods, remote learning will require additional  
35 scaffolding to enhance their learning experience.

36

37 **Introduction**

38 Online learning is heralded as providing flexibility, increasing access, and reducing time lost  
39 commuting to and from campus (1-3). However, some experts have raised significant  
40 pedagogical concerns regarding the effectiveness of content delivery, the quality of teacher-  
41 student interactions and the capacity for collaborative learning (4-8). Additionally, it is well  
42 established in the literature that online learning requires strong self-regulation skills for  
43 students to succeed (9, 10), and it is strongly linked to student motivation (11, 12). Before  
44 COVID-19, the provision of exclusively online delivery was available through MOOCs and  
45 virtual campuses such as Open University, allowing students to undertake a degree without  
46 any on-campus learning experiences. Online learning has been considered a strategy for  
47 higher education institutions to save costs and generate more income by increasing enrolment  
48 beyond geographical proximity. However, there are additional costs in relying upon online  
49 delivery, which need to be considered as well (13-19). The main idea behind online learning  
50 is to allow educators to have a student-centred approach, a mixture of educational strategies,  
51 learning experiences, instructional methods, and a support plan designed to address students  
52 distinct learning needs, interests, aspirations, and cultural backgrounds (20). This approach is  
53 harder to achieve purely with face-to-face teaching.

54 With the COVID-19 pandemic, and the requisite lockdowns, educational institutions have  
55 relied upon fully online delivery. When there has been the relaxation of travel and assembly  
56 restrictions, some measures remain, e.g. reductions in the maximum number of people within  
57 the lecture theatres and practical laboratories to enable physical distancing. Thus, there has  
58 been the implementation of a blend of on-campus and online activities where the choice of  
59 mode of delivery for any teaching event would ideally align with best practices and linked  
60 learning objectives (21-25). Online platforms like Zoom and Microsoft Teams support  
61 interactions between lecturers and students. Any live sessions can be recorded automatically

62 and shared with students inside the Learning Management System (LMS) for students who  
63 missed the class and for revision purposes (20). Lecture recordings have been a feature of  
64 higher education for over a decade but generally required special AV equipment installed in  
65 every lecture theatre (26). Using webinar software has simplified this process. Despite  
66 recorded lectures remaining a concern for educators as to their impact upon student  
67 attendance, permanent replacement of on-campus delivery of particular teacher-led activities  
68 with delivery online is now being considered (27-31).

69 Learning is a social interaction. There is strong evidence of the capacity of non-visual or non-  
70 verbal cues that characterise face-to-face events to facilitate such interaction (32-36). Further,  
71 when it comes to face-to-face classes, there are still national differences in the requirements,  
72 teaching methods, and how these relate to students' perceptions of and engagement with this  
73 type of class. In most Australian campuses, attendance has not been compulsory for lectures,  
74 regardless of the availability of the recordings (37-39). However, attendance is commonly  
75 recorded in Chinese universities, even in the online delivery setting during the pandemic, and  
76 counts towards the final grade. Also, face-to-face delivery remains heavily favoured by  
77 Chinese university students (40-43). Students in Australia are believed to be more likely to  
78 ask questions or challenge the concept with the lecturers during the class, whereas those in  
79 China are considered more likely to receive the information without any questioning  
80 passively. The difference in approach to learning may be partly due to national differences in  
81 the acknowledgement of the authority of the teachers. Notably, one of the Hofstede Model of  
82 Cultural Differences dimensions is "Power Distance". This dimension allows for comparisons  
83 between societies as to how hierarchal they are. When making the comparison between China  
84 and Australia (<https://www.hofstede-insights.com/product/compare-countries/>), the Power  
85 Distance Indices are 80 vs. 38, respectively (44). Different teaching methods may also  
86 contribute to such differences. To encourage critical thinking interaction between the students

87 and teachers and lifelong learning skill development, campuses in Australia have been  
88 promoting online self-directed learning and flipped learning methods for several years before  
89 COVID. Campuses in China commonly still employ the traditional didactic style, which may  
90 be why attending students are still positioning themselves as knowledge receivers (12, 45-  
91 49). The contrast between face-to-face classes with the everyday experiences of online  
92 delivery remains stark. In online lecturing, the teacher remaining seated in front of their  
93 camera, students opting out (albeit in some cases for legitimate reasons) of using their camera  
94 and current setups restricting the number of participants visible at any moment; are all likely  
95 to have an impact upon the quality of interaction. Although some features of webinar  
96 software, such as creating breakout rooms, can promote student interaction and collaboration  
97 when the learning design is well executed (50-52).

98 COVID-19 related border restrictions have had a severe impact on international students  
99 coming to Australia. While vaccination is becoming more widespread, any sort of return to  
100 pre-pandemic international student numbers will likely be some time away. Online delivery  
101 to offshore students is also something that preceded the pandemic but appears to be gaining  
102 more traction now (52-55). Notably, offshore online delivery can be part of a student equity  
103 strategy in offering an alternative to overseas students for whom the social and financial costs  
104 of studying overseas remain an obstacle. This approach must be underpinned by  
105 understanding differences between different national cohorts and remote learning.

106 At a large metropolitan Australian university in Sydney, Human Pathophysiology is delivered  
107 as a core unit (referred to as a “subject” at the Australian campus) to the medical science  
108 students in their second year and as an elective to students with any other majors who have  
109 completed the pre-requisite unit on human anatomy and physiology. In 2020 Human  
110 Pathophysiology was delivered entirely online for the first time. The university has a four-  
111 year undergraduate pathway program with a campus in the People’s Republic of China

112 (PRC). The fourth year provides students with the opportunity to study abroad. In this  
113 program, lecturers from the Australian campus deliver several units to the China-based  
114 students enrolled in the third year of this pathway program. Due to border closures, the  
115 Australian campus replaced the planned face-to-face delivery with online delivery via Zoom.  
116 In combination, these changes gave the investigators a unique opportunity to compare remote  
117 learning attitudes between students enrolled at the Australian campus and those attending the  
118 campus in the PRC. The main challenges may include language barriers (e.g. English as an  
119 Additional Language and the absence of an English-speaking living environment) and  
120 differences in prior learning experience between the two cohorts. In Australia, universities  
121 aspire to follow a student-centred approach characterised by practice-oriented, collaborative  
122 learning focusing on critical thinking and engagement in authentic learning (47, 48, 56). In  
123 contrast, science education in China is more traditional, commonly utilising didactic methods,  
124 with only gradual employment of student-centred approaches (40-43).  
125 This research paper investigates student attitudes towards remote learning during the  
126 pandemic by comparing two cohorts of students, Australia- vs. China-based. The  
127 investigators formulated two research questions: (i) What is the overall student attitude  
128 towards remote learning during the pandemic? (ii) Are there any differences between the two  
129 cohorts in their respective attitudes towards remote learning?

130

### 131 **Research methods**

132 This study was approved by the University's Human Ethics Research Committee (#ETH20-  
133 5469). One cohort under study were students, from a mixture of majors (including Medical  
134 Science, Biomedical Science, Biotechnology, Biomedical Physics, Nursing, Traditional  
135 Chinese Medicine, Engineering), enrolled in the unit Human Pathophysiology, taught at the  
136 Faculty of Science at a metropolitan university in Sydney, Australia. The other cohort were

137 students enrolled in the pathway program mentioned above (Biotechnology major) at a public  
138 university in a Northern province of the PRC. Both cohorts studied the same unit during the  
139 same time (during Spring Session (August to November) 2020) delivered by the same group  
140 of teaching staff. Given the time of the year when the unit ran, all students had previously  
141 experienced at least one online teaching session. Students at the Australian university were a  
142 mix of domestic and international students generally halfway through their respective courses  
143 at the Australian campus. The details of any international students' specific nationalities were  
144 not available. The researchers used a mixed-method approach (57), which combines  
145 qualitative and quantitative data to answer the research questions. They used methodological  
146 triangulation of data to increase the credibility of findings (58). Data collection included  
147 demographics, a survey using the Likert Scale (Table 1) and open-ended questions, final  
148 marks for the unit and student feedback on its delivery.

149 Unit structure

150 Zoom™ is the webinar platform used at the Australian campus for online teaching. The two-  
151 hour-long lectures were delivered weekly either as a live Zoom session, or a pre-recording,  
152 with the latter supported by a live Q&A Zoom session during the designated live lecture time  
153 slot. The Q&A sessions were recorded. Due to the exclusively online learning delivery for  
154 both cohorts, all the laboratory-based practical sessions were replaced by online Zoom  
155 tutorials (but timetabled as “workshops” and running for two hours/week). These tutorials  
156 incorporated videos demonstrating relevant skills performed by the teaching staff and case  
157 studies which allowed students to apply their theoretical knowledge in a clinical context. The  
158 case studies required the students to identify characteristic symptoms in a patient, form an  
159 initial diagnosis, order the relevant laboratory examinations (e.g. total blood counts,  
160 computed tomography scans), and choose the most appropriate treatment. Some case studies  
161 included short videos demonstrating patient consultation procedures filmed in a simulation

162 facility that incorporated a hospital ward and consultation rooms (59). The students were  
163 required to analyse the case in Zoom breakout rooms and form their own answers, facilitated  
164 by the tutor. All Zoom sessions and tutorial recordings were made available to all students  
165 immediately after the class on the LMS. While students onshore followed a timetable  
166 organised by the student administration unit of the Australian university, the Chinese students  
167 were assigned session times that were not part of the formal timetable of their campus.  
168 The assessments were open-book quizzes (60% of the final mark) and a group-created  
169 assignment (40% of the final mark). The quizzes used higher-order multiple-choice questions  
170 that examined the ability of the students to apply their knowledge to authentic scenarios.  
171 Only the top three quiz results contributed to the determination of the final grade. As these  
172 were open book exams, there was no restriction on materials that could be brought into the  
173 exam. The only difference between the cohorts was that due to access issues for the China  
174 campus students, while the Australian cohort undertook the quizzes online, the Chinese  
175 students used hard copies. The group assignment required each group to prepare a  
176 presentation to introduce or promote a health concept (not restricted to teaching content) to  
177 audiences with no scientific background. Students were required to research information not  
178 covered by the unit teaching content.

#### 179 Study Design

180 Although delivering teaching using Zoom is not a new technology, there is a lack of validated  
181 surveys to gauge student attitudes towards the webinar style of teaching. Conceivably this is  
182 due to the limited use of the platform in higher education prior to the COVID-19 pandemic.  
183 Instead, the investigators designed a survey. Completing the anonymous survey was  
184 voluntary, and no demographic details were collected (Table 1). Students were not surveyed  
185 regarding nationality or study major to avoid any concerns from the participants of potential  
186 cross-referencing of their identity.



187

188 Table 1. Survey items. In the survey, "exams" refers to online quizzes.

189

190

191 The intention was to validate the survey using Exploratory and Confirmatory Factor  
192 Analysis, although the sample size did not allow the researchers to run the statistical  
193 validation.

194 The students were asked to rank each statement on a four-point Likert scale (Strongly  
195 Disagree, Disagree, Agree, and Strongly Agree). The items addressed whether students prefer  
196 participating in a live activity or watching the recording of activity and whether the online  
197 format provided sufficient learning material and a balanced learning experience in terms of  
198 theory and its application. The survey included open-ended questions (1. *What would you like*  
199 *to be changed or modified in this subject if you were to be a tutor for this course?* 2. *Any*  
200 *suggestions for improvement in the near future?*) that allowed students to give feedback on  
201 their interactions among their peers during tutorials and group assignments, any need for  
202 face-to-face learning activities, and suggestions for future refining of the delivery of the  
203 learning resources. The answers to the open-ended questions were subjected to thematic  
204 analysis.

205 The survey for the Australia cohort was delivered using the learning platform Canvas<sup>TM</sup> and  
206 available from the last week of the session for two weeks. Due to the technical limitations of  
207 their university's LMS, the same survey was provided as a hard copy to the students at the  
208 Chinese campus during the last of the weekly meetings of the session. Each question had the  
209 text translated into Chinese script directly below to avoid misinterpretation. Of 371 students  
210 enrolled at the Australian campus, 62 students completed the online survey (17%  
211 participation). All students enrolled at the Chinese campus completed the survey in the case  
212 of students enrolled at the Chinese campus. A lower response rate for the Australian students  
213 using an online platform was expected (60). That 17% of the total Australian campus students  
214 responded was in line with the historical data on responses provided by the same

215 administrative unit. The much higher response for Chinese students using a hard copy is  
216 consistent with previous hard copy survey that we have administered with students at the  
217 Australian campus (59, 61).

218 The University's Student Administration Unit provided the demographic information of the  
219 Australian cohort.

220 Data analysis

221 Each survey response was tallied to determine the extent to which the surveyed students  
222 agreed or disagreed with each statement. This number was converted into a percentage of the  
223 total number of students who submitted the survey. The final mark distributions for domestic  
224 and international students were obtained from the University's Student Administration Unit.  
225 The same unit also indicated which students disclosed whether English was their first  
226 language when enrolled on the Australian campus. The same lecturers marked the  
227 assessments submitted by both cohorts.

228

229 **Results**

230 Demographics

231 For the Australian campus, 368 students were enrolled in the 2020 Spring Session, of which  
232 13.5% were international students. As stated previously, neither chosen major, demographic  
233 information, nor enrolment status was collected. Most international students identified  
234 English as an Additional Language (EAL) (58%). Most of the students were older than 20  
235 years old (83%), and 65% of the whole class were female. The Chinese campus cohort  
236 (N=40) were all in their early twenties, 36 were female, and all were native Chinese speakers.  
237 Twenty-five of them had English language competency equivalent to or above IELTS  
238 (<https://www.ielts.org>) score of 6.5 (62.5%), the minimum entry requirement for Australian  
239 universities. The rest of the students did not attend the Academic English unit offered by the  
240 Faculty of Science of the Australian campus but attended a 500-hour long college-level  
241 English course provided by the Chinese campus for the two years prior to enrolment in  
242 Human Pathophysiology. Although there was no available evaluation of their English  
243 competence, all the Chinese students undertook and passed four units delivered partially in  
244 English in previous semesters by the teaching staff of their host university. The Chinese  
245 teaching staff previously received teaching training at the Australian University where the  
246 investigators conducted this study.

247 Attitude towards the remote learning format

248 Regarding lectures, over half of the Australian and Chinese cohorts agreed or strongly agreed  
249 to the statement, "*I prefer to watch a pre-recorded lecture and attend a live zoom Q&A*  
250 *session*" (Figure 1a, b). Over 75% of students at the Australia campus also agreed or strongly  
251 agreed with the statement, "*I prefer to watch a recording of the live zoom lecture*" (Figure  
252 1c). However, nearly 60% of the students at the Chinese campus disagreed or strongly  
253 disagreed with the same statement (Figure 1c). Several students at the Chinese campus

254 commented that there was little time to view the recordings when such activity was not  
255 timetabled.

256 More than half of the students at the Australian campus agreed or strongly agreed with the  
257 statements, "*I prefer to attend a live workshop/tutorial*" and "*I prefer to watch a recording of*  
258 *the live workshop/tutorial*" (Figure 2a, b). They enjoyed the interactions with the tutors  
259 during the live tutorial (which the students referred to as "workshops" as per their timetable)  
260 and used the recording for revision purposes or when they missed a session. Some  
261 commented, "*I thoroughly enjoyed the workshops*" "*workshops recorded. I was unable to*  
262 *attend one of the workshops and would love to be able to re-watch some to write more notes*  
263 *on the content covered.*" "*lectures and workshops recorded so that we are able to replay and*  
264 *re-watch content at our own convenience*". In contrast, more than half of the same cohort did  
265 not want to attend a face-to-face tutorial class (Figure 2c). However, in the open-ended  
266 questions, several students still wanted the face-to-face class to perform the practical  
267 activities (e.g. taking blood pressure, measuring lung function, performing urinalysis), in  
268 addition to watching the videos demonstrating these skills. In addition, in the open-ended  
269 questions, students also raised concerns over fewer interactions among their peers online  
270 when compared with face-to-face sessions. One stated that "*I do prefer face-to-face learning*  
271 *as online workshops for two hours can be a bit disengaging*". While another student wrote  
272 that "*12 people in there [i.e. the breakout room] only 2 would actually talk*". One student  
273 suggested, "*make cameras be turned on to encourage and 'force' interaction*".

274 In contrast, although the students at the Chinese campus also showed preferences for both a  
275 live Zoom tutorial (Figure 2a) and the availability of the recordings (Figure 2b), more than  
276 80% of them also agreed or strongly agreed with the statement, "*I prefer to attend a live face-*  
277 *to-face workshop/tutorial*" (Figure 2c). These students did mention issues with internet  
278 quality that affected their learning quality, notably the Chinese campus does not provide

279 broadband access to the students. Surprisingly, they were willing to watch the tutorial  
280 recordings rather than the lectures. This willingness may be due to the greater amount of  
281 content delivered in the latter.

282 When it came to collaborative learning for a group assignment, there were no clear  
283 preferences for either face-to-face or online meetings for the students at the Australian  
284 campus (Figure 3). While those at the Chinese campus most strongly preferred face-to-face or  
285 a mix of both (Figure 3). In the open-ended questions, students at the Australian campus  
286 suggested using various methods to communicate with their peers, including Zoom,  
287 Microsoft Teams<sup>TM</sup>, WhatsApp<sup>TM</sup> and Facebook<sup>TM</sup>. However, some students noted that there  
288 could be delays in receiving information from group members and missing chat posts.  
289 Subject information was also delivered to the China campus-based students via the popular  
290 Chinese social media app WeChat<sup>TM</sup>, which they considered efficient (61.5% agree, 30.8%  
291 strongly agree). Therefore, while both student cohorts preferred a mixture of online and face-  
292 to-face meetings to prepare their group assignments, there was a clear preference for face-to-  
293 face amongst the Chinese campus students.

#### 294 Student feedback on the unit delivery

295 Albeit delivered purely online, the majority of students at both universities agreed that there  
296 was a good balance between the theoretical and practical teaching (i.e. lectures vs. case  
297 studies and skill demonstrations) (Figure 4a), and more than 80% of the students considered  
298 the unit (the students understand these to be “subjects”) well organised (Figure 4b). Answers  
299 to open-ended questions reinforced this: *“This semester adopted the online teaching, but I  
300 still gained a lot of knowledge of human pathophysiology”* *“I liked how everything in the  
301 subject was related (lec[ture], tutorial, assessment), allowing for effective learning”*. *“This  
302 subject has adapted quickly and effectively to the change to online learning, and it has  
303 proven successful.”* *“The presentation is a good idea as it allowed students to use teamwork*

304 *and creative skills and apply that to an assignment which was very enjoyable. “It was a [sic]*  
305 *unique assessment that made online learning great.”* Interestingly, 87% of students at the  
306 Australian campus were satisfied with the remote learning, while only half of the Chinese  
307 campus students felt the same way (Figure 5a). In the open-ended question, two Chinese  
308 students expressed the need for the lecturers to slow down in their speech. Six Chinese  
309 students asked for a reduction in the teaching content, as there was too much to memorise.  
310 Nine Chinese students asked for more videos, images, and additional materials to help them  
311 understand the content, and one specifically asked for equivalent Chinese materials.

### 312 Quiz marks

313 Eighty-five per cent of students from the Australian cohort were satisfied with their quiz  
314 marks which were known at the time of the survey (Figure 5b). According to the data  
315 analysed, there was a difference in the grade distribution between domestic and international  
316 students. For the enrolled domestic students, the grades were skewed towards Distinction and  
317 High Distinctions (Figure 5c), while the grades were more evenly distributed among Credits,  
318 Distinction, and High Distinctions for the international students at the Australian campus  
319 (Figure 5c). The failure rate was low among both cohorts (1.3% for Australian campus-  
320 enrolled domestic students, 2% for international students in the Australian cohort, and 5% for  
321 the Chinese campus-based cohort). Notably, amongst the Australian cohort, those who  
322 identified themselves as EAL speakers were less represented among the High Distinction  
323 (HD) students than those self-identified as native English speakers. However, both groups at  
324 the Australian campus still outperformed their Chinese campus-based colleagues (Figure 5c).  
325 While receiving similar percentages of Distinctions or High Distinctions as the Australian  
326 campus cohort, only about a third of the China-based students were happy with their marks  
327 (Figure 5b). Most of these students’ grades were in the range of Pass and Credit (Figure 5c).  
328 Six students at the Chinese campus expressed the need to increase the quiz time by 25% as

329 they experienced difficulties completing all questions during the allocated time. Reading  
330 speed and the need to check words in the dictionary were the reasons for difficulty with  
331 completion. The time allocated to complete the quiz did not arise as an issue for the students  
332 enrolled at the Australian campus.

### 333 **Discussion**

334 The COVID-19 epidemic has been catastrophic, claiming many lives and affecting the  
335 economy of all nations and the well-being of individuals, including students. Among all the  
336 changes wrought by the pandemic, remote working has become commonplace. Notably, a  
337 significant number of people are indicating a preference for it, although this has not been  
338 without issues such as extended work hours and the challenges of working in a domestic  
339 environment (62-64). Students enrolled at the Australian campus echoed a similar preference  
340 towards remote learning. One of the advantages of using Zoom meetings to deliver lectures  
341 or tutorials is that they can be recorded easily and, potentially, with a high degree of fidelity.  
342 This advantage may explain why most students in both countries agreed or strongly agreed  
343 with both attending live streaming sessions and having the video recordings available.  
344 However, there was a substantially higher rate of favourable responses to face-to-face  
345 delivery sessions amongst students enrolled at the Chinese campus.

346 There are some similarities in the attitudes towards remote learning in tutorials among  
347 students at the two universities. Most students at both campuses showed preferences for  
348 remote live delivery of tutorials. The quality of any Zoom presentation can be influenced by  
349 the quality of an individual's internet connection, the degree of student participation, and the  
350 individual's proficiency in the language of instruction. For example, if not all the students  
351 participate in a breakout room (whether due to technical or personal reasons), then discussion  
352 and consideration of ideas will be sub-optimal. In a face-to-face session, participation can be  
353 encouraged by eye contact, facial expression, and body language. This level of interaction is



354 difficult online when a student does not always turn on the video due to shyness, privacy, or  
355 bandwidth issues. Also, remote learning is commonly in isolation, an environment likely to  
356 have more distractions than an on-campus classroom requiring students to harness strong  
357 self-regulation skills such as environment structuring to avoid these distractions.

358 Where the cohorts did differ was in the preference for face-to-face classes. Less than half of  
359 the students in the Australian cohort felt they needed these, whereas most students at the  
360 Chinese campus would also want a face-to-face session in addition to an online collaborative  
361 session. This difference was not a surprising response since the practice of face-to-face  
362 teaching remains the norm at Chinese campuses (42). In addition, differences in accent can  
363 also add a layer of difficulties when staff from the Australian university are themselves from  
364 an EAL background (65-67).

365 Most students in the Australian cohort were satisfied with remote learning. This response  
366 could be attributed to the nature of student-centred approaches in Australian universities and  
367 that students do not need to commute to the campus. Additionally, the recording of lectures  
368 and tutorials provides the flexibility of when and where to study (68). Routine recording of  
369 lectures was not always available before COVID-19 due to differences in audio-visual  
370 support and infrastructure between faculties and campuses. Previously at the Australian  
371 campus, if students missed a lecture or tutorial, they often could only rely on printed and  
372 printable resources, perhaps supplementing these with notes from their peers. At the Chinese  
373 campus, all the units delivered by their own staff were face-to-face in a classroom, and  
374 attendance remains compulsory in the absence of any legitimate reasons, e.g. illness. These  
375 same students may have anticipated the same for units delivered by the Australian campus  
376 staff rather than attending a Zoom session at a location of their choice. This failure to match  
377 expectations may explain why less than half of Chinese students were satisfied with remote  
378 learning, whereas 87% of students in the Australian cohort were satisfied with learning

379 remotely.

380 The students of the 2020 cohort were examined remotely via open book online quizzes.

381 Interestingly overall, the students achieved higher marks when compared to a cohort that

382 studied the unit exclusively on campus with a supervised closed-book summative exam (61).

383 One reason may be less stress in the former, given that previous studies have demonstrated

384 that stress undermines learning and cognitive processes (69, 70). Students preparing for open-

385 book exams or quizzes may be required to utilise learning strategies based on higher-order

386 thinking rather than being structured around student recall of content (71, 72). Therefore, the

387 learning experience is more active and helps students understand and apply what they have

388 learnt (73).

389 The better performance of international students in the Australian cohort than those at the

390 Chinese campus could have been due to several reasons. The international students of the

391 Australian cohort had studied in an English-speaking environment for at least a year at the

392 time of enrolment in Human Pathophysiology. Albeit the grade distribution of students at the

393 Australian campus who self-identified as EAL suggests that English proficiency can still have

394 an impact upon their performance, their familiarity with academic English could still give

395 these students an academic advantage compared to students at the Chinese campus. Notably,

396 most students at the Chinese campus could not complete all questions within standard quiz

397 time and suggested they needed more time to complete them. Another consideration is the

398 type of assessment. Open-book exams or quizzes ideally focus more on applying knowledge

399 than recalling information. The students at the Australian campus undertook supervised open-

400 book exams and quizzes before Spring 2020. However, tests for in-house units at the Chinese

401 campus are still closed-book, which was likely to have an impact upon how these students

402 prepared for any quiz in Human Pathophysiology. Notably, seven students from the Chinese

403 campus asked for more practice questions for the quizzes or to be told what contents to

404 examine from each lecture. These requests align with a common approach adopted by  
405 students in China at all levels by practising how to answer exam questions instead of learning  
406 how to apply the knowledge (76-78). The students in China likely prepared for closed-book  
407 assessments without realising the quizzes for Human Pathophysiology were evaluating their  
408 application, rather than recall, of content. This was despite the intention of the Human  
409 Pathophysiology tutorials to encourage the application of knowledge, seeing the students  
410 “skilled up” to utilise the same approach for the open-book quizzes. There has been a  
411 discussion in the literature on transitioning from closed-book to open-book exams and  
412 quizzes (74, 75). Students need time and scaffolding for this transition. Strategies include the  
413 educator providing exemplars of questions to prepare the students. The Australian campus  
414 students have had these resources since 2018, as well as a video on how to prepare for open-  
415 book tests. These resources were embedded into the LMS and had more than 2,000 views in  
416 previous years.

417 This study has several limitations. For instance, it has a gender imbalance, specifically for the  
418 Chinese campus cohort where 90% were female (*c.f.* 65% in the Australian cohort). This  
419 imbalance could have had an impact on the comparisons made in this study as the literature  
420 has reported gender-related differences in the attitude towards using Information and  
421 Communication Technology (ICT) according to gender (79-81). The experience of studying  
422 Human Pathophysiology also differed between the two cohorts. Teaching was delivered  
423 exclusively online for those attending the Australian campus, with the assumption that  
424 streaming to a primarily urbanised and domestic cohort would be of good quality; whereas, at  
425 the Chinese campus, the quality of the online delivery appeared to be sub-optimal due to  
426 internet quality of the local providers (personal communication). Only 17% of the students in  
427 the Australian cohort filled in the survey, so the responses may not reflect the attitude of the  
428 whole class. However, this response rate was considered representative for this cohort. In the

429 absence of collecting demographic information from the participants, we were unable to  
430 segment the responses of the Australian cohort based on their citizenship status. Such  
431 information could be incorporated in future survey designs. Also, the study did not  
432 incorporate follow-up interviews and focus groups that would have allowed the investigators  
433 to investigate better the responses to the open-ended questions (57). Finally, the study  
434 collected data in one session only. A longitudinal study could provide a more accurate view  
435 of Chinese student attitudes towards remote learning, particularly after additional experiences  
436 of student-centred approaches.

437 As a recommendation, using the Hofstede Model of Cultural Differences to frame future  
438 research in the field will be ideal as it could identify cohort's characteristics and develop  
439 strategies to achieve a culturally sensitive learning design and empower students to become  
440 self-directed learners (44). This adoption could include utilising a scaffolding strategy for  
441 offshore Chinese students to support their remote learning. This strategy will support the  
442 transition to open-book exams and applying knowledge rather than just recalling it.  
443 Discussions via online conferencing on strategies for preparing for open-book quizzes could  
444 be helpful for Chinese students. Additionally, a welcome video to the unit in which teaching  
445 staff highlight the expectations and point the students to support resources will be beneficial.  
446 Such a video can be linked to a quiz about the teaching strategies in the unit to optimise  
447 students "buy-in".

#### 448 Conclusion

449 Students welcome remote learning in a familiar language and learning environment that is  
450 student-centred. However, if the teaching is delivered in a second language using unfamiliar  
451 teaching methods, remote learning will require scaffolding to enhance their learning  
452 experience. This preliminary study opens the window to future research aiming to standardise  
453 the delivery of the unit across different nationalities.

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461 **Author contributions**

462 HC, DVR and JR designed the survey. HC and BGO implemented the investigation. HC and

463 DVR, and JR analysed the data. HC and DVR prepared the first draft. All authors have

464 approved the final submission.

465

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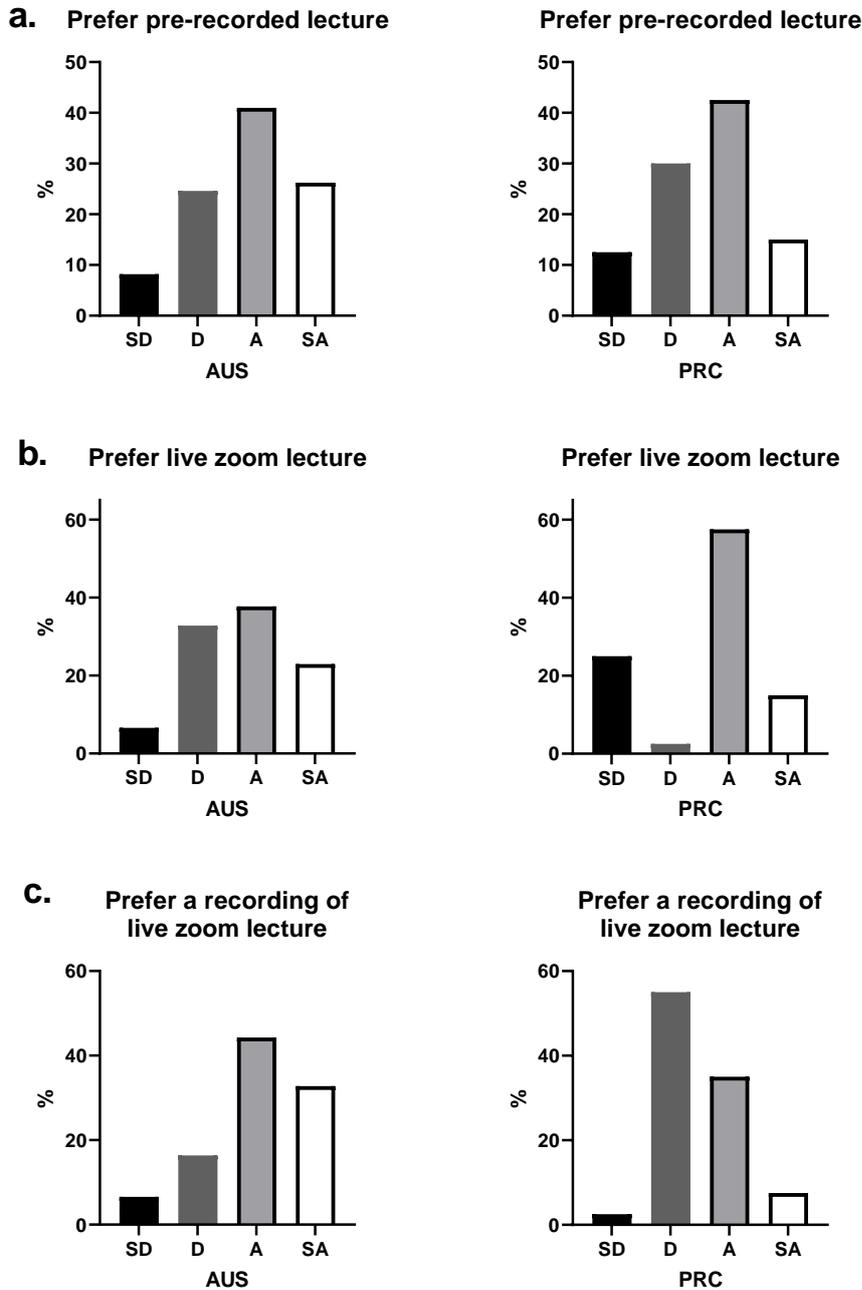
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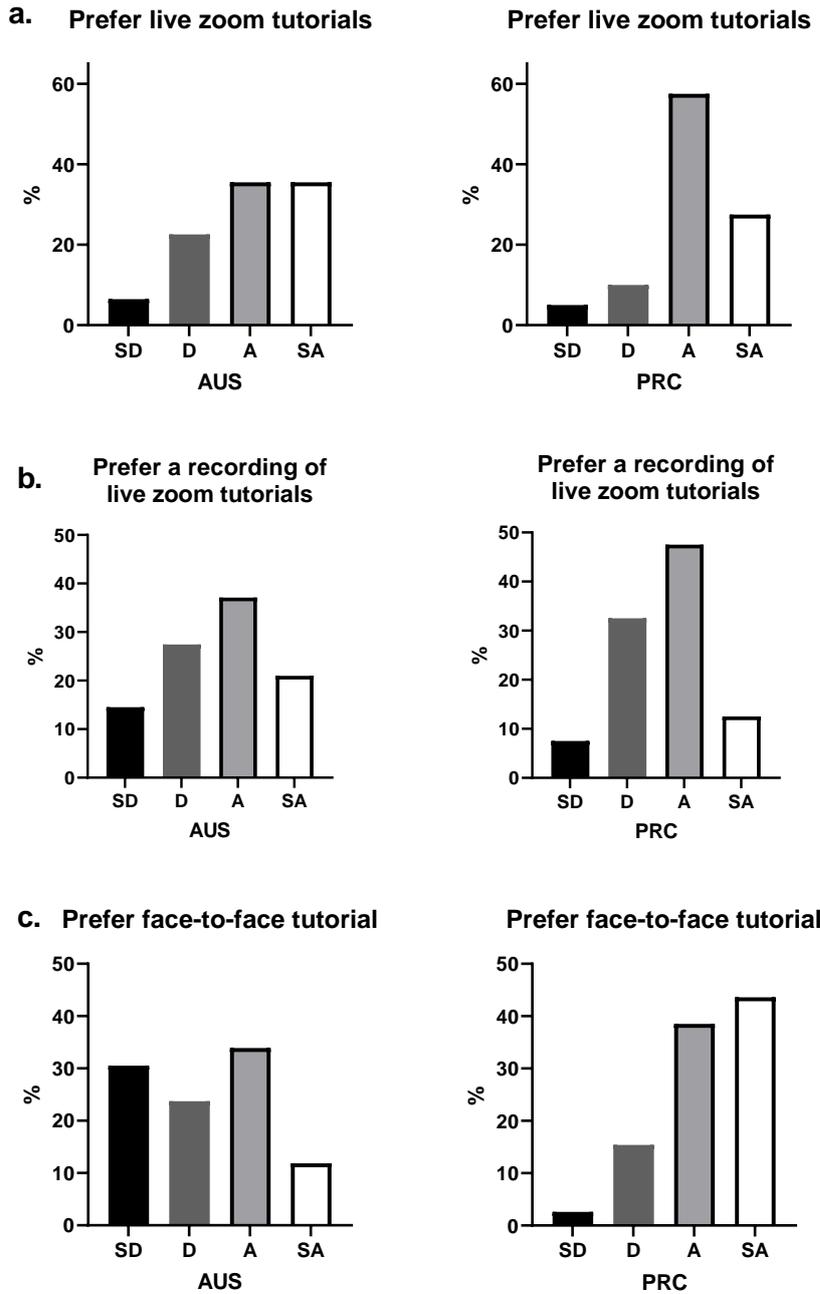
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675 Figure 1: Students' responses to the questions on the format of lectures. The results are  
 676 expressed as the percentage of total answers (the Chinese campus n=40, the Australian  
 677 campus n=62). SD: strongly disagree; D: disagree; N: Neutral; A: agree; SA: strongly agree.  
 678 AUS: abbreviation of the Australian university; PRC: abbreviation of the Chinese university.



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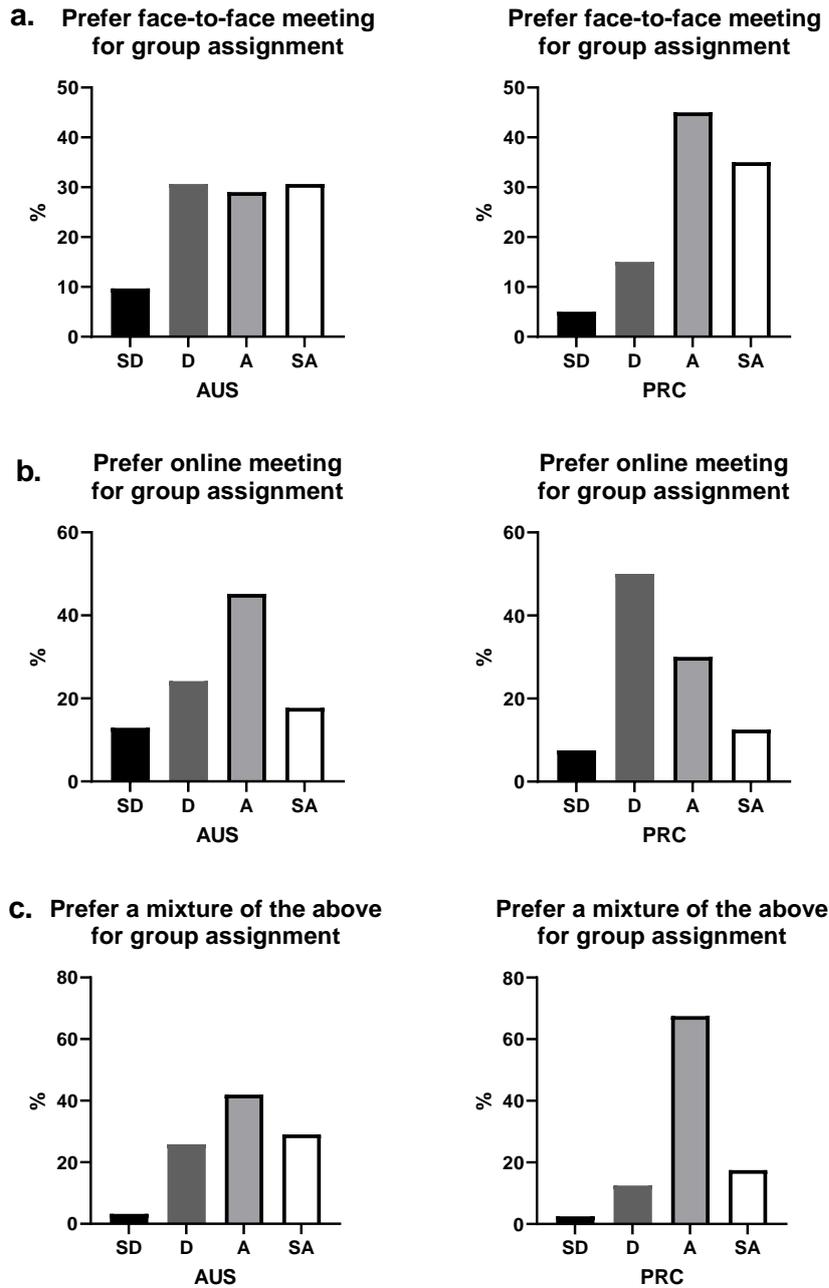
680 Figure 2: Students' responses to the questions on the format of case study-based tutorials.

681 The results are expressed as the percentage of total answers (the Chinese campus n=40, the

682 Australian campus n=62). SD: strongly disagree; D: disagree; N: Neutral; A: agree; SA:

683 strongly agree. AUS: abbreviation of the Australian university; PRC: abbreviation of the

684 Chinese university.



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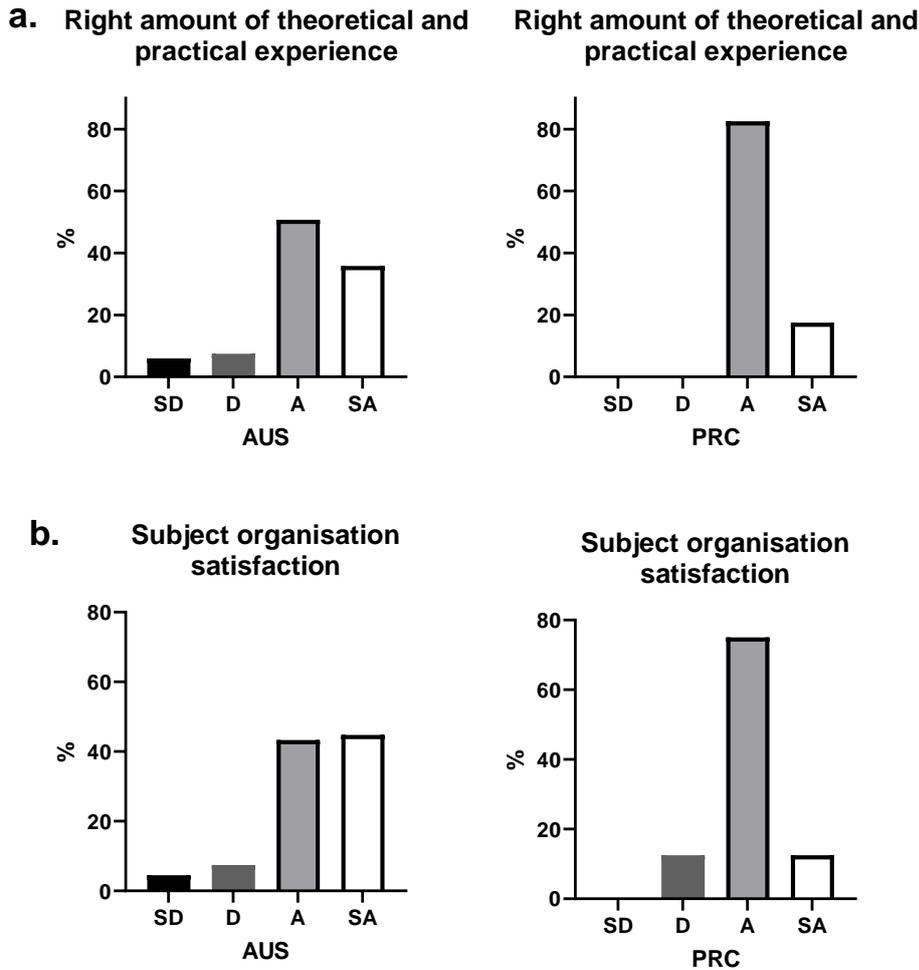
686 Figure 3: Students' responses to the questions on the format of case study-based tutorials.

687 The results are expressed as the percentage of total answers (Chinese campus n=40,

688 Australian campus n=62). SD: strongly disagree; D: disagree; A: agree; SA: strongly agree.

689 AUS: abbreviation of the Australian university; PRC: abbreviation of the Chinese university.

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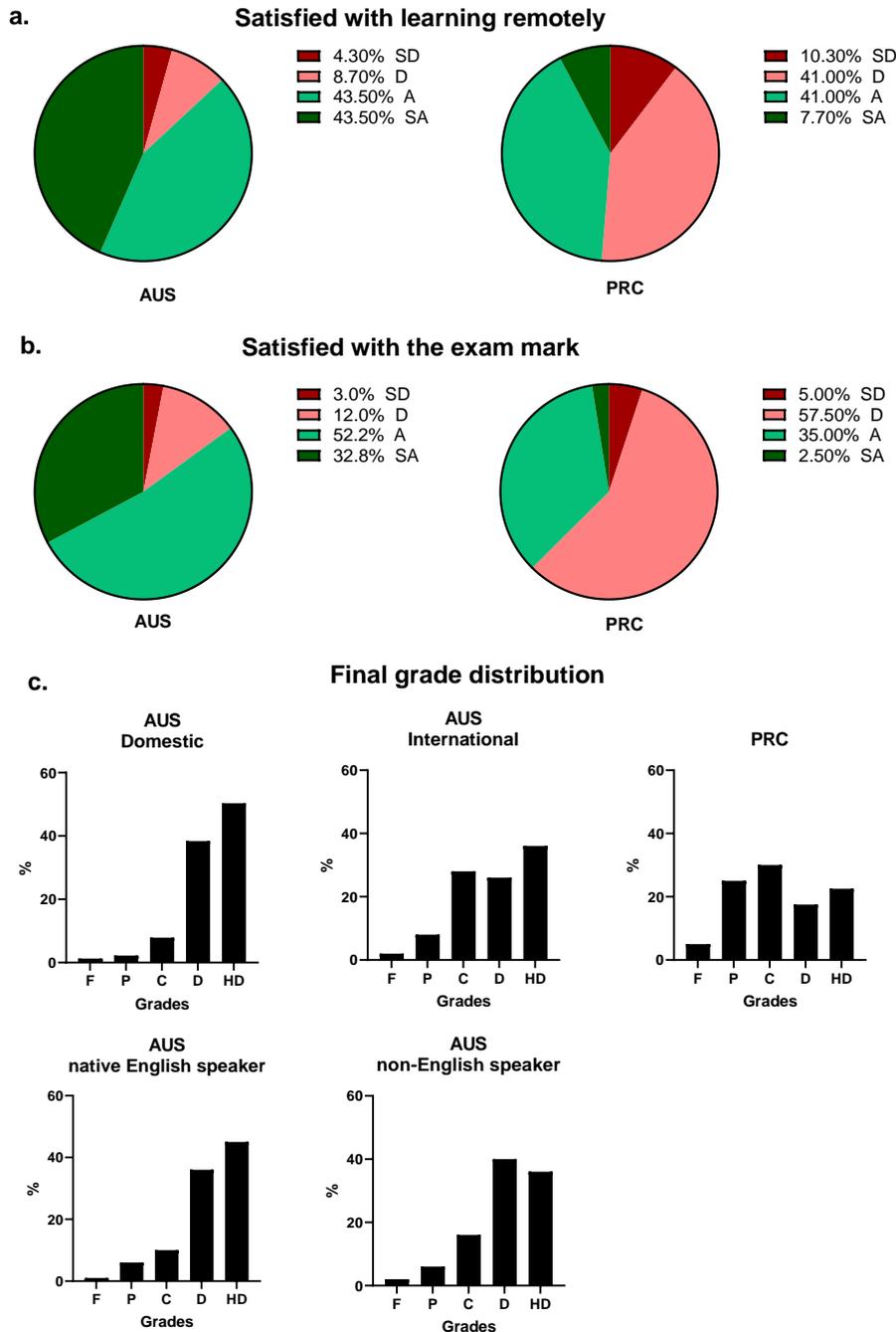


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692 Figure 4: Students' responses to the subject content (a) and organisation (b). The results are  
693 expressed as the percentage of total answers (Chinese campus n=40, Australian campus  
694 n=62). SD: strongly disagree; D: disagree; A: agree; SA: strongly agree. AUS: abbreviation  
695 of the Australian university; PRC: abbreviation of the Chinese university.

696

*Attitudes to remote learning across countries*



697

698 Figure 5: Students' responses to their overall satisfaction on the remote learning (a) and quiz

699 marks (b) (Chinese campus n=40, Australian campus n=62. SD: strongly disagree; D:

700 disagree; A: agree; SA: strongly agree), and the final mark distribution (c, F: fail <50/100; P:

701 pass 50-64/100; C: credit 65-74/100; D: distinction 75-84/100; HD: high distinction 85-

702 100/100) among Australian campus and the Chinese campus students. The results are

703 expressed as the percentage of total answers. AUS: abbreviation of the Australian university;

704 PRC: abbreviation of the Chinese university.



Table 1. Survey items. In the survey, "exams" refers to online quizzes.

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Item
1 I prefer to watch a pre-recorded lecture and attend a live zoom Q&A session.
2 I prefer to attend a live zoom lecture.
3 I prefer to watch a recording of the live zoom lecture.
4 I prefer to attend a live workshop/tutorial.
5 I prefer to watch a recording of the live workshop/tutorial.
6 I prefer to attend a live face-to-face workshop/tutorial.
7 I prefer face-to-face meetings for group presentations.
8 I prefer meeting online for group presentations.
9 I prefer a mixture of face-to-face and online meetings for group presentations.
10 I believe this subject provided the right amount of theoretical and practical experience (e.g. case studies, evaluation of laboratory test results).
11 I believe the subject has been well organised.
12 Overall, I feel satisfied with the quality of this subject.
13 I enjoy learning remotely.
14 Overall, I am satisfied with my marks in the exams.

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