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Systematic review

Education interventions and emergency nurses' clinical practice behaviours: A scoping review[★]



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ABSTRACT

Background: Many education interventions in emergency nursing are aimed at changing nurse behaviours. This scoping review describes and synthesises the published research education interventions and emergency nurses' clinical practice behaviours.

Methods: Arksey and O'Malley's methodological framework guided this review, which is reported according to Preferred Reporting Items for Systematic reviews and Meta-Analyses Extension for Scoping Reviews (PRISMA-ScR). CINAHL, MEDLINE complete, ERIC, and Psycinfo were searched on 3 August 2023. Two pairs of researchers independently conducted all screening. Synthesis was guided by the Behaviour Change Wheel and Bloom's Taxonomy of Educational Objectives.

Results: Twenty-five studies were included. Educational interventions had largely positive effects on emergency nurses' clinical practice behaviours. Ten different interventions were identified, the most common was education sessions (n = 24). Seven studies reported underpinning theoretical frameworks. Of the essential elements of behaviour change, seven interventions addressed capability, four addressed motivation and one addressed opportunity. Mapping against Bloom's taxonomy, thirteen studies addressed analysis, eleven studies addressed synthesis and two studies addressed evaluation.

Conclusion: Few studies addressed elements of behaviour change theory or targeted cognitive domains. Future studies should focus on controlled designs, and more rigorous reporting of the education intervention(s) tested, and theoretical underpinning for intervention(s) selected.

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Introduction

Many practice changes in emergency nursing are implemented using education interventions aimed at improving patient care by changing nurse behaviours [1–3]. However, effecting sustained behaviour change in a complex and dynamic environment such as the emergency department (ED) is particularly challenging [4]. The challenging nature of emergency nursing practice reinforces the importance of basing education interventions on robust, evidence-

based theoretical frameworks related to pedagogical approach, implementation science, and behaviour change.

Emergency nurses are responsible for the initial and ongoing assessment, management and safety of patients of all ages with varying degrees of severity and urgency of illness or injury in a complex and unpredictable environment [5]. Over recent decades, there have been significant evidence-based practice changes in emergency nursing aimed at optimising patient outcomes, promoting comfort, and expediting care. Examples of such changes

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include judicious use of supplemental oxygen and avoidance of hyperoxia in patients with acute coronary syndrome or stroke [6,7], increased focus on prevention, recognition and management of delirium in ED patients [8], and nurse initiated interventions such as medications, pathology testing and imaging [9–12].

Evidence-based practice optimises patient outcomes and use of healthcare resources, and protects patients from unnecessary or harmful interventions [13]. However, it is estimated that it takes, on average, 17 years to implement research evidence into practice [14] and the traditional approach of relying on education to change clinicians' behaviour has been called into question [13]. The published research related to the effect of education interventions on emergency nurses' clinical practice behaviours has not been systematically assessed, thus a comprehensive understanding of educational interventions used in emergency nursing is required.

Objective

The aim of this scoping review was to describe and synthesise the extent, range and nature of published research related to the effect of education interventions on emergency nurses' clinical practice behaviours. Of specific interest were the number and types of education interventions; effect on clinical practice behaviours; and elements of behaviour change and targeted cognitive domains used or reported.

Methods

Design

This scoping review was guided by Arksey and O'Malley's methodological framework [15] and reported according to the Preferred Reporting Items for Systematic reviews and Meta-Analyses Extension for Scoping Reviews (PRISMA-ScR) [16].

Eligibility criteria

The population of interest were emergency nurses, the concepts of interest were education interventions and clinical practice behaviours, and the context was the emergency department (Table 1). Studies were included if they detailed education interventions delivered to emergency nurses, reported an outcome of clinical practice behaviours, and had a comparison group. Definitions of key terms related to this scoping review are shown in Table 1. All study types were included (including pre-post (or before and after) studies, controlled cohort, randomised controlled trials). Studies published in languages other than English were excluded as were editorials, letters, commentaries, opinion papers, case studies and case reports.

Information sources and search

The following databases were searched on 3 August 2023: Cumulative Index of Nursing and Allied Health literature (CINAHL), MEDLINE complete, Education Resources Information Center (ERIC) and Psycinfo. All databases were searched from their inception with no date limiters but a language limiter of English. The full search strategy is available in Appendix 1.

Selection of sources of evidence

Citations were uploaded into EndNote 20.0^{TM} and duplicates removed. Title and abstract screening and full text screening were conducted by two pairs of researchers (JC and RZS, MF and KC) using

the Rayyan [17] software program. Disagreements were resolved by discussion and consensus.

Data charting

Data were charted by a single author (JC) and ratified by all coauthors. The characteristics of each study charted included the author(s), year of publication, country, aim, study design, underpinning theoretical framework, population, education intervention, area of focus, clinical practice behaviours examined, data collection methods and main findings. Allocation of the Behaviour Change Wheel [18,19] components and Bloom's Taxonomy [20] cognitive domains was achieved using the definitions in Table 2 and team consensus.

Synthesis

The Behaviour Change Wheel [18,19] and Bloom's Taxonomy [20] of educational objectives were the underpinning theoretical frameworks for synthesis of results given that behaviour change using education was the focus of this scoping review. The Behaviour Change Wheel represents three essential conditions for behaviour change: capability, opportunity, and motivation (COM-B). [18,19] 'Capability' incudes physical (physically able to perform the behaviour) and physiological (knowledge and understanding) capability; 'opportunity' includes physical (environment, time and resources) and social (interpersonal skills, social norms) opportunity; and 'motivation' includes reflective (self-conscious intentions and beliefs) and automatic (emotional wants and needs) motivation [18]. The Behaviour Change Wheel details nine intervention functions (education, persuasion, incentivisation, coercion, training, restriction, enablement, environmental restructuring, modelling and enablement) that leverage personal agency and external influences to optimise COM-B (Table 2). There are also seven policy categories that enable the intervention functions [18,19] and 93 behaviour change techniques defined as "an active component of an intervention designed to change behaviour" [18]. The Behaviour Change Wheel [18,19] thus provides a comprehensive and theory-informed framework by which to examine the specific elements of behaviour targeted in the included studies.

Bloom's Taxonomy of educational objectives defines six major cognitive domains: knowledge, comprehension, application, analysis, synthesis, and evaluation. These domains progress from simple lower order thinking with low level uncertainty to complex higher order thinking with higher levels of uncertainty (Table 2) [20]. Emergency nurses typically follow a trajectory of clinical progression during which the acuity and complexity of the patients for whom they care increases [21]. Requisite to this clinical progression, is increasing complexity of knowledge, skills, and decision-making [21]. Most educational interventions are aimed at increasing knowledge or skills to effect change in emergency nurses' clinical practice behaviours, so Bloom's Taxonomy of educational objectives [20] provides a method by which to objectively categorise the intended learning outcomes of included studies.

Results

After removal of duplicates, our search returned 3724 publications and three additional publications were identified through hand searching. In total, 74 full text publications were screened for eligibility, of which 25 were included (Fig. 1).

Characteristics of sources of evidence

The characteristics of included studies are summarised in Table 3 (refer to Supplementary Table 1 for detailed data charting). Twelve

studies were from United States of America, [22–33] seven from Australia, [34–40] three from Canada, [41–43] two from Iran [44,45] and one from Switzerland [46]. Studies were published between 1996 [29,30] and 2021 [25,33,35,36,39].

Major topic areas studied were: i) pain assessment and management including procedural pain relief (n=8) [22–24,34,37,41,44,46]; ii) infection prevention and control, sepsis and antibiotic administration (n=6) [25–29,45]; iii) patient assessment and documentation (n=4) [30,35,38,39]; iv) triage (n=4) [31,40,42,43]; v) risk screening (n=2) [33,36]; and vi) medication safety (n=1). [32].

There was one multisite cluster randomised controlled trial [38] and one randomised study [42]. The remaining 23 studies used prepost test designs [22–37,39–41,43–46]. The maximum time between pre and post-test was variable: 2 weeks [29,32], 1 month [30,31,43], 2 months [26,44,46], 4 months [28], 6 months [22,37,40,41,45], 12 months [23–25,33] and 2 years [27,35,36,47]. In one study, the prepost test interval was not reported [34]. Only two studies reported collecting data at two post-test time points: in both studies the maximum post-test interval was 6 months [41,45].

Results of individual sources of evidence

The effect of educational interventions on emergency nurses' clinical practice behaviours was variable, but largely positive (Table 3 and Supplementary Table 1). Thirteen studies reported statistically significant improvements in clinical practice behaviours [24,26,28,32,35,39-44,46], seven studies reported clinically important practice improvements that were not statistically significant, [29,37] and four studies reported practice improvements but did not test for statistical significance [22,24,25,27]. Four studies reported mixed results with statistically significant [36] or clinically important improvements in some elements and regression or no change in others [30,34,38]. In one study, there was no change [45] and in one study the effect on clinical practice behaviours could not be determined [31]. No study reported an overall negative effect. The number of interventions per study ranged from one [24,27,34,41,44] to eight [35,39] (Table 4 and Supplementary Table 2), the most common of which were education sessions (n = 24), [22–28,30–46] followed by posters (n = 8) [22,29,35-39,46] and reference cards (n = 6). [30,35,37-39,46].

In the studies reporting education session format, four reported face-to-face workshops or interactive sessions, [35,39,44,45] eight reported face-to-face didactic sessions, [26,30,31,37,38,40,43,46] three reported using simulation [31,32,34] and one reported educating nurses during meetings & huddles [22]. Four studies reported using online tutorials, [42] reference materials, [26] or video presentations. [30,38] The education session duration ranged from 30

[37,38,41] to 90 min, [44] three [43] to four hours, [30,31,40] or a half-day. [35,39] Duration of education was not reported in six studies [22,24,26,42,45,46] and eight studies did not report the duration or format of education sessions [25,27,29,32,33,36]. In six studies, the education sessions were tailored to the findings of needs analyses and, or site-specific barriers [22,35,38-41].

The majority of studies (n = 21) collected data using record audit [22-28,30,31,34-43,46,48]. In four studies data were collected via observations of practice: in three studies observations occurred in the ED [29,44,45] and the fourth study occurred in a simulation laboratory [32].

Synthesis of results

Underpinning theoretical frameworks were reported in seven studies. One study reported using the following methodological frameworks: Standards for QUality Improvement Reporting Excellence (SQUIRE), REporting of studies Conducted using Observational Routinely collected health Data (RECORD), and Template for Intervention Description and Replication (TIDieR) guidelines [25]. Five studies reported using behaviour change frameworks: transtheoretical model of five stages of behaviour change [45], behaviour change wheel, [35,39] and Theoretical Domains Framework [36,38]. One study reported using a pedagogical education framework, the Jeffries Simulation Model [34] and one study reported using Benner's Novice to Expert skills acquisition framework [31].

Two studies reported using quality improvement frameworks: one used the Institute for Healthcare Improvement's QI improvement model [27] and the other did not report the specific framework used [33]. In three studies, interventions were evaluated using APEASE criteria (Acceptability, Practicability, Effectiveness, Affordability, Side-effects, and Equity) [35,39] or the PRECEDE-PROCEED model (Predisposing, Reinforcing, and Enabling Constructs in Educational Diagnosis and Evaluation- Policy, Regulatory, and Organizational Constructs in Educational and Environmental Development) [30]. Seven studies used clinical practice guidelines: World Health Organisation Pain steps, [46] Emergency Nurses' Association Core Curriculum, [24] American College of Emergency Physicians Detect, Act, Reassess, Titrate (DART) tool, [26] Medicaid Sepsis Core Measure, [28] Center for Disease Control guidelines, [29] Canadian Triage Acuity Scale (CTAS) mental health guidelines, [43] Mental Health Triage Scale [40] and National Triage Scale [40].

There was no obvious relationships between the number and type of intervention(s) used and statistically significant improvements in clinical practice behaviours. The two studies with eight interventions both reported statistically significant results. [35,39] In the five studies with single interventions, three reported statistically

 Table 1

 Population, Concept and Context with inclusion and exclusion criteria.

Population	Inclusion	Exclusion
Emergency nurse	Nurses (as defined by jurisdictional regulatory authority) working	Studies of non-nurses including but not limited to health care
	in an emergency department. Includes but is not limited to nurse	assistants, patient care attendants, physician assistants, emergency
	practitioners, registered nurses (including various classications such	medical technicians
	as clinical nurse specialist, advanced practice nurse) and second	
	level nurses (such as licenced practical nurses, practical nurses,	
	enrolled nurses)	
Concepts	Inclusion	Exclusion
Education interventions	Organised educational activities including, but not limited, to	Undertaking or completing a postgraduate course or qualification
	lectures, seminars, in-service education, clinical support, clinical	was not in itself defined as an educational intervention, however
	assessments, workshops, learning packages, simulation, feedback	studies detailing specific educational interventions delivered as part
	and debriefing	of postgraduate courses were considered.
Clinical practice	Observable objective measure(s) of emergency nurses' behaviours	Studies reporting subjective measures of nurses' clinical practice
behaviours	in clinical practice	behaviours (such as self-reported performance)
Context	Inclusion	Exclusion
Emergency department	24-hour a day, 7-day per week nursing and medical staffing	Studies of short stay units and observation wards (even if co-located
		in the emergency department)

Table 2Definitions of Behaviour Change Wheel intervention functions and Bloom's Taxonomy cognitive domains.

Behaviour Change Wheel Into	ervention Functions[18,19]	
_	Definition	Example
Education	Increasing knowledge or understanding.	Providing information about pain assessment and management.
Persuasion	Using communication to induce positive behaviour or negative feelings to stimulate action.	Using patient stories to motivate pain assessment and administration of analgesics.
Incentivisation	Creating an expectation of a reward.	Praise associated complete pain assessment documentation or timely analgesia administration.
Coercion	Creating expectation of punishment or cost.	Monitoring: if staff member doesn't follow protocol, will need to explain why to nurse manager.
Training	Imparting skills.	Training in preparation and administration of analgesics.
Restriction	Using rules to reduce opportunity for negative behaviour.	Nurses can only initiate specific types of analgesic agents.
Environmental restructuring	Changing physical or social context.	Ensuring pain assessment tools are easily accessible.
Modelling	Providing an example for people to aspire to or imitate.	Use of clinical champions.
Enablement	Increasing means or reducing barriers to capability.	Swipe card access to medication rooms.
Cognitive domain (Bloom's Ta	axonomy)[20]	
	Definition	Example
Knowledge	Recognising, remembering and recalling facts	Name the dose of a medication
Comprehension	Attaching meaning to knowledge. Incorporation of knowledge into practice.	Explain pain rating scale to a patient. Explain medication side effects to a colleague.
Application	Use of knowledge, skills, or techniques in new situations. Problem solving, application of knowledge into practice	Perform and document patient assessment.
Analysis	Critical thinking, distinguishing between facts. Analysis of situations, organisation of ideas	Distinguish between analgesic agents suitable for a specific condition.
Synthesis	Design, innovation and planning. Predicting and anticipating.	Develop a care plan. Anticipate need for pre-procedure pain relief. Anticipate side effects of specific medications.
Evaluation	Critical appraisal of validity of information, judging relevance to specific patient or clinical situation. Evaluation of outcomes.	Evaluate patient's response to medications or therapy. Evaluate which cause of pain is most likely.

significant improvements [34,41,44], two reported clinically important improvements [24,27].

Of the twenty-four studies that used education sessions, fourteen reported statistically significant improvements, [23,26,28,32–35, 39–44,46] six had clinically important improvements, [22,24,25,27,37,45] three had mixed results [30,36,38] and in one study the effect was unable to be determined. [31] In the six studies where education was tailored to needs analyses or barriers assessment, four reported statistically significant improvements [35,39–41], one reported clinically important improvements [22] and one reported mixed findings [38].

Five studies used behaviour change frameworks: the two that used the Behaviour Change Wheel reported statistically significant improvements, [35,39] the two that used Theoretical Domains Framework had statistically significant but mixed results, [36,38] and the one study that used a transtheoretical model of five stages of behaviour change did not test statistical significance [45]. Of the four studies that used observations of clinical practice to collect the study data, two reported statistically significant improvement using education only [44] or education combined with simulation, [32] one reported non-significant improvements using posters and guideline distribution [29] and one reported improvements but did not test statistical significance using education and small group discussions [45].

In Table 4, a summary of educational interventions mapped against core components of the Behaviour Change Wheel (COM-B, Behaviour Change Intervention Functions, & Behaviour Change Techniques) [18,19] and cognitive domains of Bloom's Taxonomy of educational objectives [20,49] is presented in Table 4: detailed mapping is presented in Supplementary Table 2. When mapped against COM-B, [18,19] seven of the ten interventions addressed capability (education sessions, posters, reference cards, champions, clinical support, online materials and training manuals). Motivation was addressed in four interventions (champions, discussions, reminders and online materials), and only one intervention (policy or

guideline dissemination) focused on opportunity. When mapped against Behaviour Change Intervention Functions [18] four interventions were related to environmental restructuring (posters, reference cards, policy or guideline distribution, reminders), and three were each related to education or training (education sessions, discussions, online materials, training manuals), persuasion (clinical champions, discussions, clinical support) or enablement (discussions, policy or guideline distribution, clinical support). Modelling (clinical champions) and incentivisation (clinical champions) were each addressed by one intervention.

** Table 4. Summary of educational interventions against core components of the Behaviour Change wheel and Cognitive Domains of Bloom's Taxonomy.

When mapping against Bloom's Taxonomy of educational objectives (Table 4 and Supplementary Table 2) [20,49] all 25 studies addressed knowledge, comprehension and application. Thirteen studies addressed analysis, [23,31,32,34,37–45] eleven studies addressed synthesis, [23,31,32,34,35,37,38,40,42,43,45] and two studies addressed evaluation [23,45].

Discussion

Summary of evidence

This scoping review had four major findings: i) most studies used pre-post designs and collected data by record audit; ii) the purpose, number, and types of education interventions was variable; iii) the majority of studies reported improvements in clinical practice; and iv) there was variability in addressing the essential elements of behaviour change and targeted cognitive domains, which will be discussed in the following sections.

Study design

Most studies (n=23) used pre-post designs and relied on data derived from documentation (n=20). Whilst randomised controlled

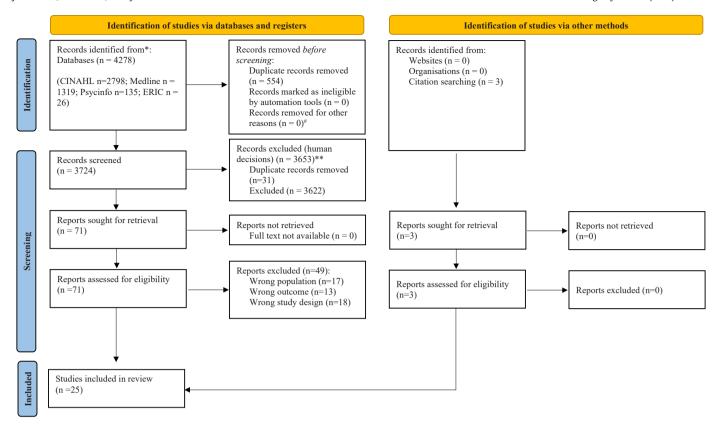


Fig. 1. PRISMA Flow Diagram *Consider, if feasible to do so, reporting the number of records identified from each database or register searched (rather than the total number across all databases/registers)**If automation tools were used, indicate how many records were excluded by a human and how many were excluded by automation tools. *From:* Page MJ, McKenzie JE, Bossuyt PM, Boutron I, Hoffmann TC, Mulrow CD, et al. The PRISMA 2020 statement: an updated guideline for reporting systematic reviews. BMJ 2021;372:n71. doi: 10.1136/bmj.n71. For more information, visit: http://www.prisma-statement.org/.

trials are often cited as the most robust way to test an intervention, orchestrating a well-designed randomised controlled trial in an ED at the nurse level presents significant methodological, ethical, and logistical challenges. It would be difficult to prevent contamination given the close proximity in which emergency nurses work and the team-based models of care in EDs. Further, once there is evidence of harm it is unethical to continue that practice behaviour in the interests of a trial. A cluster randomised controlled trial is possible with the ED as the unit of randomisation but these trials are difficult to conduct, expensive and based on an assumption that emergency care practice is homogenous. Pre-post test studies rely on EDs being their own control which is a practical approach, however it is challenging to adjust for confounders that may occur over time and that may (e.g. seasonal variation) or may not (e.g. COVID-19 pandemic) be predictable.

Education interventions

There was variability in the number, types and purpose of education interventions. The purpose of the included educational interventions spanned various elements of assessment (patients in general, pain, triage, risk screening for substance use, falls, pressure injuries), management of specific clinical issues (stroke, pain, sepsis), patient safety (early recognition of deterioration, medication safety, improved documentation). This variability reflects the reality of emergency nursing practice whereby emergency nurses care for undiagnosed and undifferentiated patients of all ages, with differing degrees of illness or injury severity. [5] In our review, positive effects were seen with as few as one and as many as eight interventions, and no or mixed effects were seen in studies using one to six

interventions. This finding resembles that of other studies. A 2014 overview of 25 systematic reviews found no strong evidence that multifaceted interventions were more effective than single-component interventions in changing health-care professionals' behaviour in clinical settings [50]. Further, there was no statistically significant relationship between the number of intervention components and the effect size [50]. The use of behaviour change or educational frameworks were uncommon despite practice change being core to addressing the aim in most studies included in our review. This finding is similar to that of Grimshaw et al. [51] who showed few studies report explicit rationale or theoretical basis as the choice for intervention. In this scoping review, it was difficult to ascertain whether behaviour change or educational frameworks were not used, or were used but not reported.

Clinical practice outcomes

Statistically or clinically significant improvements in clinical practice were reported in most studies (n = 20). However, there were no obvious relationships between effect and number and type of intervention(s) used. It has been hypothesised that multifaceted interventions based on assessment of barriers and enablers, and a sound theoretical base may be more effective than single interventions, [51] however our scoping review showed multifaceted interventions with positive or mixed effects on clinical practice behaviours. In six studies, the education sessions were tailored to the findings of needs analyses and, or site-specific barriers with variable results ranging from statistically significant improvements [35,39–41] or clinically important improvements [22] in practice or mixed findings [38]. A systematic review of 32 studies indicated that

 Table 3

 Characteristics of included studies.

Author, Year, Country	Aim Study Design	Population	Education intervention	COM-B classification [18,19] Cognitive domains from Bloom's Taxonomy[20]	Main findings	Effect on practice
Pain assessment and Sepahvand et al. 2019 Iran	Pain assessment and management including procedural pain relief (n = 8) Sepahvand et al. Effect of a nurse-initiated pain Triage nurses fi 2019 management protocol on triage trauma centre Iran performance, waiting time, and pain management managements	ain relief (n=8) Triage nurses from a trauma centre (n=40)	3×90-minute face-to-face sessions over three weeks with case-based learning in small groups of 4–5 people	Capability Knowledge, comprehension, application, analysis	Statistically significant improvements in analgesic administration, nonpharmacological pain interventions, and documentation of assessments.	+ve
Boyde et al. 2018 Australia	Evaluate effect of simulation on quality of documentation of patient assessment Single site, prospective, single group pre-test not-test study.	Emergency nurses (RNs) from Level 1 trauma centre (n = 42)	Single high-fidelity simulation	Capability Knowledge, comprehension, application, analysis,	Statistically significant increase in documentation scores for clinical handover and indicators of urgent illness. No change in documentation of primary assessment, parient are delivered.	Mixed
Solomon & Jurica, 2017 United States of America	Evaluate the effectiveness of Evaluate the effectiveness of education & an evidence-based electronic order set for nasogastric tube insertion	Emergency nurses from level I adult trauma centre (n not reported)	Education provided in staff meetings, preshift huddles, and on an individual basis as needed	Capability Knowledge, comprehension, application	Education and electronic order set increased documented use of topical analgesics and oxymetazoline (p values not reported)	+Ve
Scott et al. 2013 Australia	Effect of a paediatric pain bundle on pain assessment pain score documentation, analgesia administration, and time to analgesia pre-rest, nost-rest study	Emergency nurses from a regional teaching ED (n not reported)	30 min education sessions supported by a PowerPoint presentation; posters detailing analgesia guidelines displayed in key locations throughout ED; lanyard cards with pain assessment tool and analgesia guidelines	Capability, opportunity Knowledge, comprehension, application, analysis, synthesis, evaluation	Non-significant increases in documentation of initial pain score (improved) and pain score post analgesia; analgesia administration and median time to analgesia.	+ve
Corwin et al. 2012 United States of America	Measure the impact of an intervention on pain management Pre-test, post-test study	Nurses from paediatric ED (n not reported)	Policy distributed to nursing staff via education programs (duration and format not reported)	Capability Knowledge, comprehension, application, analysis	Significant increase in patients who received analgesia and pain reassessment and nonsignificant decrease in median time to analgesia.	+ve
Le May et al. 2009 Canada	Evaluate effect of an interventions on emergency nurses' pain management practices Pre-test, post-test study	Emergency nurses from paediatric university teaching hospital (n = 50)	Tailored educational interventions: 3 × 20–30 min capsules tailored to nurses' survey results from: i) pain management experience evaluation and ii) paediatric nurses knowledge and attitudes survey	Capability, opportunity, motivation Knowledge, comprehension, application	Significant increases in nurses' documentation of pain, analgesia administration and nonpharmacological interventions.	+ve
Decosterd et al. 2007 Switzerland	Evaluate effect of a pain management education program and guideline Pre-test, post-test study	Emergency nurses from tertiary-care teaching hospital (n not reported)	Didactic education sessions (duration not reported); distribution of guideline; discussions at ED rounds & change of shift handovers; pocket size guideline; posters in ED	Capability Knowledge, comprehension, application	Significant increase in nurses' documentation of pain, pain location, pain type and pain reassessment. Non-significant increase in nurses' documentation of pain intensity.	+ve
Campbell et al. 2004 United States of America	Campbell et al. Evaluate a protocol for pain ED nurse interns (2004 management at triage graduated nurses) United States of Pre-test, post-test study Level 1 trauma cer America (n not reported)	ED nurse interns (newly graduated nurses) from Level 1 trauma centre (n not reported)	Lecture and PowerPoint presentation (duration not reported)	Capability Knowledge, comprehension, application	Increased nursing documentation of initial pain level, pain level in nursing notes and pain level on disposition (p values not reported).	+ve
Jizba et al. 2021 United States of America	Evaluate an emergency nurse-led implanted port access algorithm for ED patients Pre-test, post-test study	Emergency nurses (n=32)	Training (duration and format not reported) supplemented by nurse champions in the ED	Capability, motivation Knowledge, comprehension, application	Decrease in port access and increased documentation of CLABSI education for patients (p values not reported). Port access algorithm was used correctly in all patients, with appropriate nursing documentation to sunnort deviations from the algorithm.	+ve
Reynolds et al. 2020 United States of America	Effect of triage standing orders on time to antibiotics in neonates Pre-test, post-test study	Emergency nurses from a paediatric level 1 trauma centre (n not reported)	Regular education on a rolling basis (duration and format not reported)	Capability Knowledge, comprehension, application	Increased proportion of neonates receiving antibiotics within 120 min (p value not reported)	+ve +ve

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Moure et al. 2017 Reveat post-test study control from profession and the effect of nan-service and the effect of an intraversus of profession and the effect of an int	Author, Year, Country	Aim Study Design	Population	Education intervention	COM-B classification [18,19] Cognitive domains from Bloom's Taxonomy[20]	Main findings	Effect on practice
indic Emergency nurses from fain Emergency nurses from the service (in 49: pre 18 and participant workshop consisting of tree of tree (in 49: pre 18 and participant workshop consisting of tree of tree (in 49: pre 18 and participant workshop consisting of tree of tree (in 49: pre 18 and participant workshop consisting of tree or mendal properties standy as prost) Emergency nurses from an Brightly coloured signs listing CDC (capability, notivation not reported) In a paper or mendal participant workshop consisting of tree or with nurses from two rural EDS (compt): deducation workshop stations, distribution a papication at all handwashing stations; distribution a papication at all handwashing stations; distribution and population or reported) Nurses from two rural EDS (compt): deducation workshops (comptehension, pandwashing stations; distribution and population or reported) Nurses from four EDs from (commentation) Australian EDs with stroke (compt): deducation workshops (comptehension, pasters; reference cards; synthesis or one rural health service (normpt): deducation workshops (nowedge, papication, analysis, of decomentation) Australian EDs with stroke (normpt): deducation workshops (nowedge, normpt) decomentation or strong (normpt) cardical (compt) cardical (comptehension, pasters; reference cards; video demonstrating key-stakeholder and (norms not reported) Australian EDs with stroke (normpt) cardical (comption comprehension, pasters; reference cards; video demonstrating key-stakeholder and (in not reported) Australian EDs with stroke (normpt) cardical (comption cards); sustained engagement; clinical champions (normpt) cardical (normpt) car	Moore et al. 2019 United States ol America		Emergency nurses from a Level 1 trauma centre (n not reported)	Education meetings with didactic presentations and opportunity to discuss concepts (duration not reported); online reference material	Capability, motivation Knowledge, comprehension, application	Statistically significant increases in lactate assessment, blood cultures, antibiotic administration, and intake & output monitoring. Non-significant increase in IV fluid administration.	
model two to taching lospitals interactive lectures, interpolessional small fonowhedge, and comprehension, test study 31 post) ewith urban, university-affiliated recommendations followed by videos, and comprehension, and size with urban, university-affiliated recommendations for handwashing posted knowledge, and in our reported) Nurses from two rural EDs Nurses from two rural EDs Structured electronic documentation Nurses from four EDs from an analysis compliance publication to all application analysis, and or reported) Nurses from four EDs from Structured electronic documentation Nurses from four EDs from Structured electronic documentation Nurses from four EDs from Structured electronic documentation Nurses from four EDs from Structured electronic documentation Nurses from four EDs from Structured electronic documentation one rural health service (not reported), online application, analysis, decumentation; posters; reference cards; synthesis on treported) Reagenent; clinical champions one rural health service (not remplate (prompt); education workshops from four EDs from Australian EDs with stroke and didactic education society is reference cards; video demonstrating key-stakeholder and interactive and didactic education society in interactive and didactic education society in more propreted) Australian EDs with stroke based on site specific barriers to units and tPA capability, reminders (ED posters, lampaic education plans) subsed on site specific barriers to comprehension, audistain education sugers against site-specific action plans specific barriers to comprehension, application, analysis, sustained engagement strategies (visits, synthesis against site-specific action plans	McLaughlin et al. 2017 United States of America		Emergency nurses from Level II trauma centre (n not reported)	Staff meetings; team meeting topics; distribution of a tip sheet	Capability, opportunity Knowledge, comprehension, application	Statistically significantly decrease in median time from prescription to administration of ceftriaxone, cefepime and cefazolin. There was a non-significant decrease in time from order to administration for cefazidime.	+ ve
Emergency nurses from an Brightly coloured signs listing CDC Capability, opportunity urba, university-affiliated recommendations for handwashing posted Roowedge, urba, university-affiliated recommendations of handwashing stations; distribution a comprehension, handwashing compliance publication to all application at all handwashing compliance publication to all application at all handwashing stations; distribution a comprehension, handwashing compliance publication on application and reported) in from one health service (n template (prompt); education workshops (not reported) earning module; audit and feedback of application, analysis, documentation; posters; reference cards; synthesis video demonstrating key-stakeholder engagement; clinical champions comprehension, analysis of the T3 Emergency nurses from 26 Interactive and didactic education sessions (an not reported) earning module; audit and feedback of documentation; posters; reference cards; synthesis video demonstrating key-stakeholder engagement; clinical champions on treported) earning module; audit and feedback of documentation; posters; reference cards; video demonstrating key-stakeholder engagement; clinical champions capability, motivation ninge. Australian EDs with stroke have on site specific barrings on ist specific barring to more transplanced on site specific barring to more transplanced on site specific barring to some transplanced on site specific barring to discuss progress against site-specific action plans.	Keshmiri et al. 2017 Iran		Emergency nurses from two teaching hospitals (n = 49: pre 18 and 31 post)	Participant workshop consisting of interactive lectures, interprofessional small group discussions followed by videos, and case-based learning in buzz groups (duration not reported)	Capability, motivation Knowledge, comprehension, application, analysis, synthesis, evaluation	Increased nurses' mean Interprofessional Collaborator Assessment Rubric scores (nurse specific p value not reported)	No change
regency on reported) from one health service (n template (prompt); education workshops not reported) from one health service (n (1/2 day, format not reported); online learning module; audit and feedback of accumentation; posters; reference cards; synthesis video demonstrating key-stakeholder engagement; clinical champions nergency Nurses from four EDs from Structured electronic documentation workshops one rural health service (n template (prompt); education workshops one rural health service (n template (prompt); education workshops one rural health service (n template (prompt); education workshops one rural health service (n template (prompt); education workshops one rural health service (n template (prompt); education workshops one rural health service (n template (prompt); education workshops one rural health service (n template (prompt); education workshops one rural health service (n template (prompt); education sessions comprehension, earning module; audit and feedback of application, analysis documentation; site clinical champions on the reported) suffice demonstrating key-stakeholder engagement; clinical champions on the stategies (visite, synthesis against site-specific action plans	Dorsey et al. 1996 United States ol America	Evaluate the effect of an intervention on compliance with handwashing recommendations Pre-test, post-test study	Emergency nurses from an urban, university-affiliated medical center (n = 85 RNs and 95 NPs)	Brightly coloured signs listing CDC recommendations for handwashing posted at all handwashing stations; distribution a handwashing compliance publication to all staff	Capability, opportunity Knowledge, comprehension, application	Non-significant increase in overall compliance. Non-significant increases in registered nurse handwashing after touching contaminated sources and between contacts with different patients and no difference in registered nurse handwashing after microbial contamination of hands. Non-significant increase in nurse practitioner handwashing before wound care, after wound care, after microbial contamination of hands and between contacts with different patients.	+44
Determine if use of an emergency nurses from four EDs from nursing framework improves accuracy of emergency nurses of emergency nurses from focumentation and format not reported) not reported not reported) accumentation accuracy of emergency nurses of the T3 Evaluate the effectiveness of the T3 Evaluate the effectivenes of the T3 Evaluate the target on the T3 Evaluate the effectivenes	'atient assessmeni Lurtis et al. 2021 A Australia	i and documentation (n = 4) Evaluate effect of an emergency nursing framework on patient safety Pre-test, post-test study	Nurses from two rural EDs from one health service (n not reported)	Structured electronic documentation template (prompt): education workshops (1/2 day, format not reported): online learning module; audit and feedback of documentation; posters; reference cards; video demonstrating key-stakeholder engagement; clinical champions	Capability, motivation Knowledge, comprehension, application, analysis, synthesis	Statistically significant decrease delay or failure to escalate care when abnormal vital signs were identified in ED. Non-significant decreases ED nursing documentation and nurses' monitoring of observations as causal factors of clinical deterioration. Nonsignificant increase in ED nursing management errors as causal factors of clinical departments.	+ve
Evaluate the effectiveness of the T3 Emergency nurses from 26 Interactive and didactic education sessions Capability, motivation intervention to improve triage, treatment, and transfer for ED units and tPA capability implementation; site clinical champions; comprehension, patients with acute stroke (n not reported) sustained engagement strategies (visits, synthesis telephone, email) to discuss progress against site-specific action plans	Australia Australia	Determine if use of an emergency nursing framework improves accuracy of emergency nurses' documentation Pre-test, post-test study	Nurses from four EDs from one rural health service (n not reported)	Structured electronic documentation template (prompt); education workshops (duration and format not reported); online learning module; audit and feedback of documentation; posters; reference cards; video demonstrating key-stakeholder enzagement clinical chamions	Capability, motivation Knowledge, comprehension, application, analysis	Significant increase in the accuracy of documentation, defined as documenting all core elements (history, assessment findings, nursing interventions, diagnostics and outcomes). Significant increases in documentation scores for history and assessment	+ve
	Middleton et al. 2019 Australia	Evaluate the effectiveness of the T3 intervention to improve triage, treatment, and transfer for ED patients with acute stroke Cluster randomised controlled trial	Emergency nurses from 26 Australian EDs with stroke units and tPA capability (n not reported)	Interactive and didactic education sessions based on site specific barriers to implementation; site clinical champions; reminders (ED posters, lanyard cards); sustained engagement strategies (visits, telephone, email) to discuss progress against site-specific action plans	Capability, motivation Knowledge, comprehension, application, analysis, synthesis	Non-significant increases in 4 hourly temperature measurements in ED, 6 hourly blood glucose measurements in ED, oral food or fluids before swallow screening and oral medications before swallow screening. Nonsignificant decreases in temperature measurement on ED arrival and nil orally	Mixed

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Table 3 (continued)						
Author, Year, Country	Aim Study Design	Population	Education intervention	COM-B classification [18,19] Cognitive domains from Bloom's Taxonomy[20]	Main findings	Effect on practice
Macrina et al. 1996 United States of America	Evaluate the effect of an educational intervention on documentation of GCS Pre-test, post-test study	Emergency nurses from six EDs (characteristics not reported)	4-hour didactic continuing education session; pocket reference cards; 22-minute training video	Capability, motivation Knowledge, comprehension, application	glucose (finger prick) measurement on ED arrival. Overall. GCS documentation increased (no p value reported).	Mixed
Trage (n = 4) Rankin et al. 2013 Canada	Evaluate the effect of web learning on the accuracy of triage Randomised experimental study	Triage nurses from six EDs (characteristics not reported) (n = 132; control n = 67, intervention n = 65)	Intervention group: mandatory tutorial (duration not reported), online discussion = 25% of grade, and triage workplace project. Control group: tutorial was recommended but not mandatory, no marks for online discussion, and no workplace project.	Capability, motivation Knowledge, comprehension, application, analysis, synthesis	Non-significant increase in triage accuracy. The control had significantly higher undertriage and intervention group had significantly higher over-triage.	+Ve
Wolf et al. 2008 United States of America	Evaluate use of simulation in triage training Pre-test, post-test study	Emergency nurses from a community hospital (n = 6)	4-hours didactic instruction; 3×3-5 min simulation scenarios with debriefing	Capability Knowledge, comprehension, application, analysis, synthesis	At baseline, average 40% rate of under-triage for all nurses and no patients were overtriaged. Post-test:70–100% of patients were triaged accurately (no p values reported)	Unsure
Clarke et al. 2006 Canada	Evaluate intervention to improve ED assessment and care of patients with mental illness Pre-test, post-test study	Triages nurses from tertiary university- affiliated teaching hospital (n = 10)	3-hour formal education session Educator available in ED for informal discussions including practical skills training regarding mental illness, clinical sunnort available	Capability Knowledge, comprehension, application, analysis, synthesis	Statistically significant increase in triage to category 2. No change in triage to categories 3, 4 or 5.	+ve
Broadbent & Berk, 2002 Australia	Evaluate effect of a mental health triage scale on triage category allocation Single site, prospective, single group pre-test, post-test study	ED triage nurses (n not reported) from major rural ED	Support attacks to the state of	oyntices. Capability Knowledge, comprehension, application, analysis,	Statistically significant increase in triage to categories 1, 2, 3 and 5 and significant decrease in triage to category 4.	+ ve
kisk Streening (n = 1, Campbell et al. 2021 United States of America	Evaluate the effect of the Emergent Documentation Aggression Rating Tool (EDART) on drug and alcohol Screening	Emergency nurses (n not reported)	Education meetings (duration and format not reported); clinical support; training manual	Capability Knowledge, comprehension, application	Statistically significant increase in nursing documentation using the EDART. Increase in number of escalations and discharge descalations (p values not reported). Nonsignificant decrease in restraint use	+ve
Curtis et al. 2021B Australia	Evaluate implementation of a consolidated electronic checklist on screening completions for falls, pressure injury and substance use Pre-test, post-test study	Nurses from four EDs from one rural health service (n not reported)	Face to face education (bedside and classroom) (duration and format not reported); clinical champions; reminder icon on ED tracking screen; posters, restructuring of electronic forms, monitoring/feedback	Capability, motivation Knowledge, comprehension, application	Statistically significant decrease in falls risk screening overall. Statistically increase in pressure injury screening, substance use screening, completion of ≥ 1 of the three screens and all three screens completed. In patients > 65 years there was a statistically significant decrease in falls risk screening and statistically significant increase in pressure injury screening.	Mixed

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Author, Year, Aim Country Study Design Country Medication safety (n = 1) Feleke et al. 2009 Evaluate the effect of color-coded United States of medication safety (CCMS) system on area community EDs format not reported), "talk out loud" America paediatric medication management (n = 16) Pre-test, post-test study Roulation intervention COM-B classification [18,19] Cognitive domains from Bloom's Taxonomy[20] Knowledge, comprehension, application, analysis, synthesis							
aluate the effect of color-coded Emergency nurses from 3 Interactive training session (duration and Capability dication safety (CCMS) system on area community EDs format not reported), "talk out loud" Knowledge, chapteric medication management (n = 16) simulated pediatric emergency scenarios comprehension, rest, post-test study synthesis	Author, Year, Country	Aim Study Design	Population	Education intervention	COM-B classification [18,19] Cognitive domains from Bloom's Taxonomy [20]	Main findings	Effect on practice
	Medication safety (r Feleke et al. 2009 United States of America	1–1) Evaluate the effect of color-coded medication safety (CCMS) system on paediatric medication management Pre-test, post-test study		Interactive training session (duration and format not reported), "talk out loud" simulated pediatric emergency scenarios	Capability Knowledge, comprehension, application, analysis, synthesis	Statistically significant decreases in incorrect twe medication conversion and incorrect dilution, incorrect administration time. Statistically significant increases in recognition of prescribing error and median time to recognition of prescribing error. Decreases in median time to mediantime to median time to infusion and median time to medication, median time to infusion and median time to recognize the infusion and median time to medication plus infusion (p values not reported).	+ve

tailored interventions (compared to no or non-tailored interventions) can effect practice change professional, although the effect tends to be small to moderate [48]. Only four studies in that review focused on nurses as part of mixed professional groups in acute care hospitals [48].

The most common education intervention in this scoping review was education sessions (n = 24 studies). Healthcare professionals are probably more likely to follow recommended practices when educational meetings are used alone or as the main part of a multifaceted intervention (compared with no meetings) or compared with other strategies to change healthcare professionals' behaviour [52]. The very low certainty of evidence related to interactive educational meetings compared with lecture-based educational sessions means it is difficult to make recommendations about the format of educational meetings [52]. Clinical champions were used in five of the included studies. There is moderate certainty evidence that intervention involving opinion leaders probably improve healthcare professionals' compliance with evidence based practice, however the effect of opinion leaders on clinical practice behaviours varies within and across studies [53]. Further, the evidence to date does not clearly report the role and actions of opinion leaders, how opinion leaders are selected, or whether single opinion leaders, multiple opinion leaders or by multidisciplinary opinion leader teams are most effective [53]. The use of printed materials identified in this scoping review included posters (n = 8 studies), reference cards (n = 6 studies) and policy or guideline distribution (n = 4 studies). A 2020 systematic review of 82 studies comparing the use of printed materials versus no intervention, showed that printed educational material may slightly improve health professionals' practice behaviour compared to no intervention [54]. Further, computerised versions (compared to printed versions of same materials) made little or no difference to healthcare professionals' practice [54].

Theoretical foundations

Finally, there was variability in addressing the essential elements of behaviour change and targeted cognitive domains. When the included studies were mapped against the Behaviour Change Wheel, and specifically the COM-B model, [18,19] most interventions targeted capability with few addressing opportunity or motivation. The widespread use of education sessions in the included studies suggests that physiological capability (knowledge and understanding) was a priority area however, as mentioned previously, few included studies undertook detailed behaviour diagnostics, or barriers and enablers assessments. There is a risk that mismatch between the conditions for behaviour change and the selected intervention functions and behaviour change techniques [18] may result in lack of effect on clinical practice behaviours. For example, education is unlikely to be an effective driver of practice change if there are issues of opportunity or motivation [18].

When the included studies were mapped against the cognitive domains of Bloom's Taxonomy of educational objectives, [20,49] few studies targeted higher order thinking (synthesis and evaluation). A possible explanation for this finding may be the challenge in measuring higher order thinking such as synthesis and evaluation, which requires assessment of decision making, evaluative thinking and concept acquisition, in relation to the intended practice change. For example, application was the highest cognitive domain in eleven studies that mostly related to application of protocols or rules [22,24-30,33,36,46] which reflects mid-range order thinking and low to moderate levels of complexity, uncertainty and clinical risk. Contrasted are the two studies addressing evaluation, which were related to assessment and management of pain [23] and infection prevention and control, sepsis & antibiotic administration: [45] these studies reflect higher order thinking and moderate to high levels of complexity, uncertainty and clinical risk [20,49].

Table 4
Educational interventions mapped against core components of the Behaviour Change Wheel [18,19] and cognitive domains of Bloom's Taxonomy of Educational Interventions [20].

Author, Year, Country	Education sessions (n = 24)	Posters (n=8)	Reference cards (n=6)	Champions (n = 5)	Discussions (n = 3)	Policy / guideline distribution (n=4)	Reminders (n=3)	Clinical support (n=2)	Online material (n = 4)	Training manual (n=2)	Other (n = 2)	Number of interventions	Highest Bloom's taxonomy cognitive domain[20]	Effect on practice
COM-B[18,19]	Capability	Capability	Capability	Capability	Motivation	Opportunity	Motivation	Capability	Capability	Capability	Motivation			
Behaviour Change Wheel Intervention	Education Training	Environme- ntal restructure	Environmental restructure	Modelling Persuasion Incentivisation	Education Persuasion Enablement	Enablement Environmental restructure	Environme- ntal restructure	Enablement Persuasion	Education Training	Education Training	Monitoring			
runcuona lo,19] Behaviour Change Technique Taxonomy[18,19]**	4.1 Instruction 4.3 Re- attribution	7.1 Prompts // cues	7.1 Prompts / cues	4.1 Instruction 6.1 Demonstration	4.1 Instruction 8.7 Graded tasks	4.1 Instruction	7.1 Prompts / cues	6.1 Demonstra- tion 3.2 Social support	4.1 Instruction 6.1 Demonstra- tion 6.3 Other's	4.1 Instruction	2.2 Feedback			
Curtis et al. 2021 A	`	`	`	`			`		>		`	8	Synthesis	+ve
Australia Munroe et al. 2021	`	`	`	`			`		```		`	∞	Analysis	+ve
Australia Middleton et al. 2019	`	`	`	`					`		`	9	Synthesis	Mixed
Australia Decosterd et al. 2007	`	`	`		`	`						2	Application	+ve
Switzerland Curtis et al. 2021B	`	`		`			`					4	Application	Mixed
Australia Campbell et al. 2021	`							`		`		3	Application	+ve
United States of America Macrina et al. 1996 United States	`		`						`			m	Application	Mixed
of America Scott et al. 2013	`	`	`									8	Synthesis	+ve
Australia Broadbent & Berk, 2002	`									`		2	Synthesis	+ve
Australia Clarke et al. 2006	`							`				2	Synthesis	+ve
Corwin et al. 2012 United States	`					`						2	Evaluation	+ve
of America Dorsey et al. 1996 United States		`				`						æ	Application	+ve
of America													(continued	(continued on next page)

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COM 4 1.5 1.	Author, Year, Country	Education sessions (n=24)	Posters (n=8)	Reference cards (n=6)	Champions (n=5)	Discussions (n = 3)	Policy / guideline distribution (n=4)	Reminders (n=3)	Clinical support (n=2)	Online material (n = 4)	Training manual (n=2)	Other (n = 2)	Number of interven- tions	Highest Bloom's taxonomy cognitive domain[20]	Effect on practice
Tainfront December December	OM-B[18,19]	Capability	Capability	Capability	Capability	Motivation	Opportunity	Motivation	Capability	Capability	Capability	Motivation			
State Complex Comple	chaviour Change Theel tervention	Education Training	Environme- ntal restructure	Environmental restructure	Modelling Persuasion Incentivisation	Education Persuasion Enablement	Enablement Environmental restructure	Environme- ntal restructure	Enablement Persuasion	Education Training	Education Training	Monitoring			
		4.1 Instruction 4.3 Re- attribution	7.1 Prompts / cues	7.1 Prompts / cues	4.1 Instruction 6.1 Demonstration	4.1 Instruction 8.7 Graded tasks	4.1 Instruction	7.1 Prompts / cues	6.1 Demonstra- tion 3.2 Social support	4.1 Instruction 6.1 Demonstration 6.3 Other's approval	4.1 Instruction	2.2 Feedback			
	ba et al. 2021	,			,					:			2	Application	+ve
	United States of America														
	shmiri et al. 2017	`				`							2	Evaluation	ΙΪ
	Iran													;	
	Laughlin et al. 2017	`					`						2	Application	+ve
	United States														
	ore et al. 2019	`								`			2	Application	+ve
	United States														
	ukin et al. 2013	`				`							2	Synthesis	+ve
	Canada	,	,										c	A	
	2017 Spirica, 2017	`	`										7	Application	ب ا
	United States														
	or America olf et al. 2008	>											2	Synthesis	۲.
	United States													,	
	of America	//											2	Synthesis	477
	United States	•											1		
	of America	,											-	Cunthacic	Mixed
	yue et al. 2010 Australia	>											-	Symmesis	INIIVE
	mpbell et al.	`											1	Application	+ve
	2004 United States														
	of America														
les A	May et al. 2009	`											1	Analysis	+ve
1 States erica	Callada ynolds et al.	`											1	Application	+ve
	2020 Tripited States														
	of America														
														(continued on next page)	on next

Effect on practice		, a
ny e [20]		+ve
Highest Bloom's taxonomy cognitive domain[20]		Analysis
Number of Highest interven-Bloom's tions cognitive domain		-
Other (n=2)	Monitoring 2.2 Feedback	
Training manual (n = 2)	Capability Education Training 4.1 Instruction	
Online material (n = 4)	Motivation Capability Capability Capability Environme- Enablement Education Education ntal Persuasion Training Training restructure 4.1 4.1 7.1 Prompts 6.1 4.1 4.1 / cues Demonstra- Instruction Instruction tion 6.1 3.2 Social Demonstra- 6.3 Other's approval	:
Clinical support (n=2)	Motivation Capability Environme- Enablement ntal Persuasion restructure 7.1 Prompts 6.1 / cues Demonstration 3.2 Social support	
Reminders Clinical (n=3) support (n=2)	Motivation Environmental restructure 7.1 Prompts / cues	
Policy / guideline distribution (n = 4)	Motivation Opportunity Motivation Cap Education Enablement Environme- Ena Persuasion Environmental ntal Per Enablement restructure restructure 4.1 Instruction 4.1 Instruction 7.1 Prompts 6.1 8.7 Graded / cues tion tasks	
Discussions (n = 3)	Motivation Education Persuasion Enablement 4.1 Instruction 8.7 Graded tasks	
Champions (n = 5)	Capability Motivation Modelling Persuasion Incentivisation 4.1 Instruction 6.1 Demonstration	
Reference cards (n = 6)	Capability Capability Environme- Environmental ntal restructure restructure 7.1 Prompts 7.1 Prompts / cues / cues	
Posters (n=8)		
Education sessions (n = 24)	Capability Education Training 4.1 Instruction 4.3 Re- attribution	,
Author, Year, Country	COM-B[18,19] Capability Behaviour Change Education Wheel Intervention Functions[18,19] Behaviour Change 4.1 Technique Instruction Taxonomy[18,19]* 4.3 Re-	Sepahvand et al. 2019 Iran

[able 4 (continued]

COM-B = capability, opportunity, motivation – behaviour; ? = unable to determine, +ve = positive effect on practice; mixed = combination of positive and some negative effects on practice » the numbers reflect the numbers attributed to the behaviour change techniques from the Behaviour Change Wheel

Limitations

The strengths of this review are the thorough and systematic search technique, clear inclusion and exclusion criteria, and comprehensive data extraction. The limitations of this review are that studies were limited to publications in English, methodologically, only two of the included studies were randomised [38,42] and the remaining 23 studies used pre-post test methods. The significant heterogeneity across studies in area of focus, number and types of educational interventions used, data collection methods, and approach to statistical analysis, precluded meta-analysis.

Conclusions

In the main, education interventions had a positive effect on emergency nurses' clinical practice behaviours. To optimise clinician behaviour change, consideration of frameworks such as the Behaviour Change Wheel provide an opportunity to rethink the role of education in implementation and target interventions to context and known behavioural gaps (capability, opportunity, motivation). Evaluating the impact of education interventions on emergency nurses' clinical practice behaviours is logistically and methodologically challenging. However, future studies should focus on robust controlled designs testing different educational intervention(s), more rigorous reporting of the specific nature of the education intervention(s) tested, and the rationale or theoretical underpinning the intervention(s) selected.

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Ethical statement

No ethics approval was required for this scoping review.

CRediT authorship contribution statement

Julie Considine: Conceptualization, Methodology, Validation, Formal analysis, Writing – original draft. **Ramon Z Shaban:** Conceptualization, Methodology, Validation, Formal analysis, Writing – review & editing. **Margaret Fry:** Conceptualization, Methodology, Validation, Formal analysis, Writing – review & editing. **Kate Curtis:** Conceptualization, Methodology, Validation, Formal analysis, Writing – review & editing.

Declaration of Competing Interest

Author Professor Ramon Z. Shaban is the Editor in Chief of the Australian Emergency Care but had no role or part in the peer review or editorial decision-making of this paper whatsoever, and was blinded to the manuscript in the Elsevier Editorial System. Authors Professors Julie Considine and Margaret Fry are the Senior Editors of the Australian Emergency Care but had no role or part in the peer review or editorial decision-making of this paper whatsoever, and were blinded to the manuscript in the Elsevier Editorial System. Author Professor Kate Curtis is Associate Editor (Trauma) of the Australian Emergency Care but had no role or part in the peer review or editorial decision-making of this paper whatsoever, and was blinded to the manuscript in the Elsevier Editorial System.

Appendix A. Supporting information

Supplementary data associated with this article can be found in the online version at doi:10.1016/j.auec.2023.10.004.

Appendix 1: Search Strategy

S34	22Database: CINAHL Complete via EBSCOhostTime: unlimitedLimiters: published in English S8 AND S14 AND S28 AND S33 (Limited to published in English)	2675
S33	S29 OR S30 OR S31 OR S32	1134,064
S32	(MH "Behavior+")	1114,793
S31	(MH "Behavioral Changes")	12,052
S30	TI "behavio*r change" OR AB "behavio*r change"	2371
S29	TI behavio*r OR AB behavio*r	49,344
S28	S15 OR S16 OR S17 OR S18 OR S19 OR S20 OR S21 OR S22 OR S23 OR S24 OR S25 OR S26 OR S27	1333,124
S27	TI ((educat* and nurs*)) OR AB ((educat* and nurs*))	99,281
S26	(MH "Education, Clinical+")	19,269
S25	(MH "Nursing, Knowledge+")	1623
S24	(MH "Teaching Methods, Clinical+")	6975
S23	(MH "Learning Methods+")	25,906
S22	(MH "Education+")	1006,695
S21	TI "clinical educ*" OR AB "clinical educ*"	3526
S20	TI inservice OR AB inservice	888
S19	TI "professional development" OR AB "professional development"	13,329
S18	TI pedagog* OR AB pedagog*	6954
S17	TI learn* OR AB learn*	199,018
S16	TI teach* OR AB teach*	113,892
S15	TI educat* OR AB educat*	418,219
S14	S9 OR S10 OR S11 OR S12 OR S13	709,898
S13	(MH "Nurses+")	246,439
S12	(MH "Emergency Nursing+")	15,948
S11	TI "emergency nurs*" OR AB "emergency nurs*"	4267
S10	TI registered nurs* OR AB registered nurs*	21,174
S9	TI nurs* OR AB nurs*	618,378
S8	S1 OR S2 OR S3 OR S4 OR S5 OR S6 OR S7	189,184
S7	MH ("Emergency Service+")	69,430
S6	TI "ER" OR AB "ER"	13,204
S5	TI "A&E" OR AB "A&E"	3437
S4	TI "accident and emergency" OR AB "accident and emergency"	2554
S3	TI "emergency room" OR AB "emergency room"	7137
S2	TI "emergency department" OR AB "emergency department"	59,399
S1	TI emergency OR AB emergency	151,051
ate:30/08/2022	Database: MEDLINE Complete via EBSCOhostTime: unlimitedLimiters: published in English	
32	S8 AND S14 AND S27 AND S31 (Limited to published in English)	1271
31	S28 OR S29 OR S30	2684,108
30	MH ("behavior+")	2004,432

S29	TI "behavio*r change" OR AB "behavio*r change"	3158
S28	TI behavio*r OR AB behavio*r	74,691
S27	S15 OR S16 OR S17 OR S18 OR S19 OR S20 OR S21 OR S22 OR S23 OR S24 OR S25 OR S26	2076,176
S26	TI ((educat* and nurs*)) OR AB ((educat* and nurs*))	86,821
S25	(MH ("Education, Nursing+")	87,693
S24	(MH ("Teaching+")	91,495
S23	(MH "Learning+")	421,285
S22	(MH "Education+")	874,911
S21	TI "clinical educ*" OR AB "clinical educ*"	3818
S20	TI inservice OR AB inservice	1186
S19	TI "professional development" OR AB "professional development"	11,720
S18	TI pedagog* OR AB pedagog*	10,463
S17	TI learn* OR AB learn*	516,774
S16	TI teach* OR AB teach*	218,639
S15	TI educat* OR AB educat*	691,827
S14	S9 OR S10 OR S11 OR S12 OR S13	539,185
S13	(MH "Nurses+")	95,483
S12	(MH "Emergency Nursing+")	7367
S11	TI "emergency nurs*" OR AB "emergency nurs*"	2701
S10	TI "registered nurs*" OR AB "registered nurs*"	13,761
S9	TI nurs* OR AB nurs*	500,897
S8	S1 OR S2 OR S3 OR S4 OR S5 OR S6 OR S7	458,001
S7	(MH "Emergency Service, Hospital+")	93,747
S6	TI "ER" OR AB "ER"	100,070
S5	TI "A&E" OR AB "A&E"	8646
S4	TI "accident and emergency" OR AB "accident and emergency"	4579
S3	TI "emergency room" OR AB "emergency room"	20,977
S2	TI "emergency department" OR AB "emergency department"	103,630
S1	TI emergency OR AB emergency	326,992
Date: 30/08/2022Dates S34	tabase: ERIC (Education Resources Information Center) via EBSCOhostTime: unlimitedLimiters: published in English S7 AND S14 AND S27 AND S33 (Limited to published in English)	26
S33	S29 OR S30 OR S31 OR 32	106,174
S32	DE "Behavior"	4439
S31	DE "Behavior Change"	12,507
S30	TI "behavio*r change" OR AB "behavio*r change"	1807
S29	TI behavio*r OR AB behavio*r	98,409
S28	S15 OR S16 OR S17 OR S18 OR S19 OR S20 OR S21 OR S22 OR S23 OR S24 OR S25 OR S26 OR S27	1194,060
S27	DE "Clinical Teaching (Health Professions)"	750
S26	DE "Learning Strategies"	19,976
S25	DE "Teaching Methods"	200,195

S24	DE "Nursing Education"	5466
S22	DE "Education"	4401
S22	TI ((educat* and nurs*)) OR AB ((educat* and nurs*))	7932
S21	TI "clinical educ*" OR AB "clinical educ*"	480
S20	TI inservice OR AB inservice	15,810
S19	TI "professional development" OR AB "professional development"	37,156
S18	TI pedagog* OR AB pedagog*	63,006
S17	TI learn* OR AB learn*	458,045
S16	TI teach* OR AB teach*	572,108
S15	TI educat* OR AB educat*	743,062
S14	S8 OR S9 OR S10 OR S11 OR S12 OR S13	17,435
S13	DE "Nursing education"	5469
S12	DE "Nursing"	2196
S11	DE "Nurses"	3322
S10	TI "emergency nurs*" OR AB "emergency nurs*"	17
S9	TI " registered nurs*" OR AB "registered nurs*"	920
S8	TI nurs* OR AB nurs*	16,623
S7	S1 OR S2 OR S3 OR S4 OR S5 OR S6	35,315
S6	TI "ER" OR AB "ER"	502
S5	TI "A&E" OR AB "A&E"	29,477
S4	TI "accident and emergency" OR AB "accident and emergency"	24
S3	TI "emergency room" OR AB "emergency room"	175
S2	TI "emergency department" OR AB "emergency department"	232
S1	TI emergency OR AB emergency	5536

S33	S7 AND S13 AND S27 AND S32	133
S32	S28 OR S29 OR S30 OR S31	645,653
S31	DE "Behavior"	35,441
S30	DE "Behavior Change"	13,037
S29	TI "behavio*r change" OR AB "behavio*r change"	12,699
S28	TI behavio*r OR AB behavio*r	627,851
S27	S14 OR S15 OR S16 OR S17 OR S18 OR S19 OR S20 OR S21 OR S22 OR S23 OR S24 OR S25 OR S26	7993
S26	TI ((educat* and nurs*)) OR AB ((educat* and nurs*))	24,705
S25	DE "Nursing Education"	6819
S24	DE "Learning"	93,736
S23	DE "Teaching Methods"	43,607
S22	DE "Teaching"	54,616
S21	DE "Education"	43,673
S20	TI "clinical educ"" OR AB "clinical educ""	1318
S19	TI inservice OR AB inservice	1851

TI "professional development" OR AB "professional development"	22,544
T1 pedagog* OR AB pedagog*	36,277
TI learn* OR AB learn*	501,074
TI teach* OR AB teach*	299,729
TI educat* OR AB educat*	528,944
S8 OR S9 OR S10 OR S11 OR S12	111,480
DE "Nursing"	25,496
DE "Nurses"	31,321
TI "emergency nurs*" OR AB "emergency nurs*"	252
TI registered nurs* OR AB "registered nurs*	5745
TI nurs* OR AB nurs*	108,660
S1 OR S2 OR S3 OR S4 OR S5 OR S6	163,671
TI "ER" OR AB "ER"	6118
TI "A&E" OR AB "A&E"	127,808
TI "accident and emergency" OR AB "accident and emergency"	470
TI "emergency room" OR AB "emergency room"	3533
TI "emergency department" OR AB "emergency department"	8746
TI emergency OR AB emergency	31,446
	T1 pedagog* OR AB pedagog* T1 learn* OR AB learn* T1 teach* OR AB teach* T1 educat* OR AB educat* S8 OR S9 OR S10 OR S11 OR S12 DE "Nursing" DE "Nurses" T1 "emergency nurs*" OR AB "emergency nurs*" T1 registered nurs* OR AB "registered nurs* T1 nurs* OR AB nurs* S1 OR S2 OR S3 OR S4 OR S5 OR S6 T1 "ER" OR AB "ER" T1 "A&E" OR AB "A&E" T1 "accident and emergency" OR AB "accident and emergency" T1 "emergency room" OR AB "emergency room" T1 "emergency department" OR AB "emergency department"

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