NAVIGATING THE CHANGE
PROCESS: THE EXPERIENCE OF,
AND WAYS FORWARD FOR,
FACILITY MANAGERS IN THE
RESIDENTIAL AGED CARE
INDUSTRY

CHRIS SHANLEY
DOCTOR OF EDUCATION
UNIVERSITY OF TECHNOLOGY, SYDNEY

2005

# **Certificate of authorship/originality**

I certify that the work in this thesis has not previously been submitted for a degree nor has it been submitted as part of requirements for a degree except as fully acknowledged within the text.

I also certify that the thesis has been written by me. Any help that I have received in my research work and the preparation of the thesis itself has been acknowledged. In addition, I certify that all information sources and literature used are indicated in the thesis.

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#### **Acknowledgements**

Firstly, I would like to thank my immediate family – Lesley, Toby and Jack – and my extended family and close friends for putting up with my physical and emotional absences, particularly during the past year. Thanks to all the research participants who willingly gave of their time to take part in the interviews. My Principal Supervisor, Professor Paul Hager and my Co-Supervisors – Professor David Le Couteur, Geof Hawke and Associate Professor Carl Rhodes – have all given support and guidance that has helped me see the thesis through to completion.

I would like to acknowledge my workplace, the Centre for Education and Research on Ageing at Concord Hospital for allowing me the flexibility to be able to conduct the fieldwork for the project. Thanks also to the Ageing and Alzheimer's Research Foundation, which provided funding support to pay for the transcription of taped interviews. Mari Wright provided a highly professional service in undertaking this transcription. Apart for the supervisors above, other people who provided constructive feedback to various drafts include Dr Victoria Cogger, Julie-Ann O'Keeffe and Gary Smith.

Associate Professor Alison Lee has been a great advocate for the professional doctorate and has provided much practical support to the students undertaking the Doctor of Education program. I would like to thank Pat Bazeley, who established and runs the wonderful Research Farm at Bowral, where I had the benefit of attending two of her weekend retreats for postgraduate students. Lastly, I would like to acknowledge all the staff who provide high quality care to residents and their families in aged care homes across Australia.

Spelling in this thesis is based on the *Macquarie Dictionary (Ed 3)*, Macquarie Library North Ryde 2001. Grammar and punctuation are based on the Commonwealth of Australia *Style manual for authors, editors and printers (Ed 6)*, John Wiley and Sons Australia 2002.

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# List of acronyms

ACAT Aged Care Assessment Team

ACHSE Australian College of Health Service Executives

ACS Aged and Community Services

AHS Area Health Service
AIN Assistant in Nursing

ANHECA Australian Nursing Home and Extended Care Association

CEO Chief Executive Officer

DON Director of Nursing FM Facility Manager

IS Industry Stakeholder

RCS Resident Classification Scale

RN Registered Nurse

RTO Registered Training Organisation

TAFE Technical and Further Education

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#### **Abstract**

The residential aged care industry in Australia has been undergoing change on multiple fronts since the introduction of the Aged Care Act 1997. Some of the sources of this change have been new regulatory systems such as accreditation and certification, concerns about financial viability, problems with recruitment and retention of staff, new models of care and increasing acuity of care provided.

Facility Managers of aged care homes are at the forefront of managing these changes. In spite of their central position within the industry, there has been almost no research on the general role and functions of Facility Managers and even less that focuses on their role in the management of change.

Using a constructivist methodology, this study set out to address this lack of research and to develop a range of practical proposals concerning the management of change in the sector. The research questions the study sought to answer were:

- 1. How is the role of managing change perceived and understood within the overall role of Facility Managers?
- 2. How is the role of managing change approached by Facility Managers?
- 3. How do Facility Managers learn to manage change?
- 4. Do Facility Managers need to be supported in their efforts to manage change and, if so, how should that support be provided, and by whom?

Data for the project came from one-to-one interviews with two groups: a randomly chosen cross-section of Facility Managers and a purposive sample of senior stakeholders within the sector. Thematic analysis was used to draw out patterns and themes in the interview transcripts, and to develop interpretations and connections to the literature.

The study found that there is not a clear understanding of how the management of change fits into the role of Facility Managers, and that the management of change is an issue that is in the background of management thinking and practice in the sector. The

change management aspects of the Facility Manager's role have been largely ignored or taken for granted. This can lead to stress on the individual manager as well as reducing the effectiveness of the change process.

There are many ways that Facility Managers can be better supported in the management of change, and the study presents a number of proposals to help achieve this. These focus on general principles and competencies underlying the management of change, an analytical model of change management, and management development practices supporting the management of change.