# **DISABLING JOURNEYS**

The social relations of tourism for people with impairments in Australia - an analysis of government tourism authorities and accommodation sector practice and discourses

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#### ABBREVIATIONS

**Abbreviation** Full Description

AAA Australian Automobile Association
ABS Australian Bureau of Statistics
ABCB Australian Building Codes Board

ACROD Australian Council for Rehabilitation of the Disabled

ADA Americans with Disabilities Act, 1990 (United States of America)

AHA Australian Hotels Association
AQA Australian Quadriplegic Association

AS1428 Australian Standards for Access and Mobility

ATC Australian Tourist Commission
BLRA Binary logistic regression analysis
BAPC Built Access Policy Committee
BCA Building Code of Australia
BTR Bureau of Tourism Research

CAGD Commonwealth Attorney General's Department

CDOT Commonwealth Department of Tourism
CoTAM Comprehensive Tourism Access Model
CTEC Canberra Tourism and Events Corporation

DAP Disability Action Plans

DDA Disability Discrimination Act, 1992 (Commonwealth)
CDFACS Commonwealth Dept. of Family and Community Services

DTM Domestic Tourism Monitor

DSA Disability Services Act, 1993 (NSW)

EPAA Environmental Planning and Assessment Act, 1979 (NSW)

HACC Home and Community Care

HREOC Human Rights and Equal Opportunity Commission

ICIDH International Classification of Impairments, Disabilities and Handicaps ICIDH-2 International Classification of Functioning, Disability and Health (sic)

IYDP United Nations 1981 International Year of Disabled Persons

NAWG National Access Working Group

NICAN National Information Communication Awareness Network

NRMA National Roads and Motorist's Association

NVS National Visitor Survey

NTTC Northern Territory Tourist Commission

ONT Office of National Tourism

QTTC Queensland Tourist and Travel Corporation

RIS Regulatory Impact Statement

SATC South Australian Tourism Commission

SOCOG Sydney Olympic Games Organising Committee SRDRN Social Relations of Disability Research Network

TA Tourism authorities

TAFE Technical and Further Education
TDR Tourism Destination Region
TGR Tourism Generating Region

TI Tourism Industry
TNSW Tourism NSW
TQ Tourism Queensland
TV Tourism Victoria
TT Tourism Tasmania
TTY Tele-typewriter

WATC Western Australian Tourism Commission

WADSC Western Australian Disability Services Commission

## **CERTIFICATION**

I, Simon Darcy, certify that the work contained in this Thesis has not been submitted for a degree at any other institution and that the work is the original work of the candidate except where sources are acknowledged.

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Date: 15 December 2003

#### **SYNOPSIS**

#### Introduction

This thesis explores the citizenship rights of people with disabilities and their experience in relation to one activity and industry - tourism. It is proposed that people with disabilities living in Australia have been excluded, oppressed and disadvantaged by government, tourism authorities (TA) and tourism industry (TI), practice and discourses. This exclusion, oppression and disadvantage has been perpetrated by the government, tourism authorities and tourism industry, whose practices and discourses do not provide an equality of service provision for the group. From this position the central question addressed is:

To what extent are the tourism patterns and experiences of people with impairments in Australia unduly constrained by tourism authorities and tourism industry practice and discourse?

In taking direction from the social model of disability (Oliver 1990), the proposition deliberately uses the word impairments rather than disabilities as both a definitional and conceptual approach to the research. This is because the question tests whether the social relations produce the constraints that people with impairments face in negotiating tourism experiences and, hence, create disabling journeys. In other words, the disabling social relations transform the impaired person to the person with a disability in the tourism context. *Unduly* means that people with disabilities were not provided with an equality of service provision in comparison to the non-disabled.

## **Background and literature**

The literature firstly provides a background on terminology used, human rights frameworks of Australian disability legislation and policy, and reviews disability statistics collection in Australia. This is followed by an outline of the major models and discourses for conceptualising disability, before the three main models are critically reviewed to provide an understanding of the major approaches to disability. These are the medical, social idealist and social models.

The disability and tourism literature documents a sporadic, ad-hoc and slow development of the field over the last 20 years. Empirically, the review reveals that large areas of disability tourism lack a substantial research base. While demand and supply have had some significant investigations, the role of government in the regulation and coordination of tourism has not been addressed. The geographic tourism systems should encompass all market segments but the subsequent review of research indicates that it has only begun to do so for people with disabilities. In many ways, the current treatment of disability in the tourism literature has been counter-productive. The research provides some understanding that the levels of tourism of people with disabilities are lower than those of the non-disabled, and the tourism constraints and needs of the group. Yet, there has been no subsequent explanation of why this group has the experiences that it has.

#### Method

The research design and methodology involves inductive inquiry utilising both quantitative and qualitative methodologies. This includes a multiple methodological approach involving secondary data analysis of major national and regional surveys, content/discourse analysis, in-depth interviews and a focus group. The secondary data sources involved the *Disability*, *Ageing and Carers Survey* (ABS 1993; 1998 n=42,000),

National Visitors Survey (BTR 1998 n=78,000) and Anxiety to Access (Tourism NSW 1998 n=2647). A content analysis is undertaken of the HREOC (2002) complaint cases, public hearings, public inquiries, disability action plans and disability Standards projects relevant to tourism. A content analysis is also undertaken of tourism authorities' disability tourism initiatives from 1990-2000. In depth interviews are undertaken with three separate populations that include people with disabilities (n=15), accommodation managers (n=10) and responsible officers from tourism authorities (n=3). A focus group of accommodation managers (n=23) is also undertaken. The data are analysed and interpreted using binary logistic regression, ordinal logistic regression, phenomenology, grounded theory and discourse analysis.

#### **Findings**

#### **Patterns**

In Australia, people with impairments travel at significantly lower rates than the non-disabled. Subsequently, they constitute proportionally less of the travelling public than their proportion of the Australian population. People with impairments do not perceive their impairment as the reason for their non-participation in tourism but attribute non-participation, or reduced participation, to a series of structural constraints encountered. The tourism requirements of the group are dependent on their impairment, with the most marginalised travellers being those with mental health, vision, speech, mobility and hearing impairments. Impairment related considerations (type, level of independence and mobility aid) together with socio-demographic considerations of age, lifestyle situation, income, and geographic region are all statistically significant influences on the likelihood of an individual having a tourism experience. However, the number of trips taken each year is influenced purely by socio-demographic rather than impairment related considerations.

### **Experiences**

The next chapter documents the lived tourism experiences of people with disabilities and the outcome of these experiences on the individuals. The chapter is deliberately in-depth to let the voices of people with disabilities be heard. People with disabilities reflect on their tourism experiences through the stages of travel including planning, transport, accommodation, destination experience and other considerations. From these reflections, it becomes evident that a series of substantial tourism constraints unduly affected their opportunities, patterns and experiences. However, contrary to Smith's (1987) conceptualisation of barriers to leisure travel, this research finds that many of the constraints thought to be intrapersonal or interpersonal are largely structural. Further, the interrelationship of structural constraints creates a socio-spatial tourism segregation of people with disabilities.

#### **Explanation**

The social relations of tourism for people with disabilities are explained through two interrelated areas. The first seeks to explain why people with disabilities have the tourism experiences documented in the thesis. This is found to be a product of the discourses of access and accessibility. People with disabilities have a highly individualised understanding of access that share a common set of experiences. However, their discourse of access varies substantially different to that of the TA and TI. The TA and TI understanding of access is non-existent or overly simplified and does not provide the level or detail of information for people with disabilities to make informed decisions about accessibility. The simplified understanding of access is a combination of the development of the environmental planning process and the process of assessing accessibility. These are

compounded by the TA and TI having little understanding of their responsibilities under the DDA. The implementation of the citizenship rights of people with disabilities through the DDA further compounds the discourses of access because of the individualised and confidential complaints cases. The research reveals that a discourse of inaccessibility exists that is multi-faceted and inextricably bound with social and economic power of TA, TI, design, planning, construction and operations sectors, that, together with government regulators, shape the tourism environment.

The second seeks to understand why TA and TI behave the way they do towards people with disabilities. Four approaches emerge to the treatment of disability by TA and the accommodation sector. These are: do nothing; be seen to be doing something; react to legislative requirements; and identify as a market segment. What becomes apparent is that most of TA and TI do not have disability on the tourism agenda. Organisations omit, undertake token initiatives or set a low priority for disability. This is attributable to a series of preconceptions about people with disabilities that constitute a medical model worldview that results in ableist practices. This discourse is underpinned by a market ideology founded on yield that values market segments for their perceived profitability to the nation or corporation. This leads to managers of the TA and TI making decisions that deliberately exclude people with disabilities from an equality of service provision. Reinforcing this ideology is the lack of recognition of the human rights discourse of the Disability Discrimination Act, 1992 that has had little to no impact on TA and TI. In effect, there is a clash of values between the desire held by people with disabilities for citizenship (human rights and social model) and an ableist, market driven discourse of the TA and TI.

#### **Comprehensive Tourism Access Model (CoTAM)**

CoTAM is presented as a model of disability tourism experiences. The model consists of four interrelated components. These components are:

- A. People with disabilities and their tourism experiences (demand);
- B. Tourism industry (supply) and tourism authorities (coordination) practice;
- C. Government human rights framework of the DDA (regulation);
- D. An explanation for the experiences of people with disabilities through the discourses (market ideology; ableism; and power) and the social relations of access (discourses of access; development of the environmental planning process; and implementation of disability citizenship rights).

CoTAM is framed within the geographic tourism system (TGR  $\leftrightarrows$  TRANSIT  $\leftrightarrows$  TDR). CoTAM offers an opportunity to include social model and constraint theory within tourism system development. The model is inclusive of all stakeholder positions of demand, supply and coordination/regulation.

#### Conclusion

The central argument to emerge from this thesis is that disability is a social relationship – or rather a complex set of social relationships – between people with disabilities, and the organisations that control and administer the institutional and social environments in which they live. Tourism represents an important arena for social and cultural participation. Given the commitment by governments to 'reduce disability' it is thus critical to consider whether the relationships in the area of tourism are disabling or enabling. The thesis shows that the practices and discourses of tourism authorities and the tourism industry unduly constrain the tourism opportunities and experiences of people with impairments in Australia and create disabling journeys.

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#### **PREFACE**

My interest in the problem derived from a chance involvement in research on the *Disabled People's International World Assembly* held in Sydney in December 1994 (Darcy 1995). Over 1000 delegates attended the World Assembly, approximately half of whom had disabilities. I thought that the World Assembly would be an opportunity to assess the delegates' experience of tourism in Australia and their perceptions of Sydney as an accessible city. This interest was both professional and personal. To an academic working in the area of environmental planning and public policy for leisure and tourism, the World Assembly delegates provided an outsider perspective on Australian responses to people with disabilities and the accessibility of Sydney as a destination. My interest was also as a person with a disability for whom the World Assembly was a turning point. It was my first experience of being part of the disability community in Sydney and was an event that stimulated my interest in advocacy, research and the politics of disability issues.

After the World Assembly had finished and I had completed gathering the questionnaire-based data, the preliminary results prompted a range of other questions. The major of these was 'what is known about the tourism experiences of people with disabilities?' Upon consulting the literature in Australia and overseas the answer emerged as a stark - 'not much'. This, in itself, was an insight into the status of disability and tourism as a focus of academic study and industry practice. From this position, I embarked on research into the tourism patterns and experiences of people with disabilities supported by Tourism NSW (Darcy 1998). In the time since this research began a lot more is known about tourism and people with disabilities. However, two recent incidents in the *Sydney Morning Herald* (MacLennan 2003) and the Commonwealth Government *Hansard* (Hansard 2003) highlighted that the struggle of people with disabilities for an equality of tourism service provision continues.

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