UNIVERSITY OF TECHNOLOGY, SYDNEY

# Design of a Parallel Shoulder Assistive Robot with Pneumatic Muscle Actuators

by

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A thesis submitted for the degree of Master by Research

in the

Faculty of Engineering and IT

Physical Human Robot Interaction Group

February 2013

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#### Abstract

Given the increasing stroke incidence and ageing population, robotic assistance for people suffering from physically weak upper limbs in their activities of daily life (ADL) is becoming more promising. However, most of the current upper limb assistive robots (or upper limb exoskeletons) are bulky and heavy when designed to meet the requirements of sufficient degrees of freedom (DoFs), workspace and joint torques. The objective of this thesis is to develop dynamic models of pneumatic actuators and design a new mechanism towards developing a compact and lightweight upper limb exoskeleton, while providing proper kinematic capability to assist a human's upper limbs in their ADL.

This research first focused on parallel mechanisms given their advantages of compactness and high stiffness. Multiple parallel mechanisms are reviewed in terms of their capability in delivering 3D rotational motion and safety concerning the forces transmitted to the shoulder joint when mechanisms are applied as a shoulder joint. Then, a *3UPU wrist* mechanism is selected given its superior kinematic capability. An alternative forward kinematics solution for the *3UPU wrist* mechanism is presented so that the upper limb's orientation can be estimated using the universal joint's rotation angles on the base, rather than measuring the mechanism's limb length.

Pneumatic muscle actuators (PMAs) are then selected for driving the robotic exoskeleton because of their superiority of high strength-to-weight ratio and inherent elasticity. An enhanced dynamic force model is developed to depict the PMA's nonlinear relationship between its length, pressure and external load. By introducing a model of Coulomb friction element, this dynamic force model overcomes the problems related to the current over-simplified models. The improvement of this enhanced model is evidently witnessed in situations where softer and more elastic PMAs are pressurised to perform large contractions.

A *3UPU wrist* mechanism test rig that can measure the universal joint angles is developed for verifying the mechanism's inverse kinematics and the proposed alternative forward kinematics. Experimental results validated the inverse kinematics of this mechanism in most cases and verified the solutions of platform orientation obtained from the alternative forward kinematics. A prototype exoskeleton is developed based on the *3UPU wrist* mechanism, and is used to test the performance

of the PMAs and the *3UPU wrist* mechanism. A proportional–integral (PI) controller is used for the PMA position control. Two basic ADL movements are tested on the prototype. The experimental results and future work are then discussed.

### Acknowledgements

I would like to thank my supervisor Professor Dikai Liu for his continual encouragement and belief in me, and most importantly, for his assistance throughout my course. Without his conscientious attitude and uncountable hours of intellectual interaction, I couldn't have completed this thesis.

Thank you to the rest of the team at CAS, especially the physical human robot interaction team, Marc Carmichael, Gabriel Aguirre-Ollinger and others; the weekly meetings helped me a lot in providing suggestions for problems I met during the project. Many thanks also to Chris Hamid, who worked together with me in accomplishing the mechanical parts of this project.

I extend my gratitude to the knowledgeable and obliging engineers in the FEIT faculty, Mr Chris Chapman, Mr Richard Dibbs and the UTS Motorsports Team, for their intellectual and hardware support. Thanks also to the UTS workshop who manufactured the prototype parts.

A special thank you goes to my family and close friends—my loving parents who have supported and cared for me from far away the whole time. Thank you to Mr Xiao Lan, my closest friend who supported me financially.

## Contents

DECLA	RATION OF AUTHORSHIP	I
ABSTR	ACT	II
ACKNO	WLEDGEMENTS	IV
CONTE	NTS	V
LIST O	F FIGURES	VII
LIST O	F TABLES	IX
ABBRE	VIATIONS	X
NOME	NCLATURE	XI
СНАРТ	ER 1 INTRODUCTION	
1.1	Background	
1.2	Methodology	
1.3	Scope	
1.4	Contribution	
1.5	Thesis Outline	
СНАРТ	ER 2 REVIEW OF RELATED WORK	7
2.1	Shoulder Joint: Modelling, Kinematics and Kinetics	7
2.1	1 Biomechanical Model of Human Shoulder Joint	
2.1	2 Shoulder Kinematics and Kinetics	
2.2	Mechanism Design	10
2.2	1 Serial Mechanism	
2.2	2 Parallel Mechanisms	
2.2	<i>3 3UPU wrist Mechanism</i>	
2.3	Artificial Muscle	
2.3	1 Review of Conventional Actuator and Artificial Muscle	
2.3	2 Pneumatic Muscle Actuator	
2.4	Conclusion	
СНАРТ	ER 3 DYNAMIC MODEL OF A PMA	

3.1 Dynamic Model	
3.2 The Development of the Dynamic Model's Coefficients	
3.2.1 The Static Model	
3.2.2 The Dynamic Model	
CHAPTER 4 <i>3UPU WRIST</i> PARALLEL MECHANISM DESIGN	50
4.1 Mechanism Structure	
4.2 Kinematics of the <i>3UPU Wrist</i> Mechanism	
4.2.1 Inverse Kinematics	
4.2.2 Forward Kinematics	
4.3 Other Related Works of <i>3UPU Wrist</i> Mechanism	70
CHAPTER 5 PROTOTYPE DEVELOPMENT AND EXPERIMENTAL VERIFICA	ATION 71
5.1 The 3UPU Wrist Mechanism Kinematics Experiment	71
5.1.1 The Test Rig	
5.1.2 Experiments and Results	
5.2 The Shoulder Assistive Exoskeleton Prototype	77
5.2.1 Overall System	
5.2.2 Dummy	
5.2.3 Exoskeleton	
5.3 Control	
5.4 Position Tracking Experiment	
5.4.1 Preliminary Tests on 3D Rotation Capability	
5.4.2 ADL task test	
5.4.3 Deficiency Analysis and Possible Strategies	
CHAPTER 6 CONCLUSIONS AND FUTURE WORK	100
6.1 Conclusions	100
6.2 Future Work	
REFERENCE	102
Appendix A Experiments for Obtaining a Static Model for the PMA	112
Appendix B Estimation Results of the PMA's Dynamic Model	
Appendix C Workspace Optimisation for the 3UPU wrist Mechanism	
Appendix D Shoulder Joint Reaction Force Analysis	

## List of Figures

Figure 2-1: Biomechanical model of a shoulder joint
Figure 2-2: Examples of a serial mechanism
Figure 2-3: <i>nSPS</i> + <i>S</i> mechanism and its application [45]
Figure 2-4: Actuator force analysis of <i>3SPS</i> + <i>S</i> mechanism
Figure 2-5: Force on shoulder joint simulation results with/without minimising cable tensions [49]
Figure 2-6: <i>3RRR</i> mechanism and its application 17
Figure 2-7: <i>3RPS</i> mechanism and its application
Figure 2-8: Structure of <i>3UPU wrist</i> mechanism
Figure 2-9: SMA bundle actuator developed in [26]
Figure 2-10: EAP actuator in the configurations of: a) roll, b) tube and c) double helix [75] 23
Figure 2-11: Pneumatic muscle [22]
Figure 2-12: Nonlinear processes in PM actuation [82]
Figure 3-1: Schematic experimental setup
Figure 3-2: Sample response of the test with pre-set pressure of <i>4 bar</i> , hanging weight 22.74 N)
Figure 3-3: Comparison of results: experimental response (contraction length) with a pre-set pressure of <i>3.6bar</i> and load of <i>20N;</i> the simulation results from the case with constant Coulomb friction force of <i>2.5 N suggested by</i> [23], and the simulation data obtained by the model (Equation (3-31))
Figure 3-4: Comparison of results: experimental response (contraction length) with a pre-set pressure of <i>3.6bar</i> and load of <i>10N</i> ; the simulation results from the case with constant Coulomb friction force of <i>2.5 N suggested by</i> [23], and the simulation data obtained by the model (Equation (3-31))
<ul> <li>Figure 3-4: Comparison of results: experimental response (contraction length) with a pre-set pressure of <i>3.6bar</i> and load of <i>10N</i>; the simulation results from the case with constant Coulomb friction force of <i>2.5 N suggested by</i> [23], and the simulation data obtained by the model (Equation (3-31))</li></ul>
<ul> <li>Figure 3-4: Comparison of results: experimental response (contraction length) with a pre-set pressure of <i>3.6bar</i> and load of <i>10N</i>; the simulation results from the case with constant Coulomb friction force of <i>2.5 N suggested by</i> [23], and the simulation data obtained by the model (Equation (3-31))</li></ul>
<ul> <li>Figure 3-4: Comparison of results: experimental response (contraction length) with a pre-set pressure of <i>3.6bar</i> and load of <i>10N;</i> the simulation results from the case with constant Coulomb friction force of <i>2.5 N suggested by</i> [23], and the simulation data obtained by the model (Equation (3-31))</li></ul>
<ul> <li>Figure 3-4: Comparison of results: experimental response (contraction length) with a pre-set pressure of <i>3.6bar</i> and load of <i>10N;</i> the simulation results from the case with constant Coulomb friction force of <i>2.5 N suggested by</i> [23], and the simulation data obtained by the model (Equation (3-31))</li></ul>
<ul> <li>Figure 3-4: Comparison of results: experimental response (contraction length) with a pre-set pressure of <i>3.6bar</i> and load of <i>10N;</i> the simulation results from the case with constant Coulomb friction force of <i>2.5 N suggested by</i> [23], and the simulation data obtained by the model (Equation (3-31))</li></ul>
<ul> <li>Figure 3-4: Comparison of results: experimental response (contraction length) with a pre-set pressure of <i>3.6bar</i> and load of <i>10N;</i> the simulation results from the case with constant Coulomb friction force of <i>2.5 N suggested by</i> [23], and the simulation data obtained by the model (Equation (3-31))</li></ul>

Figure 5-2: Calculated results of platform orientation and the measured orientation (IMU $\theta x$ ,
IMU $\theta y$ , IMU $\theta z$ ) in the alternative forward kinematics verification test
Figure 5-3: Overall scheme of the Prototype
Figure 5-4: Structure of the 3D rotational unit emulating shoulder joint
Figure 5-5: Structure of the exoskeleton
Figure 5-6: Photo of the prototype
Figure 5-7: Assembly meeting the geometric requirements of the "3UPU wrist" mechanism83
Figure 5-8: Position control scheme of the prototype
Figure 5-9: Orientation Calibration Block
Figure 5-10: Schematic diagram for the PMA PI controller test
Figure 5-11: Rotation angle in Abduction Experiment
Figure 5-12: PMA length trajectory of abduction experiment
Figure 5-13: Rotation angle in flexion experiment
Figure 5-14: PMA length trajectory of flexion experiment
Figure 5-15: Conversion of kinematic model for the prototype [32]92
Figure 5-16: The status value of each task in the prototype workspace
Figure 5-17: Actuator contraction response in the position tracking test
Figure 5-18: Shoulder joint angle tracking response, the red line denotes the practical response and the blue solid line denotes the desired trajectory
Figure 5-19: 3D plot of task trajectory and desired trajectory
Figure 5-20: 3D rotational unit with additional flange bearing
Figure 5-21: Pneumatic muscle contraction response after shoulder joint enhanced for task "Hand to mouth"
Figure A-1: Experimental setup of the PMA
Figure A-2: Sample data of experiments with the $\Phi 6-300 \text{ mm}$ PMA
Figure A-3: $\Phi 6-300 \text{ mm}$ PMA static experiment results: pressure-force relationship with different muscle length
Figure A-4: A polynomial fitting of $L_i$ , $J_i$ , $L_j$ and $J_j$ for the static model
Figure A-5: Test rig setup for the static model verification test

### List of Tables

Table 2-1: Maximum ranges of rotation and shoulder joint moments in ADL tasks
Table 2-2: Workspace of serial linked exoskeletons
Table 2-3: Comparison of actuators    21
Table 2-4: Quasi-static model for PMA in reviewed literature
Table 3-1: Average value of pressure for the steady-state period of each instant compressed air flow input test
Table 3-2: Average of contraction length for the steady-state period of each instant compressed air flow input test
Table 3-3a: Estimated actuation force of the PMA in the stable period calculated from group of(2.0bar, 20N), (2.8bar, 40N), (3.6bar, 20N), (3.6bar, 50N), (4.0bar, 20N) and (4.0bar,30N)
Table 3-4: Optimal coefficients of $(N_2, N_1, N_0, D_1, D_2)$ in dynamic force model for PMA inEquation (3-22)47
Table 5-1: Test results of static replication test    73
Table 5-2: Calculation results of the alternative forward kinematics verification test
Table 5-3: Geometry of prototype exoskeleton    81
Table 5-4: Mass and moment of inertia of the platform of the prototype
Table 5-5: PID Coefficients of PMAs   86
Table 5-6: Reachable position condition in the prototype workspace    93
Table 5-7: Workspace verification result of four tasks    94
Table A-1: The linear fitting results of $L_i$ and $J_i$ for the relaxation process of the PMA $\Phi 6-300 \text{ mm}$
Table A-2: Coefficients of the static model for the PMA $\Phi 6$ –300 mm
Table A-3: Verification results of the PMA quasi-static model    119

## Abbreviations

ADL	Activities of Daily Life
CVT	Continuously Variable Transmission
DoF(s)	Degree(s) of Freedom
EAP	Electroactive Polymer
IMU	Inertial Measurement Unit
PI	Proportional-integral (Controller)
PID	Proportional-integral-derivative (Controller)
PMA/PM Actuator	Pneumatic Muscle Actuator
PWM	Pulse width modulation
ROM	Range(s) of Motion
SMA	Shape Memory Alloy
2D	Two dimensional
3D	Three dimensional
3UPU	Three Universal-Prismatic-Universal joint limbs (Mechanism)
nSPS+S	<i>n</i> Spherical-Prismatic-Spherical joint limbs plus one passive Spherical joint (Mechanism)
3RRR	Three Revolute-Revolute joint limbs (Mechanism)
3RPS	Three Revolute-Prismatic-Revolute joint limbs (Mechanism)
3UPS+S	Three Universal-Prismatic-Spherical joint limbs plus one passive Spherical joint (Mechanism)
3UPU wrist	Three Universal-Prismatic-Universal joint limbs pure rotational (Mechanism)

### Nomenclature

#### General Style

$\{O_A:X_AY_AZ_A\}$	Coordinate frame with origin at point $O_A$ and axis $X_A$ , $Y_A$ , and $Z_A$
İ,Ï	Differentiation and quadratic differentiation of a variable
Ī	Vector
$\overline{l}^{\{O\}}$	Vector $\vec{l}$ in coordinate frame $\{O\}$
•	Absolute value
•	Vector length and normalised vector
$\angle O_1 O_A A_i$	Angle between vector $\overrightarrow{O_iO_A}$ and $\overrightarrow{O_AA_i}$ at point $O_A$
T	Transpose of a matrix
$\delta L, \delta \theta$	Virtual displacement, virtual rotation angle
$\partial  heta$	Partial derivative of variable $\theta$
P(t)	Variable $P$ as a time dependent
	Specific Symbol Usage for 3UPU Wrist Mechanism
	Geometric Points
$O, O_A, O_B$	The intersection point of the revolute pairs' axes from both the platform and the base, from the base, and from the platform in the <i>3UPU wrist</i> , respectively
$A_i, B_i \ (i = 1, 2, 3)$	Rotation centre of universal joints on the base and platform connected to the $i^{th}$ limb, respectively
$O_1, O_2$	Plane centre (circular centre) of the base and platform plane, respectively
	Geometric Constants and Variables
$r_A, r_B$	Length of $ A_iO_1 $ and $ B_iO_2 $ , respectively
$h_A, h_B$	Distance from rotation centre $O$ to the circular centre of base $O_1$ and $O_2$

	platform plane, respectively
$\theta_x, \theta_y, \theta_z$	Rotation angles of the platform relative to the base at point $O$ , around $X$ , $Y$ and $Z$ axis, respectively
$\vec{\omega} = (\omega_x, \omega_y, \omega_z)$ $\vec{\eta} = (\eta_x, \eta_y, \eta_z)$	Angular velocity and angular acceleration of the platform
$ heta_{xAi}, heta_{yAi}$	Rotation angles in the $i^{th}$ universal joint on the base around axis $X_{Ai}$ and axis $Y_{Ai}$ , respectively
$\omega_{xAi}, \omega_{yAi}$	Angular velocity in the $i^{th}$ universal joint on the base around axis $X_{Ai}$ and axis $Y_{Ai}$ , respectively
$l_i$	Length of the $i^{th}$ limb
	Coordinate Frames
$\{O_A\}, \{O_B\}$	Coordinate frame with origin at point $O_A$ and $O_B$ , attached to the immobile base and moving platform, respectively
$\{A_i: X_{Ai}Y_{Ai}Z_{Ai}\}$	Immobile that is attached to immobile part of the <i>i</i> th universal joint that is adjacent to the base.
$\{O_{Ai}:X_{OAi}Y_{OAi}Z_{OAi}\}$	mobile that is attached to the moving part of the <i>i</i> th universal joint that is adjacent to the base.
	Matrices
$R, R_x, R_y, R_z$	Rotation matrix from platform to base, rotation matrix for around $X$ , $Y$ and $Z$ axis alone, respectively
<i>R<sub>OAi</sub></i>	Rotation matrix from coordinate frame $\{A_i\}$ to frame $\{O_{Ai}\}$
$R_{Ai}$	Rotation matrix from coordinate frame $\{O_A\}$ to frame $\{A_i\}$
J	Jacobian matrix
$\vec{l}_i$ , $\vec{s}_i$	The vector representing the $i^{th}$ limb part and unit vector in the same direction, respectively
$\Phi$	Objective function index of workspace optimisation
	Specific Symbol Usage for PMA
F(x   P)	PMA force determined by variable contraction length r and pressure P
- (**, - )	The rest determined of the hole contraction renging and pressure r

$F_{static}(x, P)$	Static PMAA force determined by variable contraction length $x$ and pressure $P$
$F_{ce}(P)$	Force exerted by the contractile element
$F_{adjust}(x)$	Adjustment force added on static force to eliminate estimation error
$F_{coulomb}(x)$	Coulomb friction force
$F_{Damp}(x)$	Damping force
$x(t), \dot{x}(t), \ddot{x}(t)$	Contraction length, linear contraction velocity and contraction acceleration
L(t)	Length of the PMA
D(t)	Diameter of the PMA
$L_0$	Normal length of the PMA
P(t)	Pressure in the $i^{th}$ PMA
K(x, P)	Stiffness of spring element parameterised by contraction length and pressure
$K_1, K_2$	Coefficients of stiffness of spring element
$S_1, S_2, S_3$	Coefficients of passive element
$C_{I}$	Coefficients of contractile element
$N_1, N_2, N_0$	Coefficients of Coulomb friction force
$D_1, D_2$	Viscous damping friction force coefficient
b	Total length of the outer mesh threads of the PMA
n	Turns of threads of the outer mesh of the PMA
μ	Viscosity of air gas
v(t)	Velocity of air