THE BIOLOGY, ECOLOGY AND CONSERVATION OF WHITE'S SEAHORSE *HIPPOCAMPUS WHITEI*



by

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CERTIFICATE OF ORIGINAL AUTHORSHIP

I certify that the work in this thesis has not previously been submitted for a degree nor has it been submitted as part of requirements for a degree except as fully acknowledged within the text.

I also certify that the thesis has been written by me. Any help that I have received in my research work and the preparation of the thesis itself has been acknowledged. In addition, I certify that all information sources and literature used are indicated in the thesis.

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ABSTRACT

Seahorses are iconic charismatic species that are threatened in many countries around the world with several species listed on the IUCN Red List as vulnerable or endangered. Populations of seahorses have declined through over-exploitation for traditional medicines, the aquarium trade and for curios and through loss of essential habitats. To conserve seahorse populations in the wild, they are listed on Appendix II of CITES, which controls trade by ensuring exporting countries must be able to certify that export of seahorses is not causing a decline or damage to wild populations. Within Australia, seahorses are protected in several states and also in Commonwealth waters.

The focus of this study was White's seahorse *Hippocampus whitei*, a medium-sized seahorse that is found occurring along the New South Wales (NSW) coast in Australia. The species is listed as 'data deficient' on the IUCN Red List and there is little research information available to assist in the conservation of the species. Research on *H. whitei* was undertaken from 2006-2009 and primarily focused on determining the species' life history parameters, its distribution and relative abundance, habitat preferences and site fidelity, and response to marine protected area (MPA) protection and habitat modification. Research primarily occurred within Sydney Harbour and Port Stephens.

Field surveys found that *H. whitei* is endemic to coastal estuaries along 300 km of NSW coastline. It is a medium-sized seahorse (max L_T 162 mm) that displays rapid

iii

growth (Port Stephens: females L_{∞} = 149.2 mm and K = 2.03 per year and males L_{∞} = 147.9 mm and K = 2.52; Sydney Harbour: females $L_{\infty} = 139.8$ mm and K = 1.28 and males L_{∞} = 141.6 mm and K=1.22), becomes sexually mature at approximately 6 months, and can live for up to 5 years in the wild. The species displays life-long monogamy with several pairs observed breeding over three consecutive breeding seasons, and strong site fidelity with seahorses remaining at the same site for up to 56 months for males and 49 months for females. Adult male and female H. whitei exhibited a significant preference for sponge and soft coral Dendronephthya australis habitats whilst juveniles had a strong preference for gorgonian Euplexaura sp. habitat. Hippocampus whitei in Port Stephens were significantly less abundant within the no-take MPA and there was a negative correlation with predator abundance. Long-term monitoring of H. whitei in Port Stephens found that populations declined over a period of six months for no apparent reason; however, they recovered within three years. A manipulative experiment undertaken on protective swimming nets in Sydney Harbour found *H. whitei* had a positive association with epibiotic growth and proximity to the sea floor. An experiment on the effects of flash photography found it had no significant effect on movements, behaviour, or site persistence of *H*. *whitei* and concluded that flash photography by divers is a safe and viable survey technique for this species. The information obtained from this study should contribute towards a reassessment of the species under the IUCN Red List and also provides the necessary data to ensure adequate management of the species within

PREFACE

The contents within this thesis constitute my own work with several of the chapters having previously been published or are currently under review. As this thesis is based on chapters made up of published papers, there will be some repetitiveness across each of the chapters. References and formatting are based on the *Journal of Fish Biology* format. The development and implementation of each of the research projects within this thesis were of my own doing; however, I have had assistance from co-authors for various components of this study which I have outlined below.

Chapter 3 has been published as "Harasti, D., Martin-Smith, K., and Gladstone, W. (2013) Population dynamics and life history of a geographically restricted seahorse, *Hippocampus whitei. Journal of Fish Biology* **81**, 1297-1314." All the diving work for this study was undertaken by myself and my two co-authors, my PhD supervisors, provided advice on the study design and guidance in the preparation of the manuscript.

Chapter 4 has been submitted to *Journal of Fish Biology* and is currently being considered for publication. Both co-authors provided advice and guidance in writing up this research. Professor Gladstone provided advice on the study design to determine habitat preferences whilst Dr Martin-Smith provided advice on monitoring seahorse movements using a towed GPS system.

Chapter 5 is in process of being submitted to a journal for consideration for publishing. All of the monthly monitoring for this four year study was undertaken by myself with both my co-authors *Martin-Smith and Gladstone) contributing to the study with assistance with the study design and guidance on the writing of the manuscript.

Chapter 6 has been published as "Harasti, D., Glasby, T., and Martin-Smith, K. (2010) Striking a balance between retaining populations of protected seahorses and maintenance of swimming nets. *Journal of Aquatic Conservation: Marine and Freshwater Ecosystems* **20**, 159-166. Dr Glasby provided advice in the development of the study design and statistical analysis for the manipulative experiment. Dr Martin-Smith provided the data that he had collected previously on seahorses at Clifton Gardens that was incorporated into this manuscript whilst I was responsible for the establishment of the experimental study and subsequent diving surveys.

Chapter 7 was a collaborative study with Beth Moore and Dr Hamilton from the California Academy of Sciences and was supported with funds from the Sea Life Conservation Fund (Sydney Aquarium). The project development, tissue sample collection and final write up were undertaken by myself. Beth Moore was responsible for the genetic analysis and provided advice on the written description of the methods and results. Dr Hamilton provided advice on the study design and provided comments on the chapter. Chapter 7 has been published as "Harasti, D and Gladstone, W. (2013). Does underwater flash photography affect the behaviour, movement and site persistence of seahorses?" *Journal of Fish Biology* **83**, 1344-1353. Professor Gladstone assisted with this project by providing guidance on statistical analysis and preparation of manuscript. Dr Keith Martin-Smith also provided feedback on a draft manuscript that helped improve the publication.

ACKNOWLEDGEMENTS

I dedicate this thesis to my father, Dennis Harasti, who passed away unexpectedly in 2005, aged 52, and my grandfather, Taffy Williams, who passed away in 2013, aged 80.

This PhD project arose from a meeting with Dr Keith Martin-Smith whilst he was working on seahorses at Clifton Gardens in Sydney Harbour. I'm very grateful that Keith took me on board as a student and he has provided excellent guidance, friendship and encouragement since this research commenced.

Professor William (Bill) Gladstone has provided excellent support as my university supervisor, first through the University of Newcastle and now at University of Technology Sydney. Bill has always provided great feedback on the drafts that I have sent and I'm very grateful of his supervision which has helped improve my research and made me a better scientist.

Thanks to Dr Tim Glasby who provided assistance with statistical analysis and filled a great role of 'unofficial supervisor'. Thanks for always responding to my stats questions at such short notice and helping me work through some of the more complicated analyses. You have made me think a lot more about the importance of planning the statistical analysis prior to rushing off and commencing any new study in the future.

I'm grateful to Pam and Chris Norman, former owners of Pro Dive Nelson Bay, who provided great support throughout the duration of the diving surveys and hundreds of air-fills. Thanks to the Sea Life Conservation Fund (Sydney Aquarium) who provided some funding assistance for the research undertaken on the Manly net and the genetics study. My colleague and friend Chris Gallen provided great assistance with helping develop the GIS maps for the various chapters.

I'm very grateful of the support that my family has provided, especially my Mum who has been forever strong since Dad passed away. Finally, this thesis would not have been possible without the amazing support from my partner Suzanne. Outside of the fact that her excel wizardry has been of great benefit to me, especially since she taught me pivot tables, she has performed wonders in raising our two little boys (William and Ben) over the past 4 years. Thank you for being so understanding, loving and supportive, especially over the past 6 months whilst I was finishing the write up, and ensuring that I had enough 'quiet' time to finally get this thesis completed.

TABLE OF CONTENTS

CERTI	FICATE OF ORIGINAL AUTHORSHIP	ii
ABSTR	ACT	iii
PREFA	CE	V
	OWLEDGEMENTS	
	OF CONTENTS	
	TABLES	
	FIGURES FER 1	
	ication and outline of research	
	ΓΕR 2	
Dack	ground	
2.1	Outline	9
2.2	Seahorses	9
2.3	Conservation of seahorses	16
2.4	<i>Hippocampus whitei –</i> current knowledge	22
2.4.1	Description	22
2.4.2	Distribution	23
2.4.3	Reproductive biology	24
2.4.4	Habitat use	25
2.4.5	Home range	26
2.5	Conclusion	27
	TER 3 lation dynamics and life history of a geographically restricted seahorse,	28
-	ocampus whitei	28
3.1	Abstract	29
3.2	Introduction	30
3.3	Materials and Methods	33
3.4	Results	42
3.5	Discussion	52
3.6	Acknowledgements	59
CHAPT	ГЕR 4	60

Onto	ogenic and sex-based differences in habitat preferences and site fidel	ity of the
Whi	te's seahorse <i>Hippocampus whitei</i>	60
4.1	Abstract	61
4.2	Introduction	62
4.3	Materials and Methods	66
4.4	Results	76
4.5	Discussion	82
4.6	Acknowledgements	
	TER 5 horse abundance is reduced within a no-take Marine Protected Area.	
5.1	Abstract	
5.2	Introduction	90
5.3	Materials and Methods	93
5.4	Results	99
5.5	Discussion	
5.6	Acknowledgements	112
	TER 6	
	king a balance between retaining populations of protected seahorses	
	ntenance of swimming nets	
6.1	Abstract	
6.2	Introduction	
6.3	Materials and Methods	
6.4	Results	
6.5	Discussion	134
6.6	Acknowledgements	139
	TER 7	
	populations of the White's seahorse <i>Hippocampus whitei</i> genetically c ss localities in New South Wales?	
7.1	Abstract	
7.2	Introduction	
7.3	Materials and Methods	146

7.4	Results	152
7.5	Discussion	157
7.6	Acknowledgements	160
CHAPT	TER 8	161
	underwater flash photography affect the behaviour, movement and s	
persis	stence of seahorses?	161
8.1	Abstract	162
8.2	Introduction	163
8.3	Materials and Methods	166
8.4	Results	172
8.5	Discussion	176
8.6	Acknowledgements	178
CHAPT	TER 9	
Gene	ral Discussion and Conclusion	179
9.1	Introduction	179
9.2	Study Results	
9.2.1	Life History Parameters	
9.2.2	Habitat usage and preferences	
9.2.3	Population abundance	
9.2.4	Genetics	
9.2.5	Impacts of flash photography	
9.3	Conservation implications	184
9.4	Future research	
9.5	Conclusion	
REFER	ENCES	190

LIST OF TABLES

Table 3.1. GPS coordinates of survey locations in Sydney Harbour and Port
Stephens
Table 3.2. Growth parameters (L_{∞} and K from the von Bertalanffy growth model) and
natural mortality estimates for <i>Hippocampus whitei</i> from two different regions. $n =$ the
total number of growth increments used in model with some individuals having
been re-measured on more than one occasion46
Table 4.1. Descriptions of habitat types from habitat preference study and observed
habitat depth range72
Table 5.1. Summary of hypotheses tested in the long term monitoring of <i>H. whitei</i>
and predator abundance within and outside a marine protected area (MPA) with
details of statistical analysis performed and PERMANOVA results
Table 6.1. Summary of hypotheses tested in the manipulative cleaning experiment
on the Manly net with details of statistical analysis performed and Analysis of
Variance (ANOVA) results128
Table 7.1. Locations of tissue sample collection for <i>Hippocampus whitei</i> in New South
Wales147
Table 7.2. Specimen information and collection localities for <i>H. whitei</i> specimens used
in the pilot study. "X" is used to mark sequences that were used for the pilot study,
while "X*" marks sequences that were only used initially to determine the variability
at each locus. Variable sites are listed in numbers of nucleotide substitutions for CO1
sequences. Alignment locations are listed as the base numbers where substitutions
were found in the CO1 alignment154
Table 7.3. CO1 pair-wise distance matrices, with distances (uncorrected p) listed as
percentages. A) Distances between only the variable samples of <i>H. whitei</i> found in
the pilot study. The highest observed distance is highlighted in yellow. B) Distances
of closely related seahorse species, using CO1 sequences obtained from GenBank.
The lowest distance between two species is shown in bold with *

LIST OF FIGURES

Figure 2.1. Morphology and measuring of seahorses (modified from Lourie et al. Figure 3.1. Known distribution of Hippocampus whitei in New South Wales -Figure 3.2. Mean ± S.E. population estimates for male and female *Hippocampus whitei* Figure 3.3. Estimated von Bertalanffy growth curve for males and female *Hippocampus whitei* for Port Stephens and Sydney Harbour. • = mean size at maturity for male and \blacksquare = mean size at first reproduction in Port Stephens. \bullet = smallest observed mature male (with pouch) and ■ = small pregnant male in Sydney Harbour. \bigcirc = oldest male and \bigcirc = oldest female observed in Port Stephens. \blacktriangle = Size at birth of *H. whitei* from (Lourie *et al.,* 1999)......45 Figure 3.4. Long term monogamy in *Hippocampus whitei* over three breeding seasons. Data is shown for those pairs (n=9) that were resignted paired over consecutive breeding seasons. 1= Sighting of individual. Shading shows when individuals were found together during a survey while hatched shading indicate one of the original paired seahorses from the 2008-2009 breeding season was seen to pair up in the Figure 4.1. Location of study sites, Port Stephens, New South Wales – Australia......71 Figure 4.2. Availability (expressed as % occurrence in all transects in each site) of habitats at the three study sites in January 2009. Seahorse Gardens = grey bars, Pipeline = white bars and Little Beach = black bars......78 Figure 4.3a. Habitat preferences scores (±95% CIs) of adult Hippocampus whitei (males = dark bars, females = light bars) across 3 sites in Port Stephens, New South Wales, Australia based on 1146 individual *H. whitei* observations from Jan 2008 – Dec 2009. Preference scores with a lower confidence interval >1 (indicated by dashed line) indicate a significant habitat preference......79

Figure 4.3b. Habitat preferences of juvenile *Hippocampus whitei* across 3 sites in Port Stephens, New South Wales, Australia based on 100 observations from Jan 2008 -Figure 4.4. Habitat availability (%) for the various size classes of the soft coral Dendronephthya australis across all three sites in Port Stephens. Seahorse Gardens = grey bars, Pipeline = white bars and Little Beach = black bars......80 Figure 4.5. Standardised habitat preference scores for adult and juvenile *Hippocampus* whitei combined across all three sites in relation to height classes for Dendronephthya australis......80 Figure 5.1. Location of study sites, Port Stephens, New South Wales – Australia......96 Figure 5.2. Mean monthly abundance of *H. whitei* (± S.E.) at four sites within Port Figure 5.3. Monthly abundance of adult *H. whitei* recorded in 60 min dive surveys from 2006-2009 at the non-sanctuary site Seahorse Gardens, Port Stephens......101 Figure 5.4. Monthly mean abundance (± S.E.) for *H. whitei* and predators (fish and octopus) for each site from 2007-2009......101 Figure 5.5. Monthly mean abundance (± S.E.) in 2007-2009 of seahorse predators at two sites within the Fly Point Sanctuary Zone and at two sites outside the Sanctuary Figure 5.6. Relationship between monthly seahorse abundance and predator abundance from 2007 – 2009 at each site......104 Figure 6.2. Total abundance of seahorses on swimming enclosure net at Clifton Gardens, Sydney Harbour, over the period 2003-2008. ■ = *Hippocampus whitei*, ● = *Hippocampus abdominalis*.....126 Figure 6.3. Total abundance of *Hippocampus whitei* on Manly swimming enclosure net over 12 month period (May 2007 - April 2008). Dashed line indicates when manipulative cleaning was undertaken. Breeding season is shown with double arrow from September to February......129

Figure 6.4. Mean percentage (±S.E.) of total abundance of seahorses (average of randomly selected 28 animals per treatment each time) across treatments following net cleaning (average of seven surveys November 07- February 08). Treatment descriptions are Control (A) = 100% epibiotic growth; 100% Clean (B) = all epibiotic growth removed; Top Clean (C) = epibiotic growth removed from surface to 1.2m from seafloor; Bottom Clean (D) = epibiotic growth removed from seafloor to a height of 1.2m from seafloor; Other = Buffer zones and other sections of net not included in experiment (100% epibiotic growth). Treatments not significantly different in post-hoc tests marked with same letter (a or b) above bars......131 Figures 6.5a-d. Distribution of seahorses among treatments four months after allocation to different net cleaning treatments (initially n=28 seahorses per treatment). (a) seahorses initially in Treatment A, (b) seahorses initially in Treatment B, (c) seahorses initially in Treatment C, (d) seahorses initially in Treatment D. Figure 6.6. Mean (±S.E.) of maximum distance moved by animals from each Figure 7.1. Geographic distribution of Hippocampus whitei in New South Wales and Figure 8.1. Frequency of occurrence of responses of Hippocampus whitei (n=10 surveys combined) to three experimental treatments (*n*=8 individuals per treatment): flash photography, flash photography + handling, and photography without flash and no handling (control). No response = \mathbf{Z} (white bars with black diagonal stripe), actively hid = □ (light grey bars), changed holdfast = □ (grey bars), swam away = ■ Figure 8.2. Mean (\pm S.E) number of *H. whitei* across three treatments (*n*=8 per treatment), responding (with all responses combined) for each weekly survey (*n*=10) [light coloured bars (I)]. Mean (±S.E) distance moved by *H. whitei* across each treatment (*n*=6) for each weekly survey (*n*=9) [dark coloured bars (\blacksquare)].....174 Figure 8.3. Cumulative site persistence of *Hippocampus whitei* across all three treatments from January 2009 – December 2009. Flash = —— (black line), Flash + handled = —— (grey line) and Control (no flash) = — — (dashed grey line).......175