# From Alchemy to Epistemology: Intuition and Private Midwifery in Australia

# Fiona Reid

A thesis submitted as part of the requirements for the Masters of Midwifery (Honours) degree

Faculty of Health, University of Technology, Sydney

August 2014

# Certificate of authorship/originality

I certify that the work in this thesis has not previously been submitted for a degree nor has it been submitted as part of the requirements for a degree except as fully acknowledged in the text.

I also certify that the thesis has been written by me. Any help that I have received in my research work and the preparation of the thesis itself has been acknowledged. In addition, I certify that all information sources and literature used are indicated in the thesis.

Signature of Candida	ite
----------------------	-----

Fiona Reid

## **TABLE OF CONTENTS**

List of Tables	vi
List of Figures	vi
Dedication	vii
Acknowledgements	viii
ABSTRACT	ix
Chapter 1	1
INTRODUCTION	1
What brought me to this study	3
Organisation of the Thesis	4
Chapter one	4
Chapter two	4
Chapter three	5
Chapter four	5
Chapter five	5
BACKGROUND	5
Intuition meets Neuroscience	6
The History and Development of Midwifery in Australia	8
Overview of the Main Models of Maternity Care in Australia	10
Public Hospital Care	10
Private Hospital Care with an Obstetrician	11
Midwives Clinics	11
Birth Centre Care	12
Team Midwifery/Midwifery Group Practice	12
General Practitioner Shared Care programs	12
Private Midwifery Care	13
Education and Registration	13
Summary	14
Chapter 2	16
LITERATURE REVIEW	16
Search Strategy	16
Kev Words and Phrases	17

The Precedent Studies	19
Chapter 3	29
METHODS	29
Introduction	29
Qualitative Research	29
A Qualitative Descriptive Study	31
Observing and Describing Intuition	32
Intuition as Knowledge	33
A Feminist Framework	34
Ethical Considerations	36
Research Participants	38
Inclusion and Exclusion Criteria	39
Engagement and Data Collection	39
Justification for Interviews	40
Process of Conducting the Interviews	41
Field Notes	42
Data Storage	42
Data Analysis and Synthesis	42
Thematic Analysis	44
Verification	46
Maintaining Rigour	47
Situating Myself Within This Research	49
Reflexivity	49
Summary	51
Chapter 4	53
FINDINGS	53
Introduction	53
Study Participants	54
Midwives speak about intuition	58
' the consciousness of my skin'	58
MAIN THEMES	63
TRUST	63
'They trust me and I trust them': Trust and Relationship	63

'I need to trust my intuition about them too': Trust and Women	6
'I've learned to… trust myself': Trust and Self	<del>7</del>
KNOWLEDGE	
' seeing and feeling with my eyes': Knowing	<del>7</del>
' learning normal; institutionalised normal': Formal Skills	7
'I had to unlearn the institutional language and habits': Unlearning	7
' the wise crone speaks': Knowledge that comes with experience and age	8
Summary	8
Chapter 5	8
DISCUSSION	8
Introduction	8
Overview of the findings	8
Motis cordis: The moving of the heart	8
Intelligent Memory	8
The Study: Conscious and unconscious knowledge	8
Exploring the Findings	g
Trust	S
The Importance of the Relationship: Consciousness harnessed to flesh	g
Women: The thinking heart	S
Standing Up Against the Establishment: Now that takes ovaries	g
Motherhood and Motherwork	S
Heroines and Misfits: It's all in the mind	10
Terra Incognita: An area of knowledge yet unknown	10
Only by Unlearning Comes Wisdom	10
The Crone: Well behaved women seldom make history	10
Limitations to the Study	11
Summary	11
CONCLUSION	11
Searching for meaning	11
APPENDICES	13
APPENDIX 1: Formal email confirmation of ethics approval for this study	13
APPENDIX 2: Magazine Advertisement in Australian Private Midwives Association	

APPENDIX 3: Magazine advertisement in Homebirth Access Sydney	134
APPENDIX 4: Introductory Letter to Midwives participating in the research study	135
APPENDIX 5: Consent form used with all participants of this study	138
APPENDIX 6: Demographic information pro-forma used with participants	141
APPENDIX 7: Confidentiality Agreement with transcription service	143
List of Tables	
Table 1: Details of the seven (7) studies identified in the literature search	18
Table 2: An example of an initial coding framework (Interviews 1, 2, 4, 7)	45
Table 3: Demographic Data of Study Participants	56
List of Figures	
Figure 1: Diagram of Themes	57

# **Dedication**

I dedicate this Masters Thesis to Dr Irene Leeser

1922 -

....

I had the privilege of working with Rene at Ambajipeta Women and Children's Hospital, East Godavari, Andhra Pradesh, India, in 1984 and 1985. Rene showed me that the most influential way to impact humanity was through its women. Her grace and wisdom influenced my life forever.

....

# **Acknowledgements**

My deepest gratitude to Professor Caroline Homer, my Primary Supervisor, for stimulating and encouraging intellectual curiosity and my academic development throughout the process of doing and writing research. My sincere appreciation to Dr Christine Catling, my Secondary Supervisor, for her genuine interest, encouraging comments, and invaluable feedback during the course of my study.

Thank you to the NSW Branch of the Australian College of Midwives and the NSW Health Innovations Scholarship Committee for the scholarship funding that allowed me to pursue further study.

I am indebted to UTS for their commitment to the learning environment and the provision of resources and a comfortable space in which to study.

Thank you to my research colleagues and academic mentors who have contributed to the rigour of my approach and provided unending support and collegiate interest.

Thank you, to Priya Nair, UTS, Faculty of Health Research Administrator, for her kind attention to details throughout my enrolment.

Thank you, to Patrick Tooth, Team Leader of Information Services UTS Library, who communicated with unending care and patience, both, in person and across distance for three and a half years.

Thank you, to Royal Prince Alfred Hospital, my employer, for professional encouragement and paid study leave which has made the process more manageable.

Thank you, to the midwives who allowed me to interview them and whose stories, wisdom, and knowledge are contained within this thesis. They afforded me the opportunity to analyse a richly sensuous, lived, experience that represents their courage working in the service of women and their families.

To the midwives with whom I currently practise, and to Helen Dowling, Manager of Royal Prince Alfred Hospital Birth Centre, I extend my deep respect and profound gratitude. Thank you for practising with your generosity, gentleness, commitment, knowledge and intuition every day to assist women to become mothers.

Thank you, to my dear parents, who gave me a thirst for knowledge and education and have engaged with my pursuits of both, all my life.

And finally, David, you are my bread, and salt, wise counsel and my dearest friend. Thank you.

## **ABSTRACT**

#### Background

Intuition entered the lexicon describing midwifery practice as early as the 14<sup>th</sup> Century and it has remained a component ever since. The Australian College of Midwives (2009) philosophical statement of midwifery identifies evidence, experience and intuition as the central responsibilities of the midwife. Many fields of science have investigated intuition however limited research has been undertaken with midwives. The aim of the study was to explore how midwives in private practice understand and use intuition in an Australian context.

#### Method

A qualitative, descriptive study was undertaken using a feminist framework. Ethical approval from UTS was sought and received prior to the study commencing. Twelve midwives in private practice were recruited using purposive and snowball sampling and advertisements were placed in two midwifery magazines. Data were collected using semi structured interviews and analysed using thematic analysis.

#### **Findings**

All the midwives used intuition in their practice. There were two themes, trust and knowledge, showing how the occurrence of intuition was influenced by relationships and environment. Issues related to trusting the relationship with women in their care, trusting the women and trusting themselves affected the use of intuition. Midwives also identified aspects of knowledge gained from environments that either enhanced or diminished their intuition. A lack of autonomy within institutions that are dominated by a biomedical hegemony that has become mainstream for the management of women with normal, low risk pregnancy and birth was described. Using Intuition was a fundamental part of this practice.

#### Discussion

Private midwives utilise skills that are relational, involve emotion work and use knowledge that is unique to midwifery, including intuition. This research describes private midwives' understanding of intuition and explores their use of it by using a current neuroscience interpretation called Intelligent Memory.

Midwives in private practice have often removed themselves from the governance of the institution and are more autonomous than midwives practising within hospitals. Issues about authoritative knowledge and feminist theory are discussed in light of the findings.

### Implications for practice

The study raises implications for midwifery education and practice in light of the attributes and skills that were associated with the midwives use of intuition. Further research is required to confirm the findings of this study amongst a larger group of midwives but also to investigate midwives use of intuition within an institution. This study indicates that an understanding of intuition (Intelligent Memory) could enhance the analysis and use of intuition in midwifery training, curriculum and practice.